

TOPIC	DISCUSSION	ACTION NEEDED
Members/Attendees	<ol style="list-style-type: none"> <li>1. Lisa Agate, Aetna</li> <li>2. Kirk (Daniel) Arthur, In My Team</li> <li>3. Cindy Brown, JCS/Lambda Living</li> <li>4. Martine Charles, Alliance for Aging, Inc.</li> <li>5. Rob Collins, HOPE, Inc.</li> <li>6. Mariangelli “Angie” Fernandez, Miami-Dade State Attorney Office</li> <li>7. Frances Garcia, Miami-Dade Fire Rescue</li> <li>8. Mayra Garcia, Florida Department of Health in Miami-Dade County</li> <li>9. Paola Leon, In My Team</li> <li>10. Dennise Nicola, PACE/Miami Jewish Health - <i>Presenter</i></li> <li>11. Gloria Orlandi-Kass, Alzheimer’s Association</li> <li>12. Dayamyra Perez Fernandez, Florida Department of Health in Miami-Dade</li> <li>13. Louisenie Remy, Jackson Health Memorial</li> <li>14. Lymari Rivera, Mount Sinai Medical Center Eldercare (PACE)</li> <li>15. Darlene Ross, Cano Health</li> <li>16. Marta Cristina Salazar Grande, University of Miami</li> <li>17. Kathleen Sarmiento, Alliance for Aging, Inc.</li> <li>18. Stacey Silver, Mom’s Meals</li> <li>19. Allan Tavss, Miami-Dade County Parks, Recreation and Open Spaces</li> <li>20. Laurie Varona, Florida Department of Health in Miami-Dade County</li> </ol>	
Welcome and Introductions	<p>Chair, Marjorie Aloni and Vice-Chair, Susan Holtzman were not able to attend the meeting. In their absence, Mayra Garcia, the Committee’s community liaison welcomed everyone and started the meeting at 2:03 PM.</p> <p>Attendee introductions were done during <i>Partner Updates</i>, and virtual attendees were encouraged to put their contact information/organizational updates in the chat.</p>	
Review and Approval of Minutes	<p>The minutes from the last meeting on September 26, 2023, were reviewed by the Committee members in attendance. A motion was made to approve the minutes by Allan T. and seconded by Dennise N. The minutes were approved unanimously without corrections.</p>	

<p>Previous Action Items(s)</p>	<ul style="list-style-type: none"> <li>• Continue timeline development for work plan activities (ongoing).</li> <li>• Discussed the work plan activity related to housing and the older adult population under strategic priority area of <i>Health Equity</i> (p. 3), <i>By September 30, 2024, the Elder Issues Committee will increase the number of meetings with local officials to educate them on housing policies related to the elderly population.</i> <ul style="list-style-type: none"> <li>○ Next steps: meetings with local officials. EIC members are asked to please let Chair, Marjorie Aloni, <a href="mailto:marjeealoni@gmail.com">marjeealoni@gmail.com</a>, Vice-Chair, Susan Holtzman, <a href="mailto:Susan.Holtzman@miamidade.org">Susan.Holtzman@miamidade.org</a>, and/or committee liaison, Mayra Garcia, <a href="mailto:Mayra.Garcia@FLHealth.gov">Mayra.Garcia@FLHealth.gov</a>, know of any meetings they plan on having with local officials or other change agents related to housing issues for older adults so that assistance can be provided as needed, and efforts and progress can be tracked on this work plan activity.</li> <li>○ Chair, Marjorie Aloni, to set up appointments to meet with the five newly elected commissioners and other interested members could attend, including Marjorie York who expressed interest in doing so. After the meeting in a follow-up email, Dennise Nicola expressed interest in helping as well.</li> <li>○ The updated <i>Elder Issues Committee-Housing Policy Issues Impacting Older Adults Plan</i> document was last emailed to members after June's meeting on 6/28/23.</li> <li>○ The United Way Miami's Older Adult Advocacy Taskforce and AARP Florida hosted a Legislative Summit Event "Aging with Dignity &amp; Public Policy" on Tuesday, October 3rd, 2023, 8AM to 12PM at Miami-Dade College-North Campus. Panel discussions focused on policy issues affecting older adults in our community, such as housing, and consumer fraud. Panels were comprised of elected officials, older adult service providers and older adult community members. Several EIC members were in attendance.</li> </ul> </li> </ul>	<p>Action Item(s):</p> <ul style="list-style-type: none"> <li>• Increase meetings with local officials to educate them on housing policies related to the elderly population.</li> </ul>
<p>Executive Board (EB) Update</p>	<p>In the absence of Chair, Marjorie A., Mayra Garcia provided the following update from the Executive Board:</p> <ul style="list-style-type: none"> <li>• The Consortium's 20<sup>th</sup> Annual Event will be on Friday, December 1<sup>st</sup>, 2023, at Dadeland Marriott Datriam Ballroom. Additional details will be shared soon.</li> </ul>	

Legislative Report	Due to the absence of Vice-Chair, Susan H., a legislative report was not available.	
Presentation: <i>Medicaid Long Term Care Services for Seniors Living in the Community-20 years serving Miami Dade</i>	EIC member and partner, Dennise Nicola, Senior Sales Specialist, Florida PACE Centers at Miami Jewish Health gave a 15-minute presentation on the Florida PACE Centers at Miami Jewish Health. PACE stands for Program All-Inclusive Care for the Elderly. The presentation included statistics about PACE programs nationwide, and in Florida. PACE is an innovative model of care that enables individuals who are 55 years old or older, who live in eligible zip codes, and meet nursing facility level of care, and can live safely in the community with the support of FL PACE Centers services. Program services are an all-inclusive and comprehensive healthcare package that coordinates and provides all preventative, primary, acute, and long-term care services in the community. The service package includes all Medicare and Medicaid services, plus community Long-Term Care services. Care plans are developed by an interdisciplinary team. Many PACE participants attend the day care program daily Monday-Friday. The Day Center Program offers recreational activities, socialization, mental stimulation, and companionship. The Center includes the following: Health Clinic, on site Physicians, Nurse Practitioners, Behavioral Specialist, mental health groups, physical and occupational therapy rooms. For more information, visit <a href="http://www.FloridaPACECenters.org">www.FloridaPACECenters.org</a> , or contact Dennise Nicola, Senior Sales Specialist, cell 786-661-5644, <a href="mailto:DNicola@MiamiJewishHealth.org">DNicola@MiamiJewishHealth.org</a> .	Action Item(s): Submit suggestion(s) for future presentations at Elder Issues Committee meetings via email to: <a href="mailto:marjeealoni@gmail.com">marjeealoni@gmail.com</a> , <a href="mailto:susan.holtzman@miamidade.gov">susan.holtzman@miamidade.gov</a> , & <a href="mailto:Mayra.Garcia@flhealth.gov">Mayra.Garcia@flhealth.gov</a> .
Performance Measures in Need of Improvement (Work Plan Review)	Mayra G., led discussion on the following in the EIC Work Plan 2019-2024: <ul style="list-style-type: none"> <li>• The following activities under Chronic Disease, p. 12, need to be completed by <i>September 30, 2024, the Elder Issues Committee will ...</i> <ul style="list-style-type: none"> <li>○ ... <i>organize a walk to encourage elder adults to increase physical activity.</i></li> <li>○ ... <i>partner with the Children Issues Committee to increase the percentage of adults who are at a healthy weight.</i></li> <li>○ ... <i>create a campaign to increase awareness of physical activity (e.g., Parks305).</i></li> <li>○ ... <i>create a map with identified underserved areas.</i></li> </ul> </li> <li>• The following updates for these activities were discussed:</li> </ul>	Action Item(s): <ul style="list-style-type: none"> <li>• Continue discussion and planning for these activities at future EIC meetings.</li> <li>• The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department of Health and community partners/organizations promoting health in Miami-Dade County; register to become a member for</li> </ul>

- We are planning an intergenerational walk to encourage physical activity for older adults and will collaborate with the Consortium's Children Issues Committee (CIC) so that children and their families can participate as well. The walk will take place on Saturday, January 13<sup>th</sup>, 2024, from 9AM to 12PM at Deerwood Bonita Lakes Park.
- Deerwood Bonita Lakes Park, located at 10901 SW 24 Street in Miami near the zoo, was selected because it is near one of the 16 zip codes found to have a combination of the highest percentages of underserved, of individuals ages 65 years or older, who are not physically active. The other health indicators considered to help identify the zip codes of interest included physical inactivity, obesity, living less than a 10-minute walk from a park, and living under the poverty level. Additionally, the Deerwood Bonita Lakes Park is one of the County Park sites that offers Active Older Adults programs which provide fitness, leisure, and social activities for adults 55 and older.
- EIC member, **Allan Tavss, Active Older Adults Program Coordinator**, Miami-Dade County Parks, shared that Deerwood Bonita Lakes Park is an excellent park with a nice walking path, conveniently located, west of the Turnpike from SW 152<sup>nd</sup> Street exit and north on SW 122<sup>nd</sup> Avenue, near but before Zoo Miami. Also, the park has high population of active older adults, plenty of parking, and a children's play area. Allan confirmed that he has obtained final approval from MDPROS as needed for park site and event date/time but is pending final event flyer approval. He also confirmed that there is space for at most 8 vendor tables for the health resources, and the park could provide these tables to be used at event.
- Shared onscreen, the draft of the event flyer, "Walk for Your Health in the New Year 2024." The walk and health resource fair flyer will be used to promote the event as part of the campaign to increase awareness of physical activity, the health benefits of regular physical activity, and promote the County's parks and programs. The flyer has space for organizational logos who will partner to support the event, like MDPROS, but space is limited to those who respond first.

free online:

<https://www.healthymiamidade.org/membership/>.

- EIC members who are subject matter specialists in healthy lifestyles and health promoting topics for older adult population are asked to volunteer to submit written article and/or social media postings for 2023 calendar year; please confirm your interest, topic suggestions via email to liaison: [Mayra.Garcia@FLHealth.gov](mailto:Mayra.Garcia@FLHealth.gov).

*Written submissions are due by 15<sup>th</sup> of month prior to publish month.*

	<ul style="list-style-type: none"> <li>• Please let Mayra know if you or your organization would like to participate and/or support the event. Due to the limited space available, the first organizations to request a table and/or confirm their participation details will be given priority. Participating organizations could have a representative providing health and/or service information. Everyone is invited to attend, along with their families.</li> <li>• The following activity under <i>Injury, Safety, and Violence</i>, p. 20, needs to be completed by <i>September 30, 2024, there will be a presentation on emotional intelligence and the processing of emotions.</i> <ul style="list-style-type: none"> <li>○ Dennise N. said she will check with her colleagues about a possible presentation on this topic to be scheduled in 2024.</li> </ul> </li> <li>• 2024 in-person meetings are planned for 2/27, 5/28, 8/27, and 11/26/2024, and we are looking for partner organizations to be host sites. The Vi at Aventura has offered to host the 2/27 meeting. Cindy Brown, Jewish Community Services/Lambda Living program, and Dennise Nicola, FL PACE Centers offered to host two other dates in 2024 pending scheduling.</li> </ul>	<p>Action Item(s) - continued:</p> <ul style="list-style-type: none"> <li>• Schedule a “presentation on emotional intelligence and the processing of emotions.”</li> <li>• Confirm 2024 host sites for meeting dates pending: <ul style="list-style-type: none"> <li>○ 2/27/24-Vi at Aventura</li> <li>○ 5/28/24-FL PACE Ctrs.?</li> <li>○ 8/27/24-Lambda Living?</li> <li>○ 11/26/24-TBD?</li> </ul> </li> </ul>
Recognition of Improved Performance	<ul style="list-style-type: none"> <li>• NAMI Miami-Dade &amp; mental health presentation on 9/26/23</li> <li>• 22 attendees at September’s virtual meeting</li> </ul>	
Partner Updates	<ul style="list-style-type: none"> <li>• Cindy Brown, JCS Lambda Living, <a href="mailto:cbrown@jcsfl.org">cbrown@jcsfl.org</a>, 305-403-6515; shared that they have in person and online programs &amp; support groups for LGBTQ and older adults; calendar: <a href="https://jewishcommunityservicesofsouthflorida.wildapricot.org/">https://jewishcommunityservicesofsouthflorida.wildapricot.org/</a>.</li> <li>• Louisenie Remy, Community Health Educator, Jackson Health Memorial Roxcy Bolton Rape Treatment Center, <a href="mailto:louisenie.remy@jhsMiami.org">louisenie.remy@jhsMiami.org</a>.</li> <li>• Mayra Garcia, Community Liaison for the Elder Issues Committee (EIC)/Senior Community Health Nursing Supervisor, Office of Community Health &amp; Planning, FL Department of Health in Miami-Dade County, <a href="mailto:Mayra.Garcia@FLHealth.gov">Mayra.Garcia@FLHealth.gov</a>.</li> </ul>	
Adjournment	Mayra G. adjourned the meeting at 3:03 PM.	
Next Meeting	The next Elder Issues Committee meeting will be held virtually on Tuesday, November 28, 2023, 2:00-3:00 PM via Microsoft Teams.	