

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
 Children Issues Committee Meeting
 Thursday, January 23, 2014

TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (15)	<p> Alina Soto- Committee Chair, Department of Children and Families Shanika Watson, Florida Health in Miami Dade County Magalie Thomas, Nemours Almira Thomas-Gayle, Florida Health in Miami Dade County Jeff Hurst, Department of Children & Families/ CCR Joanne Palenzuela, University of Miami Dr. Ruby Natale, University of Miami Anthony Rouzier, Henry Gets Moving Laura Vallejo, Nova Southeastern University Lisa Stuart, University of Miami Pediatrics Catherina Chang Martinez, Florida International University Victor Bernal, Healthy Matthew Silvana Tchorbadjian, Colgate Bright Smiles, Bright Futures </p> <p> <u>TELECONFERENCE:</u> Janice Siegel, Denta Quest Nicole Vayssier </p>	
Welcome and Introductions	<p> The monthly meeting of the Consortium for a Healthier Miami-Dade Children Issues Committee was brought to order by Alina Soto at 10:05A.M. </p> <p> All members were welcomed and introduced themselves. </p>	
Approval of Minutes	<p> There was a motion to approve the November 2013 Children Issues minutes by Dr. Ruby Natale; the motion was seconded by Jeff Hurst. December 2013 meeting was cancelled due to holiday observances. </p>	

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<p>Work Plan Status Update</p>	<p>Committee Contributions for the Consortium Child Care Initiative were discussed as follows:</p> <p>Describe your activity, What do you need from the provider?, What space do you need? How much time do you need to set up? Are there any special requests? Lead Contact Name, Phone Number</p> <p>The 5 child care centers being piloted are: Camelot Preschool, Acadekids, Little Big Planet, My Little World, Kiddie Academy Small child care centers were selected as the first choice, due to the need in the south area. Committee will start off with small centers, and later go into the big centers. The Children Issues Committee has come up with the following list of services for one evening a month for 5 months to begin mid-March 2014:</p> <p>Nutrition & Physical Activity- University of Miami team: Dr. Natale, Joanne, Lisa, Maria; Henry Gets Moving: Anthony Rouzier</p> <p>Oral Health- Healthy Matthew: Victor; DentaQuest: Janice; Silvana: Colgate Bright Smiles, Bright Futures</p> <p>Health Fair- Florida Department of Health</p> <p>Technical Assistance- Florida Department of Children and Families.</p> <p>Access to Care- Affordable Care Act- enrolling families into healthcare, eligibility enrollment: Sunshine Health: Nakia</p> <p>A Flyer will be designed for the child care providers with the team going out and schedule. The committee agreed to conduct activities at the centers from 5:15pm-6:30pm. Food will be given to the parents at each of the 5 child care centers. This will consist of a healthy meal to engage the parents. Committee stipend will be used for this purpose. Short Chef and Leyanee Perez, Chair of Health Promotion & Disease Prevention will be responsible for this.</p> <p>An example of what this would look like is Healthy Matthew providing dental</p>	
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	<p>screenings to the children while the parents are being educated on oral health.</p> <p>UM – (Lisa, Dr. Natale, Joanne,)team will be focusing on the Obesity & Prevention component. UM will not need anything from the provider, only space and signs on the door where the presentation will take place. UM will require 30 minutes to set up. Pre & Post Assessment will be designed by Dr. Ruby Natale for the centers. The Health Spark Survey (developed by Dr. Jeff Brosco and Dr. Lee Sanders) will be used to look at multiple domains of health in child care facilities. Maggie- Nemours will be assisting the team.</p> <p>Henry Gets Moving—Anthony mentioned he would need space, speakers, and a projector from the providers if they can. He would bring Henry the mascot to engage kids into doing the Henry Hustle dance which will address the physical activity component. Anthony will collaborate with UM to address the physical component at the child care centers.</p> <p>The idea is that Lisa & Maggie will focus on educational piece, Dr. Natale & Joanne will focus on pre and post assessment, and Anthony will focus on physical activity.</p> <p>Florida Dept. of Health—Health screenings (health fair for families and providers)</p> <p>Healthy Matthew—Victor will bring the Healthy Matthew bus at the first child care center visit. At other visits, Victor may bring dental kits, Healthy Matthew mascot, and an educational and nutritional workshop for the families.</p> <p>Short Chef—Cooking demonstrations.</p> <p>It was suggested that there be a theme at each visited child care center. For example, one school could have a nutrition & physical day, and the other school can have oral health day that the schools can promote.</p> <p>Safe Routes to school was recommended for contribution possibly providing bike helmets, safe routes, bike safe materials. This can fall under the Access to Care component in coordination with Florida Dept. of Health.</p>	<p>Alina will call Valerie Nielson, UM Manager from Safe Routes to School to follow up on a contribution.</p>
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	<p>Committee discussed dates for the school visits:</p> <p> March 20, 2014 *April 24, 2014 May 29, 2014 June 26, 2014 July 31, 2014 </p> <p><i>*Children Issues committee meeting will be held via teleconference.</i></p> <p>Flyer will be designed with teams logos.</p> <p>Jeff will be sending Alina the licensing capacity of each child care center.</p> <p>Families will have a nutritious meal at the child care centers. Alina mentioned Leyanee- Health Promotion & Disease Prevention Chair will be helping out with the food preparation from South Miami Hospital. Dr. Natale recommended Subway can deliver food to the centers that is healthy and another option is Chicken Kitchen.</p> <p>Dr. Natale suggested each team give her a summary of what their project component is. It is to include <u>3 objectives</u> that way the assessment matches the objectives.</p>	<p>Alina will send an email to the child care providers on the CI visits to the centers.</p> <p>Committee members need to send Shanika their organization logo to be placed on the flyer.</p> <p>Committee members are to give Dr. Natale a summary of what their component is</p>
<p>Partner Updates</p>	<p>Dr. Natale (UM)- paper affiliated with the Communities Putting Prevention to Work was published. She has another one in the works.</p> <p>Anthony (Henry Gets Moving) Mentioned Henry Gets Moving hustle dance is about to be finalized. Going to Massachusetts event where the hustle dance and mascot will be displayed. A reading will be done for the kids as well as the mascot and dancing to get the kids moving.</p>	

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The book inspires children to live healthy lives. Teaches kids about the positivity of eating healthy, not eating junk food and playing video games. He is also collaborating with Nemours and Early Learning Coalition action plan. The Motivational Edge Group will partner with Team Henry. They are a non-profit musical program that works with 8-15yr olds helping kids express themselves through music.

Jeff (DCF)

Mentioned staff will be receiving trainings. He wants to get PSAs for licensing child care homes. Educate the parents on the importance of child care homes being licensed. Want to have some of the provider meetings at UM as well as other universities.

Almira Thomas-Gayle (Florida Health in Miami Dade County)

Mentioned they are completing BMI and vision screenings at the public schools.

Magalie Thomas (Nemours)

Mentioned they had their learning session 2 for the child care centers. There was a speaker that spoke on Family Style Dining. They are starting learning session 3 where programs start their piloting acting plan and things they would like to change in their program. A stipend is given and technical assistance provided to help carry out their pilot action plan.

Catherina Chang Martinez (Florida International University)

Mentioned she is getting ready to defend her proposal on an assessment of best practices in child care centers and at the same time surveying parents. The target population is the latina minority, where there is an increase prevalence of obesity. The idea is to look at the high and low income minority differences when it comes to obesity.

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	<p>Victor Bernal (Healthy Matthew) Is working on a tv show for kids and have a few offers. Would like to have educational videos disseminated to the CI committee. They are currently working with Miami Dade college on a community health fair on February 22, 2014.</p> <p>Silvana Tchorbadjian (Colgate Bright Smiles, Bright Futures) Mentioned it is CBSBF second full year in Florida with the dental bus. There are a total of 8 dental buses in the US. This program has been in existence since 1991. In 2012, the company recognized that Florida has a big need for oral health education and prevention as to why they brought the bus here. They visit a lot of schools in Miami Dade and Broward. They also partner with the Jacksonville dental school and travel all over Florida. Walgreens, Walmart, Sedanos, Navarros are also partners. They will also partner with the Early Learning Coalition. CBBF provides education and referral lists for families.</p>	<p>Victor will send Shanika a flyer to put on the Consortium website calendar.</p>
<p>Executive Board Update</p>	<p>Executive Board meeting was held on January 13, 2014. Strategic plan being worked on by the Florida Health in Miami Dade. The question was asked, What would you like to see happen in the new year with the Consortium. Want to continue the Make Healthy Happen brand.</p>	
<p>New Business</p>	<p>The Children Issues committee discussed having the February 2014 meeting in another venue, possibly the United Way Building. The Beacon Center will be hosting a conference during the time of the next Children Issues committee meeting. The Funds Request Form was completed by Alina and the rest of the Children Issues committee.</p>	
<p>Old Business</p>	<p>Newsletter – CI committee members:</p> <ul style="list-style-type: none"> ○ If anyone is interested in submitting any information for the newsletter, please e-mail shanika_watson@doh.state.fl.us or to amelinda_loddo@doh.state.fl.us 	

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<p>Upcoming Events</p>	<p> Marketing & Membership Committee Workshop <i>Electronic Cigarettes and Marketing</i> (Presenters: Miami Dade Tobacco Free Workgroup) February 5, 2014 3pm-4pm CBS4 News location 8900 NW 18 Terrace Miami, FL 33172 </p>	
<p>Adjournment</p>	<p> The next meeting will be held on Thursday, February 27, 2014. The meeting was adjourned at 11:40AM. </p>	