

# Community Themes and Strengths Assessment

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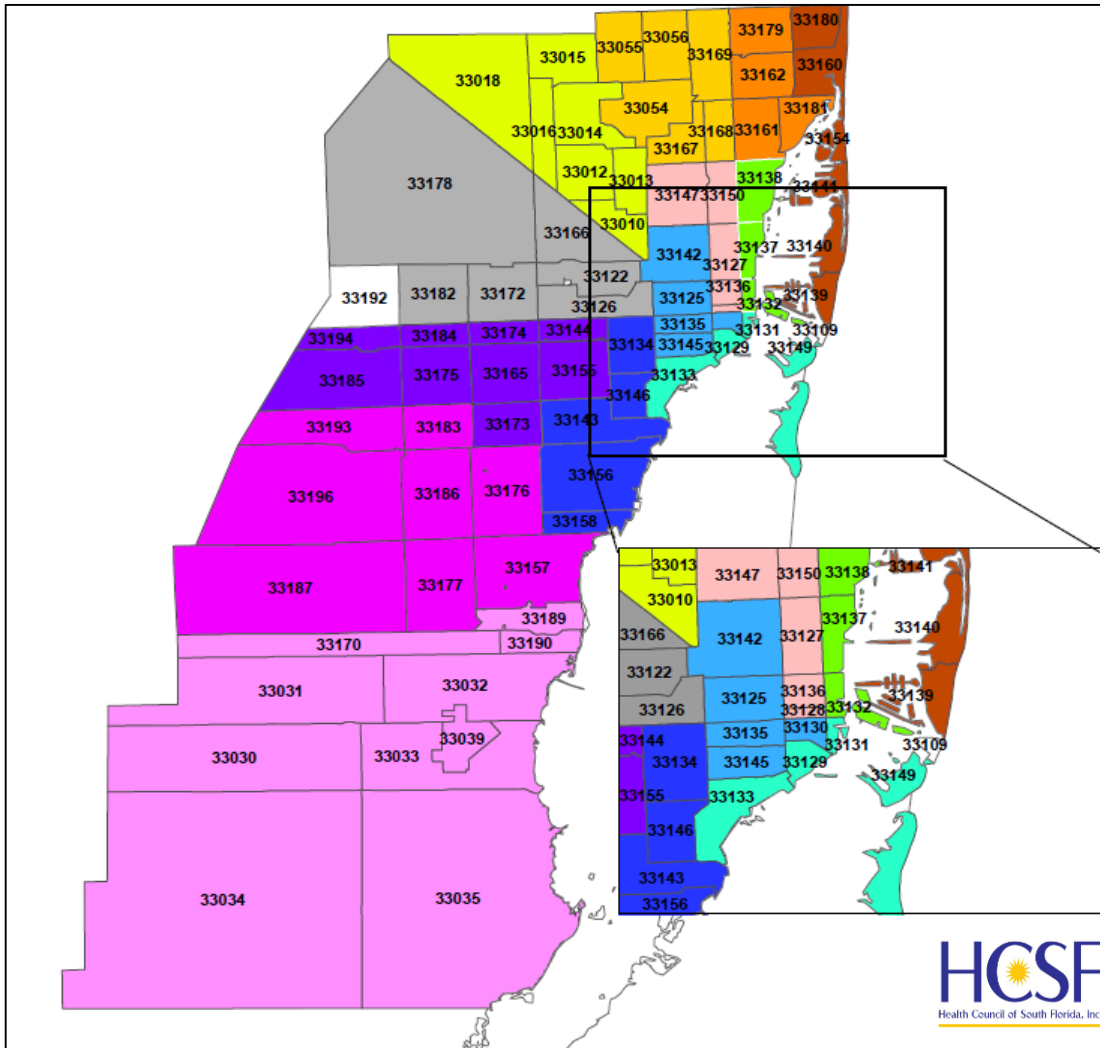


# Community Themes and Strengths Assessment

Community Themes and Strengths Assessment was conducted in two parts:

- 1.) Focus Group Discussions
- 2.) Miami-Dade County Wellbeing Survey

# Cluster Distribution by Zip Code of Residence



| Cluster    | Name   |
|------------|--|
| Cluster 1  | South Dade/Homestead   |
| Cluster 2  | Kendall  |
| Cluster 3  | Westchester/West Dade  |
| Cluster 4  | Coral Gables/Kendall   |
| Cluster 5  | Brownsville/Coral Gables/Coconut Grove                         |
| Cluster 6  | Coral Gables/Coconut Grove/Key Biscayne                        |
| Cluster 7  | Doral/Miami Springs/Sunset                                     |
| Cluster 8  | Miami Shores/Morningside                                       |
| Cluster 9  | Hialeah/Miami Lakes  |
| Cluster 10 | Opa-Locka/Miami Gardens/Westview                               |
| Cluster 11 | North Miami/North Miami Beach                                  |
| Cluster 12 | Aventura/Miami Beach   |
| Cluster 13 | Downtown/East Little Havana/Liberty City/Little Haiti/Overtown |

# Part 1: Focus Groups



Facilitated sessions in the 13 clusters

Community members participated in focus groups

Identify actual needs of the community

# Focus Group Methods

- Community Based Participatory Research (CBPR)
- Participant Recruitment
  - Voluntarily
- Target sample size



# Topics for Discussion

The focus group questions were designed to capture areas of concern for the residents in Miami-Dade County that they face in their communities and included:

- Length of time living in Miami-Dade County
- Size of residents' homes to accommodate their families
- Racial diversity in residents' communities
- Neighborhood features that residents value
- Availability and accessibility of healthy food options
- Safety
- Health care utilization
- Residents' perspectives on how to improve their communities



# Residential Stability

- ✓ 1 in 3 participants have lived in the communities for 21 years or more, and 1 in 4 have lived in their communities between 2 and 10 years
- ✓ Approximately 69.0% of participants from Cluster 11 (North Miami Beach) who provided a response have lived in their communities for more than 21 years

# Racial Diversity

- ✓ The majority of participants from Cluster 1 (South Dade/Homestead), Cluster 7 (Doral/Miami Springs/Sunset), and Cluster 10 (Opa-Locka/Miami Gardens/Westview) do not believe their neighborhoods to be racially diverse





# Common Themes

## WHAT IMPROVEMENTS CAN BE MADE IN YOUR COMMUNITY?



TRANSPORTATION/  
BUILT ENVIROMENT



ACCESS TO  
HEALTHY  
FOOD



EDUCATION



NEIGHBORHOOD  
SAFETY



HEALTH SERVICE  
UTILIZATION



COMMUNITY  
INVOLVEMENT

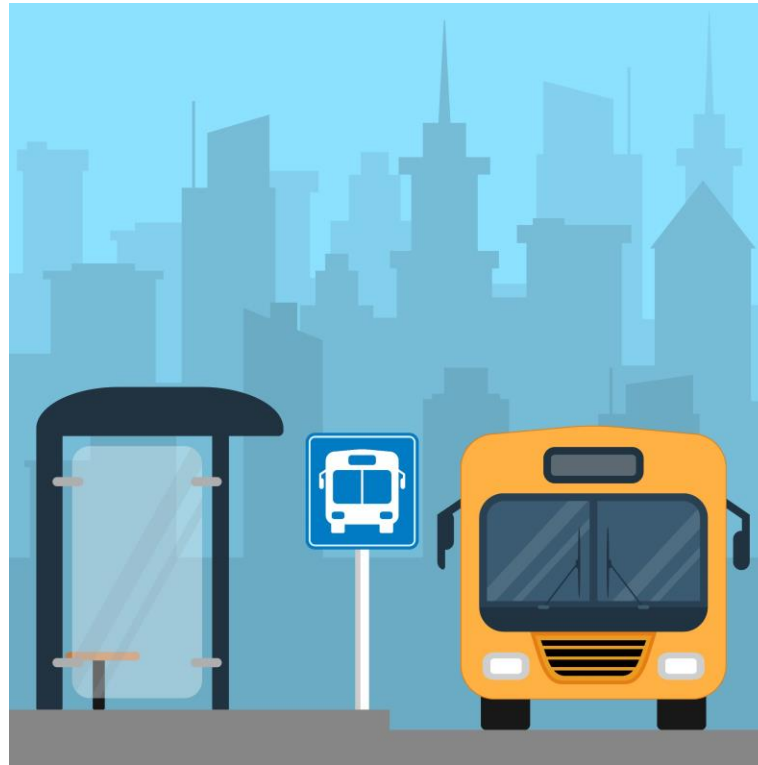


2018 Community Themes and Strengths Assessment Miami-Dade County, Florida

# Transportation and Built Environment

**Theme 1:** Expand Metrorails and Metromovers. Build more highways “above ground”.

**Theme 2:** Residents experiencing flooding in their neighborhoods due to heavy rain.



**Theme 3:** Larger and affordable homes should be available to accommodate larger families

**Theme 4:** Improve residential safety by clearly marking pedestrian crossing lanes and paving the roadways.



# Healthy Food Options

- One third of all participants stated that they do not have access to healthy food options in their neighborhoods, compared to 37.0% that do
- 63.0% of participants from Cluster 11 (North Miami Beach) do not have access to healthy food options, while half of participants from Cluster 11 Part 2 (North Miami) indicated that they do.

# Education

- Implement more specialized educational or vocational programs
- Important to educate the community about infectious diseases especially in areas of high drug use



# Neighborhood Safety

- ✓ A number of participants did not feel safe at night and voiced the following concerns:
  - ✓ Limited police presence
  - ✓ Poor built environment (e.g., no sidewalks or adequate lighting)
  - ✓ Drug and alcohol abuse
    - ❖ Cluster 2 (Kendall), Cluster 4 (Coral Gables, Kendall), Cluster 10 (Opa-Locka, Miami Gardens, Westview)
- ✓ Poor sanitary conditions in participants' neighborhoods regarded by participants as a health issue leading to chronic conditions

# Health Service Utilization

- ✓ Participants voiced their concern with their local free health clinics:
  - ✓ Long wait to see a nurse or physician
  - ✓ Not given a guarantee to be treated on the day of the visit
  - ✓ Limited access to free services
  - ✓ Impersonal communication and treatment by the staff
- ✓ Participants shared their concern about not qualifying for federal assistance even though it is needed

# Community Involvement

- For residents to be more involved in community meetings
- For residents to get acquainted with their neighbors who may face the same issues in their daily lives



# Ideal Community





# Part 2: Wellbeing Survey



MIAMI-DADE COUNTY  
**Wellbeing  
SURVEY**



How is the quality of life in  
your neighborhood?

**WE WANT  
TO HEAR  
FROM  
YOU**



Please complete the survey  
[www.surveymonkey.com/r/MDCWellbeing](http://www.surveymonkey.com/r/MDCWellbeing)



# Clusters by Name and ZIP Code

| Cluster    | Name   | ZIP Codes Included   |
|------------|--|--|
| Cluster 1  | South Dade/Homestead   | 33030, 33031, 33032, 33033, 33034, 33035, 33039, 33170, 33189, 33190 |
| Cluster 2  | Kendall  | 33157, 33176, 33177, 33183, 33186, 33187, 33193, 33196               |
| Cluster 3  | Westchester/West Dade  | 33144, 33155, 33165, 33173, 33174, 33175, 33184, 33185, 33194        |
| Cluster 4  | Coral Gables/Kendall   | 33134, 33143, 33146, 33156, 33158                                    |
| Cluster 5  | Brownsville/Coral Gables/Coconut Grove                         | 33125, 33130, 33135, 33142, 33145                                    |
| Cluster 6  | Coral Gables/Coconut Grove/Key Biscayne                        | 33129, 33131, 33133, 33149   |
| Cluster 7  | Doral/Miami Springs/Sunset                                     | 33122, 33126, 33166, 33172, 33178, 33182                             |
| Cluster 8  | Miami Shores/Morningside                                       | 33132, 33137, 33138  |
| Cluster 9  | Hialeah/Miami Lakes  | 33010, 33012, 33013, 33014, 33015, 33016, 33018                      |
| Cluster 10 | Opa-Locka/Miami Gardens/Westview                               | 33054, 33055, 33056, 33167, 33168, 33169                             |
| Cluster 11 | North Miami/North Miami Beach                                  | 33161, 33162, 33179, 33181   |
| Cluster 12 | Aventura/Miami Beach   | 33139, 33140, 33141, 33154, 33160, 33180                             |
| Cluster 13 | Downtown/East Little Havana/Liberty City/Little Haiti/Overtown | 33127, 33128, 33136, 33147, 33150                                    |

# 2018 Miami-Dade Wellbeing Survey Geographic Distribution

| Cluster | Cluster Name   | Expected Count | Expected Percentage | Actual Count | Actual Percentage |
|---------|--|----------------|---------------------|--------------|-------------------|
| 1       | South Dade/Homestead   | 220            | 7.4%                | 403          | 11.3%             |
| 2       | Kendall  | 220            | 7.4%                | 673          | 18.8%             |
| 3       | Westchester/West Dade  | 220            | 7.4%                | 394          | 11.0%             |
| 4       | Coral Gables/Kendall   | 220            | 7.4%                | 250          | 7.0%              |
| 5       | Brownsville/Coral Gables/Coconut Grove                         | 220            | 7.4%                | 209          | 5.9%              |
| 6       | Coral Gables/Coconut Grove/Key Biscayne                        | 220            | 7.4%                | 127          | 3.6%              |
| 7       | Doral/Miami Springs/Sunset                                     | 220            | 7.4%                | 191          | 5.4%              |
| 8       | Miami Shores/Morningside                                       | 220            | 7.4%                | 150          | 4.2%              |
| 9       | Hialeah/Miami Lakes  | 220            | 7.4%                | 241          | 6.8%              |
| 10      | Opa-Locka/Miami Gardens/Westview                               | 220            | 7.4%                | 230          | 6.4%              |
| 11      | North Miami/North Miami Beach                                  | 220            | 7.4%                | 213          | 6.0%              |
| 12      | Aventura/Miami Beach   | 220            | 7.4%                | 240          | 6.7%              |
| 13      | Downtown/East Little Havana/Liberty City/Little Haiti/Overtown | 330            | 11.1%               | 252          | 7.1%              |

# 2018 Miami-Dade Wellbeing Survey

## Demographics

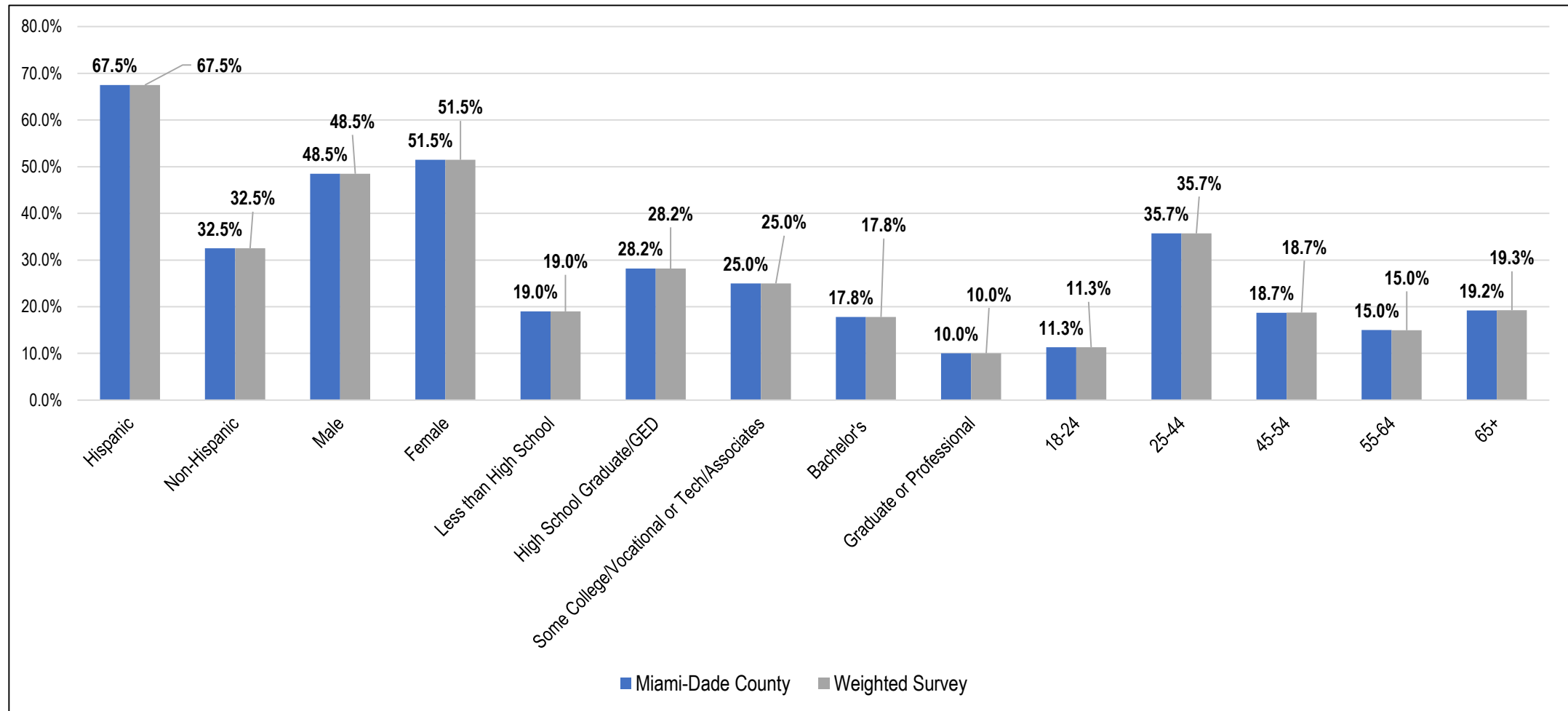
|                                  | Count | Percentage |
|----------------------------------|-------|------------|
| <b>Survey Language</b>           |       |            |
| English                          | 3208  | 89.8%      |
| Spanish                          | 341   | 9.5%       |
| Creole                           | 24    | 0.7%       |
| <b>Age</b>                       |       |            |
| 18-24                            | 348   | 9.7%       |
| 24-44                            | 1470  | 41.1%      |
| 45-54                            | 724   | 20.3%      |
| 55-64                            | 642   | 18.0%      |
| 65+                              | 389   | 10.9%      |
| <b>Sex</b>                       |       |            |
| Male                             | 920   | 25.8%      |
| Female                           | 2653  | 74.3%      |
| <b>Race</b>                      |       |            |
| White                            | 2319  | 64.9%      |
| African-American                 | 807   | 22.6%      |
| American Indian or Alaska Native | 23    | 0.6%       |
| Asian                            | 104   | 2.9%       |
| Other                            | 470   | 13.2%      |
| <b>Ethnicity</b>                 |       |            |
| Hispanic/Latino(a)               | 1913  | 53.5%      |
| Not-Hispanic/Latino(a)           | 1660  | 46.5%      |

# Post-Stratification Survey Weighting

## Post-Stratification Survey Weighting:

- It improves representativeness of Miami-Dade County
- Sociodemographic and geographic distribution of Miami-Dade County
- Post-stratification weights are added to the raw data
  - ❖ It involves a statistical raking process (iterative process) by adding weights to each respondent
- As a result, it is concluded with confidence that the results of the survey represent Miami-Dade County when weights are taken into account

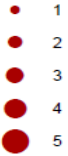
# Population Characteristics: Miami-Dade County Compared to Weighted Survey Respondents



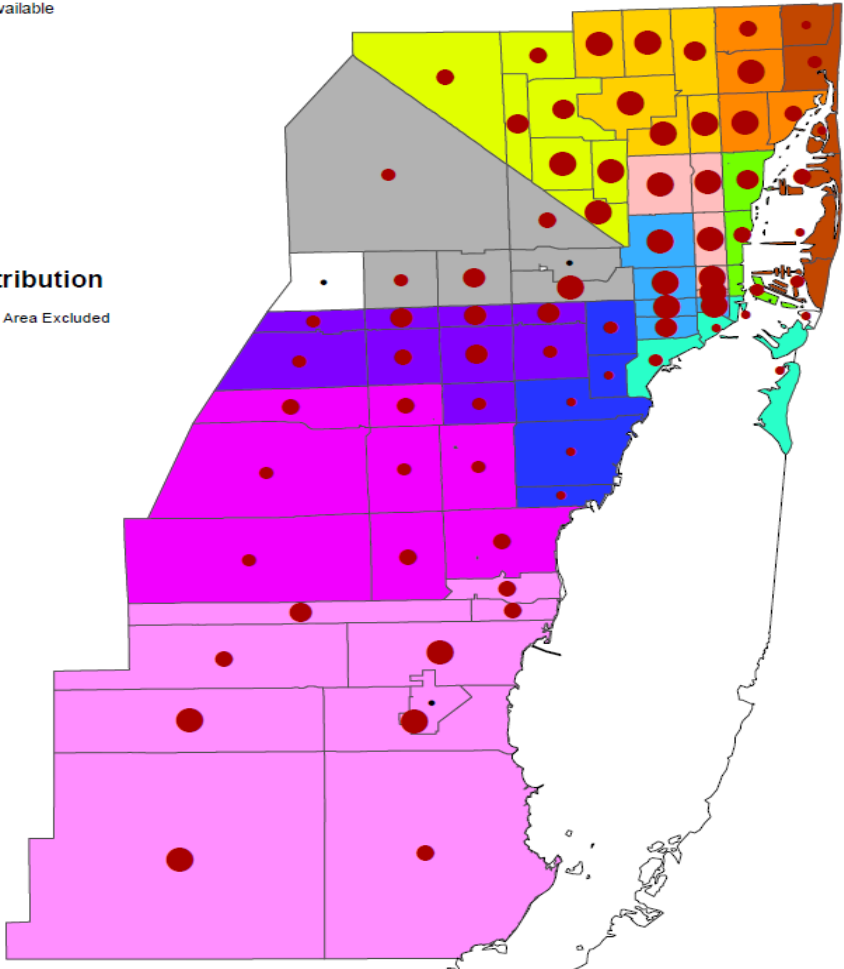
# SocioNeeds Index

## SocioNeeds Index

• Data Not Available



## Cluster Distribution



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# Wellbeing Survey Categories

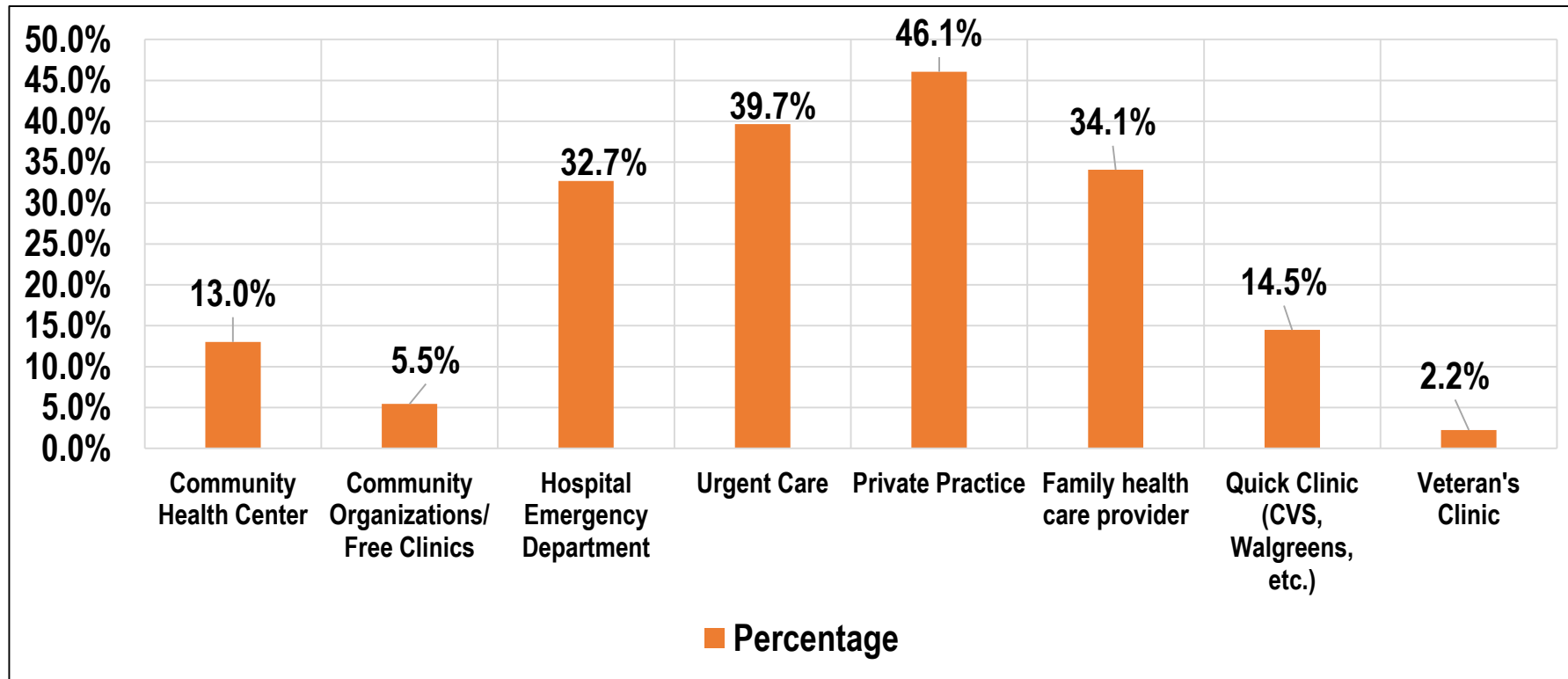
The Miami-Dade Wellbeing Survey had 5 main sets of questions which included:

- ✓ Quality of Life
- ✓ Environment
- ✓ Modifiable Health Risks
- ✓ Access to Healthcare Services
- ✓ Mental Health Medication and Treatment



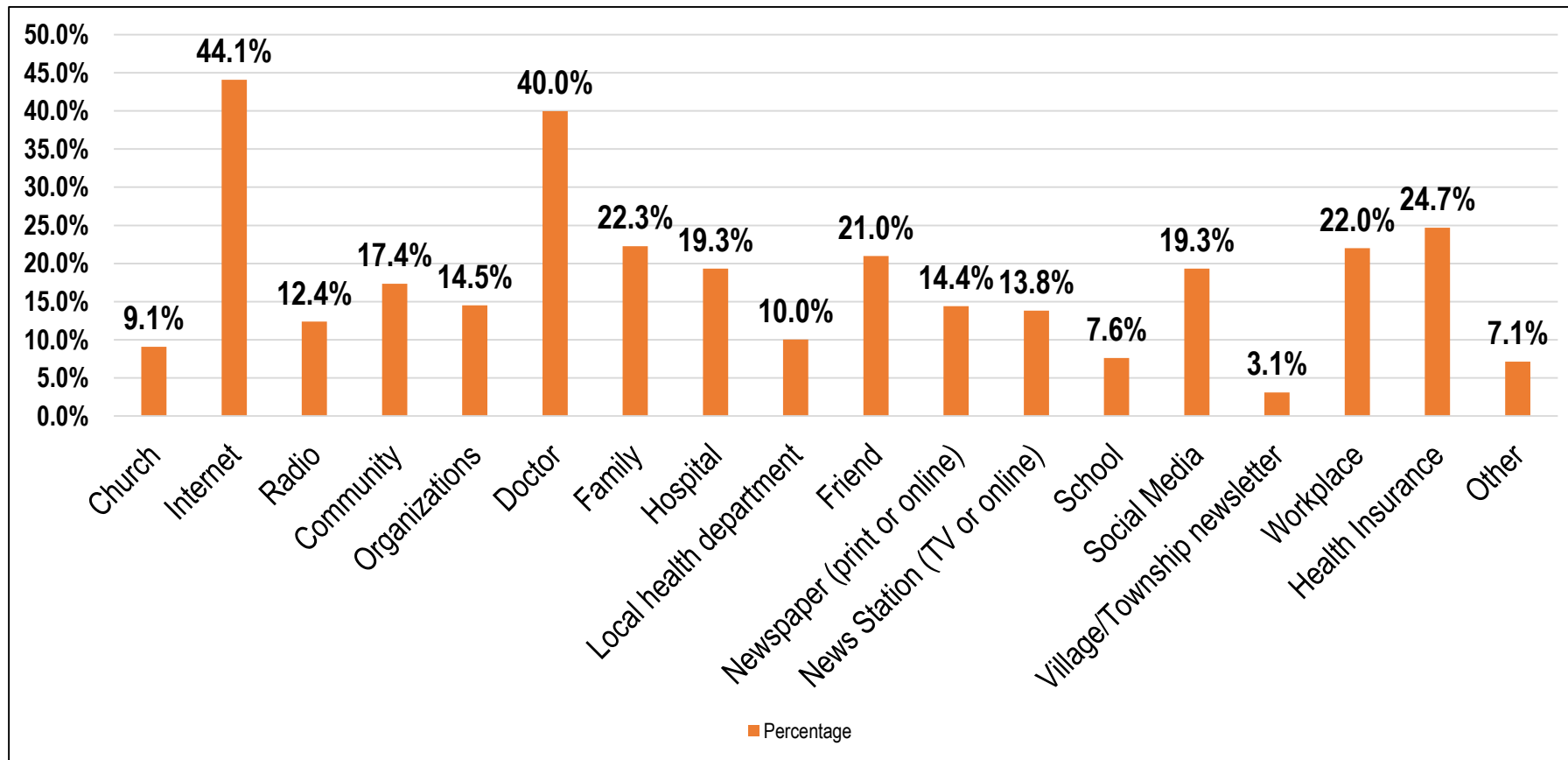
# Access to Care – Locations

*Where do you or your family go when sick or in need of healthcare, mental healthcare, or dental services?*

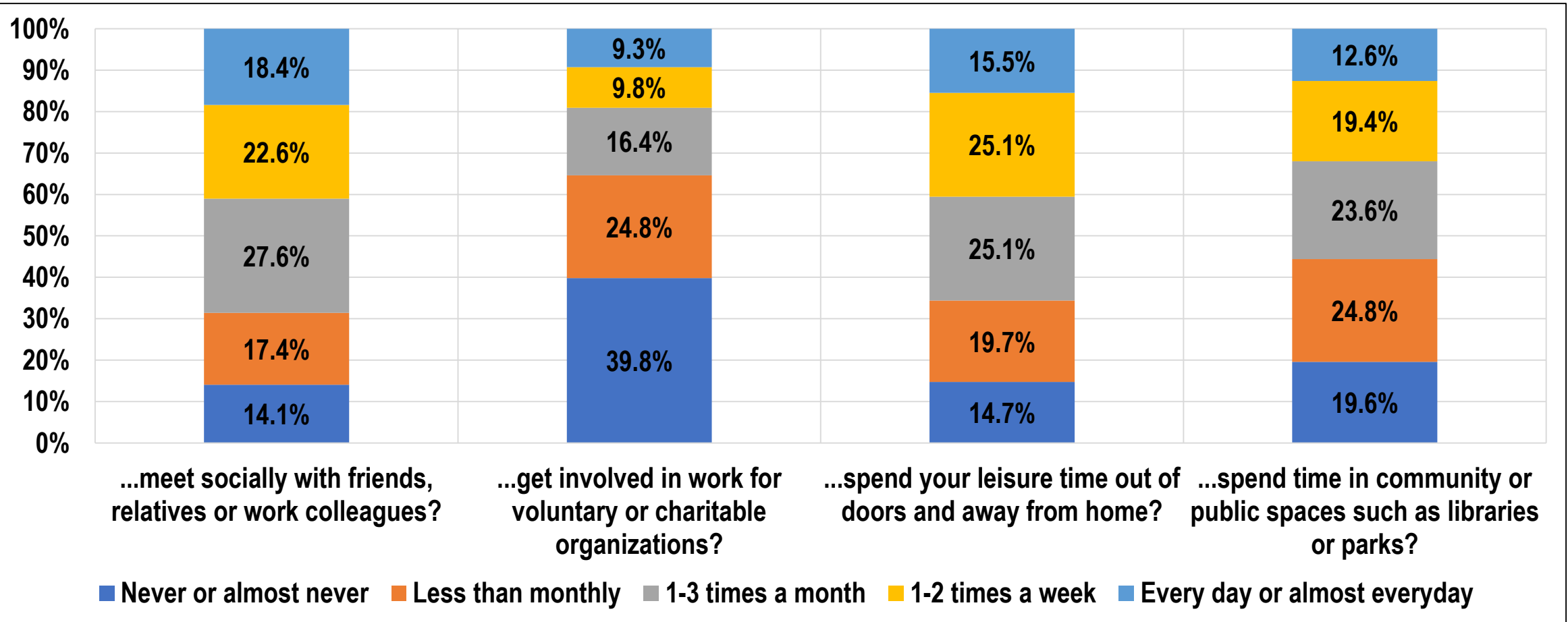


# Health Information

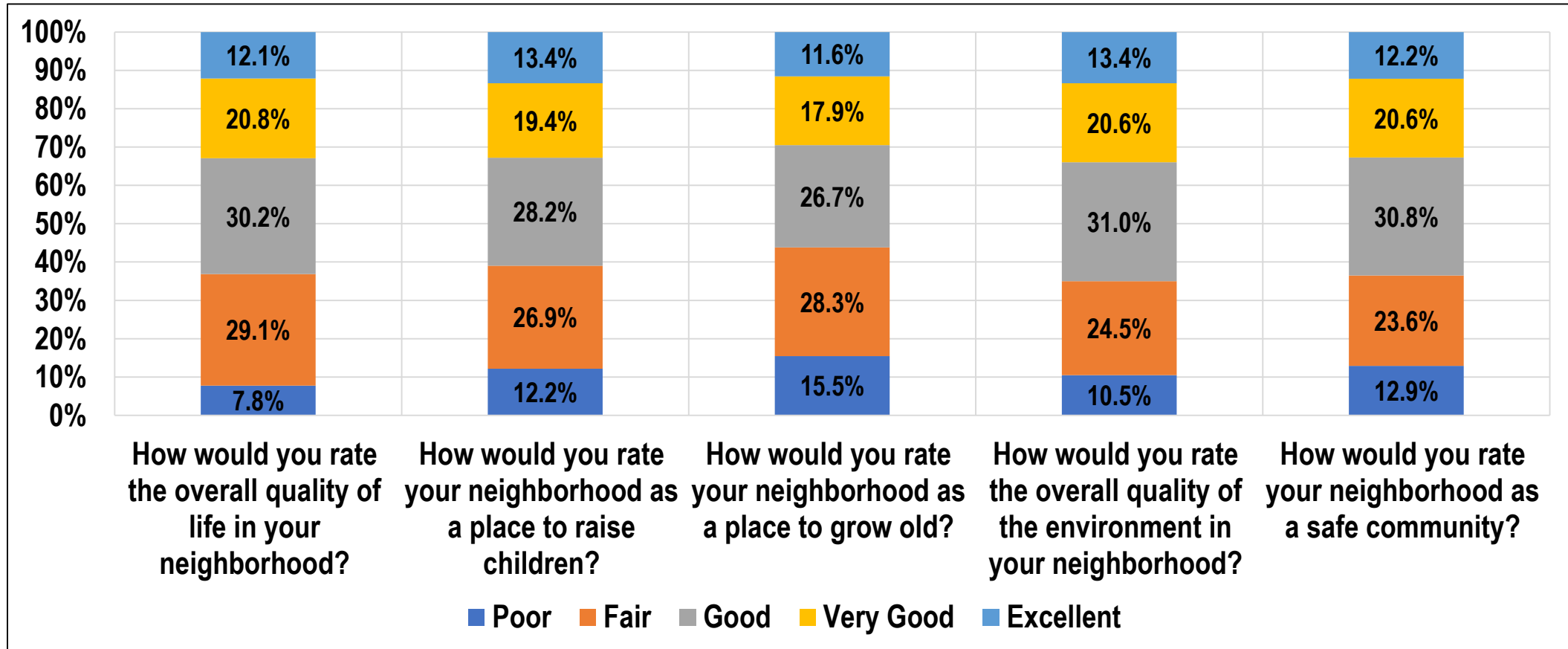
*Where do you get information about health-related issues/resources in your neighborhood?*



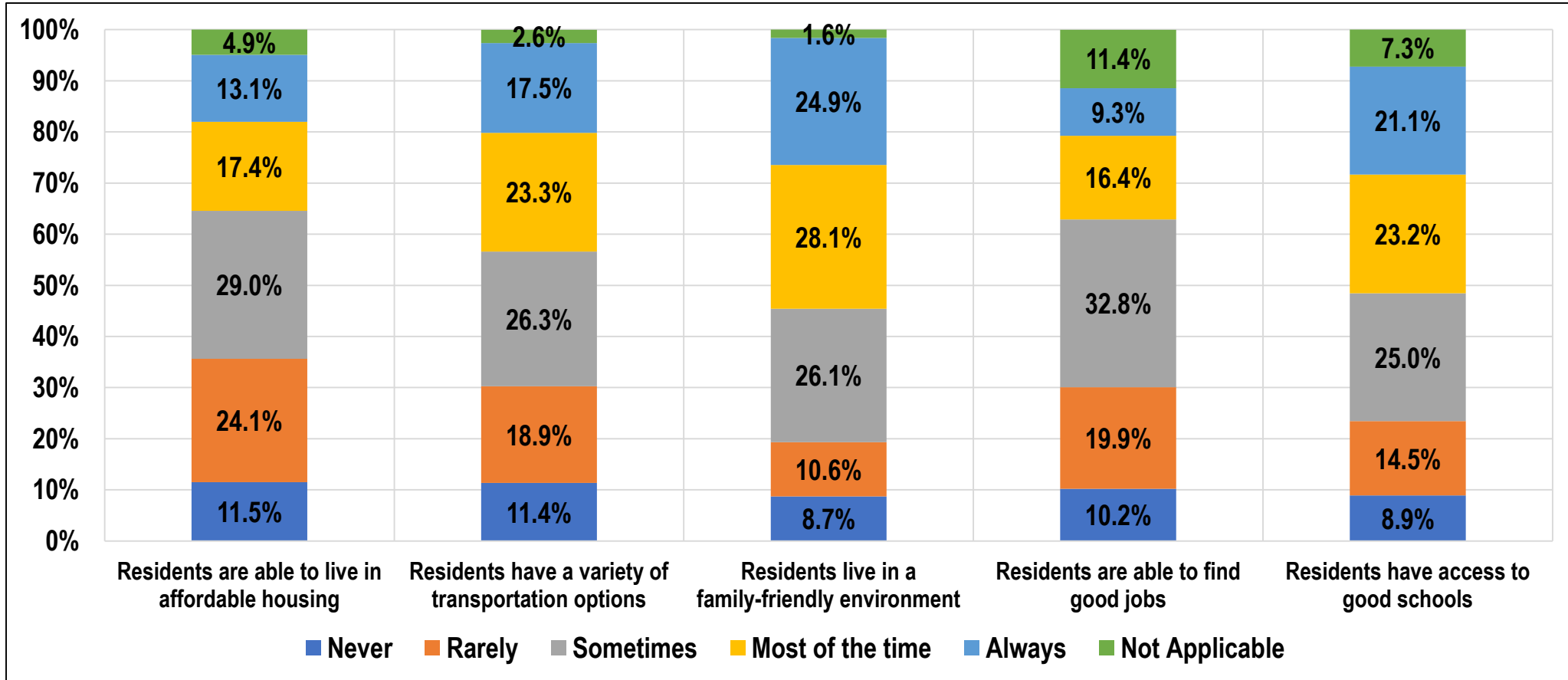
# Thinking about your life at the moment, how often do you...



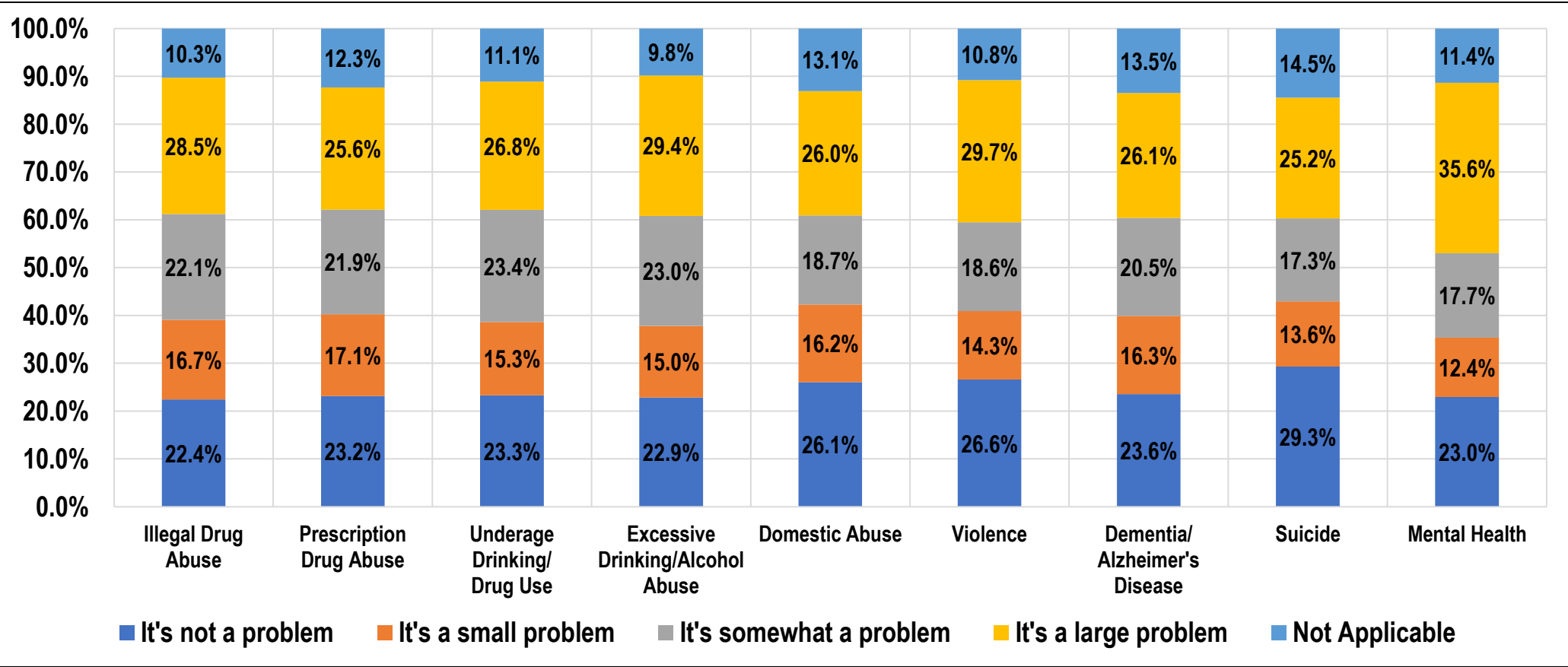
# For every question, please select which most closely matches your opinion.



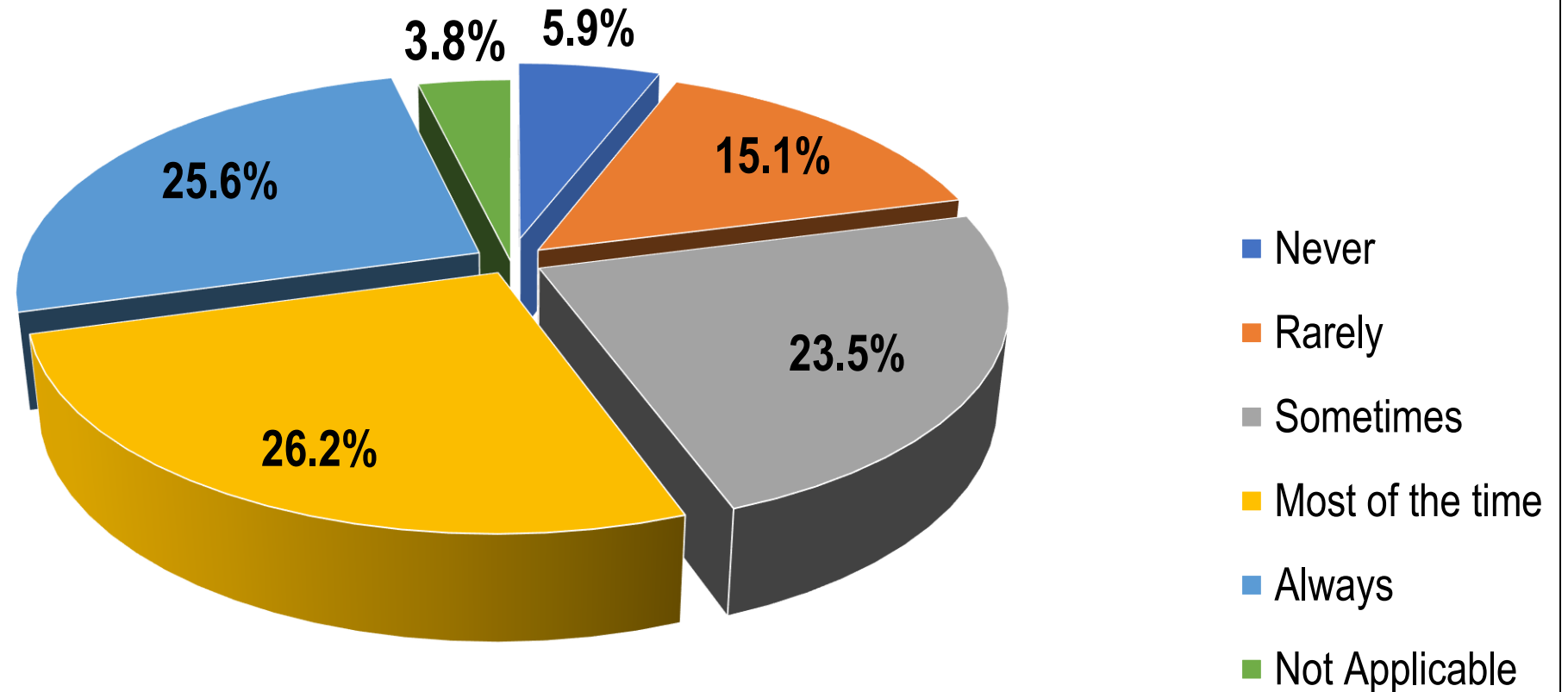
# Please provide your opinion on the following statements when thinking about your neighborhood



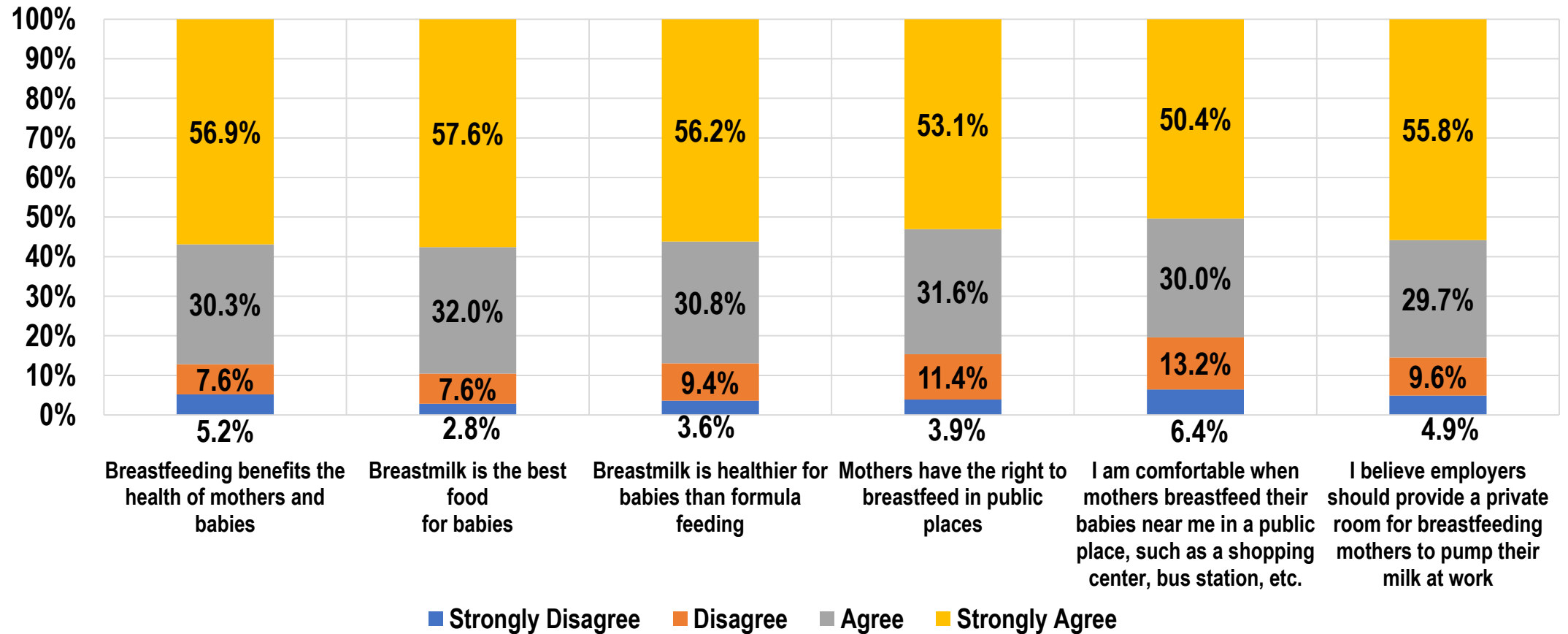
# Please provide your opinion on the following health issues when thinking about your neighborhood



**Please provide your opinion on the following statement when thinking about nutrition in your neighborhood:  
Residents have access to healthy and affordable food**

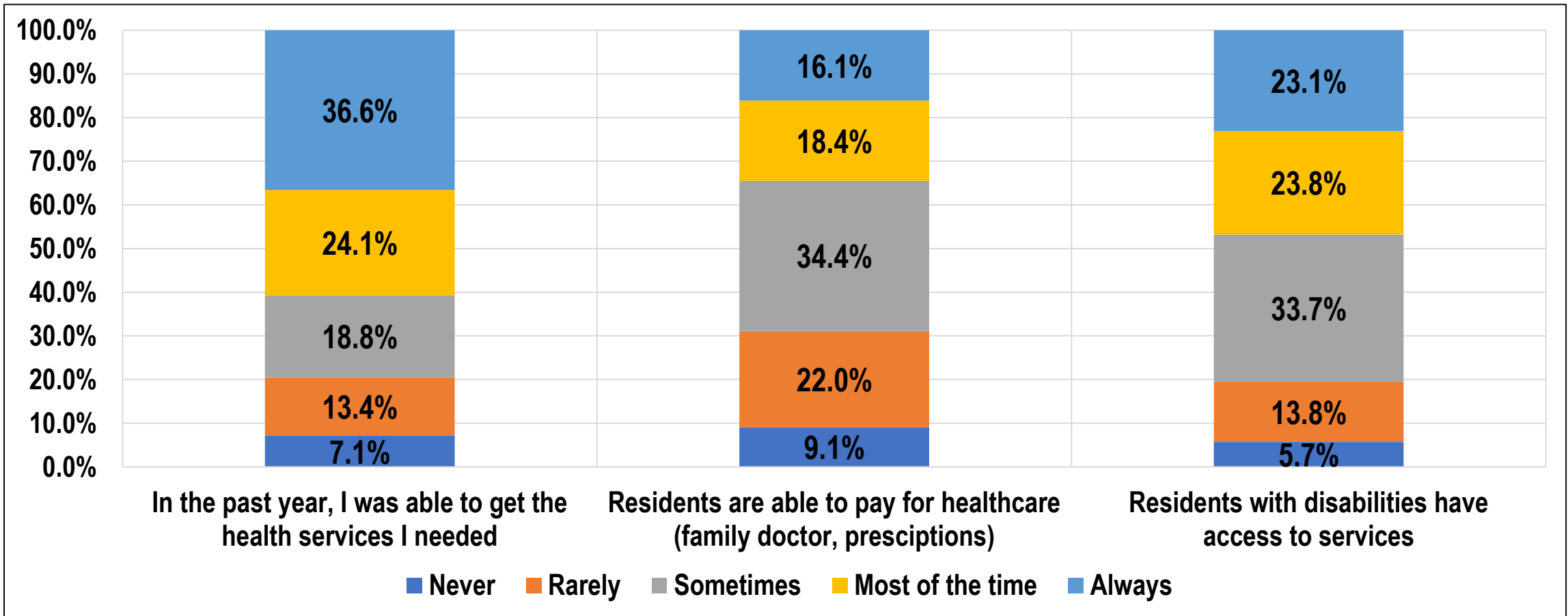


# Please provide your opinion on the following statements when thinking about breastfeeding in your neighborhood

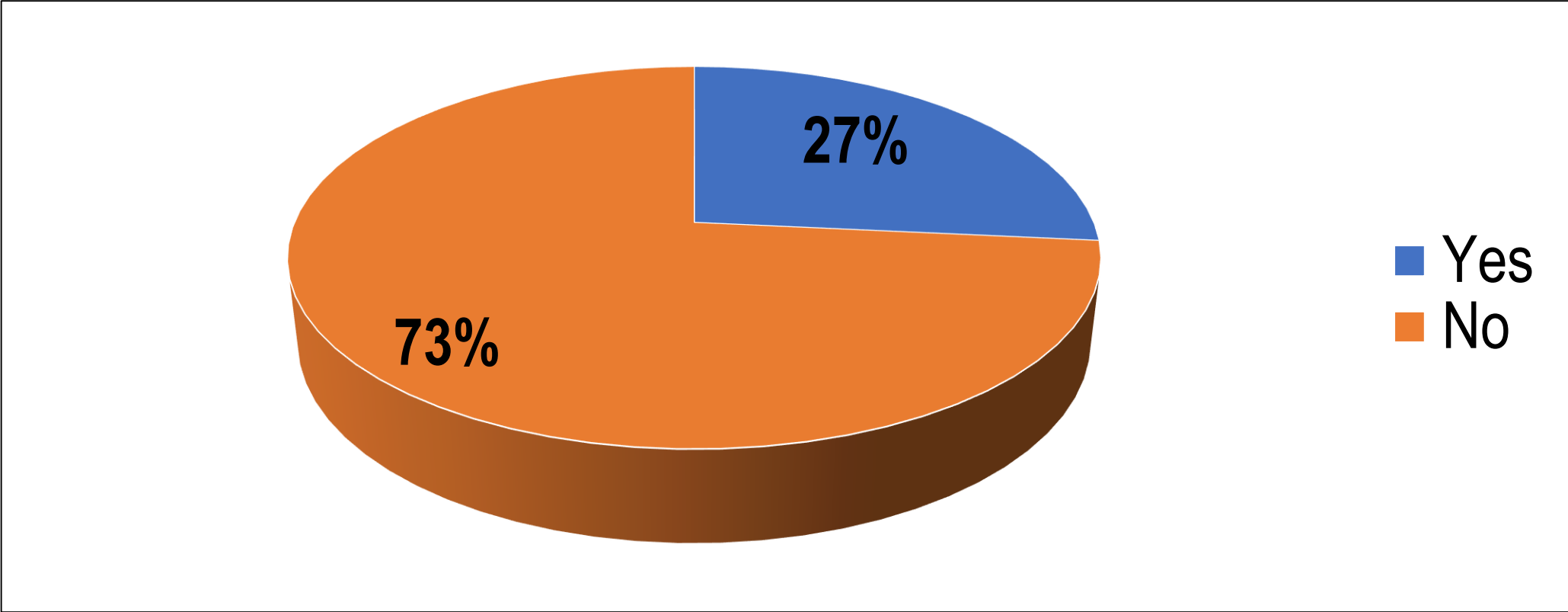




# Please select which most closely matches your opinion when thinking about your neighborhood



**Are you now taking medicine or receiving treatment from a doctor or other health professional for any type of mental health condition or emotional problem?**



# Conclusion

- ✓ 2018 Wellbeing Survey sought to understand the health status, needs, and expectations of the residents of Miami-Dade County
- ✓ Overall, the residents of Miami-Dade County are optimistic about their health, their access to healthcare, and their overall quality of life. However, this is not universal across all indicators and clusters

# Questions

