

TOPIC	DISCUSSION	ACTION NEEDED
Members/Attendees	<ol style="list-style-type: none"> <li>1. Vivian Arias, AvMed</li> <li>2. Lisa Agate, Aetna</li> <li>3. Brittany Allen, Alliance for Aging, Inc.</li> <li>4. Daniel Brady, Brady and Associates</li> <li>5. Cindy Brown, JCS/Lambda Living</li> <li>6. Stephanie Butka, Vi at Aventura</li> <li>7. Magda Campoamor, Physician Marketing Consultant for Optum</li> <li>8. Witson Faustin, Florida Department of Health in Miami-Dade County</li> <li>9. Mariangelli "Angie" Fernandez, Miami-Dade State Attorney Office</li> <li>10. Daniela Flores, Sylvester Comprehensive Cancer Center-UM</li> <li>11. Trudy Gaillard, Florida International University</li> <li>12. Clara Garcia, United Way Miami</li> <li>13. Mayra Garcia, Florida Department of Health in Miami-Dade County</li> <li>14. Kristin Guerin, Buddy System MIA</li> <li>15. Bianca Montenegro, City of Miami Beach</li> <li>16. Kathryn Moore, Bay Oaks Retirement Residence</li> <li>17. Luis Moreno, Epilepsy Alliance Florida (HPDP member)</li> <li>18. Jason Neufeld, Elder Needs Law, PLLC - <i>Presenter</i></li> <li>19. Dennise Nicola, PACE/Miami Jewish Health</li> <li>20. Gloria Orlandi-Kass, Alzheimer's Association</li> <li>21. Franchine Peters, Roxcy Bolton Rape Treatment Center</li> <li>22. Louisenie Remy, Jackson Health Memorial</li> <li>23. Tami Robinson, StudentsCare</li> <li>24. Darlene Ross, Cano Health</li> <li>25. David Saltman, Florida International University (retired)</li> <li>26. Jessica Soto, SAGE Miami Services for LGBTQ+ Elders</li> <li>27. Allan Tavss, Miami-Dade County Parks, Recreation and Open Spaces</li> <li>28. Carmen Teixeira-Parry, Alliance for Aging, Inc.</li> <li>29. Marjorie York, Community Action Agency</li> </ol>	

<p>Welcome and Introductions</p>	<p>In the absence of Chair, Marjorie Aloni and Vice-Chair, Susan Holtzman, Mayra Garcia, Community Liaison, welcomed everyone and started the meeting at 2:05 PM. The meeting was held virtually via Microsoft Teams. Mayra G. provided general meeting guidelines for attendees which were also placed in the meeting chat. Attendee introductions were done during <i>Partner Updates</i>, and attendees were encouraged to put their contact information/organizational updates in the chat in the beginning of the meeting.</p>	
<p>Review and Approval of Minutes</p>	<p>The minutes from the last meeting on February 28, 2023, were reviewed by the Committee members in attendance. A motion was made to approve the minutes by Marjorie Y. and seconded by Mariangelli F. The minutes were approved unanimously without corrections. Monthly meeting will continue to be held virtually until further notice.</p>	
<p>Previous Action Items(s)</p>	<ul style="list-style-type: none"> <li>• Continue timeline development for work plan activities (ongoing).</li> <li>• Discussed the work plan activity related to housing and the older adult population under strategic priority area of <i>Health Equity</i> (p. 3), <i>By September 30, 2024, the Elder Issues Committee will increase the number of meetings with local officials to educate them on housing policies related to the elderly population.</i> <ul style="list-style-type: none"> <li>○ Next steps: meetings with local officials. EIC members are asked to please let Chair, Marjorie Aloni, <a href="mailto:marjiecealoni@gmail.com">marjiecealoni@gmail.com</a>, Vice-Chair, Susan Holtzman, <a href="mailto:Susan.Holtzman@miamidade.org">Susan.Holtzman@miamidade.org</a>, and/or committee liaison, Mayra Garcia, <a href="mailto:Mayra.Garcia@FLHealth.gov">Mayra.Garcia@FLHealth.gov</a>, know of any meetings they plan on having with local officials or other change agents related to housing issues for older adults so that assistance can be provided as needed, and efforts and progress can be tracked on this work plan activity.</li> <li>○ Chair, Marjorie Aloni, to set up appointments to meet with the five newly elected commissioners and other interested members could attend, including Marjorie York who expressed interest in doing so. Marjorie Y. to share a complete list of the County Commissioners with Marjorie A. to assist with setting up future meetings.</li> <li>○ The updated <i>Elder Issues Committee-Housing Policy Issues Impacting Older Adults Plan</i> document was last emailed to members on 2/3/23.</li> </ul> </li> </ul>	<p>Action Item(s):</p> <ul style="list-style-type: none"> <li>• Pending meetings with local officials to educate them on housing policies related to the elderly population.</li> </ul>

	<ul style="list-style-type: none"> <li>• Consider hybrid schedule for monthly meetings                             <ul style="list-style-type: none"> <li>○ virtual with in-person once per quarter</li> <li>○ consider partner organizations as host-site for in-person</li> <li>○ In January 2023 meeting, Tara Auclair said United Way Miami would be happy to host a meeting</li> </ul> </li> </ul>	
Executive Board Update	Executive Board 3/13/23 meeting update was given from Chair, Marjorie A.'s notes: <ul style="list-style-type: none"> <li>• Consortium Co-chairs, Dr. Cristina Brito and Leyanee Perez, were re-elected.</li> <li>• Shared COVID-19 updates, including that community transmission is down and we are at the green level in Miami-Dade at the present time. Focus continues to be to promote boosters. We also want to be mindful of taking precautions when we get into the spring break holidays where we may see spikes.</li> <li>• The Healthy Equity Office has had great success with food pantries. Three more food pantries have opened, food donations are way up, and food insecurity now seems to be on top of people's thinking. However, there are still pantries struggling to keep food on shelves. While there is no food shortage, there is a need to figure out how to distribute the food donations. Baptist Kendall Hospital has pulled together an interfaith group to work with local pantries in the area. Biggest challenge for some pantries is the need for volunteers to pick up food donations. Working with students to see if they will be able to help with food pick up. March of Dimes in the NE area has opened a pop-up grocery store for expectant moms.</li> <li>• We continue to work via a subcommittee of the Executive Board to plan the Consortium's 20<sup>th</sup> Annual event. The site of the event is being considered based on location and site visits. The date for the event under consideration is November 3<sup>rd</sup> as well as possibly being an outside event. Duration would be half a day. There are plans to have a showcase of all the Consortium has been able to accomplish over the past 20 years.</li> <li>• Mayor Levine Cava has indicated that she wants to work on food insecurity, and recently held a roundtable with restaurants interested in investing 2% in food insecurity. A contribution of \$2 500 is being made to food rescue. The Mayor is pushing opportunities for corporate involvement and to involve the corporations in</li> </ul>	

	policy change discussion, and is doing a great job in bringing the corporates to the table with the food pantries.	
Legislative Report	Due to the absence of Vice-Chair, Susan H., a legislative report was not available.	
Presentation: <i>Medicaid Planning 101</i>	EIC member and partner, Jason Neufeld, Esq., Elder Needs Law, PLLC gave a 25-minute presentation on Medicaid planning. Jason is an elder law attorney who is primarily focuses on Medicaid planning to help his clients qualify/help receiving care at home or in a LTC facility. The firm also helps with general estate planning and probate matters. We are so thankful to Jason for taking the time to provide information about elder law and important Medicaid planning updates. With Jason Neufeld's consent, the Elder Law Medicaid-Planning 101 presentation slides and his contact information were emailed to all EIC members after the meeting on 3/29/23.	Action Item(s): Submit suggestion(s) for future presentations at Elder Issues Committee meetings via email to: <a href="mailto:marjeealoni@gmail.com">marjeealoni@gmail.com</a> , <a href="mailto:susan.holtzman@miamidade.gov">susan.holtzman@miamidade.gov</a> , & <a href="mailto:Mayra.Garcia@flhealth.gov">Mayra.Garcia@flhealth.gov</a> .
Performance Measures in Need of Improvement (Work Plan Review)	<p>Mayra G., Community Liaison, led discussion on the following in the EIC Work Plan 2019-2024:</p> <ul style="list-style-type: none"> <li>• The following activities under Chronic Disease, p. 12, need to be completed by <i>September 30, 2024, the Elder Issues Committee will ...</i> <ul style="list-style-type: none"> <li>○ ... <i>organize a walk to encourage elder adults to increase physical activity.</i></li> <li>○ ... <i>partner with the Children Issues Committee to increase the percentage of adults who are at a healthy weight.</i></li> <li>○ ... <i>create a campaign to increase awareness of physical activity (e.g., Parks305).</i></li> <li>○ ... <i>create a map with identified underserved areas.</i></li> <li>○ Mayra shared that the Florida Department of Health in Miami-Dade recently had a University of Miami, MD/MPH Candidate (Class of 2023), Douglas Sirutis, who completed an internship at the Office of Community Health &amp; Planning. The intern completed an assignment to identify Miami-Dade County zip codes with a combination of the highest percentages of underserved, elderly individuals ages 65 years or older, who are not physically active. During today's meeting, the indicators looked at to help identify the zip codes of interest, such as, physically inactive, obese, living less than a 10-minute walk from a park, and living under the poverty level,</li> </ul> </li> </ul>	Action Item(s): <ul style="list-style-type: none"> <li>• Continue discussion and planning for these activities at future EIC meetings</li> </ul>

were shared on-screen. The data compiled in an Excel document, a map created of the 16 zip codes with most identified need, and a summary document completed by the intern were also shared on-screen during the meeting, and emailed to all members after the meeting on 3/29/23. It was explained that all the indicators are in terms of percent of population falling under or exhibiting the indicator within each respective zip code: age 65 and older ([2020 US Census](#)), obesity and physical inactivity ([CDC Places](#) using BRFSS 2020 or 2019, Census 2010, and American Community Survey (ACS) 2015-2019), living within a 10 minute walk from a park ([Florida Tracking](#) using data from CDC Places), percentage of people age 65 and over living below the federal poverty level, as well as percentage of people living below the poverty level by race for the following races: Black or African American, Hispanic or Latino, American Indian or Alaska Native, Asian, two or more races, White, and White alone, not Hispanic or Latino. (2020 US Census using ACS 2015-2019). Excel was used to categorize all indicator percentages into quartiles for each zip code. Afterwards, 16 zip codes best representing a combination of the highest percentages of underserved, of elderly individuals, and of those who are not physically active were identified. The associated data of the 16 zip codes and a file with Miami-Dade County zip code geographic information were then uploaded to an online interface, Datawrapper, to create the map. This map and the 16 zip codes can be used to guide the planning of further work plan activities related to planning a walk to encourage physical activity, and create a campaign to raise awareness of the importance of physical activity.

- The EIC could partner with **Miami-Dade County Parks, Recreation and Open Spaces** with the assistance of EIC member, **Allan Tavss, Active Older Adults Program Coordinator**, Miami-Dade County Parks. The goal would be to promote park locations and programs in general, as well as identify parks and programming that correspond to the 16 underserved zip codes identified through the data analyzed for older adults.

<p>Recognition of Improved Performance</p>	<ul style="list-style-type: none"> <li>• Fall Prevention presentation on 2/28/23</li> <li>• 23 attendees at meeting in February 2023</li> </ul>	
<p>Partner Updates</p>	<ul style="list-style-type: none"> <li>• Franchine Peters, Program Manager, Roxcy Bolton Rape Treatment Center; offer free sexual assault services; provide prevention presentations at your organizations, civic groups, churches, etc.; have survivor support groups and free therapy services for survivors; yoga and art expression groups also provided; contact our Helpline for more information at 305-585-7273; <a href="mailto:Franchine.Peters@jhsMiami.org">Franchine.Peters@jhsMiami.org</a>, 305-585-5185.</li> <li>• Luis Moreno, Community Resource Specialist, Epilepsy Alliance Florida; <a href="mailto:LMoreno@eafla.org">LMoreno@eafla.org</a>; Epilepsy Education &amp; Awareness: <a href="https://drive.google.com/file/d/1IYEsxceZr9RaRsbUm-CyMtiJMiOSdLZi/view?usp=sharing">https://drive.google.com/file/d/1IYEsxceZr9RaRsbUm-CyMtiJMiOSdLZi/view?usp=sharing</a></li> <li>• Mariangelli (Angie) Fernandez, PIO Community Outreach Division, Office of the State Attorney Katherine Fernandez Rundle, <a href="http://www.miamisao.com">www.miamisao.com</a>, 305-547-0724, <a href="mailto:fernang@miamisao.com">fernang@miamisao.com</a>.</li> <li>• Lisa Agate, Aetna Community Care, <a href="mailto:agatel@aetna.com">agatel@aetna.com</a>.</li> <li>• Stephanie Butka, Business Developing Manager, Vi Living in Aventura, (Continued Care Retirement Community); <a href="mailto:sbutka@viliving.com">sbutka@viliving.com</a>, 305-206-1157, 305-692-4700.</li> <li>• Cindy Brown, Jewish Community Services, Lambda Living for LGBTQ Older Adults, <a href="mailto:cbrown@jcsfl.org">cbrown@jcsfl.org</a>, 305-403-6515.</li> <li>• Magda Campoamor, Physician Marketing Consultant, Optum/ WellMed Clinics in Miami-Dade and Broward; 305-205-5941; <a href="mailto:mcampoamor@wellmed.net">mcampoamor@wellmed.net</a>.</li> <li>• Jessica Soto, SAGE Miami Services for LGBTQ+ Elders, <a href="mailto:jsoto@sageusa.org">jsoto@sageusa.org</a>, 786-604-0082.</li> <li>• Vivian Arias, Community Outreach &amp; Retention Specialist, AvMed, <a href="mailto:vivian.arias@avmed.org">vivian.arias@avmed.org</a>, 305-671-0334; creating educational, informative and cultural events hosted virtually and in person at community centers, Senior living residences, provider offices and medical centers.</li> </ul>	<p>Action Item(s):</p> <ul style="list-style-type: none"> <li>• The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department of Health and community partners/organizations promoting health in Miami-Dade County; register to become a member for free online: <a href="https://www.healthymiamidade.org/membership/">https://www.healthymiamidade.org/membership/</a>.</li> <li>• EIC members who are subject matter specialists in healthy lifestyles and health promoting topics for older adult population are asked to volunteer to submit written article and/or social media postings for 2023 calendar year; please confirm your interest, topic suggestions via email to liaison: <a href="mailto:Mayra.Garcia@FLHealth.gov">Mayra.Garcia@FLHealth.gov</a>. <i>Written submissions are due by 15<sup>th</sup> of month prior to publish month.</i></li> </ul>



- Jason Neufeld, Esq, Elder Law, Medicaid Planning, Estate Planning & Probate, Elder Needs Law, PLLC, [jason@elderneedslaw.com](mailto:jason@elderneedslaw.com) (please cc, [scheduling@elderneedslaw.com](mailto:scheduling@elderneedslaw.com)); practical informational videos available on YouTube: <https://www.youtube.com/@elderneedslaw>.
- Kristin Guerin, Buddy System MIA, [kristin@buddysystemmia.com](mailto:kristin@buddysystemmia.com).
- Gloria Orlandi-Kass, Alzheimer's Association, [gorlandikass@alz.org](mailto:gorlandikass@alz.org); Alzheimer's Association 24/7 Helpline: 800-272-3900.
- Louisenie Remy, Community Health Educator, [Louisenie.remy@jhsmiami.org](mailto:Louisenie.remy@jhsmiami.org), Jackson Health System/Roxcy Bolton Rape Treatment Center.
- Kathryn Moore, Administrator, Bay Oaks Historic Retirement Residence, [BayOaksMiami.com](http://BayOaksMiami.com).
- Mayra Garcia, Community Liaison for the Elder Issues Committee (EIC)/Senior Community Health Nursing Supervisor, Office of Community Health & Planning for the Florida Department of Health in Miami-Dade County, [Mayra.Garcia@FLHealth.gov](mailto:Mayra.Garcia@FLHealth.gov); invited everyone to please complete, share and encourage your colleagues, clients, and partners to complete the quick *2023 Public Health Concerns Survey* to provide feedback and responses from the community and partners to help determine the priorities/concerns in the zip codes and neighborhoods in Miami-Dade County; it takes 3-5 minutes: **Community Survey Link:** [https://www.surveymonkey.com/r/2023\\_PublicHealthConcerns\\_Survey](https://www.surveymonkey.com/r/2023_PublicHealthConcerns_Survey).
- Witson Faustin, Health Services Representative, Office of Community Health and Planning, Florida Department of Health in Miami-Dade County, [Witson.Faustin@flhealth.gov](mailto:Witson.Faustin@flhealth.gov), 786-732-8863; announced the new health education classes, *Journey to Wellness-A Health Equity Series* which are designed with a health equity lens and based off the current health indicators, and aims to improve overall health by focusing on healthy lifestyles to help reduce the incidence of overweight/obesity and chronic disease; free series consists of five classes that can be taught as a series, or as individual lessons, of 30 minutes to an hour in length; for more information or to schedule classes: [Witson.Faustin2@flhealth.gov](mailto:Witson.Faustin2@flhealth.gov).

	<ul style="list-style-type: none"> <li>• Dennise Nicola, Senior Sales Specialist, FL PACE Centers, 786-661-5644, <a href="mailto:DNicola@MiamiJewishHealth.org">DNicola@MiamiJewishHealth.org</a>; covers Miami-Dade &amp; Broward County, funded by Medicaid, with program goal to provide resources to seniors to keep them at home safely.</li> <li>• Brittany Allen, Grant Writer, Alliance for Aging, <a href="mailto:allenb@allianceforaging.org">allenb@allianceforaging.org</a>; announced the Alliance is conducting their 2023 Community Needs Assessment and provided the trilingual online Age Friendly needs survey links: English: <a href="https://www.surveymonkey.com/r/AgeFriendlyHCSE">https://www.surveymonkey.com/r/AgeFriendlyHCSE</a>, Spanish: <a href="https://es.surveymonkey.com/r/EncuestaEdad">https://es.surveymonkey.com/r/EncuestaEdad</a> Haitian Creole: <a href="https://fr.surveymonkey.com/r/SONDAJ">https://fr.surveymonkey.com/r/SONDAJ</a>.</li> <li>• Marjorie York announced an upcoming Earth Day Celebration at the Miami Beach Botanical Garden on April 22<sup>nd</sup>, 2023, 9AM to 5PM.</li> </ul>	
Adjournment	Mayra G. adjourned the meeting at 3:10 PM.	
Next Meeting	The next Elder Issues Committee meeting will be held virtually on Tuesday, April 25 <sup>th</sup> , 2023, 2:00-3:00 PM via Microsoft Teams.	