

CONSORTIUM
FOR A
HEALTHIER
MIAMI-DADE



Sponsored by the Florida Department of Health in Miami-Dade County



CONSORTIUM FOR A HEALTHIER MIAMI-DADE



In the area of public health, one agency alone cannot do the enormous task of influencing the entire population; however, through collaboration the Consortium's vision of a healthy environment, healthy lifestyles and a healthy community for all Miami-Dade County residents and visitors will be fulfilled. The Consortium for a Healthier Miami-Dade was established in 2003 by the Miami-Dade County Health Department to address the increasing rate of chronic disease in the community.



The Consortium is comprised of seven committees and guided by the goals and objectives established in Healthy People 2020. It is comprised of over 300 organizations, all united by the common belief that through collaboration and prevention-focused initiatives, Miami-Dade County residents can live longer, healthier and happier lives.

Consortium goals include:

- Integrate planning and assessment to maximize partnerships.
- Increase the percentage of adults and children who are at a healthy weight.
- Build and revitalize communities so people can live healthy lives.
- Increase access to resources that promote healthy behaviors.

Common goals of all committees:

- Prevention through education and the support of policies, systems, and environmental changes that encourage healthy living
- Reducing and eliminating health disparities among high-risk populations
- Provision of educational forums, programs, and screenings
- Collaboration and leveraging of resources
- Implementation of evidence based practices, community focused programs and services
- Increasing access to health services, healthy foods, and environments

Children Issues/Oral Health Committee



About Us

The Children Issues/Oral Health Committee was established in 2003 to improve the health and wellness of children in Miami-Dade County.

Mission

Our initiatives work to implement policy, systems, and environmental change that support healthy lifestyles among children in Miami-Dade County. We strive to increase breastfeeding practices and access to healthy foods and physical activity in schools and child care centers.



Goals

- Promote children's health and wellness via collaboration between key local organizations, policy makers and community members
- Increase children's health and wellness through countywide and organizational policy, systems and environmental changes
- Decrease health disparities among underserved youth populations and increase equitable access to quality healthcare through health education and the strengthening of health literacy

Meeting Information

The Committee meets every **third Friday** of each month from **9:30 – 11:30 a.m.** at the

United Way of Miami-Dade Center for Excellence

3250 SW 3rd Avenue • Miami, FL 33129



Elder Issues/Mayor's Initiative on Aging Committee



About Us

The Elder Issues/Mayor's Initiative on Aging Committee was created in 2005 to improve quality of life and longevity for the growing elderly population. The committee is a countywide, volunteer workgroup



for those with an interest in learning more about the needs, issues, services and concerns of elders in our community. This group of elder experts meet to share information, resources and services on the needs of our elder community. Meetings are held monthly to provide educational information to our members and visitors through presentations and linkage to elder service organizations as needed.

Mission

Promote healthy lifestyles and community resources by sharing information on best practices and creating partnerships among organizations in Miami-Dade County interested in elder issues. Improve the quality of life for elders in our community through education and information sharing.

Goals

- Enhance and strengthen committee membership to foster partnerships and networking opportunities.
- Increase the adoption and implementation of policies, systems, and environmental changes to create a health-promoting environment
- Educate and raise awareness of the benefits of healthy lifestyles and activities for elders in our community
- Increase local awareness of services to elders in our Miami-Dade County

Meeting Information

The Committee meets every **last Tuesday** of each month from **2:00 – 4:00 p.m.** at the

Stephen P. Clark Government Center

111 NW 1st Street • 29th Floor • Suite 29A • Miami, FL 33128

Health and the Built Environment Committee



About Us

The Health and the Built Environment Committee was established in 2006 to educate the community, public and private stakeholders about the health impacts of the built environment and develop strategies and influence solutions.

Mission

The Health and the Built Environment Committee's mission is to promote a health community design that encourages active transportation, access to healthy foods, safety, social connections and social equity.



Goals

- The committee aims to reduce and prevent chronic disease, motor vehicle related injury and deaths, while at the same time improving environment health.
- The committee seeks to stimulate economic development through policies, systems and environmental changes.

Meeting Information

The Committee meets every **second Tuesday** of every other month from **9:30 – 11:00 a.m.** at the

Miami Center for Architecture & Design (MCAD)

100 NE 1st Avenue • Miami, FL 33132

All other monthly meetings will be a conference call from 9:30 –10.30 a.m.



Health Promotion and Disease Prevention Committee



About Us

The Health Promotion and Disease Prevention Committee was established in 2003 to address chronic disease prevention through the promotion of healthy lifestyles and the support of policy, systems, and environmental changes within Miami-Dade County.

Mission

To improve the health and well-being of all Miami-Dade County Residents through improved access to nutrition, physical activity and access to care.

Goals

- Increasing access to improved nutrition through policy and systems changes such as targeting and encouraging restaurants to offer healthy meal options
- Increasing access to care and community linkage for residents of Miami-Dade County to increase physical activity and reduce chronic disease rates
- Encourage the use and adoption of a green prescription, which provides physical activity and nutrition messages while at the same time, directs residents to visit the County parks and increase their access to other local parks within their area

Meeting Information

The Committee meets every **third Tuesday** of each month from **2:00 – 4:00 p.m.** at the

Beacon Center

8323 NW 12th Street • Suite 212 • Miami, FL 33126

Marketing and Membership Committee



About Us

The Marketing and Membership Committee was established in 2005 to raise awareness of the Consortium's activities and initiatives to the community and other stakeholders through mass media, grassroots events, public relations and digital marketing. Members of the committee also strategize to recruit organizations and businesses, as well as members of the media community to join the Consortium.

Mission

The Committee's mission is to focus on increasing Consortium membership, recruiting members for the Speakers' Bureau, disseminate information about the Consortium, and collaborate with other committees on media messages and point of decision prompts. Workshops are provided upon request.



Goals

- Raise awareness of the Consortium's activities and initiatives to the community and other stakeholders through mass media, grassroots events, public relations and digital marketing
- Increase Consortium membership
- Strategize to recruit organizations and businesses, as well as members of the media community to join the Consortium

Meeting Information

The Committee meets every **first Wednesday** of each month from **2:00 – 4:00 p.m.** at the

Florida Department of Health in Miami-Dade County
8323 NW 12th Street • Suite 212 • Miami, FL 33126



Tobacco-Free Workgroup



About Us

The Tobacco-Free Workgroup created in 2008, mobilizes and collaborates with partner organizations to decrease tobacco use and exposure to secondhand smoke in Miami-Dade County. The Tobacco-Free Workgroup is committed to creating policy and system changes to minimize tobacco use and promote healthier learning, working, and living environments.

Mission

The Tobacco-Free Workgroup focuses on initiatives that aim to reduce and prevent initiation of tobacco use, especially among youth, provide resources for smoking cessation, and establish and advocate for ordinances and laws that eliminate secondhand smoke exposure on a local and state level.

Goals

- Create policy and system changes that reduce tobacco and e-cigarette or “electronic nicotine delivery systems” use and secondhand smoke exposure and foster a healthy environment
- Assist multi-unit housing and worksites to create smoke-free environments
- Reduce initiation rates of tobacco and e-cigarette or “electronic nicotine delivery systems” use among youth and young adults by implementing Students Working Against Tobacco (SWAT) clubs and similar organizations
- Provide support and resources for smoking cessation
- Recruit, train, and mobilize community partners to reduce and prevent initiation of tobacco and e-cigarette or “electronic nicotine delivery systems” use

Meeting Information

The Committee meets bi-monthly* on the **last Monday** of the month from **9:30 – 11:00 a.m.** at the

Beacon Center
8323 NW 12th Street • Suite 212 • Miami, FL 33126

*If the last Monday is a holiday, the meeting will be scheduled on the previous week

Worksite Wellness Committee



About Us

The Worksite Wellness Committee was established in 2003 to promote healthy lifestyles in the work-setting by sharing resources on best practices, encouraging policies, systems, and environmental changes and creating partnerships among the diverse businesses within Miami-Dade County. Our primary initiatives involve hosting quarterly educational forums on a variety of worksite wellness related topics and since 2009, the annual South Florida Worksite Wellness Awards, a ceremony that honors businesses with demonstrated programmatic and individual positive health outcomes. The committee's targeted initiatives focus on generating sustainable policy, environmental, and system changes in workplaces throughout Miami-Dade County. The committee continues to focus on

improving health through worksite-based programs that combine educational, behavioral, and environmental modifications.

Mission

To be a major catalyst for healthy living in Miami-Dade through the support and strengthening of sustainable worksite policies, systems and environments.



Goals

- Enhance and strengthen the Committee membership to foster partnership and networking opportunities
- Increase the adoption and implementation of policies, systems, and environmental changes to create health-promoting worksite
- Educate and raise awareness of the benefits of healthy lifestyle and health promoting environments in the workplace
- Increase local business/organizational access to relevant worksite wellness resources and best practice program

Meeting Information

The Committee meets every **first Thursday** of each month from **12:30 – 2:30 p.m.** at the

Beacon Center

8323 NW 12th Street • Suite 212 • Miami, FL 33126



CONSORTIUM FOR A HEALTHIER MIAMI-DADE MEMBERSHIP FORM

Consortium membership is free and open to all individuals who share the vision, mission and goals of the Consortium. If you are interested in becoming a member of the Consortium, please simply fill out the form below.

I am a* New Member Renewing Member

First Name* _____ Last Name* _____

Credential _____

Company/Org Name* _____

Position/Title* _____

Address 1* _____

City* _____ State* _____ Zip Code* _____

Email Address* _____

Phone Number 1* _____ Phone Number 2 _____

Fax Number _____ Are you a Student?* Yes No

Type of Organization:* Government Academic Healthcare NonProfit ForProfit Other

COMMITTEES:

The Consortium is comprised of the seven (7) committees listed below. Each committee works collaboratively with public and private partners to plan various initiatives targeted to specific groups in an effort to address leading health issues affecting Miami-Dade residents. Please select the committee(s) you are interested in becoming a member of and the type of membership you would like.

Committee 1*: Children Issues/Oral Health Elder Issues/Mayor's Initiative on Aging
 Health and the Built Environment Health Promotion and Disease Prevention
 Marketing and Membership Tobacco-Free Workgroup Worksite Wellness
 Active Member Member at Large

Committee 2 (Optional): Children Issues/Oral Health Elder Issues/Mayor's Initiative on Aging
 Health and the Built Environment Health Promotion and Disease Prevention
 Marketing and Membership Tobacco-Free Workgroup Worksite Wellness
 Active Member Member at Large

Committee 3 (Optional): Children Issues/Oral Health Elder Issues/Mayor's Initiative on Aging
 Health and the Built Environment Health Promotion and Disease Prevention
 Marketing and Membership Tobacco-Free Workgroup Worksite Wellness
 Active Member Member at Large

*REQUIRED INFORMATION

By signing this membership agreement, I agree to work collaboratively with the above-selected committee(s) of the Consortium to organize effective county-wide initiatives to promote healthy lifestyles and enhance the quality of life of Miami-Dade County residents.

Print Full Name _____ Signature _____ Date _____

Please fill out and mail form to the **Office of Community Health and Planning**,
18255 Homestead Avenue • Miami, FL 33157



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Join
the Consortium For A
Healthier Miami-Dade

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Healthy Environment, Healthy Lifestyles, Healthy Community

The Consortium for a Healthier Miami-Dade was established in 2003 by the Florida Department of Health in Miami-Dade County to address the increasing rate of chronic disease in the community. The goals of the Consortium are to:

- Integrate planning and assessment processes to maximize partnerships and expertise of the community in accomplishing its goals.
- Increase the percentage of adults and children who are at a healthy weight.
- Build and revitalize communities so people can live healthy lives.
- Increase access to resources that promote healthy behaviors.
- The Consortium is guided by the goals and objectives established in Healthy People 2020. It is comprised of over 300 members, all united by the common belief that through collaboration and prevention-focused initiatives, Miami-Dade County residents can live longer, healthier and happier lives.

Membership is FREE and open to all individuals who support the vision, mission and goals of the Consortium.

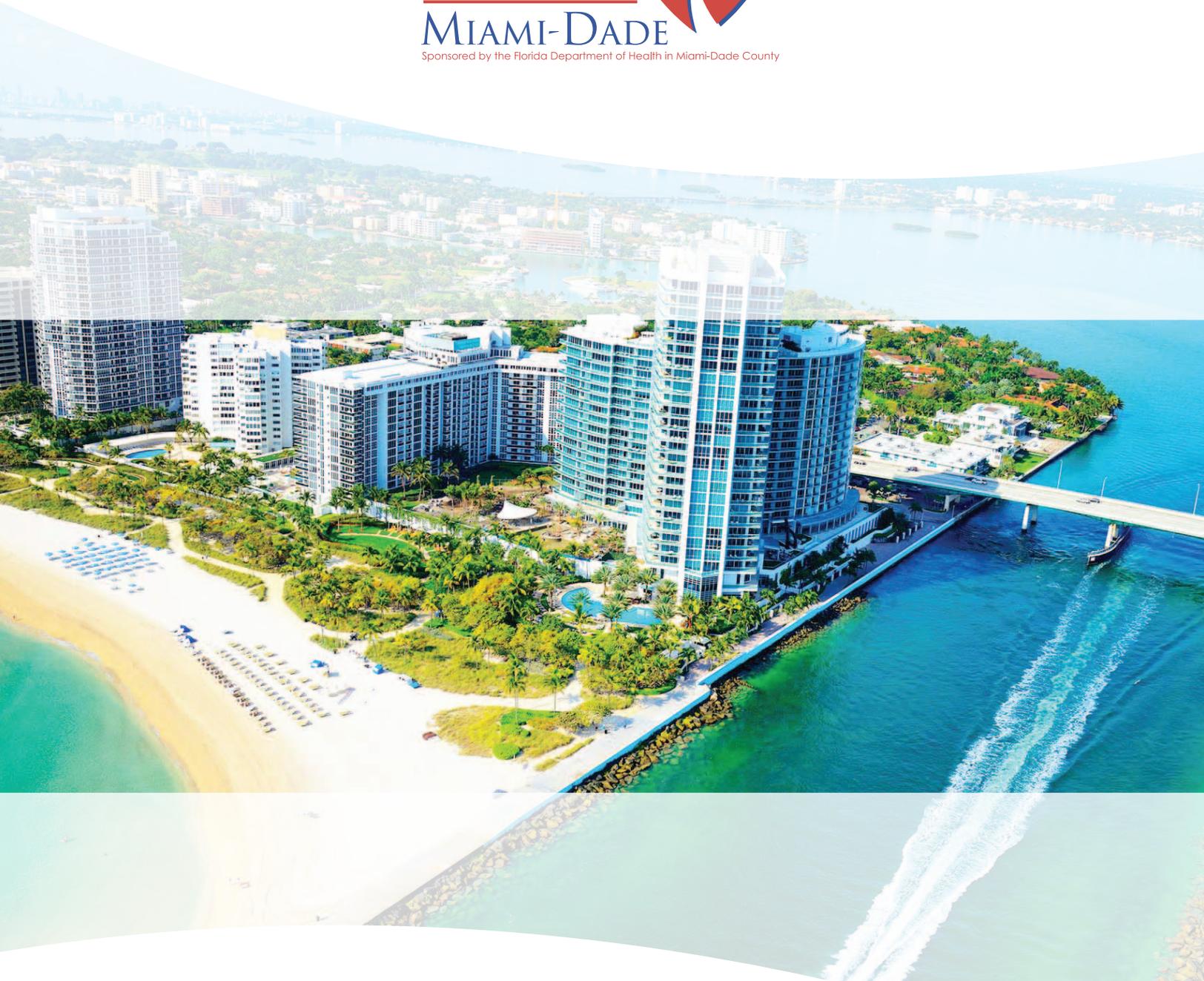
To become a member and learn more visit our website

healthymiamidade.org

CONSORTIUM FOR A HEALTHIER MIAMI-DADE



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#MakeHealthyHppn     Visit HealthyMiamiDade.org for more information.

Public Health Services are available to all residents and visitors of Florida Department of Health in Miami-Dade County. Citizenship is not a requirement. We do not deny services based on a person's race, color, sex, disability, religion, sexual orientation or national origin.