



# Community Themes and Strengths Assessment

## 2018 Miami-Dade County (MDC) Wellbeing Survey

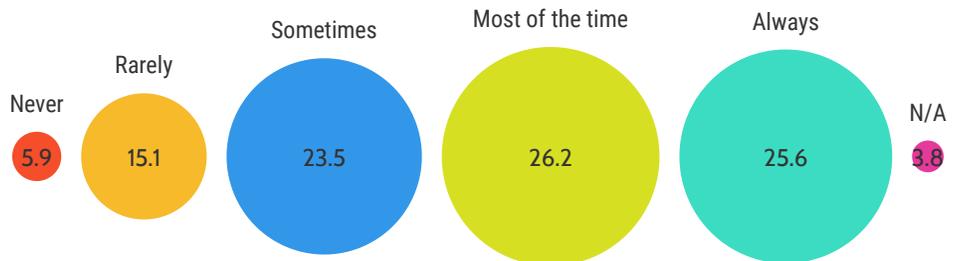


**70%**  
Of MDC residents have resided here for 15+ years

**29%** of MDC residents rate the quality of the healthcare system in their neighborhood system as good

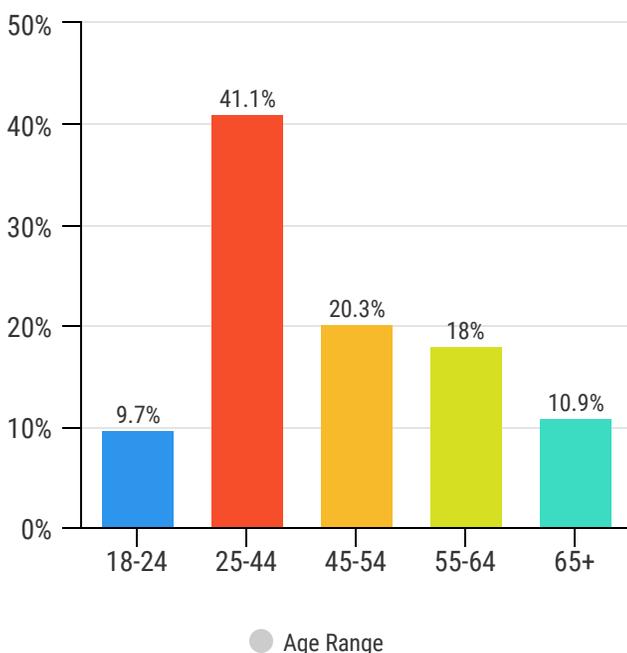


### Access to Healthy & Affordable Food (%)



## Age Distribution

Miami-Dade Residents



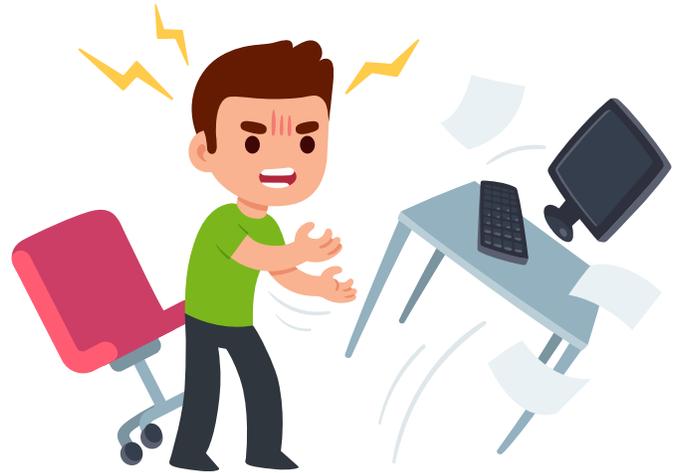
## Top Causes of Death

1. Heart Disease
2. Cancer
3. Cerebrovascular Diseases/Stroke
4. Unintentional Injuries
5. Chronic Lower Respiratory Diseases
6. Alzheimer's Disease
7. Diabetes
8. Influenza & Pneumonia
9. Kidney disease
10. Suicide

Florida Department of Health in Miami-Dade County. Leading Causes of Death, 2017. Florida Death Rate Query System. Accessed: <http://www.flhealthcharts.com/FLQUERY/Death/DeathRate.aspx>

# Stress Levels

**31.2%** felt stressed more than 3x a week, while **25.7%** didn't feel stressed at all



# Common Stressors



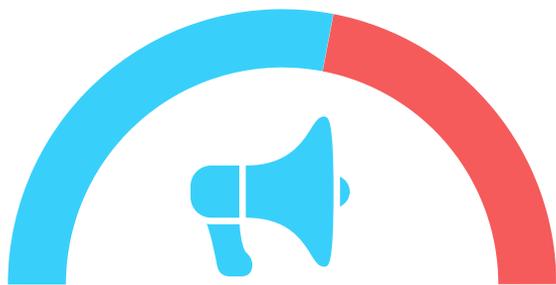
**34%** felt very or moderately worried about not being able to make the minimum payments on their credit cards



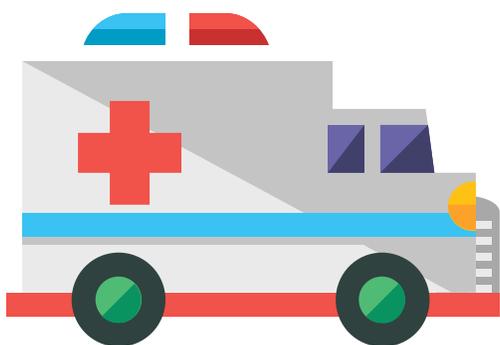
**38.4%** felt very or moderately worried about not being able to pay rent, mortgage, or other housing costs



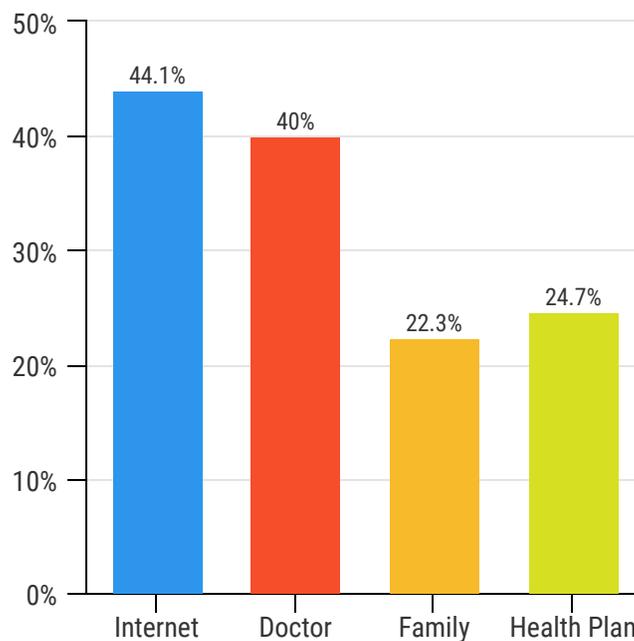
**24.5%** felt very or moderately worried about losing their job in the next six months



**56%** of residents receive healthcare through an employer

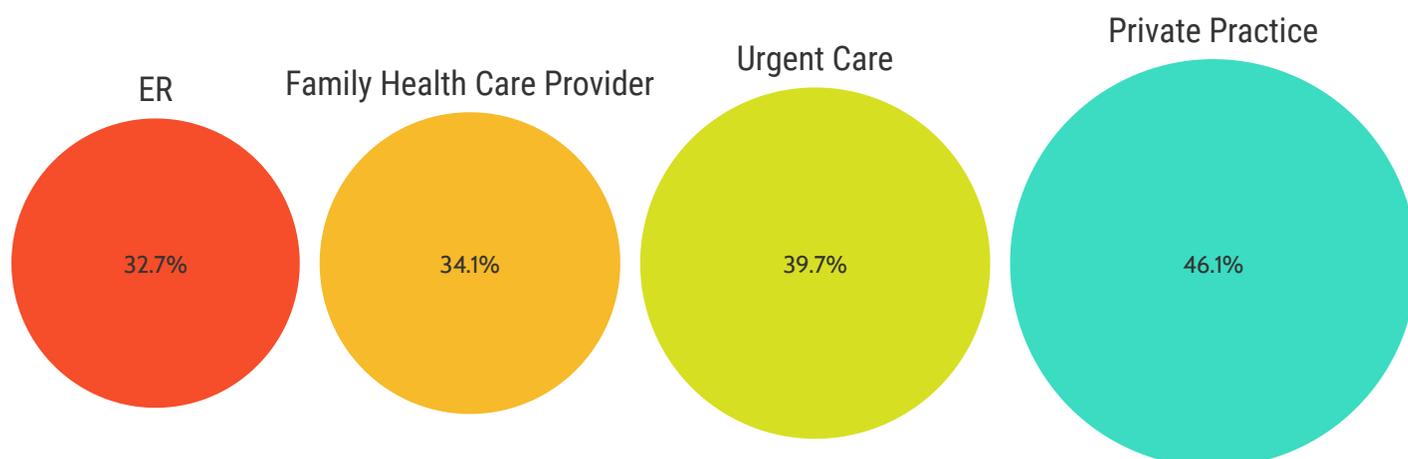


## Health Care Information Source



Top 4 responses listed only. Please see the 2018 Miami-Dade County Wellbeing Survey Analysis, pg. 14 for more detail.

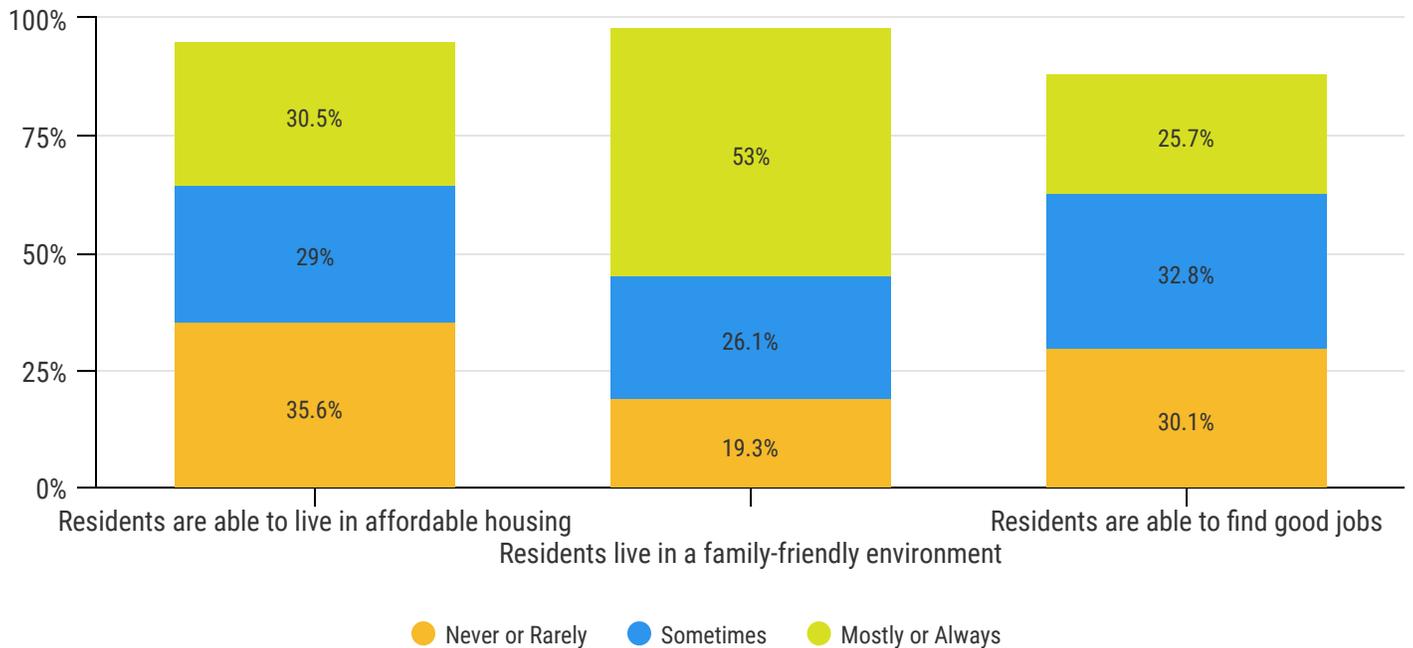
## Where Do You Go For Health Care, Mental Health Care, or Dental Services?



Multiple answers were possible, so the total number of respondents aggregates to more than 100%.

# Neighborhood Livability

Please provide your opinion on the following issues:



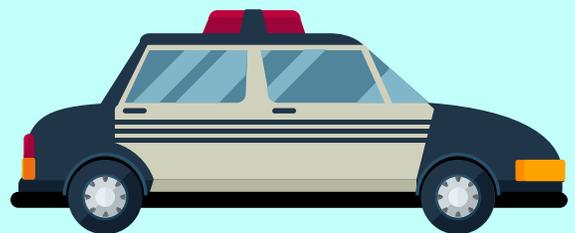
35.6%

Of residents consider mental health to be a "large problem"



29.7%

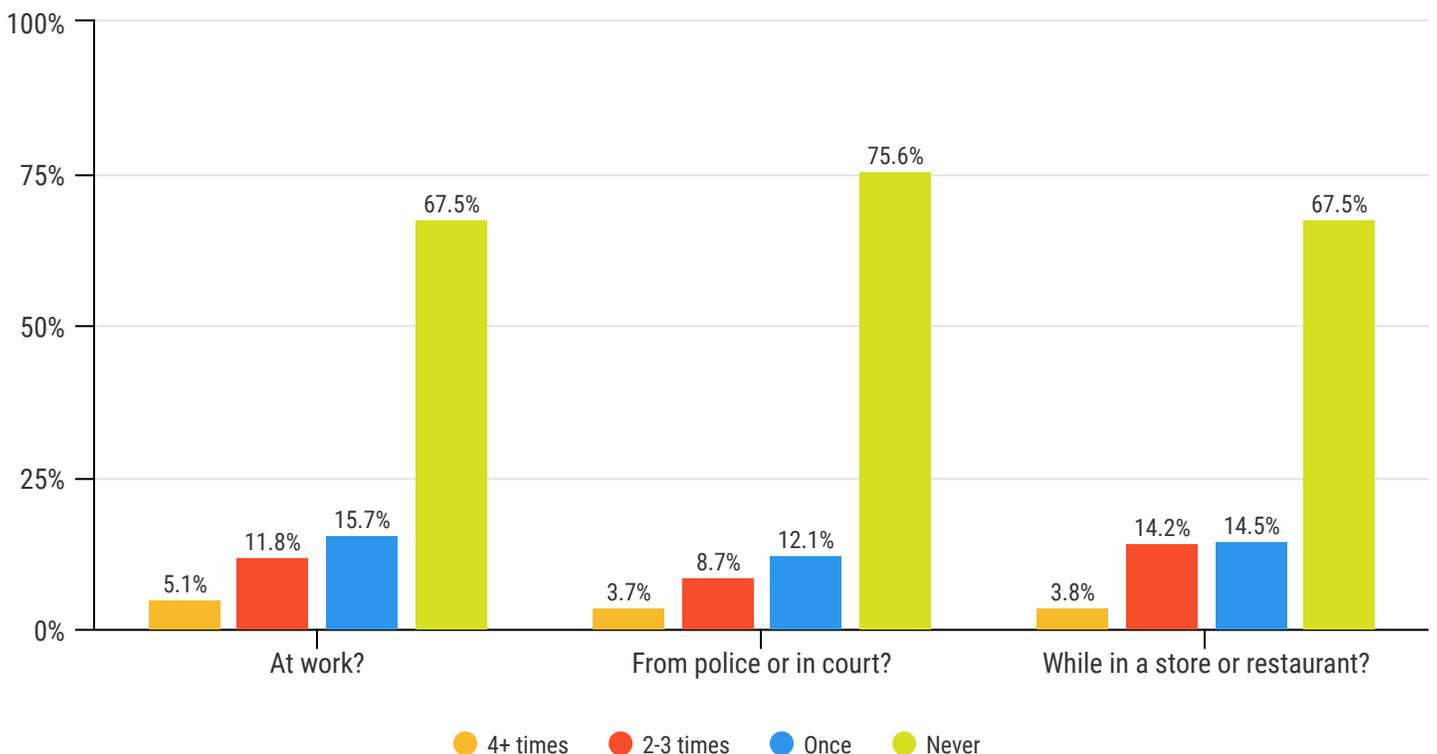
Of residents consider violence to be a "large problem"



Approximately **25.1%** of people spend leisure time outside of their house **1-2 times a week**

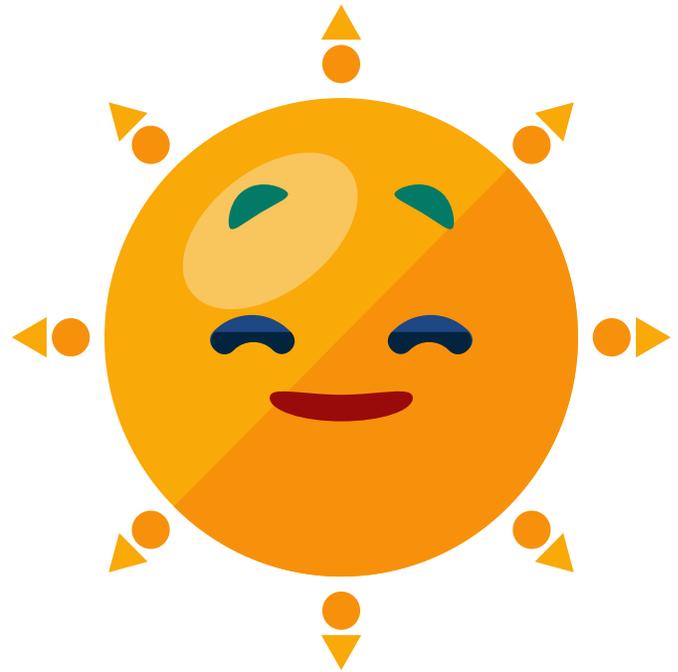


How Often Have You Felt Discriminated Against? (Last 5 Years)

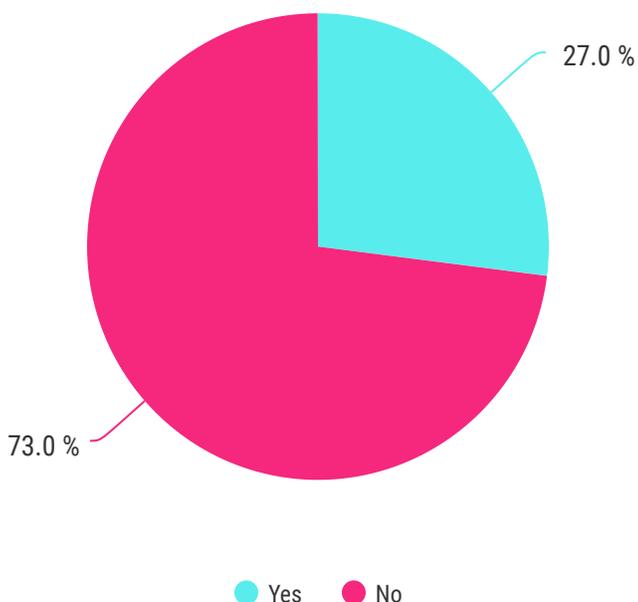


# Personal Outlook

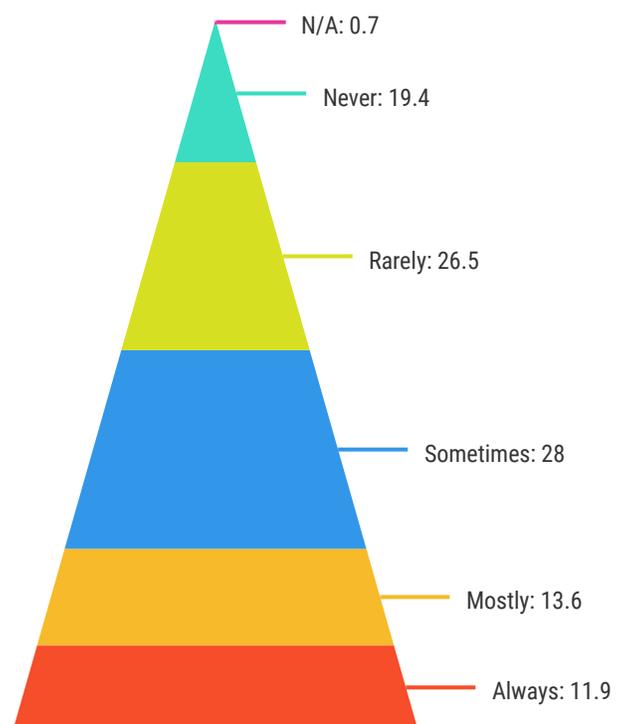
More than **80%** of people agree or strongly agree that they have a positive view of the future



Are You Receiving Treatment for a Mental or Emotional Condition?

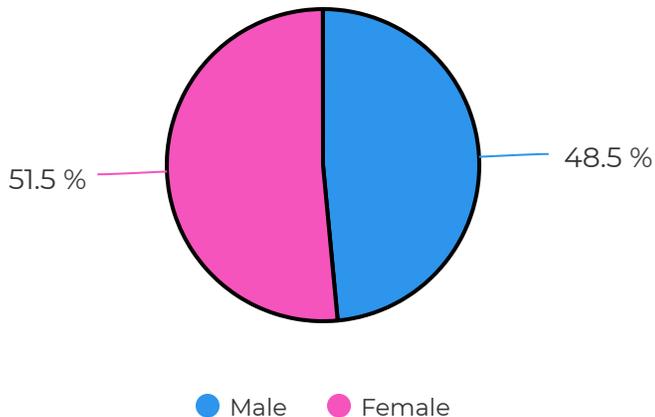


How Often Does Noise In Your Neighborhood Bother You?



# Demographics

## Gender in Miami-Dade



71% of MDC residents earn \$35,000 or more a year



Hola!



English is the primary language of 86% of MDC residents, while 26% consider Spanish to be their primary language.

Hi!



The percentages by Primary Language are not mutually exclusive, meaning that a person could respond that their Primary Language is both English and Spanish.

# 39.9%

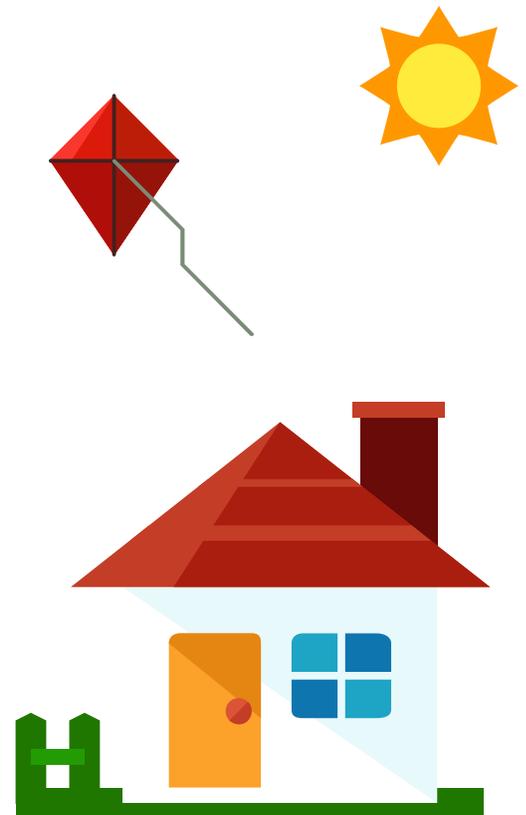
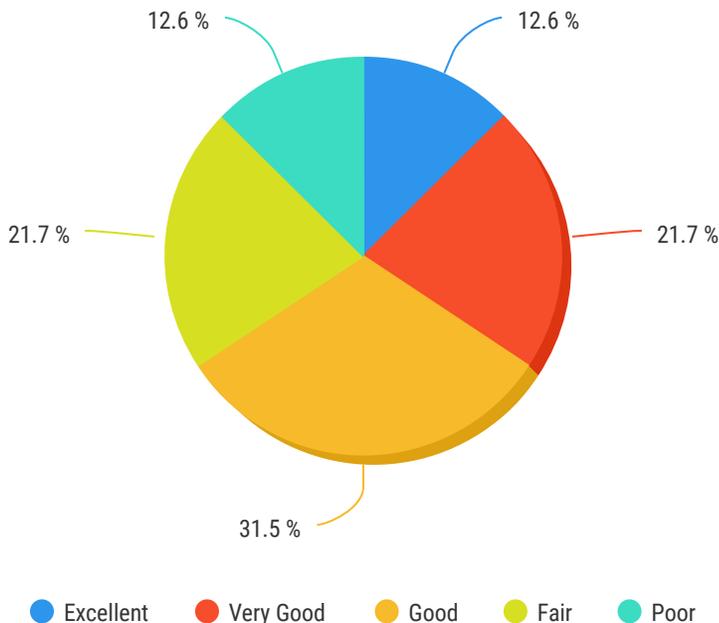
of residents strongly agree that they have a positive view of the future

# 4.6%

of residents strongly disagree that they have a positive view of the future

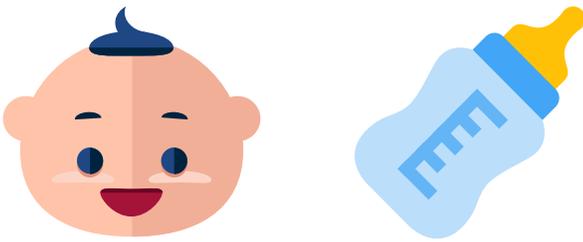


## How Would You Rate the Quality of Life in Your Neighborhood?



# 56.9%

of residents strongly agree that breastfeeding benefits the health of mothers and babies

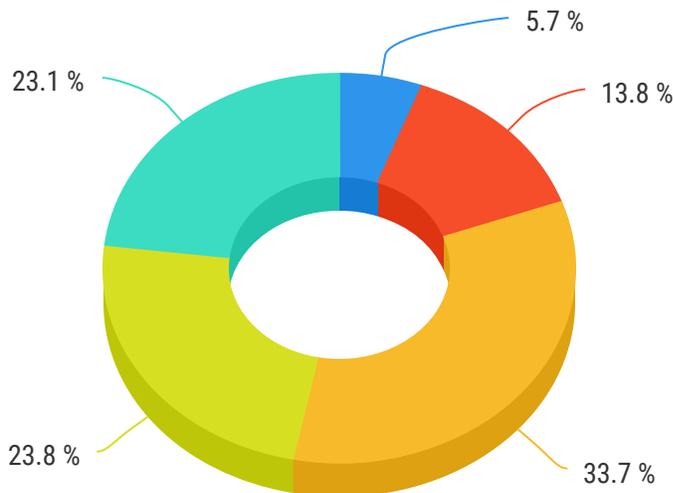


# 50.4%

of residents strongly agree that they are comfortable when mothers breastfeed near them in public spaces



## Residents With Disabilities Have Access to Services



● Never ● Rarely ● Sometimes ● Most of the time ● Always

