

TOPIC	DISCUSSION	ACTION NEEDED
Members/Attendees	<ol style="list-style-type: none"> 1. Marjorie Aloni, Tri County Senior Resource Referral Network – <i>Chair</i> 2. Cynthia Benitez, City of Hialeah* 3. Katherine Bolt, Miami-Dade County* 4. Cindy Brown, JCS/Lambda Living – <i>Host & Presenter</i> 5. Blanca Ceballos, United HomeCare* 6. Rob Collins, HOPE, Inc.* 7. Jennifer De Gruccio, Parkinson's Foundation* 8. Nattaliah Earle, Urban Health Partnerships 9. Witson Faustin, Florida Department of Health in Miami-Dade County* 10. Mayra Garcia, Florida Department of Health in Miami-Dade County 11. Marries Gomez, 24/7 Nursing Care* 12. Brenda Lampon, Miami Dade County Office of the Mayor* 13. Yvette Martinez, AARP* 14. Luis Mejer, 24/7 Nursing Care* 15. Barbara (Barby) Morales, United Senior Consultants* 16. Elizabeth Morales, Miami-Dade County CAHSD – <i>Guest Presenter</i> 17. Luis Moreno, Epilepsy Alliance of Florida* 18. Dennise Nicola, PACE/Miami Jewish Health 19. Alexander Orta, Alliance for Aging 20. Dayamyra Perez Fernandez, Florida Department of Health in Miami-Dade* 21. Franchine Peters, Roxcy Bolton Rape Treatment Center* 22. Lili Portmann, Center for Independent Living of South Florida* 23. Lymari Rivera, Mount Sinai Medical Center Eldercare (PACE)* 24. Tami Robinson, StudentsCare* 25. Danay Rodriguez-Arritola, Larkin Community Hospital* 26. Michael Roman, City of Miami – <i>Guest</i>* 27. Griselle Solorzano, Brain Center* 28. Lily Suazo, Jewish Community Services of South Florida – <i>Guest Presenter</i> 29. Allan Tavss, Miami-Dade County Parks, Recreation and Open Spaces* 30. Carmen Teixeira-Parry, Alliance for Aging, Inc.* 	

	<p>31. Serena Thompson, Jewish Community Services 32. Dianna Valenzuela, Public Partnerships* 33. Michelle Varas, City of Miami 34. Laurie Varona, Florida Department of Health in Miami-Dade County* 35. Marjorie York, Community Action Agency</p> <p>*attended virtually</p>	
Welcome and Introductions	<p>Since Chair, Marjorie Aloni was unexpectedly delayed due to a misunderstanding with the host site address, and Vice-Chair, Susan Holtzman was not expected to attend due to illness, Mayra Garcia, the Committee's community liaison welcomed everyone and started the meeting at 2:15 PM. Attendees agreed to delay the start of the meeting by 15 minutes to allow some time for Chair, Marjorie Aloni to arrive at the meeting location. The meeting was held at host site, Jewish Community Services of South Florida (JCS), 12000 Biscayne Blvd, North Miami, FL 33181, with an option to join virtually via Microsoft Teams for those unable to attend in person. Mayra G. provided general meeting guidelines and led the meeting until the arrival of Chair, Marjorie A. at 2:25 PM. Attendee introductions were done during <i>Partner Updates</i>, and virtual attendees were encouraged to put their contact information/organizational updates in the chat.</p>	
Review and Approval of Minutes	<p>The minutes from the last meeting on June 25, 2024, were reviewed by the Committee members in attendance. A motion was made to approve the minutes by Dennise N. and seconded by Danay R-A. The minutes were approved unanimously without corrections.</p>	
Previous Action Items(s)	<ul style="list-style-type: none"> • Continue timeline development for work plan activities (ongoing). • See <i>Work Plan Review</i> below. 	
Executive Board (EB) Update	<p>Chair, Marjorie A. provided updates from EB 8/12/24 virtual meeting, including:</p> <ul style="list-style-type: none"> • The Executive Board met in-person on Monday, August 12th, 2024. • The Board continued the conversation on COVID-19. Please note that an updated 2024-2025 COVID-19 and flu vaccines for Fall/Winter virus season are recommended to prevent disease. 	

Legislative Report	<p>There were no legislative updates available from EIC member, Brenda Lampon with the Miami-Dade County Office of the Mayor. Brenda L. briefly attended today's meeting virtually, but had to leave early due to a scheduling conflict with another meeting. Attendees were asked if they had any updates to provide. Cindy Brown mentioned the importance of park use by older adult population, and she encouraged everyone to support funding and allocation for park land and programming.</p>	
<p>Presentation: <i>Over 100 years of JCS Services</i></p>	<p>EIC member and partner, Cindy Brown, JCS Lambda Living Program Manager, along with two of her JCS colleagues, Lily Suazo and Serena Thompson, gave a 15-minute presentation on Jewish Community Services of South Florida (JCS). The presentation included an overview of the following JCS programs and services:</p> <ul style="list-style-type: none"> • Dial 211 Miami-available 24 hours a day, 7 days a week in English, Spanish and Creole for free, confidential, crisis counseling, information and referrals for food pantries, childcare, health care, financial assistance, veterans assistance, immunizations and senior programs. • Call or text 988 Suicide & Crisis Lifeline, if you or someone you know needs support now, or chat 988lifeline.org. The 988 Lifeline provides free 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States. • Lesbian/Gay/Bisexual/Transgender/Questioning/Intersex/Asexual/+other sexual orientations and gender identities (LGBTQIA+) individuals of all ages can benefit from specialized programs that are non-judgmental and affirming, including LGBTQIA Youth Program and in-school program, LGBTQ Counseling Services for individuals, couples and the family, Lambda Living Program for LGBTQIA+ Seniors with in-person social activities, Lambda Living Online, case management, and counseling. • Serena Thompson, LGBTQ+ Senior Case Manager, provides coordinated social, medical, food, housing, home care transportation, and financial assistance for temporary housing/utilities for seniors age 55 or older who identify as LGBTQ+. Linkage and referrals are based on an in-person 	<p>Action Item(s): Submit suggestion(s) for future presentations at Elder Issues Committee meetings via email to: marjicealoni@gmail.com, Susan.Holtzman@namimiami.org, & Mayra.Garcia@flhealth.gov.</p>

assessment to evaluate needs and concerns. For more info and to schedule a no cost assessment, please call the **JCS Access Line at 305-576-6550**.

- Access **Lambda Living Online** programming and calendar of events here: <https://jewishcommunityservicesofsouthflorida.wildapricot.org/events>.
- **LGBTQIA Helpline at 305-646-3600** is free, confidential, trilingual and available 24/7.
- **Free programs and services for low to moderate income households, 60+ or disabled, and frail and elderly** include the following:
 - Case management with a home visit to evaluate needs and concerns.
 - Minor home repairs for repairs or improvements for smoke alarms, door knockers, weather-stripping, mosquito screens, grab bars, and more based on assessment of home.
 - Home security with installation of deadbolt door locks, door viewers, window locks, metal plates, locking arms for sliding glass doors and sensor lights. Call **JCS Access Services** for a no-cost in-home assessment: **305-576-6550**.
- **Congregate Lunch Program**-provides nutritious, kosher, hot lunches to seniors age 60 and older of all income levels and faiths at lunchrooms located in Miami Beach and Aventura. In addition, seniors can participate in an on-site activities program that includes live music, bingo, fitness classes, art classes and more. They can take advantage of JCS transportation program to and from the lunchroom sites, shopping centers and special events. Seniors must reside anywhere in Miami-Dade and those under 60 years of age can attend if they join a spouse who is 60 years of age or older. For more information or to enroll, please call **JCS Senior Services Department at 305-899-8301**. Lily Suazo is a registered and licensed dietician who gave additional details about the nutritionally balanced lunch program, and also the home delivered meals program.

For questions, please contact Cindy Brown, Lambda Living Program Manager, Clinical Services Department, Jewish Community Services of South Florida

	<p>at email cbrown@JCSFL.ORG, phone 305-403-6515. Resources on JCS programs and services shared by Cindy Brown were later emailed to the EIC members on 8/28/24 along with her contact information.</p>	
<p>Presentation: <i>Miami-Dade County Community Action & Human Services Department-Older Adults & Individuals with Disabilities Services Division</i></p>	<p>Guest and community partner, Elizabeth L. Morales, Social Services Administrator, for Miami-Dade County Community Action and Human Services Department's (CAHSD) Older Adults & Individuals with Disabilities Services Division (OAIDSD), presented on behalf of Elvis Caines, Division Director, Older Adults and Individuals with Disabilities Services Division. E. Morales gave a 5-minute presentation on older adults and disability services offered by CAHSD. She provided highlights of some of the following programs/services:</p> <ul style="list-style-type: none"> • Senior Centers with congregate meals, recreation, field trips, nutrition education, counseling and social services. Free meals are served Monday through Friday from 8 AM to 2 PM. Recipients must not be homebound. Spouses are eligible without any age restrictions or medical conditions. • Adult Day Care (ADC) Centers are community-based programs to help meet the needs of functionally impaired elderly and younger adults with disabilities. It is a structured, comprehensive program providing a variety of health, social, and related support services Monday through Friday from 8 AM to 5 PM. Participants receive medication management, health education, nutritious meals (breakfast and a hot lunch), social activities, and transportation (if the family cannot provide it) to those participants who reside in the designated catchment area) to and from the centers. • Meals for the Elderly-provides older persons (60 years or older; spouse may be younger) with hot meals and activities in a senior center setting five days per week. Call 786-469-4853 for more information. • Meals on Wheels-provides home delivered meals each week to low-income, ill and homebound persons with disabilities living in Miami-Dade County. Eligible participants receive seven (7) free frozen meals each week, along with fresh fruit, milk and other food items, between 8 AM and 5 PM on weekdays. Recipients must be at least 60 years old with a disability or homebound. Call 786-469-4853 for more information. 	<p>Action Item(s): Submit suggestion(s) for future presentations at Elder Issues Committee meetings via email to: marjicealoni@gmail.com, Susan.Holtzman@namimiami.org, & Mayra.Garcia@flhealth.gov.</p>

- **Case Management for Emergency Planning and Evaluation**
- **Home Care Program (HCP)** offers seniors with a combination of homemaking, personal care, chores, and caregiver respite services.
- **Disability Services & Independent Living Program (DSAIL)** program provides various services designed to assist persons with disabilities, ages 18 to 59 years old, including case management, in-home support, information and referral; group activity therapy; family and individual counseling; and assistance finding jobs and accessible housing. Call **305-547-5444** for more information on DSAIL.
- **Transportation** for eligible consumers to neighborhood centers, outings, social activities, grocery stores or other life sustaining activities. Services are available to consumers at CAHSD senior and adult day care centers.
- **Volunteer Programs**-persons 55 years of age and older can maintain an active lifestyle while helping residents in our community, including:
 - **Retired Senior Volunteer Program (RSVP)**
 - **Senior Companion Program (SCP)**
 - **Foster Grandparent Program (FGP)**
 - **Respite for Elders Living in Everyday Families (R.E.L.I.E.F)**

For additional information about **CAHSD programs and services, visit online:**
<https://www.miamidade.gov/global/socialservices/home.page>.

For any questions about the volunteer programs, please contact Elizabeth Morales, Social Services Administrator, Older Adults and Individuals with Disabilities Services Division, Miami-Dade County Community Action & Human Services Department (CAHSD), 786-469-4837, email Elizabeth.Morales2@miamidade.gov. Resources on CAHSD programs and services, including information and applications for volunteer opportunities for older adults, OAIDSD fact sheet, and list of OAIDSD Centers and Adult Day Cares were shared by Elizabeth Morales and later emailed to the EIC members on 9/3/24, along with her contact information.

<p>Performance Measures in Need of Improvement (Work Plan Review)</p>	<p>Chair, Marjorie A. led discussion on the following in the EIC Work Plan 2019-2024:</p> <ul style="list-style-type: none"> • The following activity and related measures under <i>Maternal Child Health</i>, p. 15, needs to be completed by <i>September 30, 2024</i>, the <i>Elder Issues Committee will identify and collect data that is available on providing familial and generational support</i>. <ul style="list-style-type: none"> ○ Was data identified and collected? Yes, possible data sources were discussed at last couple of meetings on 5/28/24, 6/25/24, and again during today's meeting: <ul style="list-style-type: none"> ▪ 2024 Miami-Dade Age-Friendly Community Survey – At today's meeting, Nattaliah Earle, UHP, shared updates on their recent Age-Friendly community survey for adults 50+ years of age and that they have collected enough responses to now analyze the data to be reported on. ▪ Mayor's Office – At the previous monthly meeting, the new Equity and Engagement Manager for Older Adults, Mental Health and Disabilities, Brenda Lampon, committed to be a source of data and resources related to older adults and families as needed. ▪ <u>FLHealth Charts</u> – At the previous monthly meeting, EIC Vice-Chair, Susan H. had mentioned that this could be a source of data on older adults. ○ Did the EIC increase the awareness among households with grandparents to inform them of local community resources? <ul style="list-style-type: none"> ▪ Yes, Mayra G. regularly shares local community resources and events for children, families and older adults via emails to EIC members. • The following activity under <i>Communicable Diseases & Emergent Threats</i>, p. 20, need to be completed by <i>September 30, 2024</i>, the <i>Elder Issues Committee will...</i> <ul style="list-style-type: none"> ○ ... <i>invite partners (e.g., local pharmacies) to join and support their efforts to increase awareness on the prevention and control of infectious diseases.</i> 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • Members can share this link to invite partners to join the Consortium for a Healthier Miami-Dade's Elder Issues Committee by registering for free online: https://www.healthymiamidade.org/membership/.
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	<p>Yes, EIC members have been inviting representatives from local pharmacies to join the Consortium's EIC to help with this measure. In past EIC meetings, member, Laurie V. committed to invite pharmacist organizations for possible collaboration. At the last meeting on 6/25/24, Brenda L. from Mayor's Office said she had invited two local pharmacy contacts to attend EIC meeting; two representatives from Walgreens attended the 6/25/24 meeting (Maria Averhoff, Store Manager, and Manuel Reyes) and although they were invited to join the Consortium, they did not submit a member registration.*</p> <p>*Note: On 7/22/24, Natalie Gray, Pharm D., Larkin School of Pharmacy, Senior Academic/Research Fellow joined the Consortium's Elder Issues Committee, and although they were invited to attend monthly meetings, they have yet to attend a meeting to date.</p>	
<p>Recognition of Improved Performance</p>	<ul style="list-style-type: none"> • 31 attendees at June virtual meeting • June monthly meeting was simulcast at Senior Planet Miami thanks to Nattaliah Earle, Urban Health Partnerships 	
<p>Reminders</p>	<ul style="list-style-type: none"> • Next monthly meeting will be on September 24th via Teams • Join the Consortium for a Healthier Miami-Dade online at www.healthymiamidade.org/membership. 	
<p>Partner Updates</p>	<ul style="list-style-type: none"> • Luis Moreno, Community Resource Specialist, Epilepsy Alliance Florida; we provide resources and help to those living with Epilepsy, Seizures, and convulsions; LMoreno@eafla.org, 305-401-3471. • Witson Faustin, Office of Community Health and Planning, Florida Department of Health in Miami-Dade County, Health Services Representative, 786-732-8863, Witson.Faustin2@flhealth.gov. • Dayamyra Perez Fernandez, Florida Department of Health Miami-Dade County, 786-732-8849, dayamyra.perezfernandez@flhealth.gov. • Laurie Varona, Senior Health Educator, Tobacco Prevention Program, Florida Department of Health Miami-Dade County, Laurie.Varona@flhealth.gov. 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department of Health and community partners/organizations promoting health in Miami-Dade County; register to become a member for free online: https://www.healthymiamidade.org/membership/.

**ELDER ISSUES COMMITTEE/
MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY**

Meeting Minutes
Tuesday, August 27, 2024
Microsoft Teams



- Dianna Valenzuela, Community Liaison, PPL (Public Partnerships) for Florida; We support the Participant Direction Option (PDO) which is a choice available to any enrolled member of Florida's Medicaid Waiver long-term care program or Home & Community Based Services; Dvalenzuela@pplfirst.com, 786-697-1227.
- Rob Collins, HOPE, Inc; we fight housing discrimination, 305-651-4673, rob@hopefhc.com.
- Luis Mejer, 24/7 Nursing Care Private in-home care; we care for your loved ones in the comfort of their own home; toll free 855-Nurse44.
- Carmen Teixeira-Parry, Alliance for Aging, VDC Program Coordinator, Teixeirac@allianceforaging.org.
- Katherine Bolt, Elder Affairs Advisory Board; if you are interested in being featured in our Older Adult Resource Guide for Miami-Dade County, please send me an email at katherine.bolt@miamiade.gov.
- Marries Gomez, 24/7 Nursing Care; we care for the elderly at home and allow them to age in place; call me on my cell at 786-399-5955.
- Dennise Nicola, Business Development Manager, FL PACE Centers at Miami Jewish Health, Dnicola@miamijewishhealth.org, 786-661-5644.
- Jennifer De Gruccio, Community Education & Outreach Manager for Florida, Parkinson's Foundation Florida Chapter; South Florida Parkinson's Symposium on Saturday, September 7 at University of Miami; for more information email: jdegruccio@parkinson.org.
- Blanca Ceballos, Community Relations Manager, United HomeCare; for family caregivers in need of support; UHC is offering a 9-week Stress Busting Program for caregivers of persons with Alzheimer's and related dementias, call 305-716-0710; United HomeCare is a Home Health Agency Provider for Seniors in the Medicaid LTC Plans including: Aetna/Coventry, Simply, Florida Community Care, Humana, Little Havana, Molina HealthCare, Sunshine Health Plan and United Health Care.
- Cindy Brown, Jewish Community Services Lambda Living program, cbrown@jcsfl.org, 305-403-6515; www.jcsfl.org; shared that they have in person

- EIC members who are subject matter specialists in healthy lifestyles and health promoting topics for older adult population are asked to volunteer to submit written article and/or social media postings for 2023 calendar year; please confirm your interest, topic suggestions via email to liaison: Mayra.Garcia@FLHealth.gov.
Written submissions are due by 15th of month prior to publish month.

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	<p>and online programs & support groups for LGBTQ and older adults; calendar: https://jewishcommunityservicesofsouthflorida.wildapricot.org/; call Access Line to send referrals 305-576-6550.</p> <ul style="list-style-type: none"> • Marjorie York shared upcoming community events in Miami Beach including Ayuda Celebration of International Day of Peace on Friday, September 20th, and Sunflower Society Arts & Crafts Classes beginning September 6th; contact Ms. Winsome Bolt, Art Teacher at Winsomebolt@gmail.com. • Nattaliah Earle, Miami-Dade Age-Friendly Initiative, Nattaliah@urbanhp.org, 786-412-0469; invited EIC members (50+ years of age) to take and share the survey link to the 2024 Age-Friendly Community Survey. • Brenda Lampon, Office of the Mayor, Brenda.Lampon@miamidade.gov. • Allan Tavss, Miami Dade Parks, Active Older Adult Programs, allan.tavss@miamidade.gov, 305-962-8393. • Serena Thompson, LGBTQ+ Older Adult Case Manager, JCS, case management for older adults (55+), referrals to community resources & emergency financial assistance; call access line 305-576-6550 or email sthompson@jcsfl.org. • Lili Portmann, Center for Independent Living of South Florida. • Mayra Garcia, Community Liaison for the Elder Issues Committee (EIC), FDOH-Miami-Dade, Mayra.Garcia@FLHealth.gov; shared copies of HHS Office of Disease Prevention and Health Promotion brief with healthy aging key indicators snapshot; this brief PDF was emailed previously to all EIC members on 7/31/24. • Marjorie Aloni shared Tri County Senior Resource Referral Network inviting you to their May networking event tomorrow, Wed. August 28th at 8:30 AM at Sterling Assisted Living with presentation by Cindy Brown, JCS/Lambda Living Program Manager. 	
Adjournment	Chair, Marjorie A. adjourned the meeting at 3:45 PM.	
Next Meeting	The next Elder Issues Committee meeting will be held virtually on Tuesday, September 24, 2024, 2:00-3:00 PM via Microsoft Teams.	