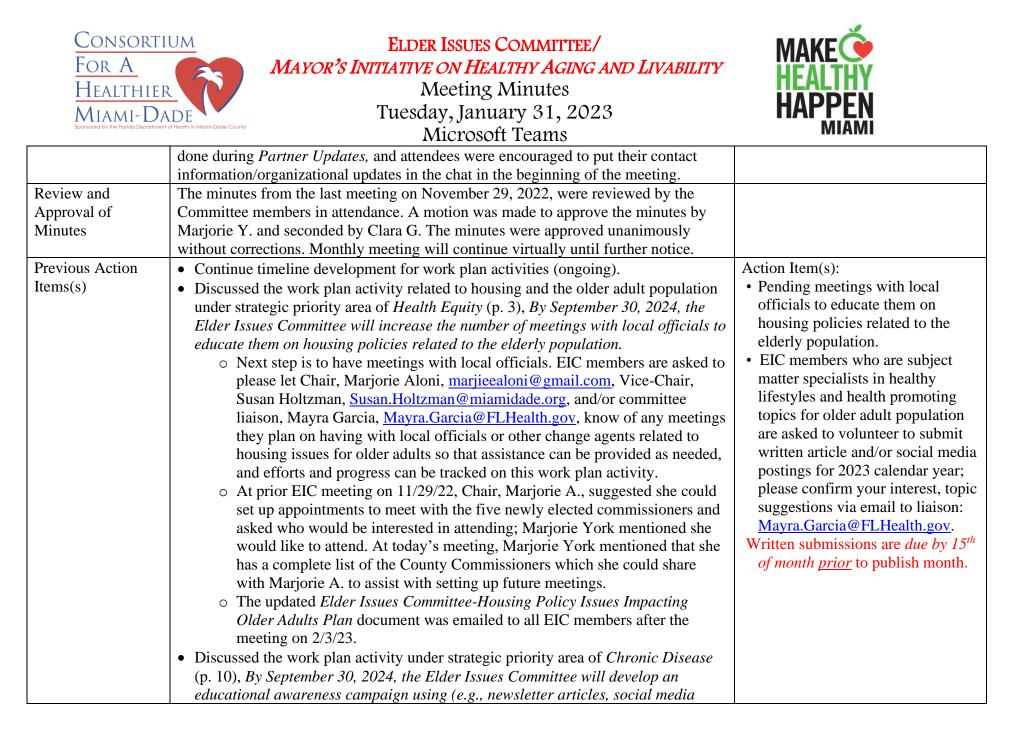


ELDER ISSUES COMMITTEE/ MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY

Meeting Minutes Tuesday, January 31, 2023 Microsoft Teams



TOPIC	DISCUSSION	ACTION NEEDED
Members/Attendees	1. Iris Aguilar, Florida International University	
	2. Tara Auclair, United Way Miami	
	3. Cindy Brown, JCS/Lambda Living	
	4. Magda Campoamor, Optum	
	5. Natalie Casales, Humana	
	6. Jessica Castillo, Humana	
	7. Rob Collins, HOPE, Inc.	
	8. Witson Faustin, Florida Department of Health in Miami-Dade County	
	9. Clara Garcia, United Way Miami	
	10. Frances Garcia, Miami-Dade Fire Rescue	
	11. Mayra Garcia, Florida Department of Health in Miami-Dade County	
	12. Maria Hidalgo, VITAS Healthcare	
	13. Lukas Holland, Cyber-Seniors	
	14. Susan O. Holtzman, Older Adult and Special Needs Advocate, Miami-Dade	
	County Office of the Mayor – Vice-Chair	
	15. Luisana Hung Salazar, Assistance to the Elderly, Inc	
	16. Dennise Nicola, PACE/Miami Jewish Health	
	17. Gloria Orlandi-Kass, Alzheimer's Association	
	18. Yarisleivy Silva Acosta, Miami-Dade AHEC	
	19. Stacey Silver, Mom's Meals	
	20. Jessica Soto, SAGE Miami Services for LGBTQ+ Elders	
	21. Michelle Varas, City of Miami	
	22. Melody Velez, United Healthcare	
	23. Marjorie York, Community Action Agency	
	*Presenter(s)	
Welcome and	In the place of Chair, Marjorie Aloni, who could not be present for the meeting,	
Introductions	Vice-Chair, Susan H. welcomed everyone and started the meeting at 2:00 PM.	
	The meeting was held virtually via Microsoft Teams due to the ongoing coronavirus	
	(COVID-19) situation. Vice-Chair, Susan H. provided general meeting guidelines for	
	attendees which were also placed in the meeting chat. Attendee introductions were	





ELDER ISSUES COMMITTEE/ MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY Meeting Minutes

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	Microsoft leams	
	 postings, recorded workshops) for the community on healthy lifestyles and health promoting environments. EIC members who are subject matter specialists in healthy lifestyles and health promoting topics for older adult population are asked to volunteer to submit written article and/or social media postings for 2023 calendar year. Please confirm your interest, topic suggestions via email to committee liaison, Mayra Garcia, Mayra.Garcia@FLHealth.gov. Written submissions are due by 15th of month prior to publish month. Discussed the work plan activity under strategic priority area of Health Equity (p. 2), By September 30, 2021, the Elder Issues Committee will conduct a SWOT analysis and review annually. At today's meeting, in lieu of a partner presentation, we will conduct a Committee SWOT analysis review. Discussion will include a review of the past and current strengths, weaknesses, opportunities, and potential threats to the Committee. The last annually reviewed Committee SWOT analysis from 1/25/22 was shared prior to today's meeting with the member listserv for preview and any feedback. 	
Executive Board Update	 Vice-Chair, Susan H. provided the updates from Executive Board 1/9/23 meeting: Consortium nominations and elections process in Nov-Dec 2022, as well as the results. The Executive Board Co-Chair nominations survey was conducted and closed on 1/16/23 for the purpose of having two Co-Chairs nominated from among the Consortium committees Chairs & Co-Chairs to lead the Executive Board. Updates were provided on the success of the food pantry initiative which so far this year in 2023 has been able to rescue approximately 12,000 meals. Discussed planning for the 20th Anniversary Consortium Annual Event. The consensus of the Board members was to host an outdoor in-person event this year during the end of October or early November to commemorate this important milestone. If you are interested in joining the Consortium Event Taskforce to assist with planning this event, please reach out to your liaison. Mrs. Weller provided a recap on the status of the Executive Board work plan's priority areas. She proposed to the Board if they would like to have a Committee 	



ELDER ISSUES COMMITTEE/

MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY

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	Microsoft Teams	
	Spotlight by each of the committees to present at one of the Board meetings to	
	provide a further update on the work the committee is doing and if they need	
	assistance or would like to cross-collaborate.	
Legislative Report	Vice-Chair, Susan H. provided a legislative report with updates which were later	
	emailed to EIC members on $2/7/23$.	
Annual Review of	Vice-Chair, Susan H. led the annual review of the Committee's SWOT (Strengths,	Action Item(s):
the Elder Issues	Weaknesses, Opportunities, Threats) analysis, as well as the resulting discussion. The	• Submit suggestion(s) for future
Committee's	SWOT analysis conducted initially in December 2020, and last reviewed annually on	presentations at Elder Issues
SWOT Analysis	1/25/2022, was reviewed and updated with comments made by members in	Committee meetings via email to:
	attendance. M. Garcia captured comments made by attendees with regards to the	marjieealoni@gmail.com,
	strengths, weaknesses, opportunities, and threats for the EIC while screen sharing the	susan.holtzman@miamidade.gov,
	SWOT analysis (included for the record on the last page at the end of these meeting	& Mayra.Garcia@flhealth.gov.
	minutes). The updated SWOT analysis was emailed to all EIC members after the	
	meeting on 2/3/23 (see image of annual SWOT review at end of these minutes).	
Performance	Vice-Chair, Susan H. led discussion on the following in the EIC Work Plan 2019-24:	Action Item(s):
Measures in Need	• By September 30, 2024, there will be a presentation on unintentional injuries	• EIC members are invited to share
of Improvement	(falls) and safety measures to prevent falls. (under Injury, Safety, and Violence, p.	information about the evidence-
(Work Plan	16).	based strategies they might know
Review)	 Sydney Hughes, Founder/CEO, Senior Proof to present on topic of falls prevention at EIC monthly meeting on 2/28/2023. 	of or use in their own organizations which prevent and
	• By September 30, 2024, the Elder Issues Committee will research evidence-based	reduce illness, injury, and death
	strategies that prevent and reduce illness, injury, and death related to	related to environmental factors
	environmental factors (e.g., Enhance Fitness). (under Injury, Safety, and Violence,	(e.g., <u>Enhance Fitness</u>).
	p. 16). Dennise Nicola, of Florida PACE Centers, mentioned that she could ask the	
	physical therapists at PACE/Miami Jewish Health to provide some related	
	information about their programming for older adults. On 2/3/23, in a follow-up	
	email, Dennise N. said that the FL PACE Centers focus on preventive services	
	including fall prevention, and shared the following educational video "Fall	
	Prevention Tips for Seniors" (1:05 minutes) created by team member, Dr. Suzana	
	Simoes, Doctor of Physical therapy and the Director of Rehabilitation Services for	



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	 PACE: <u>https://www.youtube.com/watch?v=-75UFCmcWpU&list=PLyHEIN2LlnCFvPdNcNCXDooDzMOyFZI64</u> Gloria Orlandi-Kass, Alzheimer's Association, mentioned that their workshop, <u><i>Healthy Living for Your Brain and Body</i></u>, covers lifestyle habits associated with healthy aging such as cognitive activity, exercise, good nutrition and social engagement. If you would like to take this educational program online, you can find it at: <u>alzprogramsanytime.org</u>. If you are interested in having this program presented in-person, or virtually to your organization or group, contact Gloria to schedule a presentation: <u>gorlandikass@alz.org</u>. Try using the online Alzheimer's Association and AARP <u>Community Resource Finder</u> to access resources, community programs and services. 	
Recognition of Improved Performance	 Equity & Engagement in Miami-Dade County presentation by Jason T. Smith, Mayor's Office on 11/29/2022. 26 attendees at November 2022 meeting 	
Partner Updates	 Jessica Soto, SAGE Miami Services for LGBTQ+ Elders, shared: our program offers financial assistance, care management and connections to resources for LGBTQ+ elders in Miami Dade; please reach out to me: Jsoto@sageusa.org. Cindy Brown, JCS Lambda Living, Cbrown@jcsfl.org, shared: New LGBTQ+ Caregiver Support Group 3rd Tuesday of the month at 2PM; call 800-272-3900 to register. Please share online virtual programming calendar https://jewishcommunityservicesofsouthflorida.wildapricot.org/. Lukas Holland shared: Cyber-Seniors is looking for local youth organizations to partner with on an upcoming paid grant project. If your org is interested in more info, please don't hesitate to reach out to me at <u>lukas@cyberseniors.org</u>. Rob Collins, Esq., HOPE, Inc., We fight housing discrimination, <u>rob@hopefhc.com</u>, 305-651-4673. Susan Holtzman, Older Adult & Special Needs Advocate, Miami-Dade County Office of Mayor Daniella Levine Cava, <u>Susan.holtzman@miamidade.gov</u>. Mayra Garcia, Florida Department of Health shared information and resource links for <i>February is American Heart Month</i> in the meeting chat, including https://www.cdc.gov/heartdisease/american_heart_month.htm. 	 Action Item(s): The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department of Health and community partners/organizations promoting health in Miami-Dade County; register to become a member for free online: <u>https://www.healthymiamidade.or</u> <u>g/membership/</u>. On 2/23/23, sent email with info about recommended vaccines (Mpox, COVID-19, flu and others) as per CDC and NHLBI, NIH to all EIC members.

CONSORTIUM FOR A HEALTHIER MIAMI-DADE Sponsored by the Florida Department of Health in Marri-Dade County		5	ELDER ISSUES MAYOR'S INITIATIVE ON HEA Meeting Tuesday, Janu Microso	<i>LT</i> M	<i>HY AGING AND LIVABILITY</i> inutes y 31, 2023	MAKE HEALTHY HAPPEN MIAMI
	AdjournmentVice-Chair, Susan H. had to leave the meeting at 3:08 PM for another commitment; Mayra Garcia adjourned the meeting at 3:10 PM after a few more partner updates.Next MeetingThe next Elder Issues Committee meeting will be held virtually on Tuesday, Februar 28, 2023, 2:00-3:00 PM via Microsoft Teams.					
	Opportunities • Number of external community partners and					Threats Still a lack of awareness about Consortium & Elder
	Elder Issues Committee SWOT Analysis (2020-2024) Conducted 12/29/2020			al Origin	 services, and opportunities for improvement Expansion of membership and ongoing promotion of Consortium and Elder Issues Committee Target community partners missing as advocates for older adult population Growth of reach and potential clients base 	 COVID-19 pandemic & vaccinations resistance and/or lack of info; all other vaccinations (e.g., Mpox, flu, shingles, etc. for older adults) In-person monthly Committee meetingsmay affect attendance rate negatively Time commitment to Committee work versus own
Internal Origin	Strengths • Number and variety of members and organizations they represent • Diversity of languages and industries • Partner presentations on monthly basis • Consortium for a Healthier Miami-Dade as a whole; good resource for community/clients • Reputation of the Consortium and members • Cohesive internal/external communication from DOH & Consortium ("single voice") • Consortium events and "ability to get word out." • Amazing reach with their own client base • Sharing a common vision & sense of belonging • Networking opportunities • We are all wanting to give-back to our community & improve health of older adults • Comprehensive Committee work plan • Partner introductions during monthly meetings • Have a consistently high rate of participation by members, and ongoing increased membership		 Weaknesses Lack of sufficient representation from certain communities or areas (e.g., Diabetes or other specialty chronic diseases, or disabled populations of older adults) Length of Committee work plan can seem overwhelming to review and update over 5 years Not using social media to share important info for older adults & other media (tv or radio) Other existing task forces and work groups to represent older adults' needs, and/or those of us that are members are not reporting back on other groups and/or our own organizations Crisis response and internal communication to members/providers in emergencies Need to increase participation of members with expertise to share their knowledge via articles, presentations, social media submissions 	1	 Share the Committee's purpose & values with others Identify what is the value of being member for individuals and organizations/Clear articulation of our values and benefits of membership Sharing of best practices specifically for helping to meet needs of older adults Use social media to share important info for older adults Create a shorter tool (one page) to summarize important issues from work plan Form other partnerships with other organizations to enlist their help or use of services Host in-person monthly meetings at guest organizations Members could be a guest on the Latino Center on Aging (LCA) "Para Mayores" on La Poderosa 670 AM Spanish radio station Annual Review - 01/25/2022 (note: December 2021 m Annual Review - 01/25/2022 	organization responsibilities if return to in-person meetings