

ELDER ISSUES COMMITTEE/ MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY

> Meeting Minutes Tuesday, November 26, 2024

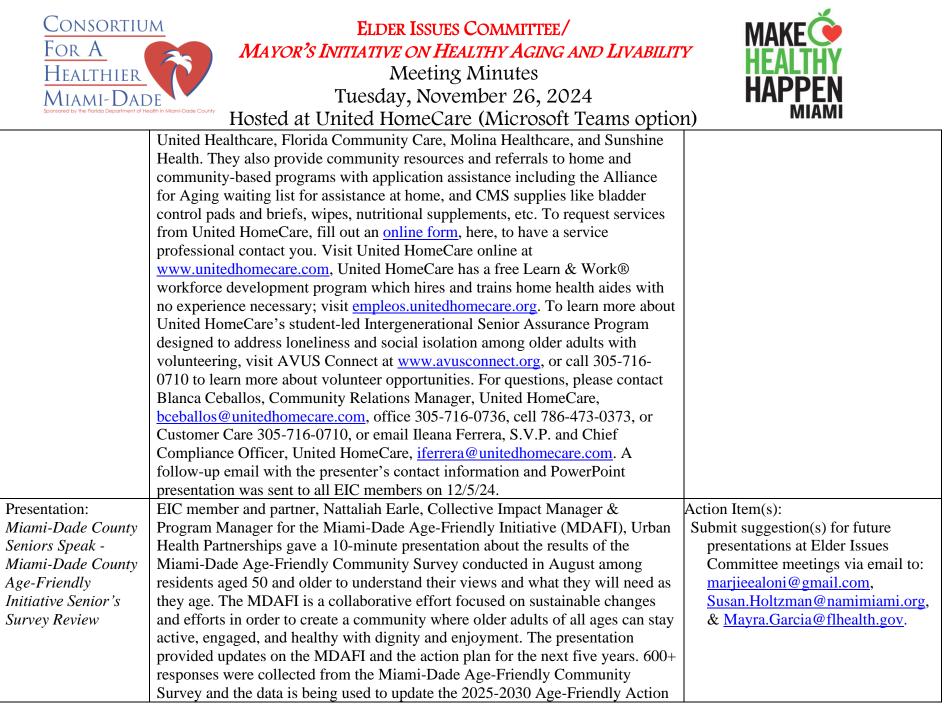


Hosted at United HomeCare (Microsoft Teams option)

TOPIC	DISCUSSION	ACTION NEEDED
Members/Attendees	1. Marjorie Aloni, Tri County Senior Resource Referral Network – <i>Chair</i> (attended via phone)*	
	2. Saradjine Batrony, SB Pro Writing Services, LLC – <i>Guest</i> *	
	3. Blanca Ceballos, United HomeCare - <i>Host</i>	
	4. Nattaliah Earle, Urban Health Partnerships - Presenter	
	5. Witson Faustin, Florida Department of Health in Miami-Dade County (attended via phone)*	
	6. Mariangelli "Angie" Fernandez, Miami-Dade State Attorney Office*	
	7. Ileana Ferrera, United HomeCare – Presenter	
	8. Frances Garcia, Miami-Dade Fire Rescue*	
	9. Mayra Garcia, Florida Department of Health in Miami-Dade County	
	10. Claudia Kerzner, Senior Proof Inc. (on behalf of Sydney Hughes)*	
	11. Brenda Lampon, Miami Dade County Office of the Mayor	
	12. Ahbria Marshall, United Way Miami	
	13. Maglio E. Montiel, United HomeCare volunteer - Guest	
	14. Dennise Nicola, PACE/Miami Jewish Health*	
	15. Roslyn Parker, Uniper TV	
	16. Dayamyra Perez Fernandez, Florida Dept. of Health in Miami-Dade*	
	17. Lesly Quintanilla Lopez, Center for Independent Living of the Keys*	
	18. Louisenie Remy, Jackson Health Roxcy Bolton Rape Treatment Center*	
	19. Lilliana Rey, Alliance for Aging - Guest	
	20. Tami Robinson, StudentsCare*	
	21. Griselle Solorzano, Brain Center	
	22. Allan Tavss, Miami-Dade County Parks, Recreation and Open Spaces*	
	23. Melody Velez, United Healthcare*	
	24. Marjorie York, Community Action Agency (attended via phone)*	
	25. 1-786-469-4618 (unknown attendee via phone)*	
	*attended virtually	
Welcome and	Chair, Marjorie Aloni welcomed everyone and started the meeting at 2:02 PM.	
Introductions		

Consortiu For A Healthier Miami-Dae	MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY Meeting Minutes	HAPPEN
	Chair, Marjorie Aloni provided general meeting guidelines for attendees which were also placed in the meeting chat. Vice-Chair, Susan Holtzman was not present due to a conflicting personal commitment. The meeting was held at host site, United HomeCare, 8400 NW 33rd Street, Suite 400, Miami, FL 33122, with an option to join virtually via Microsoft Teams for those unable to attend in person. Attendee introductions were done during <i>Partner Updates</i> , and virtual attendees were encouraged to put their contact information any organizational updates/ announcements in the chat.	
Review and Approval of Minutes	The minutes from the last meeting on October 29, 2024, were reviewed by the Committee members in attendance. A motion was made to approve the minutes by Angie F. and seconded by Allan T. The minutes were approved unanimously without corrections.	
Previous Action Items(s)	<ul> <li>Continue timeline development for work plan activities (ongoing).</li> <li>See <i>Work Plan Review</i> below.</li> </ul>	
Executive Board (EB) Update	<ul> <li>Chair, Marjorie A. provided updates from EB 11/4/24 virtual meeting, including:</li> <li>Important announcement: Consortium nominations and elections are being hosted this month. The Consortium Chairs and Vice-Chairs will serve for a 2-year leadership term including both calendar years, 2025 and 2026.</li> <li>First, nominations will first take place via survey from Nov. 12–19, 2024. Nov. 20–27, 2024, the nominees will be confirmed. Then, elections will take place via survey the week of Dec. 2–9, 2024.</li> <li>The elevator speech, health agenda message, and new partner invite email were reviewed. They're working now to create a digital brochure format with this info to use when meeting with interested partners; this will be shared with the full Consortium.</li> <li>Updates were also shared on the topic of food insecurity, and the Mayor's Initiative on Food and Nutrition For All Collaborative.</li> <li>The Board continues the conversation on COVID-19, optimal health, and addressing the drivers of health.</li> </ul>	

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Miami-Dai		HAPPEN
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Legislative Report	There were no legislative updates available from EIC member, Brenda Lampon	
8	with the Miami-Dade County Office of the Mayor present in-person at the	
	meeting. However, she did explain that the Mayor's Office is currently	
	undergoing organizational restructuring and she should hopefully be able to give	
	a Legislative update at the January 2025 meeting.	
Presentation:	EIC partner, Ileana Ferrera, S.V.P. and Chief Compliance Officer, United	Action Item(s):
United HomeCare -	HomeCare, gave a 15-minute presentation about United HomeCare programs	Submit suggestion(s) for future
Your Long-Term	and services. United HomeCare® is a non-profit 501(c)(3) home health and	presentations at Elder Issues
Care Solutions	community care organization; licensed Medicare and Medicaid Certified Agency	Committee meetings via email to:
Provider	accredited by Community Health Accreditation Partner (CHAP) with a Medicare	marjieealoni@gmail.com,
	5 Star Rating; serving South Florida (Miami-Dade and Broward Counties) with	Susan.Holtzman@namimiami.org,
	five decades (50 years) of home health experience, caring and commitment to	& <u>Mayra.Garcia@flhealth.gov</u> .
	delivering highest quality care. They provide comprehensive home care services for homebound older adults in the comfort of their own home and community.	
	United HomeCare began as a division of the United Way in 1973 with a mission	
	to help families care for their elderly and disabled relatives at home. They are	
	the largest home health agency in South Florida with over 1,150 employees of	
	which 1,000+ are Home Health Aides (not independent contractors), and 25	
	Care Managers providing over 26,000+ hours of care each week to more than	
	3,500 clients. Their services include: case management, home health services,	
	personal care assistance (bathing, dressing, and personal hygiene), meal	
	preparation, ambulation assistance, light housekeeping, companionship,	
	caregiver support and respite, volunteer services, home delivered meals, licensed	
	clinical social worker, registered dietician, skilled nursing (LPN, RN) and post-	
	hospitalization care, therapies (physical, occupational, and speech), mental	
	health counseling, and assistance with durable medical equipment. 99% of cases	
	are staffed within 24 to 48 hours. Necessary care is provided to prevent	
	institutionalization while protecting patients' health and promoting healthy aging	
	with consideration of psychological and emotional well-being. United HomeCare currently contracts with all seven (7) State of Florida Medicaid	
	Managed Long Term Care plans, including: Aetna, Humana, Simply Healthcare,	
	wanaged Long Term Care plans, meruding. Aetha, numana, Shiipiy Healthcare,	





ELDER ISSUES COMMITTEE/ MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY

Meeting Minutes Tuesday, November 26, 2024 Hosted at United HomeCare (Microsoft Teams option)



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Plan to be finalized in December 2024. Demographic data from the survey was	
reviewed. 56% of those surveyed were Hispanic, Latino or Spanish, 31% were	
White or Caucasian, 20% were Black or African American, 6.2% were	
Caribbean, and less than 2% were of other ethnicities.	
71.5% of the responders identified as female, 26.9% as male, 0.2% as non-	
binary, and 0.2% as transgender. 93.9% of responders reported as straight with	
regards to sexual orientation, 0.7% as gay, 0.9% as lesbian, 0.2% as bisexual,	
and 0.2% as other. A preliminary analysis of the surveys identified the following	
priority areas in the following order of importance:	
1. <b>Housing</b> that is affordable, accessible, and adapted to your needs	
2. Reliable, accessible and safe <b>transportation</b> optionsincluding walking,	
biking, transit, as well as driving	
3. Quality health care and community-based wellness and supportive	
services (senior centers, etc.)	
4. Access to <b>information</b> about services and opportunities	
5. A sense that older adults are <b>welcomed</b> and <b>valued</b> in all settings	
An Age-Friendly approach is imperative given the rate at which the population	
is aging and living longer. Advocacy and funding for policy and programs for	
older adults is important, especially in the areas of housing, transportation,	
healthcare services, community supports, communications and information.	
Nattaliah urged everyone to connect and collaborate with the MDAFI and	
invited folks to the upcoming Stakeholder meeting in January 2025, and other	
resources sharing opportunities (need host locations and speakers). Follow &	
share: X (formerly Twitter) @agefriendlymia, LinkedIn (search for Miami-Dade	
Age-Friendly Initiative), Facebook /AgeFriendlyMiami, and website:	
www.agefriendlymiami.org.	
For questions, please contact Nattaliah Earle, Collective Impact Manager, Urban	
Health Partnerships, <u>nattaliah@urbanhp.org</u> , 786-412-0469. A follow-up email	
with the presenter's contact information and presentation slides was sent to all	
EIC members on $12/5/24$ .	

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For A	MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILIT	
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Performance	Chair, Marjorie A. led discussion on the following in the EIC Work Plan 2019-	Action Item(s):
Measures in Need of	2024:	• Members can share this link to
Improvement	• The following activity and related measures under <i>Maternal Child Health</i> , p.	invite partners to join the
(Work Plan Review)	15, needs to be completed by September 30, 2024, the Elder Issues Committee	Consortium for a Healthier Miami-
	will identify and collect data that is available on providing familial and	Dade's Elder Issues Committee by
	generational support.	registering for free online:
	• Was data identified and collected? Yes	https://www.healthymiamidade.org/
	<ul> <li>In past meetings, online data sources, such as <u>FLHealth Charts</u>, <u>Aging</u></li> </ul>	membership/.
	in Florida Dashboard, and Miami Matters have been mentioned as	• Request a presentation from UHP
	sources of data on older adults and health indicators for this	on the Miami-Dade Age-Friendly
	<ul> <li>population.</li> <li>At today's meeting, we received updates regarding the 2024 Miami-</li> </ul>	Community Survey results for a
	<b>Dade Age-Friendly Community Survey,</b> a UHP-led community	future EIC meeting.
	survey for adults 50+ years of age from Nattaliah Earle, UHP. UHP	
	collected over 600+ responses which will inform their 5-year Action	
	Plan for 2025-2030. The survey has revealed top priority areas, such as	
	housing, transportation, health care and community-based wellness	
	and supportive services, access to information, and a sense of being	
	welcomed and valued in all settings. These insights will be used to	
	develop MDAFI strategies to address community needs.	
	• Did the EIC increase the awareness among households with grandparents	
	to inform them of local community resources? Yes, Mayra G. regularly	
	shares local community resources and events for children, families and	
	older adults via emails to EIC members.	
	• The following activity under <i>Communicable Diseases &amp; Emergent Threats</i> , p.	
	20, need to be completed by September 30, 2024, the Elder Issues Committee	
	will	
	o invite partners (e.g., local pharmacies) to join and support their efforts	
	to increase awareness on the prevention and control of infectious	
	diseases.	

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Recognition of Improved Performance	<ul> <li>Yes, since mid-2024 EIC members have been inviting representatives from local pharmacies to join the Consortium's EIC to help with this measure.</li> <li>Virtual meeting on October 24th featured a presentation on Electronic cigarettes &amp; vaping prevalence among older adults by EIC member, Laurie Varona, MPH, Senior Health Educator, Tobacco Prevention Program, Florida Department of Health in Miami-Dade County.</li> </ul>	
Reminders	<ul> <li>No monthly meeting in December for a holiday break.</li> <li>Next monthly meeting will be virtual on January 28, 2025.</li> <li>Guests, and members who would like to invite their colleagues serving the older adult population to join the Consortium for a Healthier Miami-Dade's Elder Issues Committee, can register for free online at <a href="http://www.healthymiamidade.org/membership">www.healthymiamidade.org/membership</a>.</li> </ul>	
Partner Updates	<ul> <li>Blanca Ceballos, Community Relations Manager, United HomeCare, provided a facility tour to in-person attendees after the meeting ended.</li> <li>Mayra Garcia, Community Liaison for the Elder Issues Committee (EIC), Florida Dept. of Health in Miami-Dade, <u>Mayra.Garcia@FLHealth.gov</u>; shared the Consortium Bounty of Health Fair and food distribution on Friday, December 13<sup>th</sup>, 2024, 10AM-2PM at 18255 Homestead Avenue, Miami, FL 33157; copies of event flyer was shared and shown onscreen/shared in the meeting chat.</li> <li>Angie Fernandez, Community Outreach Representative, Office of State Attorney Katherine Fernandez Rundle, <u>fernang@miamisao.com</u>, 305-547-0724; <u>www.miamisao.com</u>.</li> <li>Dayamyra Perez Fernandez, Health Services Representative, Florida Department of Health in Miami-Dade, Office of Community Health &amp; Planning, 786-732-8849, <u>dayamyra.perezfernandez@flhealth.gov</u>.</li> <li>Louisenie Remy, Roxcy Bolton Rape Treatment Center, <u>Louisenie.remy@jhsmiami.org</u>; they have support groups and outreach education on sexual assault prevention; call the Helpline for more information: 24 hours a day, 7 days a week at <u>305-585-RAPE (7273)</u>.</li> <li>Claudia Kerzner, Senior Proof Inc. We install home modifications for seniors and have worked with the AAA in Broward and Palm Beach Counties installing low cost high impact solutions to keep seniors safe. <u>https://seniorproof.com/</u>.</li> </ul>	<ul> <li>Action Item(s):</li> <li>The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department of Health and community partners/organizations promoting health in Miami-Dade County; register to become a member for free online: <u>https://www.healthymiamidade.org/ membership/</u>.</li> <li>EIC members who are subject matter specialists in healthy lifestyles and health promoting topics for older adult population are asked to volunteer to submit written article and/or social media postings for 2023 calendar year; please</li> </ul>

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Adjournment	<ul> <li>Frances Garcia, Coordinator, Miami-Dade Fire Rescue (MDFR), Community Assistance/Elder-Links Program, https://www.miamidade.gov/global/service.page?Mduid_service=ser1526412171787 244. #MDFRSafety #HolidaySafety https://x.com/MiamiDadeFire/status/1861114660386226428.</li> <li>Marjorie Aloni, Tri County Senior Resource Referral Network, 305-766-2976.</li> <li>Allan Tavss, Miami Dade Parks, Active Older Adult Programs, allan.tavss@miamidade.gov, 305-962-8393.</li> <li>Dennise Nicola, Business Development Manager, FL PACE Centers at Miami Jewish Health systems, cell 786-661-5644, dnicola@miamijewishhealth.org.</li> <li>Witson Faustin, Health Services Representative, Office of Community Health and Planning, Florida Department of Health in Miami-Dade County, 786-732-8863, Witson.Faustin2@flhealth.gov.</li> <li>Brenda Lampon, Office of the Mayor, Brenda.Lampon@miamidade.gov.</li> <li>Nattaliah Earle, Miami-Dade Age-Friendly Initiative, Nattaliah@urbanhp.org, 786- 412-0469.</li> <li>Ahbria Marshall, Program Officer-Community Impact, United Way Miami, 305-646- 7075, marshalla@unitedwaymiami.org.</li> <li>Griselle Solorzano, Social Services Manager, 305-856-8940 x105, gsolorzano@braincenter.org.</li> <li>Chair, Marjorie A. adjourned the meeting at 3:09 PM.</li> </ul>	confirm your interest, topic suggestions via email to liaison: <u>Mayra.Garcia@FLHealth.gov</u> . Written submissions are <i>due by 15<sup>th</sup></i> <i>of month <u>prior</u></i> to publish month.
Next Meeting	The December meeting is cancelled for holiday break. The next Elder Issues Committee meeting will be held virtually on Tuesday, January 28, 2025, 2:00- 3:00 PM via Microsoft Teams.	