

**CONSORTIUM FOR A HEALTHIER MIAMI-DADE**  
 Children Issues Committee Meeting  
 Thursday, August 22, 2013

TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (21)	<p>             Alina Soto- Committee Chair, Department of Children and Families              Shanika Watson, Florida Health in Miami Dade County              Amelinda Loddo, Florida Health in Miami Dade County              Joanne Palenzuela, University of Miami              Jeff Hurst, Department of Children &amp; Families/ CCR              Anthony Rouzier, Henry Gets Moving              Alexandra Manrique              Alfie Leon, Florida International University Law              Carol Brogan, Early Learning Coalition              Sade Chaney, Communities in Schools Miami              Lisa Stuart, University of Miami Pediatrics              Tatiana Ferrino, University of Miami Public Health              Dylan Gonzalez, Florida International University Law              Jeannie Necessary, Common Threads              Dr. Asit Sarkar, Florida Health in Miami Dade County              Courtney Watson, Henry Gets Moving              Cindy Magnole, Jackson Health System           </p> <p> <u>TELECONFERENCE:</u>              Dr. Ruby Natale, University of Miami              Alvaro Bustos, Chambers South              Bertha, UM-University of Miami Walk Safe              Janice Siegel, DentaQuest           </p>	
Welcome and Introductions	<p>             The monthly meeting of the Consortium for a Healthier Miami-Dade Children Issues Committee was brought to order by Alina Soto at 10:02A.M.           </p> <p>             All members were welcomed and introduced themselves.           </p>	

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<p>Approval of Minutes</p>	<p>There was a motion to approve the July 2013 Children Issues minutes by Alfie Leon; the motion was seconded by Amy Loddo.</p>	
<p>Work Plan Status Update</p>	<p>An election took place, in which Alfie Leon was voted by the Children Issues committee as the new 2013 Vice-Chair. Shanika provided Alfie and Alina the Bylaws of the Consortium that explains the roles of the committees and their Chairs &amp; Vice-Chairs.</p> <p>Committee reviewed the old business section of the previous July minutes in order to discuss the redevelopment of the work plan.</p> <p>Alfie discussed the #18 MAPP priority (Mobilizing for Action through Planning and Partnerships) on the <b>Oral Health</b> component while identifying its children issues. He mentioned community organizations, such as Community Smiles- that provide dental care to the underserved in the community. Henry Shine dental company and Patterson dental company provide donations to Community Smiles. Many dentists are using their own resources to provide services to kids in the school system.</p> <p>Main goals Alfie would like to address with the Oral Health component are:</p> <ol style="list-style-type: none"> <li>1) The goal is to identify dentists that are doing health/community fairs or opening their offices to provide services to less fortunate families. Reaching out to dentists that have already done great work. Finding dentists that can collaborate together to bring forth a unified vision.</li> <li>2) Another goal is to bring more dentists to the Children Issues committee so they can contribute and share their experiences. They can also identify children issues within the oral health component.</li> <li>3) Another goal is to find shareholders (ex. Henry Shine &amp; Patterson dental companies) contact them to see how they can work with us.</li> </ol> <p>Poor dental hygiene can lead to poor health. Haitian and Hispanic population high in poor dental hygiene due to lack of care, lack of interest/follow up.</p> <p>Alina suggested working with our childcare providers through the Early Learning Coalition. Committee agreed into making the Oral health component part of the work plan.</p>	<p>Jeff mentioned he would reach out to Dr. Fernandez to become involved with the Oral Health component.</p> <p>Alfie will follow up at next meeting on deliverables for the Oral Health component.</p>

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Jeff (DCF)-discussed #7 of the MAPP priority: **Socioeconomic Factors Impacting Health**. There are 3 determinants: Health, Healthcare, and Health behavior. They all tie into what happens to children that are in economically challenged environments. Even in the child care setting, those child care centers follow suit to the neighborhood they are in. If children are not taking care of their teeth and not eating properly because their parents are economically challenged, they are limited to the amount of resources they have. Due to economic hardship by many parents, many kids result in eating unhealthy which in turn leads to poor health and oral health. Culture also plays a significant role with overall health. Therefore, you have to look at the Socioeconomic makeup of the environment as it relates to health. Jeff also mentioned when an individual is in an unclean environment, this can lead to respiratory problems. All of these issues lead to lack of learning for a child because of the days missed from child care /school. Educating the parents and community is key.

Jeannie Necessary (Common Threads)- mentioned interest in #5 the **Nutrition and Physical Activity** component of the MAPP priority, since the focus is on childhood obesity. We need access to schools. Had a summer camp over the summer and the kids mentioned what they learned most about camp was the importance of eating healthy. Parents commented that the camp made a difference in their child's life. Jeannie feels education is the way to go. She said parents need to come to classes. 5 to 12 year olds are the ages where you want to educate kids and their families on how to change their eating behaviors. This can lead to better oral health and conditions in general, including exercise.

Carol Brogan (Early Learning Coalition)- mentioned they have a grant with Nemours foundation working in early learning programs with training and follow up technical assistance with providers and then they will reach out to the families. The focus is on healthy living activities, obesity prevention.

Alina's suggestion: **Identifying some specific communities, child care providers, and elementary schools, a public school as an example and begin the union of starting at an early place, bringing in Oral Health, Nutrition training, Access to care, Safety.**

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	<p>For example, at a child care center, since they have parent night, Anthony's Henry Gets Moving book can be done, Jeannie's cooking class and Alfie can present an oral health presentation. We can begin here as a committee. This can add value to their child care center.</p> <p>Jeannie mentioned the areas down south get neglected. (I.e. Homestead, the Redlands, etc.) She tried to have her program facilitated in those locations and it resulted in principals rejecting it. Alfie mentioned the communities that are surrounded by health care facilities are some of the ones that have the least understanding of what the benefits are.</p> <p>Anthony suggested as a possible objective the Children Issues committee create something endorsed by the Consortium, such as a tool kit. Something that says, based on these entities and organizations that are part of Children Issues, we have a tool kit that says (we are going to take care of your health from 0-12yrs old). To include Henry Gets Moving and Jeannie's cooking classes. The idea is to offer a packet to the community of what the Consortium offers. The packet is to consist of the Consortium for a Healthier Miami-Dade tying in initiatives and taking it beyond meeting and sharing, but engaging with the community. The packet is to outline a synopsis of what the committee does as well as any hurdles.</p> <p><b>Committee Assignments:</b>          Alina suggests Carol give recommendations for the south area centers that need technical assistance. The CI committee can offer help with the family component of Quality Counts and have Jackson come in with their idea. She also mentioned Jeff can partner up Carol with the child care centers and what we can do. Anthony has the movement curriculum with Henry Gets Moving. Jeannie is to come up with something regarding Common Threads. Everyone is to focus on the parent component first.</p> <p>For future meetings, Alfie mentioned he would like to get FIU's program from their medical school involved with the CI committee called The Neighborhood Help Program. The social workers and nursing students attend meetings regarding the need of underserved populations (Opalocka, Miami Gardens, an area in North Miami Beach, Naranja).</p>	<p>For September meeting, committee is to come up with what they can offer based on the Committee Assignments. Then committee can put together the packet that Anthony offered.</p> <p>Alfie would like to invite Dr. Luther Brewster who works for the Neighborhood Help Program.</p>
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	<p>Alina asked Carol, What is a good number of child care centers to target? Carol mentioned she wanted to wait to discuss this with Magallean before commenting. Carol mentioned child care centers that have afterschool programs should also be targeted. The Miami-Dade County Pre-K centers in Quality Counts do not have any in the south. <b>Alina suggested coming up with 5 child care centers to target as well as measure (pre and post).</b> To have Dr. Natale (UM) involved with the measurement component if they would like to collaborate.</p> <p>Newsletter – CI committee members:</p> <ul style="list-style-type: none"> <li>○ If anyone is interested in submitting any information for the newsletter, please e-mail <a href="mailto:shanika_watson@doh.state.fl.us">shanika_watson@doh.state.fl.us</a> or to <a href="mailto:amelinda_loddo@doh.state.fl.us">:amelinda_loddo@doh.state.fl.us</a></li> </ul>	<p>Sept. meeting- Alina wants committee to come up with their contributions as well as what everyone will individually bring to the table.</p>
<p>Partner Updates</p>	<p>Jeff (DCF)- Working on new child care providers that are getting their license for the first time. To have them trained and pass a DCF training. The Florida statutes do not require it but, to have these new providers participate in a child care training before they get their license. Those centers that are considered in trouble, where they received a probationary license or missing trainings, DCF will help them get better. Also working with the Children’s Forum and Early Learning Coalition to have training days on the weekend for home providers. The goal is to see if the trainings are going to make a difference.</p> <p>Anthony (Henry Gets Moving)      September is Childhood Obesity Awareness Month      Will be attending a meeting with Discovery Channel at the James H. Bright Center in September. Henry Gets Moving finally received validation. If you go to Childhood Obesity Awareness Month at <a href="http://www.coam-month.org">www.coam-month.org</a> that is the national symbol for childhood obesity month’s website. Henry is the symbol for childhood obesity</p>	

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awareness month. Anthony is working with Jeannie from Common Threads. Pediatric Wellness Day- Sept.28 flyer on the way. Another partner, Urban Strategies will be conducting a Pediatric Awareness Cancer month. He received a survey back from a tennis camp on the efficacy of Henry. 75% of the kids felt Henry got them moving and thinking healthy. An Ohio student working his Masters degree is utilizing Henry Gets Moving as an overall curriculum. The acronym is H.E.N.R.Y.- Healthy Exercise and Nutrition Recommendations for Youth. Looking to get Children's Trust partners onboard and have a meeting with them in September. The model is to find centers to donate Henry Get Moving books to them and find leaders to implement the curriculum. Henry the mascot is being developed. Perkil, an organization connected to Common Threads, connects non-profits to businesses and allows the non-profits they promote to certain businesses to get commission.

Cindy (JMH)- Injury Prevention program

An event coming up on December 7, 2013 called the Miami Children's Expo- a non-profit organization that focuses on children up to 7yrs old. Older children can come, but primarily younger children. Educators and parents will be there. The people that come are interested in education. This year they would like to have a children's health corner in addition to their safety corner. They are looking for nutrition and breastfeeding components. Cindy has participated in this event since 1999 to provide information and education.

Carol (ELC)- mentioned they are launching a revised system for Quality Counts. Parts of it will be the family support inclusion and breastfeeding.

Lisa (UM)- Continuously working with child care centers. In the consenting phase of the program now. They will be going to the child care centers to train teachers starting September 2013.

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Asit (FL Health in Miami Dade County)

Mentioned October 2013 is Asthma Prevention month. Will provide free screenings for different health centers. They have a creole radio station that invited them to talk about lead poisoning prevention. CDC coordinates this effort.

Joanne & Lisa (University of Miami)

Mentioned a presentation for undergraduate students was done for early childhood education at UM. They went to a family child care home. They are incorporating nutrition into the program. The teachers are institutionalizing the curriculum. Lisa Stuart and Dr. Ruby Natale are also involved. When it comes to childhood obesity they like to speak to parents and teachers and use their role modeling curriculum. They want to continue educating the schools, especially the directors to buy into the program. If they can get the directors to understand the importance of the way children eat, then it will trickle down to the children. If things change, then the children will go home and educate their parents.

Dylan Gonzalez (FIU)

Works with Anthony on Henry Gets Moving. Mentioned he has been a volunteer in Step Forward Day-where individuals go out into the community and just help. Areas in need, where it consists of children or adults. It is an opportunity to give back to the community. Held on September 7.

Jeannie (Common Threads)

Alina, Shanika and Anthony visited the Common Threads summer camp at the Miami Culinary Institute. This camp was free for underserved kids. Every day the kids learned about cooking and food science. Each day they would go through the scientific method. They also engaged in physical activity. Their recipes were based on a country. They had a pop up restaurant that 50 Eggs restaurant provided where a manners class was conducted. 80 kids participated in this camp. It was also covered in the Miami Herald.

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	<p>Alina (DCF) Mentioned September is childhood obesity awareness month. DCF is going to give information everyday on their website and facebook page on recipes, ideas, and parenting tips starting September 1<sup>st</sup>, 2013. They are partnering with facilities statewide. On September 25, 2013 at 10am, DCF is going to invite all child care providers throughout the state of Florida to participate in 15 minutes of teacher led physical activity. DCF's communications department will put together a youtube video of it and post it.</p> <p>Bertha (UM-Walk Safe Program) mentioned they are still implementing their curriculum in the elementary and public schools in Miami-Dade County. They are now preparing the international walk-to-school day held on October 9, 2013.</p>	
Executive Board Update	Alina brought the CPPW (Communities Putting Prevention to Work) community report for the CI committee to view. The report was introduced at the last Executive Board meeting on August 12, 2013.	
New Business	Alina suggested occasionally hosting our CI committee meetings at different venues. Some suggestions were the library and other committee member locations.	
Old Business	Committee stipend is still available. Alina mentioned committee can share any ideas on how this stipend could be used in the future. It was suggested that the stipend be held until the Children Issues committee builds the initiative.	
Upcoming Events	Children's Trust Family Expo Miami-Dade County Fair & Expo Center Saturday, August 24, 2013 10am-6pm	

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	<p>           Health &amp; Food Safety Fair            Sponsored by the FDA and the City of Miami            at Jose Marti Park            351 SW 4 St Miami, FL 33231            September 7, 2013            9am-12pm         </p> <p>           Marketing &amp; Membership Committee Workshop            Branding: Who Are You?            October 2, 2013 3pm-4pm            8323 NW 12 Street Suite 212            Miami, FL 33126         </p>	
Adjournment	<p>The next meeting will be held on <b>Thursday, September 26, 2013</b></p> <p>The meeting was adjourned at 11:44 AM.</p>	