

TOPIC	DISCUSSION	ACTION NEEDED
Members/Attendees	<ol style="list-style-type: none"> 1. Lisa Agate, Aetna 2. Tara Auclair, United Way Miami 3. Doug Bermudez, Miami-Dade County Dept. of Transportation & Public Works 4. Daniel Brady, Brady and Associates 5. Cindy Brown, JCS/Lambda Living 6. Blanca Ceballos, United HomeCare 7. Rob Collins, HOPE, Inc. 8. Witson Faustin, Florida Department of Health in Miami-Dade County 9. Mariangelli "Angie" Fernandez, Miami-Dade State Attorney Office 10. Jessica Nicole Forman, University of Miami Miller School of Medicine (intern) 11. Frances Garcia, Miami-Dade Fire Rescue 12. Mayra Garcia, Florida Department of Health in Miami-Dade County 13. Kristin Guerin, Buddy System MIA 14. Susan O. Holtzman, NAMI Miami – <i>Vice-Chair</i> 15. Deborah J. Lowe, Law Offices of Deborah J. Lowe 16. Luis Mejer, 24/7 Nursing Care 17. Dennise Nicola, PACE/Miami Jewish Health 18. Gloria Orlandi-Kass, Alzheimer's Association 19. Cindy Perez, Florida International University 20. Franchine Peters, Roxcy Bolton Rape Treatment Center 21. Louisenie Remy, Jackson Health Memorial 22. Lymari Rivera, Mount Sinai Medical Center Eldercare (PACE) 23. Tami Robinson, StudentsCare 24. Elizabeth Soriano, University of Miami 25. Allan Tavss, Miami-Dade County Parks, Recreation and Open Spaces 26. Carmen Teixeira-Parry, Alliance for Aging, Inc. 27. Serena Thompson, Jewish Community Services 28. Dianna Valenzuela, Public Partnerships 29. Marjorie York, Community Action Agency 	

<p>Welcome and Introductions</p>	<p>In the absence of Chair, Marjorie Aloni who had an unexpected scheduling conflict, Vice-Chair, Susan Holtzman welcomed everyone and started the meeting at 2:02 PM. The meeting was held virtually via Microsoft Teams. Attendee introductions were done during <i>Partner Updates</i>, and virtual attendees were encouraged to put their contact information/organizational updates in the chat.</p>	
<p>Review and Approval of Minutes</p>	<p>The minutes from the last meeting on November 28, 2023, were reviewed by the Committee members in attendance. A motion was made to approve the minutes by Marjorie Y. and seconded by Witson F. The minutes were approved unanimously without corrections.</p>	
<p>Previous Action Item(s)</p>	<ul style="list-style-type: none"> • Continue timeline development for work plan activities (ongoing). • The following activities under Chronic Disease, p. 12, need to be completed by <i>September 30, 2024, the Elder Issues Committee will ...</i> <ul style="list-style-type: none"> ○ ... <i>organize a walk to encourage elder adults to increase physical activity.</i> ○ ... <i>partner with the Children Issues Committee to increase the percentage of adults who are at a healthy weight.</i> ○ ... <i>create a campaign to increase awareness of physical activity (e.g., Parks305).</i> ○ ... <i>create a map with identified underserved areas.</i> • The intergenerational walk event originally planned for Saturday, January 13th, 2024, had to be postponed in mid-December due to scheduling conflicts with Miami-Dade Parks, Recreation and Open Spaces (MDPROS) at their Deerwood Bonita Lakes Park location. The walk event is meant to encourage physical activity for older adults in collaboration with the Consortium's Children Issues Committee (CIC) so that children and their families can participate as well. Prior to today's meeting, in mid-January, MDPROS contact and EIC member, Allan Tavss, Active Older Adults Program Coordinator suggested an alternate park site, Arcola Lakes Park, located at 1301 NW 83 Street, Miami, FL 33147 in Liberty City area, and the new planned date is Saturday, April 6th, 2024, from 10AM-12PM. MDPROS will be the host for walk event which will feature a health and wellness fair. There will be 8-10 tables inside the park office for participating community partner organizations to provide health resources and program service information to 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • Pending final approval of Walk event flyer by MDPROS and DOH.

	<p>attendees. This alternate park was selected because it is also near some of the 16 zip codes in the north found to have a combination of the highest percentages of underserved, of individuals ages 65 years or older, who are not physically active. The other health indicators considered to help identify the zip codes of interest included physical inactivity, obesity, living less than a 10-minute walk from a park, and living under the poverty level. Additionally, the Arcola Lakes Park is close to Arcola Lakes Senior Center which is one of MDPROS sites that offers Active Older Adults programs which provide fitness, leisure, and social activities for adults 55 and older.</p> <ul style="list-style-type: none"> • Shared onscreen, the draft of the event flyer, “Walk for Your Health in 2024” which is pending final approval from DOH. It features the participating partner organization logos that were previously provided. The walk and health fair flyer will be used to promote the event as part of the campaign to increase awareness of physical activity, the health benefits of regular physical activity, and promote the County’s parks and programs. Member, Doug Bermudez, said he would help promote the event by posting the flyer locally at the Miami-Dade Transit Golden Passport Office. 	
<p>Executive Board (EB) Update</p>	<p>Vice-Chair, Susan H. provided the updates from EB 1/8/24 meeting, including:</p> <ul style="list-style-type: none"> • The Executive Board met virtually on Monday, January 8th, 2024. The Board has created its schedule for 2024 and will host virtual monthly meetings and meet in-person quarterly with a hybrid option available. • A friendly reminder, the Worksite Wellness committee still has a Chair vacancy. This is a great leadership opportunity for those who are interested in being a part of the Consortiums leadership. • The Board continues the conversation on COVID-19, health equity, and addressing the root causes of health. It was noted that COVID cases have started to increase again. Updates were shared on the CDC COVID-19 and Health Equity grant that currently the focus is the evaluation and sustainability components of each of the projects. Some of the initiatives like the food pantries completed in December but should be able to continue and sustain themselves as the processes have been implemented. 	

	<ul style="list-style-type: none"> A recap was provided on the 4th Annual Bounty of Health event, which was hosted on Friday, December 15th, 2023, at the West Perrine Health Center. During this event, we served <u>500 families</u>, distributed <u>600 backpacks</u> for kids and <u>8,034 pounds of food</u>. 	
Legislative Report	Vice-Chair, Susan H. explained that she was unable to get a legislative report to provide at today's meeting.	
Annual Review of the Elder Issues Committee's SWOT Analysis	<p>In lieu of a partner presentation, Vice-Chair, Susan H. led the annual review of the Committee's SWOT (Strengths, Weaknesses, Opportunities, Threats) analysis, as well as the resulting discussion. The SWOT analysis conducted initially in December 2020, and last reviewed annually on 1/31/2023, was reviewed and updated with comments made by members in attendance. M. Garcia captured comments made by attendees with regards to the strengths, weaknesses, opportunities, and threats for the EIC while screen sharing the SWOT analysis (included for the record on the last page at the end of these meeting minutes). The updated SWOT analysis was emailed to all EIC members after the meeting on 2/6/24.</p>	<p>Action Item(s):</p> <ul style="list-style-type: none"> Submit suggestion(s) for future presentations at Elder Issues Committee meetings via email to: marjiecealoni@gmail.com, susan.holtzman@miamidade.gov, & Mayra.Garcia@flhealth.gov.
Performance Measures in Need of Improvement (Work Plan Review)	<p>Vice-Chair, Susan H. led discussion on the following in the EIC Work Plan 2019-2024:</p> <ul style="list-style-type: none"> The following activity under <i>Injury, Safety, and Violence</i>, p. 20, needs to be completed by <i>September 30, 2024, there will be a presentation on emotional intelligence and the processing of emotions</i>. <ul style="list-style-type: none"> EIC Vice-Chair, Susan Holtzman, NAMI Miami, has arranged for Saliyha Webb to provide a presentation on this topic at the 4/30/2024 monthly meeting. 2024 in-person meetings are planned for 2/27, 5/28, 8/27, and 11/26/2024, and we are looking for partner organizations to be host sites. The Vi at Aventura has offered to host the 2/27 meeting. [Post-meeting note: on 2/2/24, Vivian Arias, host site contact person for Vi at Aventura sent email that they are unable to host the 2/27 EIC meeting due to misunderstanding on meeting date and scheduling conflicts.] The following EIC partner members have offered to host other meeting dates in 2024: Dennise Nicola, PACE/Miami Jewish Health for May 28th, Cindy 	<p>Action Item(s):</p> <ul style="list-style-type: none"> Continue discussion and planning for these activities at future EIC meetings

	<p>Brown, Jewish Community Services/Lambda Living program for August 27th, and Blanca Ceballos, United HomeCare confirmed for November 26th (with follow-up confirmation received via email after this meeting on 1/31/24).</p>	
<p>Recognition of Improved Performance</p>	<ul style="list-style-type: none"> • VITAS Healthcare presentation on hospice & palliative care on 11/28//23 • A total of 24 attendees at November's virtual meeting 	
<p>Partner Updates</p>	<ul style="list-style-type: none"> • Susan Holtzman, NAMI Miami-Dade, shared the 2024 Walk for Mental Health Awareness will be on Saturday, May 18th at Zoo Miami; register online. • Dennise Nicola, Senior Outreach Specialist, FL PACE Centers at Miami Jewish Health; DNicola@miamijewishhealth.org, 786-661-5644. • Kristen Guerin, Buddy System MIA, kristin@buddysystemmia.com. • Cindy Brown, JCS Lambda Living, cbrown@jcsfl.org, 305-403-6515; shared that they have in person and online programs & support groups for LGBTQ and older adults; calendar: https://jewishcommunityservicesofsouthflorida.wildapricot.org/. Also Section 8 Housing Choice Vouchers waiting list to open Feb. 2nd online: https://www.miamidade.gov/global/service.page?Mduid_service=ser1544821240699928. • Tara Auclair, United Way Miami, shared Veritage Miami food and wine fundraiser event on May 6th; more info online; also United Way Miami & AARP Legislative Summit focused on housing to be on May 15th at MDC North; stay tuned! • Doug Bermudez, Miami-Dade County Dept. of Transportation and Public Works will have 2024 Black History Tours on Feb. 10th and 24th at no cost, but space is limited; registration accepted on first-come, first-served basis; register online. • Louisenie Remy Roxcy Bolton Rape Treatment Center, shared January is Human Trafficking awareness month. • Serena Thompson, JCS Case Manager for LGBTQ+ Seniors (55 and older); sthompson@jcsfl.org. • Frances Garcia, Miami-Dade Fire Rescue, Community Assistance/Elder Links Coordinator. • Lisa Agate, Aetna Community Care-Multicultural Program, agatel@aetna.com. 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department of Health and community partners/organizations promoting health in Miami-Dade County; register to become a member for free online: https://www.healthymiamidade.org/membership/. • EIC members who are subject matter specialists in healthy lifestyles and health promoting topics for older adult population are asked to volunteer to submit written article and/or social media postings for 2023 calendar year; please confirm your interest, topic suggestions via email to liaison: Mayra.Garcia@FLHealth.gov. <i>Written submissions are due by 15th of month prior to publish month.</i>

**ELDER ISSUES COMMITTEE/
MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY**

Meeting Minutes
Tuesday, January 30, 2024
Microsoft Teams



	<ul style="list-style-type: none"> • Franchine Peters, Program Manager, Roxcy Bolton Rape Treatment Center, Jackson Health System, 305-585-5185. • Angie Fernandez, Community Outreach, Office of the State Attorney K.F. Rundle; fernang@miamisao.com; 305-547-0724; shared they have an upcoming Second Chance event. • Blanca Ceballos, United HomeCare, www.unitedhomecare.com; Customer Care Center 305-716-0710 open 9AM-5PM; also shared contact, Mario Tapia for Radio Program Para Mayores, mtapia@gerolatino.org. • Mayra Garcia, Community Liaison for the Elder Issues Committee (EIC)/Senior Community Health Nursing Supervisor, Office of Community Health & Planning, FL Department of Health in Miami-Dade County, Mayra.Garcia@FLHealth.gov. • Gloria Orlandi Kass, Alzheimer's Association, 24/7 Helpline: 800-272-3900 for care consultation, information, and referral. • Witson Faustin, Health Services Representative, Florida Dept. of Health in Miami-Dade, Office of Community Health & Planning; Witson.Faustin2@flhealth.gov. 	
Adjournment	Vice-Chair, Susan H. adjourned the meeting at 3:09 PM.	
Next Meeting	The next Elder Issues Committee meeting will be held in-person (with virtual join meeting option) on Tuesday, February 27, 2024, at 2:00 PM at host site (details to be shared next month).	

Elder Issues Committee SWOT Analysis (2020-2024)

Conducted 12/29/2020

Internal Origin	Strengths	Weaknesses
	<ul style="list-style-type: none"> • Number and variety of members and organizations they represent • Diversity of languages and industries • Partner presentations on monthly basis • Consortium for a Healthier Miami-Dade as a whole; good resource for community/clients • Reputation of the Consortium and members • Cohesive internal/external communication from DOH & Consortium ("single voice") • Consortium events and "ability to get word out." • Amazing reach with their own client base • Sharing a common vision & sense of belonging • Networking opportunities • We are all wanting to give-back to our community & improve health of older adults • Comprehensive Committee work plan • Partner introductions during monthly meetings • Have a consistently high rate of participation by members, and ongoing increased membership • Quarterly in-person monthly meetings hosted at quest organization sites (w/virtual join option) 	<ul style="list-style-type: none"> • Lack of sufficient representation from certain communities or areas (e.g., Diabetes or other specialty chronic diseases, or disabled populations of older adults) • Lack of representation from housing sector (e.g., County office, Mayor's office, low-income development industries, homeless organizations) • Length of Committee work plan can seem overwhelming to review and update over 5 years • Not using social media to share important info for older adults & other media (tv or radio) • Other existing task forces and work groups to represent older adults' needs, and/or those of us that are members are not reporting back on other groups and/or our own organizations • Crisis response and internal communication to members/providers in emergencies • Need to increase participation of members with expertise to share their knowledge via articles, presentations, social media submissions
External Origin	Opportunities	Threats
	<ul style="list-style-type: none"> • Raise awareness on housing crisis for older adults • Number of external community partners and organizations that bring a wealth of expertise, services, and opportunities for improvement • Expansion of membership and ongoing promotion of Consortium and Elder Issues Committee; we should be intentional on inviting new organizations • Target community partners missing as advocates for older adult population • Growth of reach and potential clients base • Share the Committee's purpose & values with others • Identify what is the value of being member for individuals and organizations/Clear articulation of our values and benefits of membership • Sharing of best practices specifically for helping to meet needs of older adults • Use social media to share important info for older adults • Create a shorter tool (one page) to summarize important issues from work plan • Form other partnerships with other organizations to enlist their help or use of services • Members could be a guest on the Latino Center on Aging (LCA) "Para Mayores" on La Poderosa 670 AM Spanish radio station 	<ul style="list-style-type: none"> • Still a lack of awareness about Consortium & Elder Issues Committee • Lack of awareness, adherence and availability of vaccinations (e.g., COVID-19, Mpox, flu, RSV, shingles, and other recommended for older adults) • Time commitment to Committee work versus own organization responsibilities if return to in-person meetings • Lack of representation from Mayor's office
<p>Annual Review – 01/25/2022 (note: December 2021 monthly meeting was cancelled due to holidays)</p> <p>Annual Review - 01/31/2023</p> <p>Annual Review – 01/30/2024</p>		