

MAKE HEALTHY HAPPEN MIAMI

| TOPIC | DISCUSSION | ACTION NEEDED |
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| Members/Attendees | 1. Rob Collins, HOPE, Inc. | |
| | 2. Olivia DeCastro, Florida Department of Health in Miami-Dade County | |
| | 3. Gordon M. Dickinson, University of Miami Miller School of Medicine | |
| | 4. Nattaliah Earle, Urban Health Partnerships – <i>Vice-Chair</i> | |
| | 5. Witson Faustin, Florida Department of Health in Miami-Dade County | |
| | 6. Mariangelli "Angie" Fernandez, Miami-Dade State Attorney Office | |
| | 7. Frances Garcia, Miami-Dade Fire Rescue | |
| | 8. Mayra Garcia, Florida Department of Health in Miami-Dade County | |
| | 9. Vanessa Garcia Azzam, Miami-Dade County | |
| | 10. Susan O. Holtzman, NAMI Miami | |
| | 11. Dennise Nicola, PACE/Miami Jewish Health – <i>Chair</i> | |
| | 12. Carmen Ramos-Watson, B/Adaptable | |
| | 13. Louisenie Remy, Jackson Health Roxcy Bolton Rape Treatment Center | |
| | 14. Tami Robinson, StudentsCare | |
| | 15. Lasonya L. Rodgers, Humana | |
| | 16. Danay Rodriguez-Arritola, Larkin Community Hospital | |
| | 17. Emilia Solano, YMCA of South Florida | |
| | 18. Griselle Solorzano, Brain Center – <i>Presenter</i> | |
| | 19. Jeanne Tamargo, Informed Families | |
| | 20. Laurie Varona, Florida Department of Health in Miami-Dade County | |
| | 21. Patricia Vila, Patty Vila Media | |
| | 22. Marjorie York, Community Action Agency (attended via phone call) | |
| Welcome and | Chair, Dennise Nicola welcomed everyone and started the meeting at 2:03 PM. | |
| Introductions | General meeting guidelines were provided for the attendees by Dennise N. and | |
| | Vice-Chair, Nattaliah E. assisted with the agenda. Attendee introductions were done | |
| | during Partner Updates, and virtual attendees were encouraged to put their contact | |
| | information and any organizational updates/announcements in the chat. | |





| Review and | The minutes from the last meeting on May 27, 2025, were reviewed by the | |
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| Approval of Minutes | Committee members in attendance. A motion was made to approve the minutes by | |
| | Marjorie Y. and seconded by Angie F The minutes were approved unanimously | |
| | without corrections. | |
| Previous Action | Continue Open Discussion of 2019-2024 Work Plan transition to 2025-2030 | |
| Items(s) | Work Plan Development | |
| | • Activity under Chronic Disease, p. 11, related to design an educational toolkit to | |
| | increase awareness and educate on the warning signs of Alzheimer's Disease, | |
| | risk reduction and early diagnosis of Alzheimer's Disease. | |
| | o Trilingual Alzheimer's Disease and Related Dementias (ADRDs) | |
| | Community Resource (originally created in 2021-2022) has been updated, | |
| | pending DOH workflow approval. | |
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| | • Activity under Access to Care, p. 8, related to the Elder Issues Committee will | |
| | have a presentation on mental health to educate the committee to share | |
| | resources with the community. | |
| | o The Mental Health Stigma in the Workplace presentation at the meeting on | |
| | 5/27/25 by Susan O. Holtzman, NAMI Miami-Dade, can be reported as | |
| F (' D 1 | progress for this activity. | |
| Executive Board | Vice-Chair, Nattaliah E. provided the updates from the EB meeting held on | |
| (EB) Update | 6/9/2025, including: | |
| | • The Consortium Event Taskforce has been meeting since April to plan the | |
| | Consortium Annual Event and Worksite Wellness Awards Ceremony. If you are | |
| | interested in being on the Taskforce, let Mayra know so you can be added to the listserv. | |
| | The Consortium digital brochure was approved by the EB and DOH | |
| | Communications. Next steps will be to disseminate in English with the full | |
| | Consortium. The plan is to translate in Spanish and Creole. The brochure can be | |





| | used by members when meeting with interested partners to encourage them to join. • The Community Health Improvement Plan (CHIP) Annual Meeting was held on Monday, June 23, 2025, at FIU Wolfe University Center in North Miami. The EIC Chair and Vice-Chair, and several EIC members attended and participated in this important meeting. The participation of over 100 attendees representing various community stakeholder and partner organizations and interests played a vital role in guiding and developing the 2025-2030 CHIP, and we are grateful for those who were involved in the breakout session discussions and their selection of the new 2025-2030 CHIP priority areas. A total of five priority areas were selected. The 2025-2030 CHIP Priority Areas will include Access to Care, Chronic Disease, Behavioral & Mental Health, Maternal Child Health, and Healthy Weight/Physical Activity/Nutrition. The new CHIP will help inform the Consortium committee workplans for the next five years. Although Older Adults was not selected as one of these top five priority areas voted on by the community members in attendance, the health issues affecting this population (e.g., Alzheimer's and related dementia, fall prevention, housing, etc.) can be | |
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| Legislative Report | incorporated into the five priority areas selected. There were no legislative updates available. | |
| Presentation: Brain Center Neurology Clinic and Community Programs | EIC member and partner, by Griselle Solorzano, B.A, Social Services Manager, Brain Center, gave a 15-minute presentation, <i>Brain Center Neurology Clinic and Community Programs</i> . The Brain Center provides patient-centered comprehensive, coordinated neurology care to patients, while assisting their families, and caregivers. The Brain Center has two clinic sites: 1) Mercy Clinic located at 3661 So Miami Ave, Suite 208, Miami, FL 33133, and 2) Miami Shores Clinic located at 174 NE 96 th Street, Miami Shores, FL 33138. The clinical team is led by a board-certified neurologist providing high-quality neurological care coordinated with PCP and other specialists. They offer free social support services with patient and caregiver education. The focus is on improving quality of life and maintaining patients' | Action Item(s): • Email your suggestion(s) for future Elder Issues Committee meeting presentations to: <u>DNicola@miamijewishhealth.org</u> , <u>Nattaliah@urbanhp.org</u> , & <u>Mayra.Garcia@flhealth.gov</u> . |





| | independence. Clinical and supportive services include: evaluation and management | |
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| | of all neurological conditions ranging from migraines to stroke, Parkinson's, | |
| | Epilepsy, and Alzheimer's; neurological testing including EEG and nerve | |
| | conduction testing; referrals to other clinicians and community resources; free | |
| | virtual and in-person wellness programs for specific conditions; and free patient and | |
| | caregiver education. The Brain Center programs (Managing Alzheimer's & | |
| | Dementia for the Caregiver, Falls Prevention, Music Therapy & Yoga, Rock Steady | |
| | Boxing, Rock Climbing, and virtual Ageless Grace Exercise Bootcamp, Rock | |
| | Steady Boxing, Strengthening Classes, and Tai Chi, are free to their patients and the | |
| | community; programs are offered in English and Spanish. Visit the Brain Center | |
| | website at www.braincenter.org, or call 786-565-8735. To contact Griselle | |
| | Solorzano, B.A, Social Services Manager, Brain Center, please call 305-856-8940, | |
| | ext. 105, or email <u>gsolorzano@braincenter.org</u> . With the consent of the presenter, a | |
| | follow-up email was sent to all EIC members on 6/26/25 after the meeting with the | |
| | presenter's contact information, and presentation slides. | |
| Performance | Vice-Chair, Nattaliah E. provided updates and led discussion on the following in the | Action Item(s): |
| Measures in Need of | EIC Work Plan 2019-2024: | Email your suggestion(s) for the |
| Improvement | • Activity under <i>Injury</i> , <i>Safety and Violence</i> , p. 17, related to support the work of | next 5-year 2025-2030 Elder |
| (Work Plan Review) | the Age-Friendly Initiative. | Issues Committee work plan to |
| | Miami-Dade Age-Friendly Initiative (MDAFI) Library Certification on | be developed later this year to: |
| | May 30 th , 2025, at the Miami-Dade Public Main Library. | DNicola@miamijewishhealth.or |
| | Connect with MDAFI by sending an email to Nattaliah Earle, | g, Nattaliah@urbanhp.org, & |
| | Nattaliah@urbanhp.org. | Mayra.Garcia@flhealth.gov. |
| | Learn more about the MDAFI at https://agefriendlymiami.org/about/. | |
| Recognition of | • 5/25/25 monthly meeting hosted at NAMI Miami-Dade by Susan O. Holtzman. | |
| Improved | Mental Health Stigma in the Workplace presentation at May meeting by EIC | |
| Performance | member, Susan Holtzman, NAMI Miami-Dade. | |
| Reminders | • 2025 monthly meetings (schedule changes): | |
| | o NEW – virtual meeting on Tues., July 29th at 2PM | |





| | In-person meeting on Tues., August 26th at 2PM to be hosted at the Alliance for Aging in Doral. Virtual meeting on Tues., September 30th at 2PM NEW – in-person meeting on Tues., October 28th at 2PM to be hosted at (pending confirmation: Larkin Community Hospital Palm Springs Campus in Hialeah). NEW – no monthly meeting in November or December. Attendees who are not already members were encouraged to join the Consortium for a Healthier Miami-Dade online at www.healthymiamidade.org/membership, and/or share this invite with others who may be interested in participating. | |
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| Partner Updates | Dennise Nicola, Director of Business Development, FL PACE Centers at Miami Jewish Health; DNicola@miamijewishhealth.org, 786-661-5644. Nattaliah Earle, Collective Impact Manager, Urban Health Partnerships (UHP), nattaliah@urbanhp.org, 786-412-0469. Witson Faustin, Health Services Representative, Florida Dept. of Health in Miami-Dade, Office of Community Health & Planning; Witson.Faustin2@flhealth.gov. Griselle Solorzano, Social Services Manager, Brain Center; 305-856-8940 x105, email gsolorzano@braincenter.org. Louisenie Remy, Roxcy Bolton Rape Treatment Center, Louisenie.remy@jhsmiami.org; they have support groups and outreach education on sexual assault prevention; call the Helpline for more information: 24 hours a day, 7 days a week at 305-585-RAPE (7273). Jeanne Tamargo, Informed Families; pjtamargo@informedfamilies.org, cell 305-305-1789. Tami Robinson, Program Manager, StudentsCare. Senior Buddy program services providing intergenerational services for older adults and college students in Miami; https://www.students-care.org/programs/senior-buddy/. Angie Fernandez, PIO Community Outreach, Office of the State Attorney K.F. Rundle; fernang@miamisao.com; 305-547-0724; www.miamisao.com. | Action Item(s): • The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department of Health and community partners/organizations promoting health in Miami-Dade County; register to become a member for free online: https://www.healthymiamidade.org/membership/. • EIC members who are subject matter specialists in healthy lifestyles and health promoting topics for older adult population are asked to volunteer to submit written article and/or social media postings for 2025 calendar year; |





| | Rob Collins, Esq., Education & Outreach Coordinator, Housing Opportunities Project for Excellence (HOPE), IncWe fight housing discrimination; rob@hopefhc.com, 305-651-HOPE (4673). Olivia DeCastro CCHW, CTTS, Florida Dept. of Health in Miami-Dade, Office of Community Health & Planning, olivia.decastro@flhealth.gov, 786-732-8860. Carmen Ramos-Watson, Founder/-CEO, B/Adaptable Labs, 202-413-8899, carmen@b-adaptable.com. Frances Garcia, Miami-Dade Fire Rescue Dept., Community Assistance/Elder Links Coordinator; garciaf@miamidade.gov; Courtesy Summer Safety Tips: Fireworks, Swimming/Pools, Extreme Heat; please visit Miami-Dade County website for further information. Emilia Solano, Associate Vice President, YMCA of South Florida, esolano@ymcasouthflorida.org; shared information about annual Golden Gala for Miami seniors via email shared with Mayra. Vanessa G. Azzam, Program Director of the Miami-Dade County Elder Affairs Advisory Board; vanessa.azzam@miamidade.gov; invited all to the Miami-Dade County Elder Affairs Advisory Board Monthly Public Meeting on Thursday, June 26, 2025, at 10:00 a.m., at the North Miami Beach Library, located at 1601 NE 164th Street, North Miami Beach, FL 33162. Mayra Garcia, Community Liaison for the Elder Issues Committee (EIC)/Senior Community Health Nursing Supervisor, Office of Community Health & Planning, FL Department of Health in Miami-Dade County, Mayra.Garcia@FLHealth.gov. Susan Holtzman, President and CEO, Miami-Dade County Affiliate of the National | please confirm your interest, topic suggestions via email to liaison: Mayra.Garcia@FLHealth.gov. Written submissions are due by 15th of month prior to publish month. |
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| | Susan Holtzman, President and CEO, Miami-Dade County Affiliate of the National Alliance on Mental Illness (NAMI), susan.holtzman@namimiami.org; NAMI Helpline 305-665-2540 (9AM-5PM); programs information go to www.NAMImiami.org. | |
| Adjournment | Chair, Dennise N. adjourned the meeting at 3:03 PM. | |
| Next Meeting | The next Elder Issues Committee meeting will be held virtually on Tuesday, July 29, 2025, 2:00-3:00 PM via Microsoft Teams. | |