

TOPIC	DISCUSSION	ACTION NEEDED
Members/Attendees	<ol style="list-style-type: none"> 1. Iris Aguilar, Florida International University 2. Brittany Allen, Alliance for Aging, Inc. 3. Marjorie Aloni, Tri County Senior Resource Referral Network – <i>Chair</i> 4. Vivian Arias, AvMed 5. Carmen Baker, Miami-Dade Public Library System 6. Katherine Bolt, Miami-Dade County 7. Daniel Brady, Brady and Associates 8. Cindy Brown, JCS/Lambda Living 9. Rob Collins, HOPE, Inc. 10. Witson Faustin, Florida Department of Health in Miami-Dade County 11. Trudy Gaillard, Florida International University 12. Frances Garcia, Miami-Dade Fire Rescue 13. Mayra Garcia, Florida Department of Health in Miami-Dade County 14. Dawn Gardier, Florida International University – <i>Guest</i> 15. Marries Gomez, 24/7 Nursing Care 16. Susan O. Holtzman, NAMI Miami-Dade – <i>Vice-Chair</i> 17. Luisana Hung Salazar, Assistance to the Elderly, Inc 18. Peter Kallestrup, i-Function, Inc. 19. Luis Mejer, 24/7 Nursing Care 20. Sheela S. Myers, MD, MS, CPE, Neuroglee Therapeutics - <i>Presenter</i> 21. Jason Neufeld, Elder Needs Law, PLLC 22. Dennise Nicola, PACE/Miami Jewish Health 23. Franchine Peters, Roxcy Bolton Rape Treatment Center 24. Louisenie Remy, Jackson Health System/Roxcy Bolton Rape Treatment Center. 25. Tami Robinson, StudentsCare 26. Carmen Teixeira-Parry, Alliance for Aging, Inc. 27. Alex Yarijanian, Carenodes 28. Marjorie York, Community Action Agency 	
Welcome and Introductions	Chair, Marjorie Aloni welcomed everyone and started the meeting at 2:01 PM. The meeting was held virtually via Microsoft Teams. Chair, Marjorie Aloni provided	

	<p>general meeting guidelines for attendees which were also placed in the meeting chat, and Vice-Chair, Susan Holtzman assisted with the agenda. Attendee introductions were done during <i>Partner Updates</i>, and attendees were encouraged to put their contact information/organizational updates in the chat in the beginning of the meeting.</p>	
<p>Review and Approval of Minutes</p>	<p>The minutes from the last meeting on May 30, 2023, were reviewed by the Committee members in attendance. A motion was made to approve the minutes by Marjorie Y. and seconded by Susan H. The minutes were approved unanimously without corrections. Monthly meeting will continue to be held virtually until further notice.</p>	
<p>Previous Action Items(s)</p>	<ul style="list-style-type: none"> • Continue timeline development for work plan activities (ongoing). • Discussed the work plan activity related to housing and the older adult population under strategic priority area of <i>Health Equity</i> (p. 3), <i>By September 30, 2024, the Elder Issues Committee will increase the number of meetings with local officials to educate them on housing policies related to the elderly population.</i> <ul style="list-style-type: none"> ○ Next steps: meetings with local officials. EIC members are asked to please let Chair, Marjorie Aloni, marjeealoni@gmail.com, 305-766-2976, Vice-Chair, Susan Holtzman, Susan.Holtzman@miamidade.org, and/or committee liaison, Mayra Garcia, Mayra.Garcia@FLHealth.gov, know of any meetings they plan on having with local officials or other change agents related to housing issues for older adults so that assistance can be provided as needed, and efforts and progress can be tracked on this work plan activity. ○ Chair, Marjorie Aloni, has written the five new Commissioners requesting to meet with them, and is waiting to hear back. Please let Marjie Aloni, and/or Mayra Garcia know if you are interested in attending these meetings which will be done via Zoom so that more people can join. In the past, Marjorie York expressed interest in attending meetings with local officials. ○ The updated <i>Elder Issues Committee-Housing Policy Issues Impacting Older Adults Plan</i> document was last emailed to members on 6/28/23 after the meeting as follow-up. 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • Pending meetings with local officials to educate them on housing policies related to the elderly population.

	<ul style="list-style-type: none"> • Discussed plans for hybrid schedule for monthly meetings <ul style="list-style-type: none"> ○ Will have an in-person meeting once per quarter with other months being virtual; attendees agreed with no objections expressed. ○ Partner organizations can host the in-person meetings quarterly. ○ Alliance for Aging has agreed to host the August 29, 2023, as an in-person meeting at their Doral location, and will be providing the partner presentation as well. We plan to have an option to join virtually for those members who are unable to attend in person. ○ In the January 2023 meeting, Tara Auclair said United Way Miami would be happy to host a future meeting (TBD). 	
Executive Board Update	<p>Chair, Marjorie A. provided the updates from Executive Board 6/12/23 meeting, including:</p> <ul style="list-style-type: none"> • Consortium's 20th Annual event planning is ongoing. Date and venue should be confirmed by next week pending contract signing; tentative date is Friday, November 3rd, 2023, as a half day event with breakfast. There are plans to have a showcase of all the Consortium has been able to accomplish over the past 20 years. Sponsorships are available, but packets are being finalized; let Marjorie Aloni know if you/your organization is interested in sponsoring or participating on planning taskforce. Cindy Brown, Lambda Living program, said she would like to share the sponsorship package with JCS (Jewish Community Services) for consideration once it is available. Ticket price being considered is \$75.00. 	
Legislative Report	<p>Vice-Chair, Susan H. provided a legislative report using EVA Legislative Update Power Point slides which were displayed on the meeting screen. She also provided updates of Miami-Dade County budget items related to older adults. The EVA slides and budget updates were later emailed to EIC members on 7/12/23.</p>	
Presentation: <i>Mild Cognitive Impairment: Is this Healthy Aging or Early Dementia?</i>	<p>Sheela S. Myers, MD, MS, CPE, Neuroglee Therapeutics gave a 15-minute presentation on Mild Cognitive Impairment (MCI). Cognitive impairment is not part of normal, healthy aging. It is important to differentiate MCI from normal cognitive decline as we age because MCI carries an increased risk of progression to dementia. Evidence from the FINGER study and ongoing worldwide efforts to understand both risk and protective factors for cognitive decline lead us to the standard of care-</p>	<p>Action Item(s): Submit suggestion(s) for future presentations at Elder Issues Committee meetings via email to: marjeealoni@gmail.com,</p>

	<p>multidomain lifestyle and behavioral interventions improve overall cognition: exercise, nutrition, cognitive games and socialization. Discussed the challenges to manage MCI and healthy aging; multimodal interventions and lifestyle changes take time, intensive resources, education, support and are limited in access to quality care. We are so thankful to Dr. Myers for taking the time to provide this important information about MCI. With Dr. Myers' consent, the <i>Mild Cognitive Impairment: Is this Healthy Aging or Early Dementia</i> presentation slides and her contact information were emailed to all EIC members after the meeting on 6/28/23.</p>	<p>susan.holtzman@miamidade.gov, & Mayra.Garcia@flhealth.gov.</p>
<p>Performance Measures in Need of Improvement (Work Plan Review)</p>	<p>Chair, Marjorie A. led discussion on the following in the EIC Work Plan 2019-2024:</p> <ul style="list-style-type: none"> • The following activities under Chronic Disease, p. 12, need to be completed by <i>September 30, 2024, the Elder Issues Committee will ...</i> <ul style="list-style-type: none"> ○ ... <i>organize a walk to encourage elder adults to increase physical activity.</i> ○ ... <i>partner with the Children Issues Committee to increase the percentage of adults who are at a healthy weight.</i> ○ ... <i>create a campaign to increase awareness of physical activity (e.g., Parks305).</i> ○ ... <i>create a map with identified underserved areas.</i> • Marjie shared the following updates for these activities: • We are planning an intergenerational walk to increase physical activity in older adults and collaborate with the Consortium's Children Issues Committee (CIC) to include children and their families as well. • Deerwood Bonita Lakes Park, located at 10901 SW 24 Street in Miami near the zoo, was selected because it is near one of the 16 zip codes found to have a combination of the highest percentages of underserved, of individuals ages 65 years or older, who are not physically active. The other health indicators considered to help identify the zip codes of interest included physical inactivity, obesity, living less than a 10-minute walk from a park, and living under the poverty level. Additionally, the Deerwood Bonita Lakes Park is one of the County park sites that offers Active Older Adults programs which provide fitness, leisure, and social activities for adults 55 and older. 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • Continue discussion and planning for these activities at future EIC meetings

	<ul style="list-style-type: none"> • At a previous monthly meeting, EIC member, Allan Tavss, Active Older Adults Program Coordinator, Miami-Dade County Parks, shared that Deerwood Bonita Lakes Park is an excellent park with a nice walking path, conveniently located, west of the Turnpike from SW 152nd Street exit and north on SW 122nd Avenue, near but before Zoo Miami. Also, the park has high population of active older adults, plenty of parking, and a children's play area. • For the walk, we considered a Saturday date in a cooler month, like January, for a morning event. A tentative date of 1/13/2024 was selected with input from CIC and Allan Tavss, MDPROS. • A draft of the event flyer for the walk has been developed in order to promote the intergenerational walk and health resource fair, as part of the campaign to increase awareness of physical activity, the health benefits of regular physical activity, and promote the County's parks and programs. The flyer has space for organizational logos who will partner to support the event, like MDPROS. The proposed campaign theme used on the draft flyer is "Walk for Your Health in the New Year 2024." • Please let Marjie or Mayra know if you or your organization would like to be involved in planning and supporting this activity. All are invited to attend. 	
<p>Recognition of Improved Performance</p>	<ul style="list-style-type: none"> • Hurricane Preparedness presentation on 5/30/23 • 27 attendees at meeting in May 2023 	
<p>Partner Updates</p>	<ul style="list-style-type: none"> • Marjorie Aloni shared that the Tri County Senior Resource Referral Network meets monthly as an opportunity for professionals who interact with elderly clients to get together and share referrals and resources; if interested, send email to marjiecealoni@gmail.com or text/phone 305-766-2976. • Luis Mejer, 24/7 Nursing Care, provides private in-home care at very affordable hourly rates; contact toll free at 855-Nurse44; website is 24-7nursingcare.com; they now have a mobile app so clients can order care services through their phone. • Iris Aguilar, DPPD, FIU, Director, Program Administrator-Population Health Initiative, Office of Research & Economic Development. 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department of Health and community partners/organizations promoting health in Miami-Dade County; register to become a member for free online:

- Sheela S. Myers, MD MS, Neurologist, Chief Medical Officer, Neuroglee Therapeutics, sheela.myers@neuroglee.com.
- Peter Kallestrup, Co-founder & CEO, i-Function, Inc.; pkallestrup@i-Function.com, shared they provide training for people with MCI; contact him for additional information.
- Trudy Gaillard, FIU, shared that they have a website under development for linkage to research studies available for older adults with dementia; contact tgailar@fiu.edu for additional information; interested in intergenerational walk.
- Marjorie York invited everyone to Alliance for Aging Thursday, June 29th at Miami Beach Library for needs assessment; contact Martine Charles, Alliance for Aging 305-671-6383 to provide your concerns and feedback if you cannot attend.
- Cindy Brown, Jewish Community Services Lambda Living program for LGBTQ Seniors, 305.403.6515, shared their online programming calendar link: www.jewishcommunityservicesofsouthflorida.wildapricot.org, and that she facilitates an LGBTQ support group for older adults or their caregivers with an educational component via Zoom on the 3rd Tuesday of month 2-3PM, call 800-272-3900 if interested.
- Carmen Teixeira, Alliance for Aging, shared that she is hoping to launch Bingocize next month (details TBA).
- Brittany Allen, Alliance for Aging, allenb@allianceforaging.org, shared online needs assessment open for feedback: <https://allianceforaging.org/2023-community-needs-assessment>.
- Susan Holtzman, now at NAMI Miami-Dade, CEO, susan.holtzman@namimiamidade.org; shared that they provide support groups for persons living with mental illness or family members; www.Namimiami.org.
- Louisenie Remy, Community Health Educator at Roxcy Bolton Rape Treatment Center, shared they have free sexual assault services and presentations in person or virtual; contact her is interested in a presentation: office 305-585-5185, email Louisenie.remy@jhsMiami.org; 24/7 Sexual Assault Crisis Helpline: 305-585-7272.

<https://www.healthymiamidade.org/membership/>.

- EIC members who are subject matter specialists in healthy lifestyles and health promoting topics for older adult population are asked to volunteer to submit written article and/or social media postings for 2023 calendar year; please confirm your interest, topic suggestions via email to liaison: Mayra.Garcia@FLHealth.gov.
Written submissions are due by 15th of month prior to publish month.

	<ul style="list-style-type: none"> • Franchine Peters, Program Manager, Roxcy Bolton Rape Treatment Center; Franchine.Peters@jhsmiami.org, 305-585-5185. • Rob Collins, Esq., Education & Outreach Coordinator, Housing Opportunities Project for Excellence (HOPE), Inc.: We fight housing discrimination; address: 11501 NW 2nd Avenue, Miami, FL 33168, office phone: 305-651-HOPE (4673), cell: 206-330-9076, email rob@hopefhc.com. • Witson Faustin, Health Services Representative, Florida Dept. of Health Miami-Dade, Community Health Action Team. • Vivian Arias, Community Outreach Specialist, AvMed, vivian.arias@avmed.org, 305-671-0334, shared creates educational, informative and cultural events hosted virtually and in person at community centers, Senior living residences, provider offices and medical centers. • Dennise Nicola, Sr Sales Specialist, The FL PACE Centers at Miami Jewish Health Systems; shared they are a long-term care program with no waiting list; help seniors remain at home, funded by Medicaid; if you have questions, call 786-661-5644; DNicola@MiamiJewishHealth.org. 	
Adjournment	Chair, Marjorie A. adjourned the meeting at 3:10 PM.	
Next Meeting	Reminder: The July 2023 monthly meeting will be cancelled for summer break. The next Elder Issues Committee meeting will be held in-person (with virtual join meeting option) on Tuesday, August 29, 2023, at 2:00 PM hosted at the Alliance for Aging, Inc. located in the Doral area.	