

Give your baby the best start in life... **A HEALTHY START**



At your initial prenatal visit your doctor, midwife or office staff, will help you complete the Healthy Start Prenatal Risk Screen. Every prenatal care provider in the state of Florida is required to offer the Healthy Start screen to all pregnant women and their babies.

To determine if you qualify and to receive services you must initial "YES" next to all three consent questions on the screen and sign it. If you initial no next to any of the consent questions you will not know if you or your baby is at-risk or be able to receive any FREE Healthy Start Services.



Every woman deserves to know if she or her baby is at-risk. Please ask for a Healthy Start Prenatal Risk Screen from your prenatal care provider!

If you need additional information,
contact the Family Health Line at
1-800-451-BABY (2229)

FREQUENTLY ASKED QUESTIONS

What is the Healthy Start program?

Healthy Start is a statewide non-profit program that provides at-risk pregnant women and infants with the resources, support and help they need to have good health outcomes. The program is voluntary and available to all Florida residents free of charge.

What is the purpose of the Healthy Start risk screen?

The purpose of the risk screen is to determine if there is something about your health, current living situation, or daily activities that could cause problems for you or your baby.

What services does Healthy Start provide?

Healthy Start provides care coordination, childbirth education, breastfeeding support, parenting classes, mental health counseling, nutritional counseling, assistance to quit smoking and interconceptional counseling and education.

How does Healthy Start make a difference?

The goal of Healthy Start is to reduce infant deaths, reduce the number of low birth weight and premature babies and improve health and developmental outcomes.

What if I don't need services?

Should I still complete a Risk Screen?

Even if you don't need help or want to use Healthy Start services, answering the questions on the screen assists in obtaining the information and funding necessary to improve the health care system for ALL moms and babies in Florida!



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