

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
 Children Issues Committee Meeting
 Thursday, October 24, 2013

TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (19)	<p> Alina Soto- Committee Chair, Department of Children and Families Shanika Watson, Florida Health in Miami Dade County Jeff Hurst, Department of Children & Families/ CCR Joanne Palenzuela, University of Miami Anthony Rouzier, Henry Gets Moving Sean Smalls, Henry Gets Moving Lisa Stuart, University of Miami Pediatrics Magalie Thomas, Nemours Catherina Chang Martinez, Florida International University Monica Hernandez, Florida Health in Miami Dade (WIC) Sandra Johnson, Florida Health in Miami Dade (WIC) Nakia Weaver, Sunshine Health Charlotte Waddell, Florida Health in Miami Dade County Janice Siegel, DentaQuest Victor Bernal, Healthy Matthew Kathy Evans, CAHSD Head Start Maria M., University of Miami Peter Hawes, Aro Rugby </p> <p> <u>TELECONFERENCE:</u> Alfie Leon, Vice-Chair, Florida International University Law </p>	
Welcome and Introductions	<p> The monthly meeting of the Consortium for a Healthier Miami-Dade Children Issues Committee was brought to order by Alina Soto at 10:03A.M. </p> <p> All members were welcomed and introduced themselves. </p>	
Approval of Minutes	<p> There was a motion to approve the September 2013 Children Issues minutes by Janice Siegel; the motion was seconded by Anthony Rouzier. </p>	

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<p>Work Plan Status Update</p>	<p>The Children Issues committee is in the process of creating a work plan. Members want to get involved in helping the community. They want to share their gifts and talents with community members that need our services.</p> <p>Dr. Natale, Lisa, Joanne (UM), Jeff (DCF) have put together a suggested child care center list. The technical assistance and committee services will be shared with 5 child care centers, in which the committee voted these centers will be down south. University of Miami and DCF Licensing team are in the child care centers every day and put together the suggested list. Jeff is to look at the conditions of the centers. Lisa and Joanne explained how the 5 child care centers down south were chosen. The centers were chosen based on those that participated with the Communities Putting Prevention to Work grant (2010-2013) in which a relationship was already established. Per Lisa, the following listed child centers are in need of assistance according the UM database: Little Big Planet Learning Center, Little Cruisers, little Language Academy, Many Faces Academy, The Children’s First Preschool Inc., The Creative Learning Center, VIP Christian Academy, Acadekids Preschool #2, Little Steps II Inc., Small Fry Educational Day Care Center, Camelot Preschool, and Glendale Baptist Childcare/ Richmond Heights, FL. Jeff mentioned seven child care centers that were chosen out of the list to work with: The Creative Learning Center, Little Big Planet Learning Center, Acadekids Preschool #2, Little Steps II Inc., Small Fry Educational Day Care Center, Camelot Preschool, and Glendale Baptist Childcare/ Richmond Heights, FL.</p> <p>The final 5 child care centers suggested for piloting are: Little Big Planet Learning Center, Acadekids Preschool #2, Little Steps II Inc., Small Fry Educational Day Care Center, Camelot Preschool. It was mentioned that the other child care centers, such as Glendale Baptist Childcare will serve as back up. These 5 child care centers serve as the resource for access to care, technical assistance, reading, dental, nutrition, physical activity, parent activity. The goal is to find out what the child care centers needs are.</p> <p>Alina asked the committee what are the next steps...</p> <p>Jeff mentioned the next steps would be defining the type of assistance the committee is looking for. Jeff spoke to Dr. Fernandez (dentist who promotes Certified Fighting Alliance) to see how he can assist us since he works with kids. Dr. Fernandez wants CI the committee to come up with a plan first.</p>	
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	<p>Janice (Denta Quest) mentioned if parents and other siblings are not being educated on proper oral health, the oral health decay will increase and is the number one childhood decay in the world. She mentioned at DentaQuest, they have the educational sources, resources, paper work and one pagers both in English and Spanish.</p> <p>Victor Bernal (Healthy Matthew CEO) talked about collaborating with the Oral Health component of Children’s Issues. He mentioned he had a dental mobile van and would like to help children with dental care.</p> <p>Peter (Aro-Rugby) asked if there was a community calendar that can be referred to for different resources. DOH-Miami-Dade members discussed the Consortium calendar details with the Children Issues committee as well as the Community Health Outreach Program (CHOP) form.</p> <p>Alina discussed all the talents and skills of the CI committee to go into the child care centers to provide services and care in technical assistance by center. She mentioned it is the committee’s decision as to piloting one center or several over a period of time. Alina also mentioned Head Start and Nemours focus is on the family component and would be great collaboration on this effort.</p> <p>Lisa (UM) suggested a pre-needs assessment be done first at the child care centers. Identifying what the centers needs are, their highs and lows. From there, identify which area that would benefit each child care center. After the pre-needs assessment is done, a post assessment will be completed. There is a hope for this initiative to become a model for funding down the road.</p> <p>Alina discussed that the goal of the meeting is to come up with a draft for services the Children Issues committee can provide.</p> <p>Alfie inquired if bags were given out to the families and children, it would be nice to have an estimate number of families/children involved. To create a log to keep track of families and children being helped for record purposes and being able to help them in the future as well.</p>	<p>Maria (UM) mentioned that she visits child care centers and volunteered to take part with the pre – needs assessment.</p> <p>Alfie volunteered to be responsible for record keeping of families/children.</p>
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	<p>Alina asked the committee what they would like to bring to the table...</p> <p>Anthony (Henry Gets Moving) mentioned it depends on how many times the center is to be visited. For Henry Gets Moving team, they can visit the centers one time, or conduct multiple sessions on different aspects of Henry's symbolism. Alina mentioned it would be the CI committee's decision of what the flow, sequence, continuity, or degree of participation would be based on the committee's expertise.</p> <p>Maria inquired about the duration of this piloting project. Alina mentioned it is TBA by the committee, it's a committee effort. Alina mentioned it can be a one day project. Maria suggested each month consisting of a theme, for example, January can be Let's Move It month, and February can be Nutrition month. CI Committee agreed to the plan being well organized when going out to these child care centers and parents are prepared. Peter agreed to this plan as well as tying activities into the community. He also discussed scheduling and creating a database for collection purposes, a SWOT analysis (Strength Weaknesses Opportunities and Threats). The goal is to not to overwhelm these child care centers, to make the curriculum relevant, sustainable and permanent.</p> <p>Alina brought up the CI committee has a \$1,200 stipend from the Health Foundation to be used. It was suggested that some of the stipend can be used on food for the families as these events are conducted at the child care centers. The events would be called Parent Education Nights. A Letter of Invitation was discussed and a stationery sample letterhead and business card shown to the CI committee that includes the names of all committee chairs and vice chairs. This Letter of Invitation is to be prepared to invite the 5 child care centers that want to participate in the piloting program.</p>	<p>Peter volunteered to research tools that are available for technical assistance.</p> <p>Alina will work on request form for the CI committee stipend to be used on this project. This will be submitted to Karen Weller (DOH- Miami-Dade) for approval.</p> <p>Alina will prepare Letter of Invitation draft.</p>
Partner Updates	<p>Magalie Thomas (Nemours) Mentioned Nemours is working closely with the Early Learning Coalition to implement this year long commitment of obesity prevention and breast feeding</p>	

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	<p>support. They have a 5 one day in person active sessions that focuses on nutrition, physical activity, breast feeding support, and limiting screen time. In between these sessions, they are spread out for 6-8 weeks. They ask the child care centers to take the information and resources that are given in the sessions and bring it back to their programs and work on a homework task. This task is related to a pilot action plan. The purpose is to get the centers to see they are first taking a small step to healthy change and then working on another action plan based on where they are and working on that throughout the year. Nemours also provides technical assistance between these sessions. Nemours recently launched their first series of learning sessions in September that were well attended and well received. Their curriculum is aligned with First Lady Michelle Obama's Let's Move curriculum. There are currently 64 programs throughout Miami-Dade county currently enrolled. They are still actively recruiting, looking towards making up 120 more programs especially in the south. They are trying to focus more on Head Start programs now. October 31, 2013 the Early Learning Coalition will be the supplementing agency responsible for carrying out the deliverables.</p> <p>Peter (Aro Rugby) Mentioned he would like to put together the various entities and what their skill sets are in an organogram so the committee knows their identification.</p> <p>Sandra(WIC) Mentioned they are Health Educators. They can contribute to the Parent Education Nights through the educational component. They can relay the information out there for oral health, conducting nutrition trainings, etc. Baby bottle is a huge issue.</p> <p>Nakia (Sunshine Health Plan) They have a healthy kids program that may fit well because they work with low income families.</p> <p>Maria (UM) Spoke of students that can volunteer in this CI committee project and want to engage in the community with health fairs and getting involved in the evaluation piece. Mentioned they can organize the calendar, lesson plans and how they are going to promote nutrition and physical activity.</p>	<p>Peter is to come up with 3-4 questions / questionnaire that will help identify the various entities.</p>
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	<p>Lisa (UM) Mentioned they are continuously working with the Health Foundation. They finished up their trainings for the first two cohorts, in which Maria is doing the south area and Lisa is doing the north area.</p> <p>Victor (Healthy Matthew) Mentioned he is still involved with Oral Health. He is currently involved with nutrition workshops for children because children need help. Victor has spoken to CI Vice-Chair, Alfie regarding 7 health campaigns he is part of, the main one being Oral Health- The Power of a Healthy Smile. There are videos of the Healthy Matthew Club at www.healthymatthew.com . There is an event called the Boriquen's 2nd Annual Pediatric Health Fair on Saturday, October 26, 2013 where dental check-ups will be provided as well as fluoride applications.</p> <p>Kathy (Head Start) Mentioned Head Start is a Comprehensive program that focuses on parent, family and community engagement. They focus on parent wellness, health information, oral health and nutrition. Head Start conducts parent education and trainings throughout their delegate agencies. Would to educate parents and families on issues that affect children. They serve about 2,300 families from 0-5yrs of age thus far. They have home based families as well.</p> <p>Janice (DentaQuest) Mentioned DentaQuest is an Oral Health advocate. They administer Medicaid and Oral Health education to the community. Janice would like to provide training to trainers, and get involved with WIC (Women Infants and Children). Denta Quest likes to participate in health fairs. Janice also mentioned she would like to play an active part in the committee.</p> <p>Jeff (DCF) mentioned DCF is working on provider meetings they are closing out for the rest of the year. Jeff mentioned he would like to contribute to the child care center piloting project any way he can.</p>	
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	<p>Anthony (Henry Gets Moving)</p> <p>Mentioned Henry Gets Moving book aspires children to live healthy lives. Teaches kids about the positivity of eating healthy, not eating junk food and playing video games. The have multi session curriculums that students are doing in Massachusetts.</p> <p>The Henry Gets moving mascot is in the works and will be presented to the audience very soon. Recently, there was a book reading at Univision Fair. Women Infants and Children purchased 1,000 Henry Gets Moving books and donated them to their graduating class in Massachusetts. Students and interns in the university are receiving internship credit hours and community service hours for partaking in the Henry Gets Moving initiative. Anthony would like to replicate this initiative in Miami as well. A reading was also conducted in Little Havana's Leadership Learning Center. The Henry Gets Moving Team is working on designing a play space for the children. The Henry Gets Moving Team is also collaborating with the Hip Hop Kids dance group to create the Henry Hustle. They are also working on an interactive app/ book that have a Henry warm up video. The ultimate goal with Henry is to have an interactive character that is engaged in different multimedia platforms that fights screen time. They are also working with the Discovery channel Alonzo Mourning charities for book donations.</p>	
<p>Executive Board Update</p>	<p>There will be another Community Health Improvement plan community meeting TBA. Everyone is welcome to attend. The Executive Board continues to shape the strategic plan for the Consortium for a Healthier Miami-Dade. Alina and Nancy Maidique (Tobacco Free Workgroup Chair) will collaborate about bringing tobacco awareness in the child care centers. There is a lack of awareness of potential danger that the e-cigarettes can bring for the providers. Also to have children understand at their level the harm that the e-cigarette can cause.</p>	
<p>New Business</p>	<p>The holidays are approaching so the CI committee discussed future meeting dates. Since the next committee meeting falls on Thanksgiving, the meeting will be changed to the previous week (November 22, 2013). The committee agreed to not having a December meeting because many will be on vacation for the holidays.</p>	

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<p>Old Business</p>	<p>Newsletter – CI committee members:</p> <ul style="list-style-type: none"> ○ If anyone is interested in submitting any information for the newsletter, please e-mail shanika_watson@doh.state.fl.us or to amelinda_loddo@doh.state.fl.us 	
<p>Upcoming Events</p>	<p>Boriquen’s 2nd Annual Pediatric Health Fair Saturday, October 26, 2013 9:00am—2:00pm 3601 Federal Highway, Miami, FL 33137</p> <p>Marketing & Membership Committee Workshop Procuring Sponsorships November 6, 2013 3pm-4pm Beacon Center 8323 NW 12 Street Suite 212 Miami, FL 33126</p>	
<p>Adjournment</p>	<p>The next meeting will be held on Friday, November 22, 2013 The meeting was adjourned at 11:32AM.</p>	