

THERAPEUTIC RECREATION & INCLUSION



Adapted Aquatics

Learn to swim group lessons and for competition. For children 6 and older, with disabilities. Call for appointment. Cost \$40 for a group session of 8 classes, \$150 for 8 individual classes plus \$15 annual registration fee.

✦ **CENTRAL AREA: A.D. "Doug" Barnes Park (Oct. - May)**
3401 SW 72 Ave., Miami, FL.
Contact 305.755.7848 or Bphilli@miamidade.gov.

✦ **NORTH AREA: Palm Springs North Pool (April - June)**
7901 NW 176 St., Hialeah, FL.
Contact 305.935.4588 or jthera@miamidade.gov.



Adaptive & Inclusive Programming for ALL!

SPECIAL EVENTS

✦ The Paralympic Experience

Youth and adults with physical and/or visual disabilities will have the opportunity to experience adapted sports including wheelchair basketball, handcycling, kayaking, Boccia and wheelchair tennis. Contact 305.755.6212 or Randall.Flagler@miamidade.gov.

✦ Paralympic Sport Club Activities

Rotating adapted sports clinics and events including Boccia, Wheelchair Slalom, Kayaking, Waterskiing and Sports for the Blind and Visually Impaired. Contact 305.755.6212 or Randall.Flagler@miamidade.gov.

✦ TRI Transition/Resource Fair

If you have a child or young adult with a disability who is transitioning to high school, agencies will be on-hand to assist families with planning for your child. Contact 305.665.5319 or christina.perez2@miamidade.gov.

✦ Family Festival of Arts and Games

Families and Disability Services participants will come together to enjoy a day of sports, interactive games, entertainment, resources, food and more! Contact 305.222.2128 or arleneb@miamidade.gov.

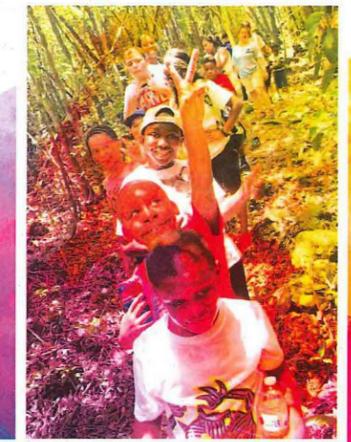
✦ Health & Wellness Harvest Resource Festival

This event is for individuals with disabilities and their families to gather together and celebrate with entertainment, arts, wellness and more. Sponsorship opportunities available. Contact 305.222.2128 or arleneb@miamidade.gov (Stay tuned for day and location).

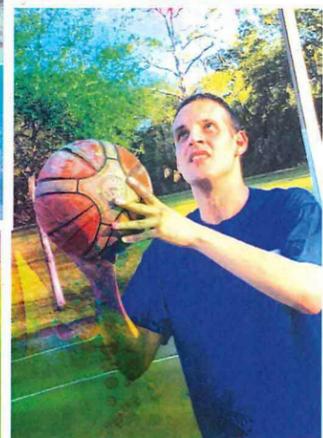
✦ Flip Flop Family Fun Festival

Family fun day for individuals with disabilities and their families. Join us for entertainment, craft, boat rides and more. Contact 305.935.4588 or jthera@miamidade.gov.

To request materials in accessible format, sign language interpreters, CART and/or any accommodation to participate in any Miami-Dade County, Parks, Recreation and Open Spaces sponsored program or meeting, please contact Gisel Prado, 305-755-7848 or Gisel.Prado@miamidade.gov at least 7 days in advance to initiate your request. TTY users may also call 711 (Florida Relay Service.)



Contact Gisel Prado,
305.755.7848 or
Gisel.Prado@
miamidade.gov



MIAMI-DADE
COUNTY

www.miamidade.gov/parks

PROGRAMS FOR CHILDREN AND ADULTS

The Children's Trust After School & Summer Camp Programs

After School 2 pm – 6 pm; Summer Camp 8 am - 5 pm
\$15 registration fee

- 📍 **Joe & Enid W. Demps Park** (Grades 6 – 12) 13841 SW 120 St., Miami, FL. 305.234.1673 or Randall.Flagler@miamidade.gov.
- 📍 **Tamiami Park** (Grades 6 – 12) 11201 SW 24 St., Miami, FL. 305.222-2128 or ArleneB@miamidade.gov.
- 📍 **Camp Matecumbe** (Grades 6 – 12) 13841 SW 120 St., Miami, FL. 305.752.4966 or christina.perez2@miamidade.gov.

Fee Based

- 📍 **Highland Oaks Park** (ages 6 – 22) 20300 NE 24 Avenue, Miami, FL. 305.935.4588 or jthera@miamidade.gov. \$25 per week; \$15 registration
- 📍 **Bird Lakes Park** (ages 6 – 14) 14365 SW 48 Lane, Miami, FL. 786.635.9657 or bphilli@miamidade.gov. \$25 per week; \$15 registration

Specialized Programs for Children with Disabilities

Youth Art in the Park is an inclusive, socially-oriented arts program for children and youth, ages 6-18, with and without a disability, and 18-22 with a disability. This fun and educational program teaches visual arts in a social setting, led by professional art teachers and disability experts. For more information, contact 305.576.1212 or Dia@a4lmiami.org. Saturdays, 9 am -11 am /Cost \$40. Locations vary per season.

- 📍 **Camp Matecumbe** 13841 SW 120 St., Miami, FL.
- 📍 **Miller Drive Park** 5510 SW 94th Ct, Miami, FL.

S.T.A.R.S Skills Training for Autism Recreational Sports

For individuals ages, 6-19, with Autism. Session runs October through May. Saturdays 10 am - 11 am (ages 6-12) and 11 am – noon (ages 13-22). Cost \$40 for 8 group sessions plus \$15 annual registration fee.

- 📍 **CENTRAL AREA: Tamiami Park** 11201 SW 24 St., Miami, FL. 305.222.2128 or ArleneB@miamidade.gov.
- 📍 **NORTH AREA: Ojus Park** 18995 W Dixie Highway, North Miami, FL. 305.935.4588 or jthera@miamidade.gov

EXPLORE Exceptional People Learning through Outings and Recreation Education

For children, ages 6-14, with intellectual disabilities. Program focuses on developing leisure interest as well as social and community skills through recreational experiences. First and third Saturdays of the month, 10 am – 2 pm. Cost \$15/per session, plus food or entrance fee depending on outing.

- 📍 **Highland Oaks Park** 20300 NE 24 Ave., Miami, FL. 305.935.4588 or Thera.Johnson@miamidade.gov.

LEAPS Leisure Education and Planning Skills

Social outing program for teens and young adults, ages 15-25, with intellectual disabilities. Group activities and outings focus on developing independent living skills, social skills and community skills. First and third Friday of the month, 6 -10 pm. Cost: \$20/per night plus food or entrance fee depending on outing.

- 📍 **Bird Lakes Park** 14365 SW 48 Lane, Miami, FL. 786.635.9657 or bphilli@miamidade.gov.
- 📍 **Camp Matecumbe** 13841 SW 120 St, Miami, FL. 305.752.4966 or christina.perez2@miamidade.gov.

PROGRAMS FOR ADULTS WITH DEVELOPMENTAL DISABILITIES

Leisure Access Center

All of these programs are for adults with developmental disabilities 21 years +. Call to confirm.

- 📍 **A.D. "Doug" Barnes Park** 3401 SW 72 Ave., Miami, FL. Contact 305.665.5319 or dbonet@miamidade.gov.

Adult Day Training (ADT)

Develop independence and self-advocacy skills through the participation in recreational, fitness, educational and community integration activities. Monday - Friday, 8:30 am - 3:30 pm/ Cost \$120 per week.

- 📍 **A.D. "Doug" Barnes Park** 3401 SW 72 Ave., Miami, FL. Contact 305.665.5319 or dbonet@miamidade.gov.

Paint the Town Blue Program

A social events and activities program for young adults ages 18-35 with Autism and other Intellectual Disabilities. Program participants must meet program criteria in order to participate. Saturdays, once a month. \$15 plus the cost of any activities.

- 📍 **Goulds Park** 13841 SW 120 St., Miami, FL. Contact 305.234.1673 or Randall.Flagler@miamidade.gov.

Sports Training Program

Learn a variety of sports like basketball, soccer, softball, swimming, bowling and track & field. Monday – Friday 3:30 pm – 4:30 pm/Cost \$25/week plus \$15 annual registration fee.

- 📍 **A.D. "Doug" Barnes Park** 3401 SW 72 Ave., Miami, FL. Contact 305.665.5319 or dbonet@miamidade.gov.

Fun on Fridays (FOF)

Enjoy participating in a social program that includes community outings to a variety of local attractions and community events. Friday 6 pm – 10:00 pm/Cost \$25 per week plus \$15 annual registration fee.

- 📍 **A.D. "Doug" Barnes Park** 3401 SW 72 Ave., Miami, FL. Contact 305.665.5319 or dbonet@miamidade.gov.

Saturday in the Park (SIP)

Participate in a full day social program that includes recreational activities and community outings. Saturday 9 am – 5 pm/Cost \$30 per week plus \$15 annual registration fee.

- 📍 **A.D. "Doug" Barnes Park** 3401 SW 72 Ave., Miami, FL. Contact 305.665.5319 or dbonet@miamidade.gov.

B.A.M. Beautiful Arts and Music

An inclusive, socially-oriented arts-in-the-park program for children and youth. Call for Schedule/ Cost (Music) \$25 per class, (Art) \$35 per class, plus \$15 annual registration fee.

- 📍 **Ron Ehmann Park** 10995 SW 97 Ave., Miami, FL. Contact 786.635.9657 or bphilli@miamidade.gov.

Parks Adult Recreational Therapy Day Program

Adults with developmental disabilities, ages 21-40, will participate in daily recreational activities that focus on improving their independence through self-advocacy, fitness, nutrition, community engagement and social skills training. Program Hours: 8:30 AM - 4:30 PM Fee: \$120/week, \$15 registration fee. Additional fees apply for early drop off/late pick up. Pre-registration required.

- 📍 **SOUTH AREA: Camp Matecumbe** 13841 SW 120 St., Miami, FL. Contact 305.752.4966 or christina.perez2@miamidade.gov.

ADAPTED SPORTS

Archery

Introductory archery program for adults with physical disabilities. September – April, 1st and 3rd Tuesday of each month, 10 am – noon. Cost \$15 annual registration fee.

- 📍 **Camp Matecumbe** 13841 SW 120 St., Miami, FL. Contact 305.755.6212 or Randall.Flagler@miamidade.gov

Handcycling for Youth and Adults with Physical Disabilities

Physical conditioning and training using adapted handcycles. Staff and volunteers will coach athletes on this exciting sport! Equipment provided.

- 📍 **Tamiami Park** 11201 SW 24 St., Miami, FL. Contact 305.222.2128 or arleneb@miamidade.gov.

VICTOR Adapted Sports Program

Free adapted sports programs for Disabled U.S. Veterans. Activities include: Fishing, Trap Shooting, Bocchia, Wheelchair Basketball, Camping, Waterskiing, Snorkeling, Kayaking, Archery, Aquatic Exercise and Sailing. Days and times vary. For more information, contact 305.234.1673 or jsantia@miamidade.gov.

Wheelchair Basketball

Practice wheelchair basketball. For adults with physical disabilities. September – March, Saturdays 2 pm – 4 pm, Call for registration information.

- 📍 **City of Miami Springs Parks & Recreation** 1401 Westward Dr., Miami Springs, FL. Contact 305.755-6212 or Randall.Flagler@miamidade.gov.

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