CONSORTIUM For A Healthier Miami-Dade

ELDER ISSUES COMMITTEE/ MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY

> Meeting Minutes Tuesday, May 28, 2024



""Hosted at Miami Jewish Health (Microsoft Teams option)

TOPIC	DISCUSSION	ACTION NEEDED
Members/Attendees	1. Cindy Brown, JCS/Lambda Living*	
(*attended virtually)	2. Martine Charles, Alliance for Aging, Inc.*	
	3. Brianna Diaz, PACE/Miami Jewish Health - Guest	
	4. Nattaliah Earle, Urban Health Partnerships	
	5. Witson Faustin, Florida Department of Health in Miami-Dade County	
	6. Frances Garcia, Miami-Dade Fire Rescue*	
	7. Mayra Garcia, Florida Department of Health in Miami-Dade County	
	8. Susan O. Holtzman, NAMI Miami – Vice-Chair	
	9. Brenda Lampon, Miami Dade County Office of the Mayor	
	10. Maricarmen Lopez, Algo Nuevo Foundation*	
	11. Jesus E. Medina, Midway Specialty Care Center*	
	12. Dennise Nicola, PACE/Miami Jewish Health - Host & Presenter	
	13. Roslyn Parker, Uniper TV - Guest	
	14. Lucy Pena, My Psychiatrist*	
	15. Dayamyra Perez Fernandez, Florida Department of Health in Miami-Dade*	
	16. Franchine Peters, Roxcy Bolton Rape Treatment Center*	
	17. Louisenie Remy, Jackson Health Roxcy Bolton Rape Treatment Center*	
	18. Lymari Rivera, Mount Sinai Medical Center Eldercare (PACE)*	
	19. Eddie (Eduardo) Sanchez, United Way Miami*	
	20. Stacey Silver, Mom's Meals*	
	21. Marilyn Socarras, NAMI Miami-Dade*	
	22. Allan Tavss, Miami-Dade County Parks, Recreation and Open Spaces*	
	23. Serena Thompson, Jewish Community Services*	
	24. Laurie Varona, Florida Department of Health in Miami-Dade County*	
	25. Melody Velez, United Healthcare*	
	26. Patricia Vila, Patty Vila Media*	
	27. Marjorie York, Community Action Agency* (called in)	
Welcome and	Vice-Chair, Susan Holtzman welcomed everyone and started the meeting at 2:05	
Introductions	PM. Chair, Marjorie Aloni was not present due to unexpected circumstances. The	
	meeting was held at host site, Miami Jewish Health (Ruby Auditorium), located at	

Intercenting with the S         MIAMI-DADE       Tuesday, May 28, 2024         Sportured by the Pool Department of Health Intervision County       Hosted at Miami Jewish Health (Microsoft Teams option)         5200 NE 2 Avenue, Miami, FL, 33137, with an option to join virtually via Microsoft	
Teams for those unable to attend in person. Vice-Chair, Susan H. provided general meeting guidelines for attendees which were also placed in the meeting chat, and	
facilitated the agenda. Attendee introductions were done during Partner Updates,	
and virtual attendees were encouraged to put their contact information and organizational updates in the chat.	
Review and The minutes from the last meeting on April 30, 2024, were reviewed by the	
Approval of Minutes Committee members in attendance. A motion was made to approve the minutes by	
Dennise N. and seconded by Witson F. The minutes were approved unanimously without corrections.	
Previous Action       • Continue timeline development for work plan activities (ongoing).	
Items(s) • The following activity under <i>Injury, Safety, and Violence</i> , p. 20, needs to be	
completed by September 30, 2024, there will be a presentation on emotional	
<i>intelligence and the processing of emotions</i> . NAMI Miami-Dade presented on this topic on 4/30/24.	
Executive Board         Vice-Chair, Susan H. provided the updates from Executive Board 5/13/24 meeting:	
(EB) Update • The Executive Board met virtually on Monday, May 13 <sup>th</sup> , 2024.	
<ul> <li>Updates were shared on the topic of food insecurity, the Mayor's Initiative on Food and Nutrition will be hosting their next in-person meeting on Friday, May</li> </ul>	
24th, 2024. Other updates on this topic were shared on the food insecurity	
screening questions asked through the Healthy Hub at West Kendall Baptist	
Hospital. They continue to see an increase for food insecurity in our	
<ul><li>community.</li><li>The Board continues the conversation on COVID-19, health equity, and</li></ul>	
addressing the root causes of health. Updates were shared on the CDC COVID-	
19 and Health Equity grant. A no cost extension was received for one year to	
complete projects that were delayed due to contracting. Currently the focus continues to be with evaluation and sustainability components of each of the	
projects.	

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Presentation: Aging in Place: Growing Older at Home	<ul> <li>The importance of funding was discussed especially once the funding is completed; how does a project continue to sustain its efforts in the community was discussed. The Board will continue to look and share funding opportunities with the committees.</li> <li>Save the Date for the MAPP Kick-off Community Partner Assessment Meeting that will be hosted on Thursday, May 30th, 2024, from 8 a.m. to 3 p.m. at the Firefighter's Memorial Building. <u>Registration</u> is now open. Please share event with your partner networks. (Flyer copies were provided to today's EIC meeting attendees.)</li> </ul>	Action Item(s): Submit suggestion(s) for future presentations at Elder Issues Committee meetings via email to: marjieealoni@gmail.com, Susan.Holtzman@namimiami.org , & Mayra.Garcia@flhealth.gov.

CONSORTIUN FOR A HEALTHIER MIAMI-DADE Sponsored by the Florida Department of Healt	MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY Meeting Minutes Tuesday, May 28, 2024 Hosted at Miami Jewish Health (Microsoft Teams option)	MAKE HEALTHY HAPPEN MIAMI
Performance Measures in Need of Improvement (Work Plan Review)	<ul> <li>Business Development Manager, (786) 661-5644, <u>Dnicola@miamijewishhealth.org</u> or visit <u>www.FloridaPACECenters.org</u>. With the consent of the presenter, the presentation was shared with all EIC members in a follow-up email on 5/31/24.</li> <li>Vice-Chair, Susan H. led discussion on the following in the EIC Work Plan 2019-2024:</li> <li>The following activity and related measures under <i>Maternal Child Health</i>, p. 15, needs to be completed <i>by September 30, 2024, the Elder Issues Committee will identify and collect data that is available on providing familial and generational support</i>.</li> <li>Was data identified and collected? The following possible data sources and missing/potential partners were discussed during today's meeting:</li> <li>2024 Miami-Dade Age-Friendly Community Survey - Nattaliah Earle, UHP, shared that this new community survey for adults 50+ years of age is currently underway and there is a question on this topic which could yield data related to intergenerational households that include older adults (e.g., grandparents).</li> <li>U.S. Census - Susan H. suggested this could be a source of data related to the percentage of older adults living with or raising grandchildren.</li> <li>Miami-Dade Public Schools have data on households with school age children living with grandparents; Brenda Lampon with Miami-Dade County Office of Mayor said that she has a contact with MDPS that she could reach out to for this.</li> <li>Did the EIC increase the awareness among households with grandparents to</li> </ul>	Action Item(s): • Members can share this link to invite partners to join the Consortium for a Healthier Miami-Dade's Elder Issues Committee by registering for free online: https://www.healthymiamidade.or g/membership/.
	<ul> <li>inform them of local community resources?</li> <li>Mayra G. regularly shares local community resources and events for children, families and older adults via emails to EIC members.</li> <li>Dennise Nicola, Florida PACE, expressed that libraries can be a resource for grandparents/children.</li> <li>The following activity under <i>Communicable Diseases &amp; Emergent Threats</i>, p. 20, needs to be completed by <i>September 30, 2024, the Elder Issues Committee will invite partners (e.g., local pharmacies) to join and support their efforts to</i></li> </ul>	

CONSORTIUM FOR A HEALTHIER MIAMI-DADE Sporsored by the Plotida Department of Health in M	ELDER ISSUES COMMITTEE/ MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY Meeting Minutes Tuesday, May 28, 2024	MAKE HEALTHY HAPPEN MIAMI
Recognition of Improved Performance•Partner Updates•	April meeting.	Action Item(s):
	<ul> <li>Midway Specialty Care Center, Infectious Disease Specialist and pharmacy; jmedina@midwaycare.org.</li> <li>Cindy Brown, Jewish Community Services Lambda Living program, cbrown@jcsfl.org, 305-403-6515; www.jcsfl.org; shared that they have in person and online programs &amp; support groups for LGBTQ and older adults; calendar: https://jewishcommunityservicesofsouthflorida.wildapricot.org/; call Access Line to send referrals 305-576-6550.</li> <li>Frances Garcia, Miami-Dade Fire Rescue, Community Assistance/Elder-Links Program, https://www.miamidade.gov/global/service.page?Mduid_service=ser1632949586 364731.</li> <li>Laurie Varona, Senior Health Educator, Tobacco Prevention Program; assists with multiunit housing to become "smoke-free," Laurie.Varona@flhealth.gov.</li> <li>Louisenie Remy, louisenie.remy@jhsmiami.org 24/7 Helpline: 305-585-7273.</li> <li>Lymari Rivera, Mount Sinai Eldercare PACE, Lymari.rivera@msmc.com, 954- 709-1291.</li> <li>Martine Charles, Alliance for Aging, Inc., charlesm@allianceforaging.org; invited everyone to <u>New Face of Aging Annual Conference</u> on May 30<sup>th</sup> in Coral Gables; for info on older adult programs, email <u>Programs@AllianceforAging.org</u>.</li> <li>Maricarmen Lopez, Algo Nuevo, www.algonuevofoundation.com, info@algonuevofoundation.com, 786-525-9185; music therapy for seniors. Marilyn Socarras, NAMI Miami-Dade, marilyn@namimiami.org.</li> </ul>	<ul> <li>The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department of Health and community partners/organizations promoting health in Miami-Dade County; register to become a member for free online: <u>https://www.healthymiamidade.or g/membership/</u>.</li> <li>EIC members who are subject matter specialists in healthy lifestyles and health promoting topics for older adult population are asked to volunteer to submit written article and/or social media postings for 2023 calendar year; please confirm your interest, topic suggestions via email to liaison: <u>Mayra.Garcia@FLHealth.gov</u>.</li> </ul>

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	<ul> <li>Mayra Garcia, Community Liaison for the Elder Issues Committee (EIC), DOH-Miami-Dade Community Health &amp; Planning, Mayra.Garcia@FLHealth.gov.</li> <li>Nattaliah Earle, Miami-Dade Age-Friendly Initiative, Nattaliah@urbanhp.org, 786-412-0469; shared updates related to two recent age-friendly events on May 15<sup>th</sup> at Miami-Dade College North Campus which were supported by representatives from MDAFI lead agencies including EIC members: Urban Health Partnerships <i>Activating Age-Friendly Communities: Policy &amp; Collaboration</i> event &amp; older adult community survey launch, which was followed by AARP FL &amp; United Way of Miami <i>Aging With Dignity &amp; Public Health Policy: Housing</i> event; EIC members (50+ years of age)are invited to take and share the survey link to the 2024 Age-Friendly Community Survey. (Post-meeting note: on 5/31/24, a meeting f/u email with the survey link was sent to EIC members.)</li> <li>Susan Holtzman, NAMI Miami, shared that NAMI's <u>Walk for Mental Health Awareness</u> on Saturday, May 18<sup>th</sup> at Zoo Miami was a success; NAMI Helpline 305-665-2540 (9AM-5PM).</li> <li>Marjorie York shared an upcoming event on Friday, June 7<sup>th</sup> to kick off Pride Month in Miami Beach, and announced that the Sunflower Society will be offering 9-weeks of free summer art classes for children on Tuesdays starting on June 11<sup>th</sup> from 10AM-12PM at the Miami Beach Botanical Garden.</li> <li>Angelique Suarez, Senior Tech Connect; www.srtechconnect.org; provide tech training for older adults on computer, tablets, and i-phones; also, an Alzheimer's Association volunteer.</li> <li>Monica Gonzalez, Art Foundation for People with Disabilities, offers classes for children to older adults in art and theatre, info@artfoundation-x-pwd.com, 305-330-1546.</li> </ul>	
Adjournment Next Meeting	Vice-Chair, Susan H. adjourned the meeting at 3:37 PM. The next Elder Issues Committee meeting will be held virtually on Tuesday, June	
	25, 2024, at 2:00 PM via Microsoft Teams.	