



**ELDER ISSUES COMMITTEE/
MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY**

Meeting Minutes
Tuesday, June 25, 2024
Microsoft Teams



TOPIC	DISCUSSION	ACTION NEEDED
Members/Attendees	<ol style="list-style-type: none"> 1. Marjorie Aloni, Tri County Senior Resource Referral Network – <i>Chair</i> 2. Vivian Arias, Vi at Aventura 3. Maria Averhoff, Walgreens – <i>Guest</i> 4. Martine Charles, Alliance for Aging, Inc. 5. Rob Collins, HOPE, Inc. 6. Nattaliah Earle, Urban Health Partnerships (joined from Senior Planet Miami) 7. <i>(Name? older adult community member at Senior Planet Miami) – Guest</i> 8. <i>(Name? older adult community member at Senior Planet Miami) – Guest</i> 9. <i>(Name? older adult community member at Senior Planet Miami) – Guest</i> 10. <i>(Name? older adult community member at Senior Planet Miami) – Guest</i> 11. Witson Faustin, Florida Department of Health in Miami-Dade County 12. Mayra Garcia, Florida Department of Health in Miami-Dade County 13. Susan O. Holtzman, NAMI Miami – <i>Vice-Chair</i> 14. Brenda Lampon, Miami Dade County Office of the Mayor 15. Luis Mejer, 24/7 Nursing Care 16. Luis Moreno, Epilepsy Alliance of Florida 17. Dennise Nicola, PACE/Miami Jewish Health 18. Gloria Orlandi-Kass, Alzheimer’s Association 19. Roslyn Parker, Uniper TV – <i>Presenter</i> 20. Franchine Peters, Roxcy Bolton Rape Treatment Center 21. Carmen Ramos-Watson, B/Adaptable 22. Louisenie Remy, Jackson Health Roxcy Bolton Rape Treatment Center 23. Manuel Reyes, Walgreens – <i>Guest</i> 24. Lymari Rivera, Mount Sinai Medical Center Eldercare (PACE) 25. Eddie (Eduardo) Sanchez, United Way Miami 26. Stacey Silver, Mom’s Meals 27. Angelique Suarez, Senior Tech Connect 28. Allan Tavss, Miami-Dade County Parks, Recreation and Open Spaces 29. Serena Thompson, Jewish Community Services 30. Dianna Valenzuela, Public Partnerships 	

	31. Marjorie York, Community Action Agency	
Welcome and Introductions	Chair, Marjorie Aloni welcomed everyone and started the meeting at 2:00 PM. The meeting was held virtually via Microsoft Teams. Chair, Marjorie Aloni provided general meeting guidelines for attendees which were also placed in the meeting chat, and Vice-Chair, Susan Holtzman assisted with the agenda. Attendee introductions were done during <i>Partner Updates</i> , and virtual attendees were encouraged to put their contact information/organizational updates in the chat.	
Review and Approval of Minutes	The minutes from the last meeting on May 28, 2024, were reviewed by the Committee members in attendance. A motion was made to approve the minutes by Lymari R. and seconded by Marjorie Y. The minutes were approved unanimously without corrections.	
Previous Action Items(s)	<ul style="list-style-type: none"> • Continue timeline development for work plan activities (ongoing). • See <i>Work Plan Review</i> below. 	
Executive Board (EB) Update	<p>Chair, Marjorie A. provided updates from EB 6/10/24 meeting, including:</p> <ul style="list-style-type: none"> • The Executive Board met in-person on Monday, June 10th, 2024. They had a presentation titled Leadership is not a Title: It is a Behavior presented by Florence Greer, Associate Teaching Professor, Public Health Practicum Coordinator, in the Department of Health Promotion and Disease Prevention at Florida International University. The presentation focused on different leadership styles and how one can be a leader with many different styles. It was also highlighted the importance of policy, system, and environmental change (PSE) work that is being done through the Consortium. We are working to build synergy as we will host our next Consortium elections later this year for the next 2-year term. If any members are interested in identifying their leadership style, there is a Leadership Style Assessment Test that was shared. The following link was placed in the chat: http://www.yourleadershiplegacy.com/assessment.html. • Other updates were shared on the topic of food insecurity, the Mayor's Initiative on Food and Nutrition For All Collaborative, and on the food insecurity screening questions asked through the Healthy Hub at West Kendall Baptist Hospital. They continue to see a 29% rate for food insecurity in our community. 	

	<ul style="list-style-type: none"> • The Board also continues the conversation on COVID-19, optimal health, and addressing the root causes of health. Updates were shared on the CDC COVID-19 and Health Equity grant. A no cost extension was received for one year to complete projects that were delayed due to contracting. Currently the focus continues to be with evaluation and sustainability components of each of the projects. • The Mobilizing for Action through Planning and Partnerships (MAPP) Community Partner Assessment (CPA) Survey is now active for you to complete the survey on behalf of your organization by Thursday, June 27th, 2024. This survey will help us identify the organizations involved in MAPP, who they serve, what they do, and their capacities and skills to support our local community health improvement process. The CPA also helps us identify community strengths and opportunities for greater impact to improve our community's health together. Please help us bring awareness of the survey by sharing the link with your partners. The flyer and survey link were placed in the chat: https://www.surveymonkey.com/r/Community_Partner_Assessment_Survey. • The MAPP Kick-off Community Partner Assessment Meeting was hosted on Thursday, May 30, 2024, at the Firefighter's Memorial Building. We had a total of 62 attendees present. This meeting served as the kick-off to our new community health planning cycle, introducing stakeholders to the MAPP process, which highlighted the significance of community partnerships and assessed both individual systems and collective capabilities within a network through several activities. The goal of this meeting was to develop a shared understanding among partners in Miami-Dade to help achieve optimal health and address social and economic barriers in the county. Additionally, the Community Partner Assessment Survey was launched during this meeting, which will help inform the development of the Community Health Improvement Plan and Community Health Assessment Plan (CHIP and CHA). 	
Legislative Report	Regarding the Legislative Report, EIC member, Brenda Lampon, Miami-Dade County Office of the Mayor, said she would provide any available legislative updates at future EIC meetings. Chair, Marjorie A. announced that the EIC meeting	

	<p>was being simulcasted by EIC member, Nattaliah Earle, Collective Impact Manager with Urban Health Partnerships/Miami-Dade Age-Friendly Initiative (AFI) at Senior Planet Miami in Wynwood as an anchor to the Older Adults Advisory Meeting and AFI Survey social lunch event she was hosting. Nattaliah E. along with four other older adult community members joined the EIC meeting virtually on Teams platform from a breakout room at Senior Planet Miami. Nattaliah shared the AFI Survey link in the chat and encouraged EIC members 50 years+ to take the survey themselves and/or share the survey link with their older adult clients, family, friends, and colleagues. After the meeting, AFI Survey info/link was emailed to members.</p>	
<p>Presentation: <i>Uniper Overview</i></p>	<p>Roslyn Parker, Regional Growth Manager, Uniper TV who gave a 15-minute presentation on Uniper Overview. Uniper “envision[s] a world where everyone can age wherever they call home - for as long as they wish...Happy...Healthy...[and] Independent.” The presentation highlighted the issues of loneliness and isolation for many older adults. Health plan providers are challenged to find ways to connect with senior members to help prevent chronic loneliness, which increases risk of mortality and dementia. The presentation reviewed health risks and statistics related to social isolation and loneliness in the older adult population. Certain populations, such as immigrant, minorities & LGBT communities are at higher risk for loneliness. According to Uniper, they reduce social isolation and enable “independence through accessible technology, strong partnerships, engaging content and meaningful connections. Engagement leads to outcomes...healthier behavior and improved health.” Uniper TV is an <i>Interactive Community</i> empowering older adults independence and reduce[ing] loneliness” by offering an interactive and engaging aging in place solution for caregivers, older adults and care partners. They have a remote control designed for older adults. Uniper global content (including fitness, community building, arts and culture, and more) is available to all members. Eligibility criteria includes the following: 60+ years old, resides within the covered PSA area, commitment of 1 hour usage per week, with complimentary memberships funded by Area Agencies on Aging and other social care partners across the country. For questions, please contact Ms. Parker, Regional Growth Manager, Uniper TV at email roslyn.parker@uniper-care.com, phone 323-826-5049, or visit Uniper online</p>	<p>Action Item(s): Submit suggestion(s) for future presentations at Elder Issues Committee meetings via email to: marjeealoni@gmail.com, Susan.Holtzman@namimiami.org, & Mayra.Garcia@flhealth.gov.</p>

	<p>www.unipercare.com. With the consent of the presenter, the presentation was shared with all EIC members in a follow-up email on 6/25/24.</p>	
<p>Performance Measures in Need of Improvement (Work Plan Review)</p>	<p>Vice-Chair, Susan H. led discussion on the following in the EIC Work Plan 2019-2024:</p> <ul style="list-style-type: none"> • The following activity and related measures under <i>Maternal Child Health</i>, p. 15, needs to be completed <i>by September 30, 2024, the Elder Issues Committee will identify and collect data that is available on providing familial and generational support.</i> <ul style="list-style-type: none"> ○ Was data identified and collected? Yes, possible data sources were discussed at last meeting on 5/28/24, and again during today's meeting: <ul style="list-style-type: none"> ▪ 2024 Miami-Dade Age-Friendly Community Survey - Nattaliah Earle, UHP, shared that this new community survey for adults 50+ years of age is currently ongoing and could include pertinent data. ▪ Mayor's Office – the new Equity and Engagement Manager for Older Adults, Mental Health and Disabilities, Brenda Lampon, was present at today's meeting and committed to be a source of data and resources related to older adults and families as needed. ▪ <u>FLHealth Charts</u> - Susan H. mentioned that this could be a source of data on older adults. ○ Did the EIC increase the awareness among households with grandparents to inform them of local community resources? <ul style="list-style-type: none"> ▪ Yes, Mayra G. regularly shares local community resources and events for children, families and older adults via emails to EIC members. • The following activity under <i>Communicable Diseases & Emergent Threats</i>, p. 20, need to be completed <i>by September 30, 2024, the Elder Issues Committee will...</i> 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • Members can share this link to invite partners to join the Consortium for a Healthier Miami-Dade's Elder Issues Committee by registering for free online: https://www.healthymiamidade.org/membership/.

	<ul style="list-style-type: none"> ○ ... invite partners (e.g., local pharmacies) to join and support their efforts to increase awareness on the prevention and control of infectious diseases. <ul style="list-style-type: none"> ▪ Yes, EIC members have been inviting representatives from local pharmacies to join the Consortium's EIC to help with this measure. In past EIC meetings, member, Laurie V. committed to invite pharmacist organizations for possible collaboration. As today's meeting, Brenda L. from Mayor's Office said she had invited two local pharmacy contacts to attend EIC meeting; two representatives from Walgreens attended today's meeting (Maria Averhoff, Healthcare Advocate, 954-329-4147 & Manuel Reyes, Store Manager, 786-631-1038) & they were sent a formal invite to join the Consortium via email on 7/18/24. 	
<p>Recognition of Improved Performance</p>	<ul style="list-style-type: none"> • In-person hybrid meeting at host site Miami Jewish Health Florida PACE Centers on 5/28/24. • 27 attendees (8 in-person & 19 virtual) at May meeting. 	
<p>Partner Updates</p>	<ul style="list-style-type: none"> • Jesus E. Medina, Director of Business Development and Government Relations, Midway Specialty Care Center, Infectious Disease Specialist and pharmacy; jmedina@midwaycare.org. • Cindy Brown, Jewish Community Services Lambda Living program, cbrown@jcsfl.org, 305-403-6515; www.jcsfl.org; shared that they have in person and online programs & support groups for LGBTQ and older adults; calendar: https://jewishcommunityservicesofsouthflorida.wildapricot.org/; call Access Line to send referrals 305-576-6550. • Frances Garcia - Miami-Dade Fire Rescue, Community Assistance/Elder-Links Program, https://www.miamidade.gov/global/service.page?Mduid_service=ser1632949586364731. • Laurie Varona, Senior Health Educator, Tobacco Prevention Program; oversees multiunit housing for assistance with becoming "smoke-free," Laurie.Varona@flhealth.gov. • Louisenie Remy, CHE, louisenie.remy@jhsMiami.org 24/7 Helpline: 305-585-7273. • Lymari Rivera, Mount Sinai Eldercare PACE, Lymari.rivera@msmc.com, 954-709-1291. • Martine Charles, Alliance for Aging, Inc., charlesm@allianceforaging.org; invited everyone to <i>New Face of Aging Annual Conference</i> on May 30th in Coral Gables; for information about older adult programs, email Programs@AllianceforAging.org. 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department of Health and community partners/organizations promoting health in Miami-Dade County; register to become a member for free online: https://www.healthymiamidade.org/membership/. • EIC members who are subject matter specialists in healthy lifestyles and health promoting topics for older adult population are asked to volunteer to submit

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- Maricarmen Lopez, Algo Nuevo, www.algonuevofoundation.com, info@algonuevofoundation.com, 786-525-9185; provide music therapy for seniors.
- Brenda Lampon, Office of the Mayor, Brenda.Lampon@miamidade.gov.
- Dianna Valenzuela, PPL Community Liaison, Florida, Dvalenzuela@pplfirst.com, 786-697-1227.
- Witson Faustin, FDOH-Miami-Dade, Health Services Representative, 786-732-8863, Witson.Faustin2@flhealth.gov, contact for free health biometric health screenings and education on chronic disease prevention and healthy lifestyle.
- Allan Tavss, Miami Dade Parks, Active Older Adult Programs, allan.tavss@miamidade.gov, 305-962-8393.
- Dayamyra Perez Fernandez, Health Services Representative, Community Health and Planning, FDOH-Miami-Dade; 786-732-8849, dayamyra.perezfernandez@flhealth.gov.
- Melody Velez @ UnitedHealthcare Sr. Community Outreach Representative. melody.velez@uhc.com.
- Serena Thompson, LGBTQ+ Older Adult Case Manager with Jewish Community Services, sthompson@jcsfl.org; offers case management for older adults (55+), community resources & emergency financial assistance; access line 305-576-6550.
- Stacey Silver, RDN, Manager of Healthcare Partnerships with Mom's Meals, email Stacey.Silver@momsmeals.com, phone 561-512-7761.
- Allan Tavss, Miami-Dade Parks and Recreation, Active Older Adult Programs, 305-962-8393.
- Susan Holtzman, NAMI Miami, susan.holtzman@namimiami.org; NAMI Helpline 305-665-2540 (9AM-5PM), www.NAMImiami.org.
- Luis Moreno, Epilepsy Alliance Florida, LMoreno@eafla.org, 305-401-3471.
- Lymari Rivera, Mount Sinai Eldercare PACE, lymari.rivera@msmcm.com, 954-709-1291.
- Nattaliah Earle, Miami-Dade Age-Friendly Initiative, Nattaliah@urbanhp.org, 786-412-0469; invited EIC members (50+ years of age) to take and share the survey link to the [2024 Age-Friendly Community Survey](#).
- Maria Averhoff, Healthcare Advocate for Walgreens, Maria.Averhoff@walgreens.com, 954-329-4147.
- Angelique Suarez, Senior Tech Connect; www.srtechconnect.org, 305-576-6550; provide tech training for older adults on computer, tablets, and i-phones.

written article and/or social media postings for 2023 calendar year; please confirm your interest, topic suggestions via email to liaison: Mayra.Garcia@FLHealth.gov.
Written submissions are due by 15th of month prior to publish month.

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	<ul style="list-style-type: none"> • Serena Thompson, Jewish Community Services LGBTQ+ Older Adult Case Manager, sthompson@jcsfl.org; referrals 305-576-6550. • Gloria Orlandi-Kass, Alzheimer's Association SE FL Chapter, 305-409-0629, gorlandikass@alz.org; website: www.alz.org; 24/7 Helpline: 800-272-3900. • Vivian Arias, Vi at Aventura, 305-692-4829, varias@viliving.com. • Martine Charles, Alliance for Aging, charlesm@allianceforaging.org, 305-671-6383. • Luis Mejer, 24/7 Nursing Care Private in-home care; toll free 855-Nurse44. • Dennise Nicola, Business Development Manager, FL PACE Centers at Miami Jewish Health, Dnicola@miamijewishhealth.org, 786-661-5644. • Manuel Reyes, Store Manager at Walgreens, manuel.reyes@walgreens.com, 786- 631-1038. • Mayra Garcia, Community Liaison for the Elder Issues Committee (EIC), Office of Community Health & Planning, FDOH-Miami-Dade, Mayra.Garcia@FLHealth.gov. • Marjorie York on the phone, shared number 305-673-5770. • Louisenie Remy, CHE, Louisenie.remy@jhs-miami.org; 24/7 Helpline 304-585-7273. • Rob Collins, HOPE, Inc; fight housing discrimination, 305-651-4673, rob@hopefhc.com. 	
Adjournment	Chair, Marjorie A. adjourned the meeting at 3:00 PM.	
Next Meeting	There will be no EIC meeting in July for summer break. The next Elder Issues Committee meeting is planned as an in-person (with virtual join meeting option) on Tuesday, August 27, 2024, at 2:00 PM to be hosted at Jewish Community Services of South Florida by Lambda Living program and EIC member, Cindy Brown, at 12000 Biscayne Blvd, North Miami, FL 33181.	