

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
 Children Issues Committee Meeting
 Thursday, February 26, 2015

TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (22)	<p> Alina Soto, Department of Children and Families Alfie Leon, Florida International University Shanika Watson, Florida Health in Miami Dade County Mayra Garcia, Florida Health in Miami Dade County Matt Arch, Switchboard of Miami Jennine Stafford, Community Member Dr. Ruby Natale, University of Miami Jeff Hurst, Department of Children and Families Jillian Valdes, Florida Health in Miami Dade County, WIC Short Chef, Short Chef Nicole Vayssier, University of Miami WalkSafe/BikeSafe Laura Vallejo, Nova South Eastern University Andrea Sparano, United Way Miami Sin Wong, All Skills Builders Learning Center Luisa Ramirez, All Skills Builders Learning Center Carla Munoz, Florida Health in Miami Dade County, WIC Fabio Quintero, Fabimar Shelby Mosier, University of Miami Allan Zullinger, Team Henry Inc. Olukemi Adeyemo, Florida Health in Miami Dade County, WIC </p> <p> <u>Teleconference:</u> Dr. Chanadra Whiting, Florida International University Daiane Palmquist, Florida Health in Miami Dade County, WIC Christine Hom, Florida Institute for Health Innovation </p>	

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<p>Welcome and Introductions</p>	<p>The monthly meeting of the Consortium for a Healthier Miami-Dade Children Issues Committee was brought to order by Alina Soto at 10:05AM.</p> <p>All members were welcomed and introduced themselves.</p>	
<p>Approval of Minutes</p>	<p>There was a motion to approve the January 2015 Children Issues minutes by Mayra Garcia; the motion was seconded by Jeff Hurst.</p>	
<p>Who are we and why we are here?</p>	<p>Consortium Vision: Healthy Environment, Healthy Lifestyles and Healthy Communities”</p> <p>Mission: To be a major catalyst for healthy living in Miami-Dade through the support and strengthening of sustainable policies, systems and environments.</p> <p><u>Contributions partners will lend to the Consortium Child Care Initiative:</u></p> <p>Jeff (DCF)- Education, reach many parents, families, providers and children. Child Safety, getting cribs to needy families. 4 causes of death for infants 0-5 in Miami-Dade: 1. Co-sleeping, 2. Drowning, 3. Kids being left in the car 4. Kids left with strangers. Jeff suggested getting cribs to needy families. Jeff recommended information packets be left with hospitals to provide to mothers on child safety. Dr. Natale suggested a video for hospitals to play for mothers that just had their baby. Some examples include SIDS, child safety, proper bedding for infants, etc. This can also be done in different languages.</p> <p>Short Chef (Fighting Obesity One Family at a Time)- Trying to find a way to get to parents, since they are providing their children with food. Will provide education to families and healthy cooking demonstrations. Obesity prevention training, education, parental lifestyles, and shopping will also be contributions.</p>	

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Allan (Team Henry)- Focus will be on physical activity. Kids tend to mimic likeable characters, such as Henry the Hamster.

Carla (WIC)- Registered Dietician. Provide nutrition education. Want to get resources out there to the community and receive internal resources. Have a huge caseload of mothers that do not receive WIC benefits. Help 72,000 families. Trying to build collaborations and partnerships. Main goal is to promote and be part of nutrition and breastfeeding workshops. WIC currently has 30 registered Dieticians. Teaching families how to shop for healthy foods, access to foods, creating healthy recipes.

Sin & Luisa (All Skills Builders)- Handling behavioral issues with children. Providing education to families with children that have behavioral issues at child care centers. Work with child care providers and parents.

Mayra (DOH-Miami-Dade)- Provided blood pressure screenings for the parents during the Consortium Child Care Initiative. Suggest having nutrition and blood pressure components together. Will provide child care centers with My Plate handouts and information. Would like to collaborate with WIC on the initiative.

Nicole (UM WalkSafe/BikeSafe)- Provide parent education to families on WalkSafe/BikeSafe and pedestrian safety. They also want to collaborate with other organizations so they do not duplicate services. Increase physical activity in children is also a focus. They would also like to impact special needs and Pre-K children.

Andrea (United Way)- Focus is on healthy lifestyles with children. They currently fund many programs, including sports in low income areas. Want to incorporate school gardens. They also work on Access to Care to help parents with insurance.

Fabio Quintero (Fabimar Harmony)- Part of a community church in Homestead. Fabio is a chemical engineer. Focus is on better nutrition, emotional stability. Working on nutritious supplements. Would like to volunteer wherever help is needed.

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Jennine (Community Member) –Mentioned dental and WIC need to collaborate. Interested in oral health component.

Laura (Nova University)- Currently is finishing her Master’s degree. Collaborated with International Global Health in Canada. Initiatives were created in the summer for grad students to help less fortunate children. Many of the issues are environmental factors in Sri Lanka that affect these children. Will gather data/ assessment with the Consortium Child Care Initiative.

Dr. Natale (UM)- Recently received a grant called Healthy Caregiver Healthy Children. The focus is on role modeling. Project M.O.M (My and Others My Plate) and Gatekeepers are also projects in progress. Focus on this grant is to educate the parents and teachers with a special curriculum. Healthy dinners, nutrition and physical activity will be incorporated. In 3 years, the goal is to reach 400 child care centers and making the program sustainable. They will work with Quality Counts to reach these efforts. Another initiative they would like to work on is children with special needs.

Shelby (UM)- graduate student interested in child health and childhood obesity prevention.

Matt (Switchboard of Miami)- A contact center in downtown Miami. Have a division of counseling services. Help Me Grow program started in the 90’s. They take in calls for kids ages 0-8 whom have developmental issues. It is a concierge service. Would like the Children Issues partners to be a referral source for Switchboard and Help Me Grow. Alina’s suggestion: Nutrition and children with special/behavioral needs- Switchboard of Miami.

Christine (FIHI)- Would like to continue to provide Oral health education to families.

Alfie (FIU)- Oral health has not been considered important in Miami-Dade County. Oral health is a great indicator of health in an individual. Education, Access, and

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	<p>Research were provided during the Consortium Child Care Initiative.</p> <p>Next Steps: Develop a Strategic Plan during the next committee meeting. Alina mentioned a needs assessment will be done to see what the community needs. We need a parent component. 2015-2016 will be a huge component on parent engagement. Alfie mentioned there is a larger reach through families, community and providers.</p>	
<p>Committee Partner Updates</p>	<p>Short Chef (Fighting Obesity One Family at a Time) – Mentioned he will be working with Common Threads on cooking projects to train providers and work with families on healthy cooking.</p> <p>Allan (Team Henry)- Providing a curriculum in Washington DC to include Henry Gets Moving. Sports teams will be involved with providing book readings.</p> <p>Jeff (DCF)- Marketing & Membership committee is in the process of putting together a Speakers Bureau for the Consortium for a Healthier Miami-Dade. This can also be a way for the Children’s Issues committee to educate the community. Jeff is the Vice Chair of the Marketing & Membership committee and will be presenting on Child Safety, Child Care Regulations and the Access program.</p> <p>Nicole (WalkSafe) Event: Parent Learning Fun Day on Sunday, March 1st. Learning Workshop Series at various high schools in Miami-Dade County. Nicole will send Shanika the flyer to disseminate to the committee.</p>	
<p>Executive Board Update</p>	<p>Alina explained the Consortium promoting the Make Healthy Happen brand through initiatives of the 7 committees. Public Health Accreditation and their relationship with the Florida Department of Health in Miami-Dade County were also mentioned at the</p>	

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	Executive Board meeting.	
New Business	<ul style="list-style-type: none"> ○ Consortium Annual Event- March 20, 2015 from 8am to 12pm at the Intercontinental. There is a \$25 fee. ○ I promise challenge was discussed. “We promise to become the Healthiest State in the nation.” Committee is to think a about a promise they would like to make as a commitment to making Florida healthy. An idea is to make a video. 	
Old Business	<p>Newsletter – CI committee members:</p> <ul style="list-style-type: none"> ○ If anyone is interested in submitting any information for the newsletter, please e-mail Shanika.Watson@flhealth.gov or Amelinda.Loddo@flhealth.gov . 	
Upcoming Events	<p>- Marketing & Membership Committee Child Safety Workshop- March 4, 2015 at CBS4. Presenter is Jeff Hurst, DCF.</p>	
Adjournment	<p>The next meeting will be held on Thursday, March 26, 2015 at the United Way, Ansin Bldg: Ryder Room, at 3250 SW 3rd Ave Miami, FL 33129. The meeting was adjourned at 12:05PM.</p>	