

**FREE HEALTH  
SCREENINGS  
NEAR YOU! COME IN  
TODAY**

**BE PROACTIVE  
GET HEALTHY**

**MAKE  HEALTHY  
HAPPEN  
MIAMI**

**Have you heard about the green prescription?**

The new prescription for a healthy lifestyle! Visit our Health Center to get yours.



Made possible with funding from the Centers for Disease Control and Prevention.  
A message from the Florida Department of Health in Miami-Dade County.



# HEALTH & WELLNESS CENTER

## FREDERICA WILSON & JUANITA MANN HEALTH CENTER IN LIBERTY CITY

### JOURNEY TO WELLNESS **Rx** and PASSPORT TO HEALTH

- Blood Pressure
- Body Mass Index
- Body Fat Analysis
- Blood Cholesterol
- Blood Glucose
- Nutrition & Healthy Lifestyle
- Carbon Monoxide Analysis



FLORIDA DEPARTMENT OF HEALTH IN MIAMI-DADE COUNTY  
2520 NW 75TH STREET  
MIAMI, FL 33147

## WALK-INS WELCOME!

MONDAYS & TUESDAYS 9AM-3PM  
2520 NW 75TH STREET, MIAMI, FL 33147  
T: 305-278-0442