

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
 Children Issues Committee Meeting
 Thursday, August 27, 2015

TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (26)	<p> Alina Soto, (Chair of Children Issues committee) Department of Children and Families Shanika Watson, Florida Health in Miami Dade County Joanne Palenzuela, University of Miami Jeff Hurst, Department of Children and Families Stephanie Diez, Reboot & Recover Short Chef, Short Chef Karina Pavone, Miami Dade College Kristine Perez-Carrion, Flipany Suecia Mendez, Sunshine Health Jessica Morris, Flipany Silvana Tchorbadjian, Colgate Bright Smiles Bright Future Dr. Ruby Natale, University of Miami Dona Dailey, Community member Catherina Chang-Martinez, Florida International University Fabio Quintero, Fabimar Harmony Samantha Sater, Health Council of South Florida </p> <p> <u>Teleconference:</u> Alfie Leon, (Vice-Chair of Children Issues committee) City of Miami Jabet Wheeler, Focused Fitness Almira Thomas-Gayle, Florida Health in Miami Dade County Allan Zullinger, Team Henry Inc. LeVar Franklin, City of North Miami Tatiana Perrino, University of Miami Chanadra Whiting, Florida International University Sarah Basna, Florida Health in Miami Dade County, WIC Kristen King Jaiven, Farm Share Eriko Grover, Florida Health in Miami Dade County, WIC </p>	

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<p>Welcome and Introductions</p>	<p>The monthly meeting of the Consortium for a Healthier Miami-Dade Children Issues Committee was brought to order by Alfie Leon at 10:20AM.</p> <p>All members were welcomed and introduced themselves.</p>	
<p>Approval of Minutes</p>	<p>There was a motion to approve the July 2015 Children Issues minutes by Jeff Hurst; the motion was seconded by Dr. Ruby Natale.</p>	
<p>Healthy Happens Here sticker</p>	<p>Alina provided a recap of how Healthy Happens Here came about. This is the brand of the Consortium and its initiatives. In particular for the Partnerships to Improve Community Health grant, the Children Issues committee will acknowledge childcare providers by providing intensive technical assistance with some additional recognition. Once childcare providers complete the initial training and improve the quality of services their center provides, they will be recognized as Healthy Happens Here. The center will receive a sticker on their door and certificate. #We Learn Healthy is the tag line. Embracing healthy learning is the function of the facility. Physical activity, nutrition and reducing screen time are what the centers do to make the children healthy. Committee voted on finalizing the Healthy Happens Here sticker for the Children Issues committee as the following:</p> <p><u>Big bubble</u></p> <p>Creating Healthy, Active Learning</p> <ul style="list-style-type: none"> ✓ Physical Activity ✓ Nutrition ✓ Reducing screen time <p><u>Small bubble</u></p> <p>#WeLearnHealthy</p>	

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	<p>It was also recommended that the year of the certification be specified on the sticker/certification. Alina will bring this suggestion to the Executive Board for approval.</p>	
<p>Children First: Literacy is a Family Affair conference</p>	<p>The Children Issues committee will partner with the Early Learning Coalition’s fall conference on September 19th. The Children Issues committee focus is on nutrition and physical activity. There is a \$15 registration fee. There will be 6 presenters from the Children Issues committee. Presentations include the following:</p> <ul style="list-style-type: none"> - Increasing Preschoolers’ Self-Efficacy on Nutritional Practices through Health Literacy Presenter: Catherina Chang-Martinez, Florida International University - #WeLearnHealthy: Active Literacy Home and School Presenter: Dona Dailey - #WeLearnHealthy: Active Learning and Healthy Eating Presenters: Dr. Ruby Natale & Nicole Englebert , University of Miami - #WeLearnHealthy: Happy and Healthy Celebrations Presenter: Jessica Morris, Flipany - Technology Use with Children: The Psychological and Physiological Effects Presenter: Stephanie L. Diez , Reboot & Recover - Child Safety and Mandated Reporting / Child Care Regulation & Background Screening Overview Presenter: Jeff Hurst, Department of Children & Families <p>Facilitators and Evaluators are needed to assist with the summit. Facilitators will facilitate the speakers as well as assist the evaluators. Evaluators will pass out and collect pre and post assessments. The first session is tentatively 9:45am—11:15am, the second session is 12:30pm—2:00pm and the third session to 2:15pm—3:45pm.</p>	

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	<p><u>Dress code</u></p> <p>Facilitators and Evaluators are to wear Make Healthy Happen Miami t-shirts for the brand awareness of the project.</p>	
<p>Executive Board update</p>	<p>The new co-chairs of the Executive Board began their term in August 2015. Karen Hamilton is the Health & the Built Environment Chair and Alina Soto is the Children Issues Chair. The focuses of the Executive Board are partnerships and outreach. It was suggested that other Consortium committees be invited to present at future Executive Board meetings in order to build collaboration. The goal is to expand as a Consortium and build more partnerships. Commissioner Levine Cava will be attending the Executive Board meeting in September to learn about the work of the Consortium.</p>	
<p>Committee Partner Updates</p>	<p>Silvana Tchorbadjian (Colgate Bright Smiles Bright Future) Colgate is having a Back to School event in September. Colgate will attend a lot of events in 2016. Their calendar is very busy. They have developed a close relationship with Tallahassee and will be visiting there for a children’s event in 2016. Colgate also offers oral health education for adults.</p> <p>Stephanie Diez (Reboot & Recover) Reboot and Recover has been working on grant RFPs. They are an innovative 501 non-profit organization that focuses on technology overuse and addiction amongst children and youth. They are in the final process of submitting a research article that was conducted in Florida called <i>Problematic Video Game Playing Amongst Youth</i>. There was a sample of 160 children ages 8-18 in this project. Those dependent on video usage the most were elementary school age males.</p>	

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Dona Dailey (Community member)

Dona worked with Head Start, teen parents and childcare centers in the past. She also spent some time working in orphanages overseas.

Suecia Mendez (Sunshine Health)

Sunshine Health Plan provides health care for children that have Medicaid. They also have requirements with the state that they have to comply with. Sunshine Health has case management and work with kids that have asthma, diabetes and obesity. They are interested in sponsoring or supporting initiatives throughout the country. They were the signature sponsor for the National Urban League conference that took place in Broward. Sunshine Health was also the signature sponsor for the Federally Qualified Health Clinic conference that took place in Orlando.

Dr. Ruby Natale (University of Miami)

UM is kicking off the USDA grant. 12 intervention childcare centers are receiving nutrition health, physical activity and safety curriculum.

Jeff Hurst (Department of Children and Families)

Child Care Regulations is working on a project in Overtown. They would like to have more centers for youth ages 0-17. Jeff is also working with the Lighthouse for the Blind and ELC with the schoolboard to have an inclusion childcare setting for children ages 0-5. He is also working with MCI on early education. There was a red carpet event at Drew Elementary and Brownsville for kids transitioning from childcare centers to kindergarten for the first time.

Fabio Quintero (Fabimar Harmony)

Fabio is part of the Redland Academy that is a christian school in Homestead. The academy is involved with how to create better communities and environments.

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Kristine Perez-Carrion (Flipany)
 Flipany will be working with 109 afterschool sites on nutrition education from the Children's Trust. There is a reimbursement with the Department of Health. Through DOH there are 75 sites that they deliver snacks and meals to. Services include access to food and nutrition education. Aug. 28 there is an event called Ten Chefs, Ten Tables at the W hotel. A chef will be cooking table side for all of their participants. On Sept. 14, Flipany's president will be going to the White House to visit Mrs. Obama on the Let's Move initiative.

Karina Pavone (Miami Dade College)
 Miami Dade College provide trainings for childcare practitioners. They participated in the Aetna Foundation grant and are currently pursuing grants for trainings assisting childcare practitioners in Spanish.

Samantha Sater (Health Council of South Florida)
 The PICH evaluation plan was approved by CDC. They will be attending the ELC: Children First conference on Sept. 19 to gather data from the Children Issues committee presentations.

Short Chef (Short Chef)
 Short Chef will be attending the Aug. 29th WIC Breastfeeding Walk. He had a cooking demonstration last Friday with Connect Familias for 90 families. Short Chef will also be working with the United Way on Community Cupboard. He will also provide a cooking demonstration for 1000 girl scouts on Oct. 3rd.

Jabet Wheeler (Focused Fitness)
 Focused Fitness does a lot of afterschool work. March 20, 2016 is the National Afterschool Association conference in Orlando where they will be presenting.

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LeVar Franklin (City of North Miami)
 City of North Miami will be having a fitness day and are the recipients of the 2015 United States Conference of Mayor's Childhood Obesity grant. With this grant, they are doing free family fitness sessions every first and third Saturday of the month. They are also recipients of the Let's Move grant and will also be joining Flipany in Washington. City of North Miami was also a recipient of the out of school time grant, was recognized on channel 10 and the National Recreation of Parks Association for the nutrition and healthy eating initiative.

Kristen King Jaiven (Farm Share)
 Farm Share served over 32 million pounds of food to 4 million families in Florida.

Eriko Grover (Florida Health in Miami Dade County, WIC)
 There will be a Breastfeeding Awareness Walk on Aug. 29 from 8am to 12pm on West Flagler Street. There will be many activities, live animals, kid's corner and 20 vendors. Short Chef will be participating in this event.

Allan Zullinger (Team Henry)
 Henry Gets Moving collaborated with the Florida Impact and Sisters for Abundant Living in the Summer Break Spot in North Miami. The first week, Team Henry read their book to the children. During the second and third week, UM students from the UROSE program provided nutrition classes.

Alina Soto (Department of Children and Families)
 Oral Health Florida is an association of the American Pediatric Association, the Academy of American Pediatrics, Dental Association and the Dental Hygiene Association. They had a summit last week. Alina was appointed as Consultant of Oral

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	Health Florida for early childhood. There will be a state voice in trying to raise awareness for oral health. Next week, Alina will be presenting with the Florida Surgeon General, Dr. Armstrong on healthy eating and physical activity that is a statewide movement.	
New Business	None	
Old Business	Newsletter – CI committee members: <ul style="list-style-type: none"> ○ If anyone is interested in submitting any information for the newsletter, please e-mail Amelinda.Loddo@flhealth.gov or Shanika.Watson@flhealth.gov 	
Upcoming Events	- ELC Children First: Literacy is a Family Affair Conference 7:30am – 5:00pm at the Ronald Reagan High School.	
Adjournment	The next meeting will be held on Thursday, September 24, 2015 at the United Way, Center For Excellence: Ansin Building, Ryder Room at 3250 SW 3rd Ave Miami, FL 33129. The meeting was adjourned at 12:15PM.	