

**CONSORTIUM FOR A HEALTHIER MIAMI-DADE**  
 Children Issues Committee Meeting  
 Friday, October 23, 2015

| TOPIC                    | DISCUSSION  | ACTION NEEDED |
|--------------------------|---|---------------|
| Membership Total<br>(30) | <p>             Alina Soto, (Chair of Children Issues committee) Department of Children and Families<br/>             Alfie Leon, (Vice-Chair of Children Issues committee) City of Miami<br/>             Shanika Watson, Florida Health in Miami Dade County<br/>             Mary Anne Sherman, Florida Health in Miami Dade County<br/>             Joanne Palenzuela, University of Miami<br/>             Jeff Hurst, Department of Children and Families<br/>             Veronica Bailey-Simmons, Community member<br/>             Kristyna Pena, University of Miami<br/>             Stephanie Diez, Reboot &amp; Recover<br/>             Dona Dailey, Community member<br/>             Antonia Lago, (Community member)<br/>             Paloma Lopez-Barcena, Early Learning Coalition<br/>             Fiorella Altare Christie, Early Learning Coalition<br/>             Marie Hernandez, Early Learning Coalition<br/>             Almira Thomas-Gayle, Florida Health in Miami Dade County<br/>             Karina Pavone, Miami Dade College<br/>             Allan Zullinger, Team Henry Inc.<br/>             Julia Onnie-Hay, Alliance for a Healthier Generation<br/>             Christina Sudduth, Florida Impact<br/>             Andrea Sparano, United Way Miami-Dade<br/>             Daniella Orihuela, Patricia and Phillip Frost Museum of Science<br/>             Nicole Marriott, Health Council of South Florida<br/>             Yasmin Issa, Robeks Juice           </p> <p> <u>Teleconference:</u><br/>             LeVar Franklin, City of North Miami<br/>             Rosaline Philippe, Nemours<br/>             Carla Timm, Cox Media Group<br/>             Carla Munoz, Florida Health in Miami Dade County, WIC<br/>             Camilo Mejia, Catalyst Miami           </p> |               |

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|                                  | <p>Shannon Smith, Florida Health in Miami Dade County, WIC<br/>         Marilyn Roman, Miami-Dade AHEC</p>  |  |
| <p>Welcome and Introductions</p> | <p>The monthly meeting of the Consortium for a Healthier Miami-Dade Children Issues Committee was brought to order by Alfie Leon at 10:06AM.</p> <p>All members were welcomed and introduced themselves.</p>  |  |
| <p>Approval of Minutes</p>       | <p>There was a motion to approve the August 2015 Children Issues minutes by Stephanie Diez; the motion was seconded by Alfie Leon.</p>  |  |
| <p>PICH update</p>               | <p>A brief synopsis of the Partnerships to Improve Community Health grant from the CDC was discussed. The pilot program was a template for the grant, with the focus on improving nutrition, increasing physical activity and alternatives to screen time. These components have been slightly altered to active learning that encompasses math and science skills. The goal of the PICH grant for the Children Issues committee is to provide tier 2 (technical assistance) to 48 centers based on their need.</p>   |  |
| <p>Committee Partner Updates</p> | <p>Julia (Alliance for a Healthier Generation) supports 80 afterschool program sites throughout Miami-Dade County that serve children grades K-8 for the Healthy Out-Of-School-Time initiative. Julia helps staff to adopt the National H.E.P.A. (Healthy Eating and Physical Activity) standards that were approved by the National Afterschool association. She provides monthly professional development workshops to the staff that run those 80 sites.</p> <p>Allan Zullinger (Team Henry) mentioned they have been doing a lot of work in broward. He had an event at Nova Southeastern University for children with mascots, live animals, face painting. There was also an event at the North Lauderdale Branch</p> |  |

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|  | <p>Library in partnership with the Urban Farming Institute with a farm to table presentation and community gardens. Henry will have a new book that consists of Henry getting over allergies.</p> <p>Kristyna Pena (University of Miami) works for the Early Discovery program through the Children’s Trust that serves 360 children for early intervention services (speech, behavioral, developmental and occupational). Currently they are trying to incorporate a nutrition piece in their care coordination.</p> <p>Joanne Palenzuela (University of Miami) works in the Jump Start program in collaboration with the Early Learning Coalition. This is a mental health component for young children in early childcare centers through their home. They provide behavioral services for children.</p> <p>Andrea Sparano (United Way Miami-Dade) mentioned the United Way is launching a healthy lifestyles component. Their focus is reducing childhood obesity and promoting healthy weight through nutrition and physical activity. One project they are looking at is school based gardens through the Education Fund. The United Way collaborated with Short Chef on a Lead Healthy, Live Healthy event where there were over 1,000 participants. Short Chef provided healthy cooking demonstrations for the families.</p> <p>Karina Pavone (Miami Dade College) works in continuing education and professional development. They provide training for skill building, such as training for childcare practitioners.</p> <p>Dona Dailey (Community member) is currently working on the Partnerships to Improve Community Health initiative in the area of active learning in childcare centers. Tier 1 and Tier 2 childcare centers are currently in progress for those requesting additional technical assistance.</p> <p>Antonia Lago (Community member) is currently working on the Partnerships to Improve Community Health initiative. She is involved with providing technical assistance for the tier 2 childcare centers and translating documents into Spanish.</p> |  |
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Nicole Marriott (Health Council of South Florida) is an evaluator for the PICH grant. Health Council of South Florida’s focus is on the physical activity component in the childcare centers.

Almira Thomas-Gayle(Florida Health in Miami Dade County) is currently providing BMI screenings in the Miami-Dade County public schools. At the end of the school year, they report their findings to Tallahassee and the DOH-Miami-Dade Charts website.

Paloma Lopez-Barcena (Early Learning Coalition) provided an update on the ELC Children First conference held on Sept. 19<sup>th</sup> at the Ronald Reagan High School. There were many participants that participated in professional development trainings. The next conference will be held on Sept. 24, 2016 called Early Education, Lifelong Success. Mental health, school readiness enhancements and USDA programs are additional components added to the Quality Counts program. Community of practice component for directors and teachers has also been added. Shares Resources flyer was provided to committee members that are available to programs in Miami-Dade County. Once a month beginning October 3<sup>rd</sup>, ELC will participate in The Goodwill Ambassador will talk to programs to identify their needs.

Jeff Hurst (Department of Children and Families) focus is child safety and child abuse and neglect in Miami-Dade County. He is working with the Head Start programs that have a parent council in the childcare centers. In November, Jeff will be collaborating with Dr. Natale on a USDA project. As a certified trainer for childcare providers, he provides CEUs and in-service hours.

Marie Hernandez (Early Learning Coalition) mentioned ELC will be collaborating with Miami International Book Fair. They will be having a table called Tot Lot where there will be books for providers and is open to the public. This will be held from Nov. 20-22<sup>nd</sup>. ELC will be conducting provider orientations in English and Spanish where information is given on contract requirements, payments, school readiness eligibility process, quality assurance process, licensing and childcare information.

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Daniella Orihuela (Patricia and Phillip Frost Museum of Science) mentioned the museum closed for the public in preparation for the new museum opening in the summer of 2016 in Downtown Miami. Daniella manages a behavioral sciences gallery with the emphasis on nutrition, exercise, relaxation and learning.

Alfie Leon (City of Miami) went to the Vizcaya Public Input Session to identify individuals that could go for an interactive health space. Karen Hamilton, Chair of the Consortium's Health & the Built Environment attended the event. The goal is to teach children about urban farming. Alfie also mentioned FIU's Neighborhood Health would like to get elected officials to refer families to their program.

Stephanie Diez (Reboot & Recover)  
 Reboot and Recover is an innovative 501 non-profit organization that focuses on technology overuse and addiction amongst children and youth. They recently presented at a Breastfeeding Walk sponsored by the Florida Department of Health's WIC department. Stephanie presented in September at the ELC Children First conference. She also presented in Broward at the Jack & Jill center. Reboot and Recover has put out a campaign to get teens involved. In a research article, *Problematic Video Game Playing Amongst Youth*, there was a sample of 160 children ages 8-18 in this project. Those dependent on video usage the most were elementary school age males. Stephanie reported that she submitted the proposal to a January conference in Washington DC and it was accepted.

Christina Sudduth (Florida Impact)  
 Florida Impact is a statewide non-profit organization that works with the federal child nutrition programs. They provide assistance for non-profit programs that want to be part of the program. Christina also worked with Team Henry with the mobile units model in five housing authority locations. The focus is to improve nutrition in the underserved areas during the summer with good nutrition and enrichment opportunities.

Carla Munoz (Florida Health in Miami Dade County, WIC) mentioned the WIC

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|   | <p>department has 60 dieticians and nutrition educators in the program. They see 72,000 participants every month regarding maternal health and infants. There are currently 15 WIC clinics. On December 19<sup>th</sup>, WIC will be hosting a health fair. The Breastfeeding Walk that took place in September was a success. There were 350 participants. The next Breastfeeding Walk will take place in August 2016.</p> <p>Alina Soto (Department of Children and Families) attended the Healthy Eating and Physical Activity (HEPA) summit along with Surgeon General, Dr. Armstrong. The focus is healthy eating and physical activity. The Surgeon General spoke on the Healthiest Weight initiative.</p> <p><u>Next Steps</u></p> <p>Barriers: How does the Children Issues committee partner together, going forward? How do we support each other? This will be a focus in the upcoming year.</p> <p>For the January meeting, it was suggested that the committee decide on 3 issues they would like to push.</p> |  |
| <p>Executive Board update</p>           | <p>During the Executive Board meeting, the culture of health was discussed as being the focus for 2016. The Florida Department of Health is going to apply for national certification and recognition under the culture of health. Commissioner Levine Cava attended the board meeting to possibly identify an advisory board for the commission.</p>   |  |
| <p>November 19<sup>th</sup> meeting</p> | <p>The committee agreed to having the next committee meeting and potluck on November 19<sup>th</sup> at 11:00am due to Thanksgiving.</p>  | <p>Shanika will send an email to the committee to sign up for the Thanksgiving Potluck</p> |

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| New Business    | None.   |  |
| Old Business    | <p>Newsletter – CI committee members:</p> <ul style="list-style-type: none"> <li>○ If anyone is interested in submitting any information for the newsletter, please e-mail <a href="mailto:Amelinda.Loddo@flhealth.gov">Amelinda.Loddo@flhealth.gov</a> or <a href="mailto:Shanika.Watson@flhealth.gov">Shanika.Watson@flhealth.gov</a></li> <li>○ Oral Health Summit- oral health is going to be pushed in the community as an attribute to health for all ages. Alina Soto will be writing curriculum on the dangers of oral health to educate providers in the community.</li> </ul> |  |
| Upcoming Events | <p>- Connect Familias event: November 7, 2015 at Miami Dade College - InterAmerican Campus 627 SW 27th Avenue Miami, FL 33135</p>   |  |
| Adjournment     | <p>The next meeting will be held on <b>Thursday, November 19, 2015 at the United Way, Center For Excellence: Main Stage Room at 3250 SW 3<sup>rd</sup> Ave Miami, FL 33129.</b><br/>         The meeting was adjourned at 12:30PM.</p>  |  |