

**ELDER ISSUES COMMITTEE/
 MAYOR'S INITIATIVE ON AGING**
 Minutes
 Tuesday, September 26, 2017



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> 1. Alina Sosa Perez, Leon Medical Centers 2. Alina Soto, DCF/Consortium for a Healthier Miami-Dade 3. Allan Tavss, Miami-Dade Parks, Recreation and Open Spaces 4. Blanca Hernandez, Caballero Rivero 5. Cindy Brown, JCS Lambda Living 6. Dave Brady, Self 7. Chair, David Saltman, FIU 8. Edeline Mondestin, CAHSD 9. Evelyn Muniz Rodriguez, UF/IFAS 10. Isabel Rovira, Age Friendly Initiative 11. Larry Dent, Senior Medicare Patrol 12. Maria Hidalgo, Vitas 13. Marjorie York, Community Action Agency 14. Mary Anne Sherman, FDOH MD 15. Mayra Garcia, FDOH MD 16. Vice Chair, Michael Pearson, Alzheimer's Association 17. Natasha Reina, Alliance for Aging 18. Nick Brunzell, Banker's Life 19. Teri Arvesu, Miami-Dade County 20. Tony Friguls, Baba's Bunch Foundation 21. Vanessa Naranjo, HCSF 22. Yamila Carmona, University of Miami 23. Yessenia Diaz, Intern Alliance for Aging 24. Yoni Maskhoff, LCW 	

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	<p>A short tour of Arcola Lakes Senior Center was given by Allan Tavss to our committee members before and after the meeting. All were impressed with this state of the art center for persons 55 and older.</p>	
<p>Welcome and Introductions</p>	<p>Chair, David Saltman, welcomed everyone and started the meeting at 2:05 PM. Everyone introduced themselves. The meeting took place at Arcola Lakes Senior Center at 8401 NW14 Avenue Miami FL 33147</p>	
<p>Review and Approval of Minutes</p>	<p>The minutes for July 25, 2017 were reviewed by the committee members. A motion was made to approve the minutes by Allan Tavss and seconded by Marjorie York. All members who were present agreed to approve the minutes.</p>	
<p>Executive Board Report</p>	<p>No report was given during this meeting.</p>	
<p>Previous Action Items</p>	<p>We are developing an internal survey and an invitation to increase our membership and to have consistent attendance of our members.</p> <p>We are working toward having representation from the Long Term Care Community and the elder community. (MJHS, United Home Care, etc.)</p> <p>We have formed a Chronic Disease Subcommittee led by Michael Pearson. The members are: Alina Becker, Teri Arvesu and Yamila Carmona.</p> <p>We discussed having a Type 2 Diabetes/Obesity Presentation. We discussed working with Baptist Health and the ADA for this event. The Committee is looking for sponsored money this event.</p>	

<p>Performance Measures in need of improvement</p>	<p>Work will be completed regarding drafting the invitation and the survey and the committee will reach out to Long term care organizations. (MJHS, United Home Care, Easter Seals, AARP and United Way.</p> <p>Work on making a measure to be recommended for the CHIP by December 31, 2018</p>	
<p>Recognition of Improved Performance</p>	<p>The Elder Issues Committee had a very successful meeting at Arcola Lakes Senior Center on Tuesday, September 26, 2017.</p>	
<p>Presentation by Vanessa Naranjo of Health Council of South Florida</p>	<p>Vanessa Naranjo of HCSF reported on Evacuation and disaster preparedness, particularly for the elders of our community. She stressed the importance of signing up prior to the hurricane, flood or any other disaster, natural or man-made long before it happens. Then she discussed Special Needs Shelters and the conditions one must have to be signed up for one. She provided the committee members with applications for Special Needs Shelters and told us one can apply on line. Special Needs Shelters are considered a last resort and people who opt to stay in one need to bring 72 hours of medications, and supplies. They are also</p>	

<p>Presentation by Tony Friguls of Baba's Bunch Foundation</p>	<p>encouraged to bring a caregiver. It was mentioned that that a caregiver is desired and it was suggested if that be stated on the application more clearly. It was very interesting to have this presentation just after we experienced Hurricane Irma. This valuable information will prepare us for the next disaster.</p> <p>Thank you Vanessa for your presentation.</p> <p>Tony Friguls gave a very moving presentation on how caring for a loved one who has Alzheimer's disease affects the caregiver. He spoke about his personal experiences caring for his wife who was diagnosed with Alzheimer's disease at the age of 52. The diagnosis of Alzheimer's disease is life changing for the person receiving the diagnosis but even more so for their caregiver. Legal and financial matters need to be taken care of and the caregiver also needs to tend to the medical and safety needs of their loved one. The caregiver faces having to take care of all their loved one's needs for the rest of their life. Mr. Friguls spoke about the progressive nature of Alzheimer's disease and that it is a fatal disease.</p> <p>There are 12 million caregivers of persons with Alzheimer's Disease. Tony founded Baba's Bunch Foundation to help the caregivers. They provide respite care, education and support for caregivers. The many stresses of caring for a loved one with Alzheimer's disease can adversely affect the health of the caregiver. Baba's Bunch helps the caregiver take care of themselves.</p> <p>Thank you Tony for sharing this important information with us.</p>	
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Partners Updates	<p>Marjorie York announced The Florida Council for the Blind will hold a Disability Awareness Month Event on Sunday, October 22, 2017 2:00 pm 4:00 pm</p> <p>Allan Tavss announced there will be Health Fair at Arcola Lakes Senior Center from 10:00 am-12:00 am on October 20, 2017</p>	
Legislative report	<p>Edeline Mondestin of CAHSD reported how the elder community did during and after Hurricane Irma. 4 days of meals were provided even if the elder chose to remain at home. They also assisted people putting up their shutters. There was some question who was in charge. They thought Red Cross was in charge but at the last minute CAHSD took charge. Teri Arvesu gave a report on her experience staying in a shelter with her family during Hurricane Irma.</p>	
Adjournment	<p>David Saltman adjourned the meeting at 4:05 PM.</p>	
Next Meeting	<p>The next Elder Issues Committee meeting will be held on Tuesday, October 31, 2017 at Stephen P. Clark Government Center 111 NW 1st Street 29th floor, Suite 29A, Miami, FL 33126.</p>	