

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
 Children Issues Committee Meeting
 Thursday, April 23, 2015

TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (24)	Alina Soto, Department of Children and Families Alfie Leon, Florida International University Shanika Watson, Florida Health in Miami Dade County Rosa Martin, Florida Health in Miami Dade County Jillian Valdes, Florida Health in Miami Dade County, WIC Evelio Velis, Barry University Stephanie Diez, Reboot & Recover Jennine Stafford, Community Member Short Chef, Short Chef Rebeca Ruiz, My Therapy Center Barbara Cardeso, My Therapy Center Dr. Ruby Natale, University of Miami Jeff Hurst, Department of Children and Families Tatiana Perrino, University of Miami Eriko Grover, Florida Health in Miami Dade County, WIC Catherina Chang-Martinez, Florida International University Kristine Perez-Carrion, Flipany Sarah Basna, Florida Health in Miami Dade County, WIC Monica Grimaldi, Florida Health in Miami Dade County, WIC Nicole Vayssier, University of Miami Walk Safe Carla Munoz, Florida Health in Miami Dade County, WIC Allan Zullinger, Team Henry Inc. Almira Thomas-Gayle, Florida Health in Miami Dade County Kristen King Jaiven, Farm Share	

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- Human Trafficking
- Everyone likes to eat
- Less resources
- Multi-family housing
- Transportation difficulties
- # of Fast food restaurants
- # of Grocery stores that do not provide healthy food

The committee will train and educate the child care providers in the community. For Tier 1 schools, the providers will bring their families to the summit. Mental health will also be part of the conversation. There will be a quarterly summit with a stipend and certification at its completion. Two-three summits a year. The strategic plan will be designed next meeting. Alina also suggested Jeff conduct a training on child safety: a training on lockdown due to some child care centers being located in violent areas. This is a train the trainer: the materials delivered to the providers will educate their staff.

1st summit: Consortium intro, who we are, what we do, services. Breaking out in subcommittees. Introducing them to the modules. Recruiting tool: Invitation to the 2nd summit. Food & Nutrition : Track 1

What are the outcomes and reach for the Partnerships to Improve Community Health grant?

Reach, increase physical activity from 60 min to 90 min., reduce screen time, nutrition outcomes: Policy & Systems Change are the outcomes of the grant . No cookies cakes or pies, menu changes, deliverables.

County Health Ranking was briefly discussed and handouts disseminated to the CI committee.

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<p>Recruitment</p> <p>Level II Screening</p> <p>Training Needs</p>	<p>How will we recruit providers?- it was suggested the data system from the Florida Department of Health in Miami-Dade using specific zip codes. Jeff (DCF) will provide a listing of licensed child care facilities. Alina suggested having a subcommittee to decide on recruiting efforts.</p> <p>Anyone working with or around children is recommended to get Level II screened. Level II screenings are done by the Florida Department of Law Enforcement. Those interested should email Jeff (DCF).</p> <p>The following training needs were suggested by the Children Issues committee:</p> <ol style="list-style-type: none"> 1. Community gardening is recommended to build healthy lifestyles. 2. Capacity building for the childcare facilities- How to get grant funding; How to get supplies from Home Depot to repair a facility. 	<p>Recruitment efforts will be discussed further at the next committee meeting.</p> <p>A sign up sheet for a Level II screening will be provided at the next committee meeting.</p>
<p>Committee Partner Updates</p>	<p>Allan (Team Henry)- Will be developing an age based curriculum reflecting on the Team Henry book. The idea is to have developmentally age appropriate books for the children in the child care centers. (K-3rd grade) and (Grades 1-4).</p> <p>Nicole (UM WalkSafe)- Museum of Science festival went very well. They had a Kahoot game- a computer based quiz that was set up on the wall for children. There was a game show reflecting the Walk Safe program. National Bike to School Day is on May 6th.</p> <p>Almira Thomas-Gayle (Florida Health in Miami Dade County)- School Health is continuing to do BMIs at the schools.</p> <p>Kristine Perez-Carrion (Flipany)- Flipany is winding down their list for summer foods. They have 25 sites in Miami-Dade County. Their focus is on nutrition education and healthy cooking at these sites.</p>	

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Jeff (DCF)- Attended an event at the Children’s Museum- Planetarium. Provided information on childcare safety and understanding childcare centers. Will have an upcoming training at the Hub and speak on childcare regulations and mandated reporting. There is also a training in Broward, where Jeff will speak on the childcare centers and safety.

Evelio Velis (Barry University)- Would like to have his students at Barry University assist the Children Issues committee in any upcoming projects.

Stephanie (Reboot & Recover)- Reboot and Recover is a new innovative 501 non-profit. The focus of Reboot and Recover is reducing screen time in the homes and individual lives. They have an emphasis on research prevention and counseling. Reboot & Recover has a YouTube page with helpful information. There will be a summer camp for four weeks in July with a curriculum that include activities to teach children how to balance technology use. The curriculum will change every day to include healthy nature activities. Stephanie will be meeting with FIU on conducting the first community based research article in the U.S. on video game addiction in South Florida.

Carla Munoz (Florida Health in Miami Dade County, WIC)- WIC had a health fair for their staff to include presentations from human trafficking, Healthy Start and Help Me Grow. There was a presentation on developmental milestones. Healthy Mother, Healthy Coalition also presented on Text 4 Baby- geared towards pregnant women on health, prenatal stages, growth and development. This is an initiative that WIC is implementing in their program.

Dr. Rosa Martin (Florida Health in Miami Dade County)- The dental program became integrated into the Children Issues committee. The Seals on Wheels program started seven years ago in an effort to reduce oral health disparities in South Dade. They started off in a mobile dental van at two schools and now in fourteen schools including six Head Start centers. They have a contract with the school board and are a provider for Head Start. Seals on Wheels also goes to childcare centers. Services provided are dental exams, fluoride varnishes, sealants and cleanings. A report card is

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given to each child so the parent is aware of what took place as well as further treatment the child needs. Dr. Martin has reopened a dental clinic at Jefferson Reeves. They are hoping to reopen more clinics. Little Havana and Overtown are the covered areas. The dental mobile van is located in South Dade.

Short Chef (Short Chef)- Teaching six classes a week at Common Threads. He attended a Fairchild Challenge where 800 schools were involved in a cooking challenge. Short Chef was a judge for vegan recipes. He also provided a presentation for families at the United Way. He will be speaking at the Spanish Chamber of Commerce at the Doubletree.

Rebeca Ruiz (My Therapy Center)- My Therapy Center provides speech, occupational therapy and tutoring for children with special needs. They provide services to 60 childcare centers. Their locations include Miami Springs, Coral Way and will open a center in South Dade shortly. Last year they screened 2,000 children. They provide free screenings and in services to childcare centers. The screenings include vision, hearing, speech, gross and fine motor. My Therapy Center is looking to exceed more than 2,000 children this year. They presented last month at the Early Head Start conference. Would like to help with provider recruitment efforts.

Alfie (FIU)- Attended an event from DentaQuest Foundation. Oral Health 2020 was discussed at the event.

Catherina (FIU)- A study conducted with childcare centers will go through IRB in the next two weeks. The study consists of going to 53 childcare centers and gathering data from parents and providers with a focus on early life factors (breastfeeding, maternal smoking, diet, bottle feeding, nutrition, physical activity patterns and screen time in the home environment and childcare centers. They need 300 children ages 3-5 for the study. After collecting the data, they will be looking at differences in the indicators in the early life factors with children based on race, ethnicity and socioeconomic status.

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Executive Board Update	Alina Soto and Karen Hamilton are the new Executive Board Co-Chairs for the 2015-2017 term. They will be working with other committee chairs and facilitating monthly meetings at the Health Council of South Florida.	
New Business	<ul style="list-style-type: none"> ○ Three speakers representing the Children Issues committee will be recruited for the Speakers Bureau. The purpose of the bureau is to consolidate a directory of experts who can educate the community on a variety of topic areas related to the goals of the Consortium, various committees, and health in general. There will be a formal training for speakers at CBS on June 3rd from 3pm to 4pm. ○ Healthy Happens Here branding: committee is to think about how they would like it to appear on future certifications for the childcare providers. Those providers will become certified at the end of the training with the brand. A suggestion was to also add hashtag #We Teach Healthy or #Teach Healthy. ○ Alina also mentioned the Consortium’s Facebook page and that individuals “Like us.” ○ Next meeting there will be a Children Issues committee team break out session. 	<p>Deadline for speakers to sign up for Speakers Bureau is May 15. Decision for speaker approval will be made by Committee Chairs.</p>
Old Business	<p>Newsletter – CI committee members:</p> <ul style="list-style-type: none"> ○ If anyone is interested in submitting any information for the newsletter, please e-mail Shanika.Watson@flhealth.gov or Amelinda.Loddo@flhealth.gov . 	
Upcoming Events	None discussed.	
Adjournment	The next meeting will be held on Thursday, June 25, 2015 at the United Way, Center For Excellence: Ansin, Ryder Room at 3250 SW 3rd Ave Miami, FL 33129. The meeting was adjourned at 12:50PM.	