

**CONSORTIUM FOR A HEALTHIER MIAMI-DADE**  
 Children Issues Committee Meeting  
 Thursday, August 28, 2014

| TOPIC                    | DISCUSSION   | ACTION NEEDED |
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| Membership Total<br>(31) | <p>             Alina Soto, Chair, Department of Children and Families<br/>             Alfie Leon, Florida International University<br/>             Shanika Watson, Florida Health in Miami Dade County<br/>             Mayra Garcia, Florida Health in Miami Dade County<br/>             Jeff Hurst, Department of Children and Families<br/>             Laura Vallejo, Nova Southeastern University<br/>             Joanne Palenzuela, University of Miami<br/>             Dairo Baez, Magellan Complete Care<br/>             Short Chef, Short Chef<br/>             Jan Ding, Florida Health in Miami Dade County<br/>             Peter Hawes, Arorugby<br/>             Amanda Solari, Reboot and Recover<br/>             Maggie Thomas, Nemours<br/>             Dr. Ruby Natale, University of Miami<br/>             Jamie Clark, MCNA Dental<br/>             Daniella Orihuela, Florida Innovation of Health Institute<br/>             Christine Hom, Florida Innovation of Health Institute<br/>             Marie Hernandez, Early Learning Coalition<br/>             Paloma Lopez- Barcena, Early Learning Coalition<br/>             Sybill Holly-Charles, Prestige Health Choice<br/>             Florica Iqbal, MCNA Dental<br/>             Catherina Chang-Martinez, Florida International University<br/>             Ivelisse Castro, Miami Dade PTA/PTSA<br/>             John Watson, Miami Dade PTA/PTSA<br/>             Stephanie Bovis, University of Miami WalkSafe<br/>             Sabina Garcia, Nemours/ Early Learning Coalition<br/>             Julia Onnie-Hay, Alliance for a Healthier Generation<br/>             Janite Polydor, Health Council of South Florida<br/>             Cristiane Rocha, Colgate Bright Smiles Bright Futures<br/>             Silvana Tchorbadjian, Colgate Bright Smiles Bright Futures           </p> <p> <u>TELECONFERENCE:</u><br/>             Janice Siegel, DentaQuest           </p> |               |



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|  | <p>committee and having quarterly or yearly meetings.</p> <ul style="list-style-type: none"> <li>- Worksite Wellness collaboration with the Children Issues committee on physical activities for the providers and parents at the child care centers.</li> <li>-To have buy-in from the providers.</li> <li>-To have a post survey completed by the parents of what services they are looking for.</li> <li>-To have a packet of materials from all teams disseminated to the child care centers. This way the child care centers can continue to disseminate the materials to parents and become an arm for the Consortium. The child care centers can continue the work of the Consortium Child Care pilot program. The packet can be stamped with, “Brought to you by the Consortium for a Healthier Miami-Dade Children Issues committee.”</li> </ul> <p><b><u>Post Consortium Child Care Initiative suggestions:</u></b></p> <ul style="list-style-type: none"> <li>- Committee discussion of Plan-Do-Check-Act (what worked/did not work/ what we would like to see differently, lessons learned)</li> <li>- Dr. Natale suggested committee discuss all of the suggestions when there is greater attendance.</li> </ul> |  |
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| <p><b>Partner Updates</b></p> | <p>Sabina (Nemours)<br/>         On September 20th, Nemours will be having a Nemours reunion in which they will bring together all the Nemours graduates from their project year one for a celebration of success. They will have guest speakers, prizes and fun activities. September 27th is the ELC conference. Nemours will also have a complete Spanish collaborative where we will train directors/staff in Spanish to be able to reach schools that otherwise would not enroll and take part in the end obesity fight. Sabina also wrote a book called Aiden doesn't eat vegetables. This book will be available in 2015.</p> <p>Joanne (University of Miami)<br/>         Mentioned UM PATCH is a sponsor for a Community Resource Fair that will take place on September 20, 2014 from 12 noon to 5:00PM. It is a fair of connecting the dots between awareness and accessibility to quality healthcare and valuable community resources.</p> <p>Florica (MCNA Dental)<br/>         MCNA dental is a premier dental benefits administrator that provides service to state agencies and managed care organizations for Medicaid and Medicare members. They also offer dental plans for private employers, individuals and families. They educate parents on preventive services and provide free backpacks and toothpaste for kids. Parents are not aware of free (preventive) services. They have seven outreach providers that travel everywhere and two hygienists.</p> <p>Amanda (Reboot &amp; Recover)<br/>         Reboot &amp; Recover is a 501(c) 3 non-profit organization that provides education, prevention, tools and treatment for children in South Florida regarding technology overuse. Their vision statement: We strive for the wellness of families and individuals by creating and providing research, education, intervention, treatment options and community resources to aid those suffering from the harmful and negative effects relating to the use and overuse of technology. By providing education and prevention to children, adolescents, and families they aim to diminish the negative effect technology overuse will have on their quality of life. In place they provide tools that parents and children can use to attain happy, healthy and balanced life.</p> |  |
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John (PTA 305)

Chair of the PTA 305. The Miami-Dade County Council of PTAs/PTSAs is composed of 56,000 PTA/PTSA members, within 350 local units, serving 380,000 students and their families. The Council was organized under the authority of the Florida PTA in 1923. The council maintains a close working relationship with the administration of Miami-Dade County Public Schools, the Miami-Dade County School Board and other organizations within the community. Council members serve on various advisory committees and community organization boards concerned with the welfare of children and families. Council general meetings are open to all members of the PTAs and PTSAs comprising the council. They target kids, 3-5 years old. Their focus includes healthy eating and physical activity in the schools as well as health education. PTA exists in 50 states and currently in 315 schools.

Marie (ELC)

Mentioned ELC will be having a Children First Envisioning our Future professional development conference. It will be held on Saturday, September 27, 2014 at Southwest Miami Senior High School. Registration is \$10. Marie will send Shanika the flyer and more details to disseminate to the Children Issues committee.

Julie Onnie-Hay (Alliance for a Healthier Generation)

Work with school district on wellness in the schools. Focus on healthy eating and physical activity in the school. Supports 82 aftercare programs. The Alliance for a Healthier Generation is a catalyst for children's health. They work with schools, companies, community organizations, healthcare professionals and families to transform the conditions and systems that lead to healthier kids. Their goal is to reduce the prevalence of childhood obesity and to empower kids to develop lifelong, healthy habits. Founded by the American Heart Association and Clinton Foundation, they are collaborative change-makers working to create a nation where children thrive.

Dr. Natale (University of Miami)

Published a book called The School Fairy. Took 3 years to write.

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|                               | <p>Short Chef (Short Chef)<br/>         Breastfeeding Fair was a great success. 19 kids ate blueberries for the first time. Today is the 10<sup>th</sup> Anniversary Short Chef was born. Will be working on many projects for the summer. Invited to sixty schools in September for career day or health fairs for cooking demonstrations. Childhood obesity month is his platform.</p>   |  |
| <p>Executive Board Update</p> | <p>Mrs. Weller lead the group in discussing the draft 2014-2017 Strategic Plan. The Community Health Improvement Plan CHIP strategies will be used to write up specific objectives in the Strategic Plan. Shawn Ramirez presented a video on the “Fittest Man On Earth” Mr. Ramirez with Miami-Dade County Parks, Recreation and Open Spaces won the title during the 2014 Reebok Cross Fit Games in Carson, California. He explained the importance of Miami-Dade residents becoming healthier through Miami-Dade Parks’ Fit 2 Play, After-School Programs, Out-of-School camps and programs for older adults.</p>  |  |
| <p>New Business</p>           | <ul style="list-style-type: none"> <li>○ Committee will discuss lessons learned regarding the Consortium Child Care Initiative in September. This will include what worked, improvements, challenges, highlights, etc. for September meeting.</li> <li>○ September is Childhood Obesity Awareness Month.</li> <li>○ Alina will follow up with committee on Hula Hoop Day. Hula Hoop for healthy kids started from the CPPW grant. 40 providers participated with children on this initiative. This is a physical activity initiative that is going statewide. Child care centers will be videotaped of the hula hoop activity and it will go on YouTube. This initiative is encouraged for 15 minutes a day. Alina suggested that the Consortium and other organizations get involved with doing this on the same day. DCF’s statewide campaign will be held in September. During September, DCF sends out statistics, healthy recipes and recommendations for physical activity.</li> </ul> |  |

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| <p>Old Business</p>    | <p>Newsletter – CI committee members:</p> <ul style="list-style-type: none"> <li>○ If anyone is interested in submitting any information for the newsletter, please e-mail <a href="mailto:Shanika.Watson@flhealth.gov">Shanika.Watson@flhealth.gov</a> or <a href="mailto:Amelinda.Loddo@flhealth.gov">Amelinda.Loddo@flhealth.gov</a> .</li> </ul> |  |
| <p>Upcoming Events</p> | <ul style="list-style-type: none"> <li>- Marketing &amp; Membership committee will be hosting a presentation done by Jessie Trice Community Health Center on September 3, 2014 at CBS4 from 3pm- 4pm.</li> <li>- Children’s Trust Family Expo- September 19, 2014.</li> </ul>  |  |
| <p>Adjournment</p>     | <p>Due to the observance of the Jewish holiday, the September Children Issues committee meeting is pending. The next meeting date and location will be announced at a later time. The meeting was adjourned at 11:05AM.</p>  |  |