



CONSORTIUM
FOR A
HEALTHIER
MIAMI-DADE
Sponsored by the Florida Department of Health in Miami-Dade County

Join
the Consortium For A
Healthier Miami-Dade

Healthy Environment, Healthy Lifestyles, Healthy Community



The Consortium for a Healthier Miami-Dade was established in 2003 by the Florida Department of Health in Miami-Dade County to address the increasing rate of chronic disease in the community. The goals of the Consortium are to:



- Integrate planning and assessment processes to maximize partnerships and expertise of the community in accomplishing its goals.
- Increase the percentage of adults and children who are at a healthy weight.
- Build and revitalize communities so people can live healthy lives.
- Increase access to resources that promote healthy behaviors.

The Consortium is guided by the goals and objectives established in Healthy People 2020. It is comprised of over 300 members, all united by the common belief that through collaboration and prevention-focused initiatives, Miami-Dade County residents can live longer, healthier and happier.

Membership is free and open to all individuals who support the vision, mission and goals of the Consortium. To become a member and learn more visit our website healthymiamidade.org.



Office of Community Health and Planning

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#MakeHealthyHppn



Visit HealthyMiamiDade.org
for more information.

Public Health Services are available to all residents and visitors of Florida Department of Health in Miami-Dade County. Citizenship is not a requirement. We do not deny services based on a person's race, color, sex, disability, religion, sexual orientation or national origin.



HEALTHY *Environment*

HEALTHY *Lifestyles*

HEALTHY *Community*



The Office of Community Health and Planning (OCH&P) houses programs that provide comprehensive, community based health promotion and wellness services designed to reduce major behavioral risk factors associated with chronic diseases. The office aims to enhance skills, knowledge, motivation, and opportunities for individuals,

Consortium for a Healthier Miami-Dade

Community Health Action Team

Healthy Start Data Management

Tobacco Prevention and Control



In the area of public health, one agency alone cannot do the enormous task of influencing the entire population; however, through collaboration the Consortium's vision of a healthy environment, healthy lifestyles and a healthy community for all Miami-Dade County residents and visitors will be fulfilled. The Consortium for a Healthier Miami-Dade was established in 2003 by the Miami-Dade County Health Department to address the increasing rate of chronic disease in the community.



The Consortium is comprised of seven committees and guided by the goals and objectives established in Healthy People 2020. It is comprised of over 300 organizations, all united by the common belief that through collaboration and prevention-focused initiatives, Miami-Dade County residents can live longer, healthier and happier.

Consortium goals include:

- Integrate planning and assessment to maximize partnerships
- Increase the percentage of adults and children who are at a healthy weight
- Build and revitalize communities so people can live healthy lives
- Increase access to resources that promote healthy behaviors

Common goals of all committees:

- Prevention through education and the support of policy, systems, and environmental changes
- Reducing and eliminating health disparities among high-risk populations
- Provision of educational forums, programs, and screenings
- Collaboration and leveraging of resources
- Implementation of evidence based practices, community focused programs and services
- Increasing access to health services, healthy foods, and environments



Community Health Action Team (CHAT) is a mobile public health response outreach team consisting of nurses, community health workers and representatives, and a nutritionist. CHAT provides specialized public health services (including prevention, education, advocacy, regulation, and direct services) within Miami-Dade County through outreach and specific on-site health center locations. Initiatives and services have an overall goal of lowering the incidences of chronic disease and obesity by raising awareness of proper nutrition and a healthy lifestyle.



Community public healthy care and outreach services include:

- Support for community health fairs and other health promotion events
- Biometric screenings (body mass index, body fat analysis, blood pressure, total blood cholesterol and glucose)
- Carbon monoxide breath analysis
- Referral to primary health care providers, community agencies, and other resources as needed
- Journey to Wellness Rx, a "green" non-pharmaceutical prescription for physical activity and healthy eating
- Healthy lifestyle and chronic disease prevention education and presentations
- Technical assistance for worksite wellness program development and related resources



Healthy Start Data Management (HSDM) is responsible for processing, monitoring, assurance, and distribution of the Healthy Start (HS) prenatal and postnatal risk screening forms to Healthy Start Providers. The unit processes all self-referrals submitted by the community. The office is also responsible for receiving, processing, and maintaining all encounter forms that are submitted by the providers in the Health Management System (HMS). Services offered include ensuring that all prenatal and postnatal/self-referral screens are counted, reviewed, and assigned to healthy start providers. They are then inputted into HMS within 5 working days. The office provides blank HS screening instruments to healthcare providers responsible for risk screening including prenatal care facilities and the Healthy Start Coalition of Miami-Dade.



Healthy Start services include:

- Delivery and receipt of HS screenings, report, encounter forms, and related documentation for the HS community based providers
- Delivery and receipt letters for clients whom do not want their information shared with providers
- Ensure 100% of Healthy Start participants notified by mail receive a follow up encounter 30 days after initial contact
- Monitor healthcare providers screening practices and the Healthy Start Coalition of Miami-Dade when healthcare providers are reporting inaccurately
- Complete regular reporting to the Healthy Start Coalition of Miami-Dade
- Review accuracy of client billing information using the Well Family System



Tobacco use is the leading preventable cause of death and disease in the United States. Smoking contributes to several chronic diseases, including lung disease, cancer, heart disease, and stroke. The Tobacco Prevention and Control program works to decrease smoking, tobacco use and exposure to secondhand smoke in Miami-Dade County. Issues addressed include counteracting point of sale tobacco advertisement, educating young adults and youth on the harms of tobacco use, smoke-free housing, tobacco free worksites and providing cessation resources to the community.

Program components include, but are not limited to:

- Point of Sale (POS)
 - Educate community about tobacco advertisement at the point of sale
- Young Adult Interventions
 - Assist local college/universities to implement and maintain a tobacco free campus
- Smoke Free Multiunit Housing
 - Present on the benefits of adopting a smoke free policy to Multiunit Housing decision makers in Miami Dade County
 - Educate residents on the harms of secondhand smoke exposure
- Students Working Against Tobacco (SWAT)
 - Uniting movement to empower youth working towards a tobacco free future
- Tobacco Free Worksites
 - Educate businesses and community organizations on the benefits of tobacco free workplaces and providing comprehensive cessation benefits to employees
 - Promote Tobacco Free Florida's Three Ways to Quit
- Tobacco Free Workgroup
 - Create policy and system changes to minimize tobacco use and promote healthy living and working environments