



**ELDER ISSUES COMMITTEE/
MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY**

Meeting Minutes
Tuesday, May 30, 2023
Microsoft Teams



TOPIC	DISCUSSION	ACTION NEEDED
Members/Attendees	<ol style="list-style-type: none"> 1. Lisa Agate, Aetna 2. Brittany Allen, Alliance for Aging, Inc. 3. Marjorie Aloni, Tri County Senior Resource Referral Network – <i>Chair</i> 4. Daniel Brady, Brady and Associates 5. Stephanie Butka, Vi at Aventura 6. Sherry Capers, Miami-Dade County, Dept. of Emergency Management – <i>Guest of Presenter</i> 7. Rebeca Capogreco, WellMed Charitable Foundation 8. Aleyda Chavez, Senior Helpers 9. Witson Faustin, Florida Department of Health in Miami-Dade County 10. Mariangelli “Angie” Fernandez, Miami-Dade State Attorney Office 11. Clara Garcia, United Way Miami 12. Frances Garcia, Miami-Dade Fire Rescue 13. Mayra Garcia, Florida Department of Health in Miami-Dade County 14. Dawn Gardier, Florida International University - <i>Guest</i> 15. Marries Gomez, 24/7 Nursing Care 16. Luisana Hung Salazar, Assistance to the Elderly, Inc 17. Yvette Martinez, AARP 18. Bianca Montenegro, City of Miami Beach 19. Lucy Pena, My Psychiatrist 20. Franchine Peters, Roxcy Bolton Rape Treatment Center 21. Lauren Quiros, My Psychiatrist 22. Tami Robinson, StudentsCare 23. David Saltman, Florida International University (retired) 24. Jessica Soto, SAGE Miami Services for LGBTQ+ Elders 25. Jesse P. Spearo, Miami-Dade County, Dept. of Emergency Management – <i>Guest/Presenter</i> 26. Allan Tavss, Miami-Dade County Parks, Recreation and Open Spaces 27. Marjorie York, Community Action Agency 	

<p>Welcome and Introductions</p>	<p>Chair, Marjorie Aloni welcomed everyone and started the meeting at 2:00 PM. Vice-Chair, Susan H. was not able to attend the meeting. The meeting was held virtually via Microsoft Teams. Chair, Marjorie A. provided general meeting guidelines for attendees which were also placed in the meeting chat, and she announced that May is mental health month. She also explained that although the Vice-Chair, Susan H. could not be at today's meeting, she wanted to congratulate her for her new position as CEO at NAMI. Attendee introductions were done during <i>Partner Updates</i>, and attendees were encouraged to put their contact information/organizational updates in the chat in the beginning of the meeting.</p>	
<p>Review and Approval of Minutes</p>	<p>The minutes from the last meeting on March 28, 2023, were reviewed by the Committee members in attendance. A motion was made to approve the minutes by Angie F. and seconded by Aleyda C. The minutes were approved unanimously without corrections. Monthly meeting will continue to be held virtually until further notice.</p>	
<p>Previous Action Items(s)</p>	<ul style="list-style-type: none"> • Continue timeline development for work plan activities (ongoing). • Discussed the work plan activity related to housing and the older adult population under strategic priority area of <i>Health Equity</i> (p. 3), <i>By September 30, 2024, the Elder Issues Committee will increase the number of meetings with local officials to educate them on housing policies related to the elderly population.</i> <ul style="list-style-type: none"> ○ Next steps: meetings with local officials. EIC members are asked to please let Chair, Marjorie Aloni, marjiecealoni@gmail.com, 305-766-2976, and/or committee liaison, Mayra Garcia, Mayra.Garcia@FLHealth.gov, know of any meetings they plan on having with local officials or other change agents related to housing issues for older adults so that assistance can be provided as needed, and efforts and progress can be tracked on this work plan activity. ○ Chair, Marjorie Aloni, has written to the five new Commissioners requesting to meet with them, and is waiting to hear back. EIC members who are interested in joining in on these meetings, please let Marjorie, and/or Mayra know. In the past, Marjorie York expressed interest in doing so. 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • Pending meetings with local officials to educate them on housing policies related to the elderly population.

	<ul style="list-style-type: none"> ○ The updated <i>Elder Issues Committee-Housing Policy Issues Impacting Older Adults Plan</i> document was last emailed to members on 2/3/23. After today's meeting, on 5/31/23, this document with updates was emailed to members as follow-up. ● Plans for hybrid schedule for monthly meetings <ul style="list-style-type: none"> ○ virtual with in-person once per quarter ○ partner organizations could host the in-person meetings ○ Alliance for Aging has agreed to host the August 29, 2023, as an in-person meeting at their Doral location, and will be providing the partner presentation as well. We are planning to have an option to join virtually for those members who are unable to attend in person. ○ In January 2023 meeting, Tara Auclair said United Way Miami would also be happy to host a future meeting (TBD). 	
<p>Executive Board Update</p>	<p>Chair, Marjorie A. provided the updates from Executive Board 5/8/23 meeting:</p> <ul style="list-style-type: none"> ● Shared COVID-19 updates, including that community transmission is down and we are at the green level in Miami-Dade at the present time. ● May 16-18th, 2023, the CDC conducted site visit with the Florida Department of Health in Miami-Dade County for the Healthy Equity projects going on. The CDC project officers heard from the Florida Department of Health, the Health Equity Advisory Committee, and Consortium's Executive Committee. We discussed the ongoing projects and successes that have taken place under the CDC grant, as well as the partnerships that support the work being done in our community. ● The first day of the site visit was at West Perrine Health Center, and on May 17th, from 9AM to 4PM, the CDC attended the <i>Impacting the Quality of Life in Miami-Dade</i> Partner Showcase at the University of Miami Lakeside Expo Center in Coral Gables. During the Showcase everyone was able to meet a lot of the new partners. The site visit and meetings went very well, and the CDC was very impressed with us. 	

	<ul style="list-style-type: none"> • On May 21st, West Kendall Baptist Hospital hosted their annual water safety splash day. The event promoted safe water practices, and they were able to raffle off swimming lesson scholarships for the children, so it was very nice. • We continue to work via a subcommittee of the Executive Board to plan the Consortium's 20th Annual event. Finalization of contracts are pending on two possible sites; the date will either be November 3rd or October 20th. An outside event venue with covering has been considered, and duration would be half a day. There are plans to have a showcase of all the Consortium has been able to accomplish over the past 20 years. We need everyone's help in securing sponsorships for the event. If interested, members can join the planning subcommittee to help plan the event; please let Marjorie know if so. • On May 20th, there was a county-wide children's youth summit and resource fair held at FIU College of Law in Miami; the event reached 200 students ages 13-18. The conference was organized with Together for Children, which is made-up of a coalition of organizations tackling youth violence. The target number of children were reached by the event. 	
Legislative Report	Chair, Marjorie A. explained that Vice-Chair, Susan H. did not have time to prepare a legislative report, so updates will be postponed until the next meeting.	
Presentation: <i>Hurricane Preparedness</i>	Jesse P. Spearo, PhD, Assistant Director of Miami-Dade County's Department of Emergency Management, gave a 15-minute presentation on Hurricane Preparedness for Older Adults and the Disabled, and the EEAP, or the Emergency & Evacuation Assistance Program. After his presentation, Dr. Spearo invited his colleague, Sherry Capers to join in on responding to questions from attendees. With Dr. Spearo's consent, the Hurricane Preparedness presentation slides and his contact information were emailed to all EIC members after the meeting on 5/31/23.	Action Item(s): Submit suggestion(s) for future presentations at Elder Issues Committee meetings via email to: marjeealoni@gmail.com , susan.holtzman@namimiami.org , & Mayra.Garcia@flhealth.gov .
Performance Measures in Need of Improvement (Work Plan Review)	Chair, Marjorie A. led discussion on the following in the EIC Work Plan 2019-2024: <ul style="list-style-type: none"> • The following activities under Chronic Disease, p. 12, need to be completed by <i>September 30, 2024, the Elder Issues Committee will ...</i> <ul style="list-style-type: none"> ○ ... <i>organize a walk to encourage elder adults to increase physical activity.</i> 	Action Item(s): <ul style="list-style-type: none"> • Continue discussion and planning for these activities at future EIC meetings

- ... partner with the Children Issues Committee to increase the percentage of adults who are at a healthy weight.
- ... create a campaign to increase awareness of physical activity (e.g., Parks305).
- ... create a map with identified underserved areas.
- Marjie shared the following updates for these activities:
 - We have proposed to do an intergenerational walk to increase physical activity in older adults and collaborate with the Consortium's Children Issues Committee (CIC) to include children and their families as well. Please let Marjie or Mayra know if you would like to be involved in planning this activity.
 - Earlier this year in March, a University of Miami, MD/MPH Candidate (Class of 2023), Douglas Sirutis, as part of his internship assignment with the Office of Community Health & Planning at the Florida Department of Health, completed a review of health indicators related to physical activity and the older adult population in Miami-Dade County by zip codes. 16 zip codes were found to have a combination of the highest percentages of underserved, of individuals ages 65 years or older, who are not physically active. During today's meeting, the indicators looked at to help identify the zip codes of interest, such as, physically inactive, obese, living less than a 10-minute walk from a park, and living under the poverty level, were shared on-screen. The data compiled in an Excel document, a map created of the 16 zip codes with most identified need, and a summary document completed by the intern were shared on-screen during the EIC meeting in March, and later emailed to all members on 3/29/23, prior to this May meeting, and most recently on 5/31/23 as follow-up to today's meeting. Prior to today's meeting, EIC member, Allan Tavss, Active Older Adults Program Coordinator with Miami-Dade County Parks, Recreation and Open Spaces (MDPROS), along with Chair of the CIC, Cristina Brito, West Kendall Baptist Hospital, reviewed the 16 identified zip codes of need to assist with selection of a MDPROS park site in one of the zip

	<p>codes. Deerwood Bonita Lakes Park, located at 14445 SW 122nd Avenue in Miami, was chosen since it is one of the County park sites that offers Active Older Adults programs which provide fitness, leisure, and social activities for adults 55 and older. campaign to raise awareness of the importance of physical activity.</p> <ul style="list-style-type: none"> ○ For the walk, we are considering a Saturday date in a cooler month, like January 2024, for a morning event. We have to coordinate date selection with CIC, but hope to pick a date by the next EIC meeting in June. ○ Allan Tavss shared that Deerwood Bonita Lakes Park is an excellent park with a nice walking path, conveniently located, west of the Turnpike from SW 152nd Street exit and north on SW 122nd Avenue, near but before Zoo Miami. The park has high population of active older adults, plenty of parking, and a children's play area. ○ We could create a marketing tool as part of a campaign to increase awareness of physical activity, and promote the County's parks and programs, like Parks305. ○ Marjorie suggested using a campaign theme of "Start the New Year Healthy" to promote the walk. ○ Marjorie also suggested EIC members can promote their organizations while participating in the walk by wearing their branded t-shirt. ○ EIC members are encouraged to volunteer to help out on a subcommittee to organize the walk. 	
<p>Recognition of Improved Performance</p>	<ul style="list-style-type: none"> ● Medicaid Planning presentation by Jason Neufeld on 3/28/23 ● 29 attendees at meeting in March 2023 	
<p>Partner Updates</p>	<ul style="list-style-type: none"> ● Brittany Allen, Grant Writer, Alliance for Aging, allenb@allianceforaging.org; announced the World Elder Abuse Awareness Event on June 16th, 2023, at the Miami Gardens Senior Family Center, 18330 NW 12th Street, Miami Gardens, FL 33056; presentations/speeches will be 9AM to 12PM. ● Clara Garcia, Program Officer, United Way Miami, garcia@unitedwaymiami.org. ● Lauren Quiros, My Psychiatrist, lauren@mypsychiatrist.com. 	<p>Action Item(s):</p> <ul style="list-style-type: none"> ● The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department of Health and community partners/organizations promoting

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Adjournment	Chair, Marjorie A. adjourned the meeting at 3:12 PM.	
Next Meeting	The next Elder Issues Committee meeting will be held virtually on Tuesday, June 27, 2023, 2:00-3:00 PM via Microsoft Teams.	