

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
 Children Issues Committee Meeting
 Thursday, March 26, 2015

TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (26)	<p> Alina Soto, Department of Children and Families Alfie Leon, Florida International University Shanika Watson, Florida Health in Miami Dade County Mayra Garcia, Florida Health in Miami Dade County Tammye Farmer, Florida Health in Miami Dade County, WIC Rebecca Ford, Florida Health in Miami Dade County, Intern Melissa Yero, Florida Health in Miami Dade County, Intern Stephanie Diez, Reboot & Recover Jennine Stafford, Community Member Dr. Ruby Natale, University of Miami Jeff Hurst, Department of Children and Families Viviam Castellon, Amerigroup Kristine Perez-Carrion, Flipany Sarah Basna, Florida Health in Miami Dade County, WIC Monica Grimaldi, Florida Health in Miami Dade County, WIC Megan Garber, University of Miami Carla Munoz, Florida Health in Miami Dade County, WIC Allan Zullinger, Team Henry Inc. Andrea Sparano, United Way Miami Sherry Rosado, New Leaf Chiropractic Richard Rosado, New Leaf Chiropractic Shelby Mosier, University of Miami Victor Bernal, Healthy Matthew Daiane Palmquist, Florida Health in Miami Dade County, WIC </p> <p> <u>Teleconference:</u> Natalia Coletti, Miami-Dade Family Learning Partnership Almira Thomas-Gayle, Florida Health in Miami Dade County </p>	

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<p>Welcome and Introductions</p>	<p>The monthly meeting of the Consortium for a Healthier Miami-Dade Children Issues Committee was brought to order by Alina Soto at 10:08AM.</p> <p>All members were welcomed and introduced themselves.</p>	
<p>Approval of Minutes</p>	<p>There was a motion to approve the February 2015 Children Issues minutes by Alfie Leon; the motion was seconded by Jennine Stafford.</p>	
<p>Strategic Plan</p>	<p>Consortium Child Care Initiative will be the pilot for the Partnerships to Improve Community Health grant. The southern areas in Miami-Dade County is the focus based on areas of need for three years. The model will be based on Caring for Our Children publication for best practices. Increasing physical activity, improve nutrition and eliminate screen time are the components that will be addressed. The key is to educate providers so they can bring healthy changes/lifestyles to their childcare center.</p> <p><i>What will the 1st year look like?</i></p> <p>48 centers will be addressed each year. There will be an initial summit where childcare providers will be recruited. The launch will take place in the summer because childcare providers are very busy during the beginning of a new school year. During the summit, the CI committee will introduce who they are and what their goals/objectives are. A needs assessment will also be conducted during the initial summit. Childcare centers will be divided by those doing well versus those in great need. Parent engagement will be a requirement for providers and funders. It was also suggested that the Children Issues committee create a handbook of resources/services for the providers. In-service hours (4 sessions of in-service hours) can be given to providers when they complete the trainings.</p> <p>Tier 1- Childcare centers that are doing well meeting the <i>Caring for Our Children</i> standards. Will have quarterly meetings where providers talk about their specialty.</p> <p>Tier 2- Childcare centers that have difficulty meeting standards according to <i>Caring for Our Children</i> standards. Would need intensive intervention. Will receive hands-on</p>	

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training.

Overall, the pilot will be tailored to the most resource needy childcare centers that are also committed. Farm Share will also participate in this initiative.

Contributions partners will lend to the Consortium Child Care Initiative

Jeff (DCF)- Education, reach many parents, families, providers and children. Child Safety, getting cribs to needy families. 4 causes of death for infants 0-5 in Miami-Dade: 1. Co-sleeping, 2. Drowning, 3. Kids being left in the car 4. Kids left with strangers. Jeff suggested getting cribs to needy families. Jeff recommended information packets be left with hospitals to provide to mothers on child safety. Dr. Natale suggested a video for hospitals to play for mothers that just had their baby. Some examples include SIDS, child safety, proper bedding for infants, etc. This can also be done in different languages. Parent education component will be facilitated by Jeff.

Carla (WIC)- Registered Dietician. Provide nutrition education. Want to get resources out there to the community and receive internal resources. Have a huge caseload of mothers that do not receive WIC benefits. Help 72,000 families. Trying to build collaborations and partnerships. Main goal is to promote and be part of nutrition and breastfeeding workshops. WIC currently has 30 registered Dieticians. Teaching families how to shop for healthy foods, access to foods, creating healthy recipes. Training on breastfeeding will be facilitated by WIC and Natalia Coletti, Miami Dade Family Learning Partnership.

Richard Rosado (New Leaf Chiropractic)- Would like to bring awareness of pediatric chiropractic to the community. Posture exercises for children. For more information, visit www.icpa4kids.org.

Kristine (Flipany)- suggested Lets Move should be affiliated with the Child Care Initiative.

Stephanie (Reboot & Recover)- wants to incorporate reducing screen time in the centers. Educate providers on replacement behaviors and take a pledge on getting the

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most out of their life by reducing their screen time. This will be tailored to small children.

Andrea (United Way)- Focus is on healthy lifestyles with children. They currently fund many programs, including sports in low income areas. Want to incorporate school gardens. They also work on Access to Care to help parents with insurance.

Shelby (UM)- graduate student interested in child health and childhood obesity prevention. She would like to volunteer and help with creating a Make Healthy Happen Miami App. This can include videos of recorded sessions, resources, local events and surveys.

From February meeting:

Contributions partners will lend to the Consortium Child Care Initiative

Short Chef (Fighting Obesity One Family at a Time)- Trying to find a way to get to parents, since they are providing their children with food. Will provide education to families and healthy cooking demonstrations. Obesity prevention training, education, parental lifestyles, and shopping will also be contributions.

Allan (Team Henry)- Focus will be on physical activity. Kids tend to mimic likeable characters, such as Henry the Hamster. Would like to include parent engagement to this component.

Sin & Luisa (All Skills Builders)- Handling behavioral issues with children. Providing education to families with children that have behavioral issues at child care centers. Work with child care providers and parents.

Mayra (DOH-Miami-Dade)- Provided blood pressure screenings for the parents during the Consortium Child Care Initiative. Suggest having nutrition and blood pressure components together. Will provide child care centers with My Plate handouts and information. Would like to collaborate with WIC on the initiative.

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Nicole (UM WalkSafe/BikeSafe)- Provide parent education to families on WalkSafe/BikeSafe and pedestrian safety. They also want to collaborate with other organizations so they do not duplicate services. Increase physical activity in children is also a focus. They would also like to impact special needs and Pre-K children.

Matt (Switchboard of Miami)- A contact center in downtown Miami. Have a division of counseling services. Help Me Grow program started in the 90's. They take in calls for kids ages 0-8 whom have developmental issues. It is a concierge service. Would like the Children Issues partners to be a referral source for Switchboard and Help Me Grow. Alina's suggestion: Nutrition and children with special/behavioral needs- Switchboard of Miami.

Christine (FIHI)- Would like to continue to provide Oral health education to families.

Fabio Quintero (Fabimar Harmony)- Part of a community church in Homestead. Fabio is a chemical engineer. Focus is on better nutrition, emotional stability. Working on nutritious supplements. Would like to volunteer wherever help is needed.

Jennine (Community Member) –Mentioned dental and WIC need to collaborate. Interested in oral health component.

Laura (Nova University)- Currently is finishing her Master's degree. Collaborated with International Global Health in Canada. Initiatives were created in the summer for grad students to help less fortunate children. Many of the issues are environmental factors in Sri Lanka that affect these children. Will gather data/ assessment with the Consortium Child Care Initiative.

Dr. Natale (UM)- Recently received a grant called Healthy Caregiver Healthy Children. The focus is on role modeling. Project M.O.M (My and Others My Plate) and Gatekeepers are also projects in progress. Focus on this grant is to educate the parents and teachers with a special curriculum. Healthy dinners, nutrition and physical activity will be incorporated. In 3 years, the goal is to reach 400 child care centers and making

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	<p>the program sustainable. They will work with Quality Counts to reach these efforts. Another initiative they would like to work on is children with special needs.</p> <p>Alfie (FIU)- Oral health has not been considered important in Miami-Dade County. Oral health is a great indicator of health in an individual. Education, access, and research were provided during the Consortium Child Care Initiative.</p> <p>Alina: 2015-2016 will be a huge component on parent engagement. What are the children consuming in the childcare centers? Food allergies and behaviors based on food can be addressed with the children. All Skills Builders Learning Center can help with this.</p> <p>Alina suggests having a hashtag #We Learn Healthy.</p>	
<p>Committee Partner Updates</p>	<p>Stephanie (Reboot & Recover)- There will be a summer camp this year for 4 weeks for children. The focus of the summer camp is to reduce screen time. The curriculum will change every day to include healthy nature activities. Replacement behaviors will be incorporated. The ages are children 12-17.</p> <p>Viviam (Amerigroup)- Working with the Parent Academy and identified title one schools. Will have a healthy seminar at the academy. Also working with the City of Hialeah on an Egg Extravaganza event on April 4th at Goodlet Park.</p> <p>Kristine (Flipany)- They are a summer food sponsor that will be working with Parks & Recreation of Miami-Dade.</p> <p>Allan (Team Henry)- Will have a Team Henry board meeting. Working with Alfie on additional partnerships for Henry Gets Moving.</p> <p>Jeff (DCF)- Had an event at the Children’s Museum- Planetarium. 2,500 families were there. Information about child safety and childcare centers were given to the families.</p>	<p>Committee members will send Shanika their event information to post on the Consortium website.</p>

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	<p>Alfie (FIU)- Has been working with Farm Share. They have programs to give out free food to the needy. Would like Farm Share and Food Share to collaborate with the Consortium Child Care Initiative.</p> <p>Andrea (United Way)- Their focus is on Access to Care right now. They are meeting with organizations to see how they are educating the community on using their Access to Care. There is also research being done on obesity prevention with children.</p>	
<p>Executive Board Update</p>	<p>None discussed.</p>	
<p>New Business</p>	<ul style="list-style-type: none"> ○ Consortium Annual Event- took place on March 20, 2015 from 8am to 12pm at the Intercontinental. Committee member, Jeff Hurst received an award for his contribution to the Marketing & Membership committee. Short Chef also received an award for his great contributions to the Children Issues committee. ○ I promise challenge was discussed. “We promise to become the Healthiest State in the nation.” Group photo of the CI committee was taken. Alina mentioned she will give the photo to Dr. Armstrong, Florida’s State Surgeon General as Miami’s “I Promise.” ○ National Poison Prevention handout from the Florida Department of Children and Families was discussed and given to committee. 	
<p>Old Business</p>	<p>Newsletter – CI committee members:</p> <ul style="list-style-type: none"> ○ If anyone is interested in submitting any information for the newsletter, please e-mail Shanika.Watson@flhealth.gov or Amelinda.Loddo@flhealth.gov . 	

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<p>Upcoming Events</p>	<ul style="list-style-type: none"> - FDOH WIC will be having an event on March 30th to entail community resources and a fair. This event is for staff members. 	
<p>Adjournment</p>	<p>The next meeting will be held on Thursday, April 23, 2015 at the United Way, Center For Excellence: Main Stage, 2nd floor at 3250 SW 3rd Ave Miami, FL 33129. The meeting was adjourned at 11:46AM.</p>	