

TOPIC	DISCUSSION	ACTION NEEDED
<p>Members/Attendees (*attended virtually)</p>	<ol style="list-style-type: none"> 1. Maydi Alcaz, All Smart Care 2. Marjorie Aloni, Tri County Senior Resource Referral Network – <i>Chair</i> 3. *Darianna Andujar, Florida Department of Health in Miami-Dade – <i>Guest</i> 4. *Amayah Banks, Epilepsy Alliance FL – <i>Guest</i> 5. *Marina Bravo, First Quality Home Care 6. Blanca Ceballos, United HomeCare 7. *Aleyda Chavez, Senior Helpers (joined 2/15/22) 8. *Stephanie De La Piedra, Miami Jewish Health 9. *Witson Faustin, Florida Department of Health in Miami-Dade County 10. Mariangelli “Angie” Fernandez, Miami-Dade State Attorney Office 11. Helen Figueredo (on behalf of Nercy Radcliffe), Providence Healthcare 12. *Roxana Galera Epilepsy Alliance FL – <i>Guest</i> 13. Clara Garcia, United Way Miami 14. *Frances Garcia, Miami-Dade Fire Rescue 15. Mayra Garcia, Florida Department of Health in Miami-Dade County 16. *Maria Hidalgo, VITAS Healthcare 17. Susan O. Holtzman, NAMI Miami – <i>Vice-Chair</i> 18. *Alexander Lewy, Alzheimer’s Association – <i>Guest</i> 19. *Cynthia Orelie, Miami-Dade Area Health Education Center – <i>Guest</i> 20. *Dayamyra Perez Fernandez, Florida Department of Health in Miami-Dade 21. *Franchine Peters, Roxcy Bolton Rape Treatment Center 22. *Louisenie Remy, Jackson Health Memorial 23. Cesar Rosa, University of Miami 24. Kathleen Sarmiento, Alliance for Aging, Inc. – <i>Presenter</i> 25. Joshua Smith, Mind Over Matter Allied Health 26. Griselle Solorzano, Brain Center 27. *Allan Tavss, Miami-Dade County Parks, Recreation and Open Spaces 28. Carmen Teixeira-Parry, Alliance for Aging, Inc. 29. *Julien Olivier Tremblay, UM MD/MPH Intern – <i>Guest</i> 30. *Melody Velez, United Healthcare 	

	31. Marjorie York, Community Action Agency	
Welcome and Introductions	<p>Chair, Marjorie Aloni welcomed everyone and started the meeting at 2:00 PM. The meeting was held at host site, Alliance for Aging, located at 760 NW 107th Avenue, Suite 112, Miami, FL 33172, with an option to join virtually via Microsoft Teams for those unable to attend in person. Chair, Marjorie A. provided general meeting guidelines for attendees which were also placed in the meeting chat, and Vice-Chair, Susan Holtzman assisted with the agenda. Attendee introductions were done during <i>Partner Updates</i>, and virtual attendees were encouraged to put their contact information/organizational updates in the chat.</p>	
Review and Approval of Minutes	<p>The minutes from the last meeting on June 27, 2023, were reviewed by the Committee members in attendance. A motion was made to approve the minutes by Marjorie Y. and seconded by Helen F. The minutes were approved unanimously without corrections.</p>	
Previous Action Items(s)	<ul style="list-style-type: none"> • Continue timeline development for work plan activities (ongoing). • Discussed the work plan activity related to housing and the older adult population under strategic priority area of <i>Health Equity</i> (p. 3), <i>By September 30, 2024, the Elder Issues Committee will increase the number of meetings with local officials to educate them on housing policies related to the elderly population.</i> <ul style="list-style-type: none"> ○ Next steps: meetings with local officials. EIC members are asked to please let Chair, Marjorie Aloni, marjjealoni@gmail.com, Vice-Chair, Susan Holtzman, Susan.Holtzman@NAMImiami.org, and/or committee liaison, Mayra Garcia, Mayra.Garcia@FLHealth.gov, know of any meetings they plan on having with local officials or other change agents related to housing issues for older adults so that assistance can be provided as needed, and efforts and progress can be tracked on this work plan activity. ○ Chair, Marjorie Aloni, to set up appointments to meet with the five newly elected commissioners and other interested members could attend, including Marjorie York who expressed interest in doing so. 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • Pending meetings with local officials to educate them on housing policies related to the elderly population.

	<ul style="list-style-type: none"> ○ The updated <i>Elder Issues Committee-Housing Policy Issues Impacting Older Adults Plan</i> document was last emailed to members after the June's meeting on 6/28/23. ○ Marjorie A. & Clara G. provided updates from the United Way Miami's Older Adult Advocacy Taskforce which along with AARP Florida will host a Legislative Summit Event "Aging With Dignity & Public Policy" on Tuesday, October 3rd, 2023, from 8AM to 12PM at Miami-Dade College-North Campus. This event will feature three panel discussions on policy issues affecting the older adults in our community, such as housing, and consumer fraud. Panels will be comprised of invited elected officials, older adult service providers and older adult community members. Event is free, and registration will be available sometime next week from the United Way and AARP, and will be shared via this Committee's member listserv. 	
<p>Executive Board Update</p>	<p>Chair, Marjorie A. provided the updates from Executive Board 8/14/23 meeting:</p> <ul style="list-style-type: none"> ● Shared COVID-19 updates, including that community transmission is going up with new variant present, and a new booster is coming soon. ● The Healthy Equity Office food pantry initiative updates, including a new food pantry has been established in Florida City to be located at a school within their church. Also, the American Healthy Weight Alliance has been working with the Miccosukee community to establish a food pantry for their residents. ● Also related to food insecurity, some hospitals, such as West Kendall Baptist Hospital Healthy Hub, has been using a food insecurity survey during client intakes. ● The Executive Board subcommittee continues to plan the Consortium's 20th Annual event-TBA. Additional details to follow. 	
<p>Legislative Report</p>	<p>Vice-Chair, Susan H., said that she did not have a legislative report this month.</p>	
<p>Presentation: <i>Medicare Part C & Medigap Supplements</i></p>	<p>EIC member and partner, Kathleen Sarmiento, SHINE Liaison, Alliance for Aging, Inc., gave a 15-minute presentation on Medicare Part C & Medigap Supplements. We are so thankful to Kathleen for taking the time to provide information about Medicare Part C and supplements available. Although she is not allowed to distribute</p>	<p>Action Item(s): Submit suggestion(s) for future presentations at Elder Issues Committee meetings via email to:</p>

	<p>copies of her presentation slide deck, Kathleen did share three handouts related to Medicare which were emailed to all EIC members after the meeting on 8/30/2023 along with her contact information.</p>	<p>marjeealoni@gmail.com, susan.holtzman@miamidade.gov, & Mayra.Garcia@flhealth.gov.</p>
<p>Performance Measures in Need of Improvement (Work Plan Review)</p>	<p>Chair, Marjorie A. led discussion on the following in the EIC Work Plan 2019-2024:</p> <ul style="list-style-type: none"> • The following activities under Chronic Disease, p. 12, need to be completed <i>by September 30, 2024, the Elder Issues Committee will ...</i> <ul style="list-style-type: none"> ○ ... <i>organize a walk to encourage elder adults to increase physical activity.</i> ○ ... <i>partner with the Children Issues Committee to increase the percentage of adults who are at a healthy weight.</i> ○ ... <i>create a campaign to increase awareness of physical activity (e.g., Parks305).</i> ○ ... <i>create a map with identified underserved areas.</i> • The following updates for these activities were discussed: • We are planning an intergenerational walk to encourage physical activity for older adults and will collaborate with the Consortium's Children Issues Committee (CIC) so that children and their families can participate as well. The walk will take place on Saturday, January 13th, 2024, from 9AM to 12PM at Deerwood Bonita Lakes Park. • Deerwood Bonita Lakes Park, located at 10901 SW 24 Street in Miami near the zoo, was selected because it is near one of the 16 zip codes found to have a combination of the highest percentages of underserved, of individuals ages 65 years or older, who are not physically active. The other health indicators considered to help identify the zip codes of interest included physical inactivity, obesity, living less than a 10-minute walk from a park, and living under the poverty level. Additionally, the Deerwood Bonita Lakes Park is one of the County park sites that offers Active Older Adults programs which provide fitness, leisure, and social activities for adults 55 and older. • EIC member, Allan Tavss, Active Older Adults Program Coordinator, Miami-Dade County Parks, shared that Deerwood Bonita Lakes Park is an excellent park 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • Continue discussion and planning for these activities at future EIC meetings

	<p>with a nice walking path, conveniently located, west of the Turnpike from SW 152nd Street exit and north on SW 122nd Avenue, near but before Zoo Miami. Also, the park has high population of active older adults, plenty of parking, and a children's play area. Allan said that he will move forward with obtaining final approval from MDPROS as needed for park site and event date/time.</p> <ul style="list-style-type: none"> • A draft of the event flyer for the walk has been developed in order to promote the intergenerational walk and health resource fair, as part of the campaign to increase awareness of physical activity, the health benefits of regular physical activity, and promote the County's parks and programs. The flyer has space for organizational logos who will partner to support the event, like MDPROS. The proposed campaign theme used on the draft flyer is "Walk for Your Health in the New Year 2024." • Please let Marjie or Mayra know if you or your organization would like to be involved in planning and supporting this activity. There will be limited space at the walk event for lead organizations to have a representative providing health and/or service information. All are invited to attend. • Mayra shared a recently released flyer from the CDC Health Benefits of Physical Activity for Adults 65 and Older in English; Spanish translation pending; provided hard copy to attendees. 	
<p>Recognition of Improved Performance</p>	<ul style="list-style-type: none"> • Mild Cognitive Impairment presentation on 6/27/23 • 28 attendees at meeting in June 2023. 	
<p>Partner Updates</p>	<ul style="list-style-type: none"> • Marjorie Aloni shared that the Tri County Senior Resource Referral Network meets monthly as an opportunity for professionals who interact with elderly clients to get together and share referrals and resources; if interested, send email to marjiecealoni@gmail.com or text/phone 305-766-2976. • Susan Holtzman, CEO, NAMI Miami, susan.holtzman@namimiamidade.org; shared that they provide support groups for persons living with mental illness or family members; www.Namimiami.org. 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department of Health and community partners/organizations promoting health in Miami-Dade County; register to become a member for

- Carmen Teixeira, Alliance for Aging, shared about programming being offered, including Bingocize.
- Marjorie York shared International Day of Peace event on 9/21/23 10AM in MB.
- Witson Faustin, Health Services Representative, Office of Community Health and Planning, Florida Department of Health in Miami-Dade County, Witson.Faustin@flhealth.gov, 786-732-8863.
- Dayamyra Perez Fernandez, Health Services Representative, Office of Community Health and Planning, Florida Department of Health in Miami-Dade County, DayamyraPerezFernandez@flhealth.gov, 786-732-8849.
- Aleyda Chavez, Senior Helpers North Miami & Miami Beach; they provide personal/companion care at clients home, ALF, hospital, rehab, etc. with HHAs and CNAs; achavez@seniorhelpers.com, cell phone 954-646-4826.
- Maria Hidalgo, VITAS Healthcare; announced the Latino Center on Aging Golden Age Awards Honorees will be on Sept. 16th at the Pullman Hotel.
- Louisenie Remy, Community Health Educator Roxcy Bolton Rape Treatment Center, louisenie.remy@jhsMiami.org.
- Blanca Ceballos, Community Relations Manager, United HomeCare, shared about their AVUS Connect Tech Pals program; visit www.AVUSConnect.org for volunteer information; contact: bceballos@unitedhomecare.com.
- Stephanie De la Piedra, FL PACE Center, community long term care program; Sdelapiedra@miamijewishhealth.org.
- Darianna Andujar, Health Services Representative, Office of Community Health and Planning, Florida Department of Health in Miami-Dade County; darianna.andujar@flhealth.gov, 786-732-8860.
- Alexander Lewy, Alzheimer's Association, ALewy@alz.org; shared upcoming Walk to End Alzheimer's Miami Kick Off on Sept. 14, 2023 at 5:30-7:30PM, evite link: <https://www.punchbowl.com/parties/01932c43b9c9570e3dd4>.
- Cynthia Orelie, Miami-Dade AHEC; they educate the community about Alzheimer's so if anyone is interested, email: corelien@mdahec.org.

free online:

<https://www.healthymiamidade.org/membership/>.

- EIC members who are subject matter specialists in healthy lifestyles and health promoting topics for older adult population are asked to volunteer to submit written article and/or social media postings for 2023 calendar year; please confirm your interest, topic suggestions via email to liaison: Mayra.Garcia@FLHealth.gov.

Written submissions are due by 15th of month prior to publish month.

	<ul style="list-style-type: none"> • Mariangelli (Angie) Fernandez, PIO Community Outreach Division, Office of the State Attorney Katherine Fernandez Rundle, www.miamisao.com, 305-547-0724, fernang@miamisao.com. • Louisenie Remy, Community Health Educator, Louisenie.remy@jhs-miami.org, Jackson Health System/Roxcy Bolton Rape Treatment Center. • Mayra Garcia, Community Liaison for the Elder Issues Committee (EIC)/Senior Community Health Nursing Supervisor, Office of Community Health & Planning for the Florida Department of Health in Miami-Dade County, Mayra.Garcia@FLHealth.gov; shared Florida's State Health Improvement Plan (SHIP) can be accessed online at www.FloridaSHIP.org; reviewed the seven strategic priority areas, which include, Alzheimer's Disease & Related Dementias. • Griselle Solorzano, BA, Social Services Manager, Brain Center, shared program/services information; gsolorzano@braincenter.org, 305-865-8940 x105. • Marjorie York announced an upcoming Earth Day Celebration at the Miami Beach Botanical Garden on April 22nd, 2023, 9AM to 5PM. 	
Adjournment	Chair, Marjorie A. adjourned the meeting at 3:43 PM.	
Next Meeting	The next Elder Issues Committee meeting will be held virtually on Tuesday, September 26, 2023, 2:00-3:00 PM via Microsoft Teams.	