

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
 Children Issues Committee Meeting
 Thursday, March 28, 2013

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<p> Shanika Watson, Florida Health in Miami Dade County Amelinda Loddo, Florida Health in Miami Dade County Ann-Karen Weller, Florida Health in Miami Dade County Charlotte Waddell, Florida Health in Miami Dade County Alina Soto, Department of Children and Families Alfonso Leon, Florida International University Deborah Fulwider, Florida Health in Miami Dade County Joanne Palenzuela, Florida Health in Miami Dade County Anthony Rouzier, Henry Gets Moving Leyanee Perez, American Healthy Weight Alliance </p> <p> <u>TELECONFERENCE:</u> Mary Saiz, United Healthcare Suzette Frazier, Department of Children and Families Audrey Miller, Florida International University Ruby Natale, University of Miami Alvaro Bustos, Miami Chambers of Commerce South </p>	
Welcome and Introductions	<p>The monthly meeting of the Consortium for a Healthier Miami-Dade Children Issues Committee was brought to order by Alina Soto at 9:10 A.M.</p> <p>All members were welcomed and introduced themselves.</p>	
Approval of Minutes	<p>There was a motion to approve the February 2013 Children Issues minutes by Alfonso Leon; the motion was seconded by Karen Weller.</p>	
Presentation	<p>There was a presentation given by Karen Weller, Director of Office of Community Health and Planning regarding the overview of the Communities Putting Prevention to Work grant that ended January 18, 2013. The focus was on policy systems and environmental change with physical inactivity, obesity risk factors to span the lifespan. Department of Health had 11 goals and did well with those goals:</p> <ul style="list-style-type: none"> • Had 29 outcome objectives. 80% of them were met. • Goal 3- Childcare Centers: Not an actual policy yet. Still in progress. Changes have been done where Childcare Food & Nutrition program at the state level 	

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has adopted the menu changes. Partnership w/ University of Miami, Department of Children and Families, Florida Department of Health, and Consulting Registered Dieticians that taught providers physical activity and helped decrease screen time. Over 1461 child care centers participated. 69% participated in the program and 31% did not participate.

- Goal 8- **Breastfeeding Practices and Facilities:** Healthy Start Coalition was able to get a few policies passed for lactation with their providers.
 - Baby Friendly USA status in local hospitals and birthing centers. 14 birthing centers in Miami-Dade. Since the grant ended, one hospital in Miami is on the verge of becoming Baby Friendly. This goal went very well and still continuing to work.
- Goal 10- **Safe Routes to Schools:** Will be able to have a traffic survey done yearly in some schools to check specific areas to see how children come to school. i.e. biking, walking, etc. Policy not passed by Department of Health because there are not enough consistent crossing guards in the dangerous areas.
- Over 137 Systems Changes done. Able to get some elements done within an organization, institution, being able to change the environment and how they work in the community.
- Environmental Changes: physical changes were done. i.e. reimbursable vending machines that offer healthy food options, especially in schools. These vending machines are looked at nationally and placed in some middle schools and all high schools.
- Goal 5- **Physical Activity in MDCPS:** Evidence based curriculum was adopted called SPARK- Sports, Play and Recreation for Kids. All schools participated and were trained in the curriculum.
 - Participation in 7th Period Physical Education course: Problem with the CPPW grant that took long to get started. Implemented the first year. Students could not stay longer after school for the 7th period due to transportation constraints. This goal was not fully met.
- Success Stories
 - Making Healthy Happen Miami Media Campaign was a success. Want to keep it alive.
 - Other counties are modeling the Child Care Centers Initiative and the

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	<p>state has adopted Child Care Food & Nutrition program.</p> <ul style="list-style-type: none"> ➤ DCF was able to partner with Publix and able to have tours with child care providers and their parents. ➤ Quality Counts was able to adopt the nutrition and screen time policies into their quality ranking system. ➤ School Wellness policy was able to be revised not only looking at nutritional needs of the students, but also staff wellness. 	
<p>Work Plan Status Update</p>	<p>Newsletter – CI committee members:</p> <ul style="list-style-type: none"> ○ Ruby Natale will resend newsletter to Amy or Liaison since first submission was not received by Karen, Amy, or Alina. ○ Karen: Format of the newsletter will be discussed at the next Executive Board meeting. During an evaluation at the consortium it was mentioned that the newsletter was not embedded in emails, which had members not reading the emails. <p>If anyone is interested in submitting any information for the newsletter, please e-mail shanika_watson@doh.state.fl.us or your mail to :amelinda_loddo@doh.state.fl.us if interested.</p> <p>Karen: Executive Board is in the process of doing a SWOT analysis, looking at the strengths, weaknesses, opportunities and threats of the consortium. In the upcoming months, the strategic plan will be updated. Follow up will continue.</p> <p>The committee reviewed the work plan action items:</p> <p><u>Action Item/ Responsible Owner</u></p> <ul style="list-style-type: none"> ● Child health prevention fact sheet -Cindy Magnole <ul style="list-style-type: none"> ○ No update was given ● Strategies for Collaboration workgroup -Katie Swidarski <ul style="list-style-type: none"> ○ No update was given 	<p>Next agenda will include work plan updates from Cindy Magnole and Katie Swidarski</p>

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<p>Partner Updates</p>	<p>University of Miami – Ruby Natale:</p> <ul style="list-style-type: none"> • Alina and Ruby spoke after last meeting to brainstorm getting the child care initiative materials out into the community. Trying to develop a training module for the 40 hour CDA course that child care providers take and make a module on the topic of obesity prevention with young children. • Ruby and Samantha V. (Child Care Training Information Center- in charge of the CDA course) had a discussion regarding development. Ruby is to present a summary for Samantha and the planning committee explaining what to include. Planning Committee is to decide whether or not to develop a new course. Project year would be from July 1, 2013- June 30, 2014. Committee would take a year to possibly develop the course and will be released July 1, 2014. 	
<p>New Business</p>	<p>New time and location proposal:</p> <ul style="list-style-type: none"> • Changing the venue of future meetings in a different location occasionally. Everyone agreed. • Moving the meeting time from 9am to 10am. Everyone agreed. • Suzette Frazier (DCF): proposed to host the next Children Issues meeting at her venue. Mary Saiz (United Healthcare) and Ruby Natale also proposed to host a future meeting at their venue. <p>Alfonso: Suggests summer be the time to connect with individuals in the school system or neighborhood schools for support of the initiative. Many summer programs going on.</p> <p><u>Questions:</u> How can the committee work together to bring a focus of Oral Health into Children Issues? Which oral health partners and what information can be found to help our providers?</p>	<p>Committee to discuss ideas on clear barriers and what we can do collectively to support each other and continuing the initiative.</p> <p>Ruby Natale will find out information on Oral Health at the University of Miami.</p>

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Old Business	Henry Gets Moving is being considered in St. Lucy county for their public schools.	
Upcoming Events	<p>Miami Children's Initiative March 30, 2013 8:30am to 3:00pm, 59 Street NW 17 Ave</p> <ul style="list-style-type: none"> • Building a Kaboom playground and looking for about 300 volunteers. <p>Children of Boston public schools are working on editing a song for Henry Gets Moving and also doing a dance.</p>	Suzette will send Alina exact address details.
Adjournment	<p>The next meeting will be held on Thursday, April 25, 2013.</p> <p>The meeting was adjourned at 11:30 AM.</p>	