

TOPIC	DISCUSSION	ACTION NEEDED
Members/Attendees	<ol style="list-style-type: none"> 1. Marjorie Aloni, Tri County Senior Resource Referral Network – <i>Chair</i> 2. Kirk (Daniel) Arthur, In My Team 3. Cindy Brown, JCS/Lambda Living 4. Rob Collins, HOPE, Inc. 5. Sandra Delgado, YMCA South Florida - <i>Guest</i> 6. Alexander Fiuza, Mount Sinai Medical Center Eldercare PACE - <i>Guest</i> 7. Trudy Gaillard, Florida International University 8. Frances Garcia, Miami-Dade Fire Rescue 9. Mayra Garcia, Florida Department of Health in Miami-Dade County 10. Dawn Gardier, Florida International University 11. Kristin Guerin, Buddy System MIA 12. Maria Hidalgo, VITAS Healthcare - <i>Presenter</i> 13. Luis Mejer, 24/7 Nursing Care 14. Franklin Monjarrez, Sage USA 15. Jason Neufeld, Elder Needs Law, PLLC 16. Gloria Orlandi-Kass, Alzheimer's Association 17. Ivete Pasini, In My Team - <i>Guest</i> 18. Lucy Pena, My Psychiatrist 19. Dayamyra Perez Fernandez, Florida Department of Health in Miami-Dade 20. Franchine Peters, Roxcy Bolton Rape Treatment Center 21. Lymari Rivera, Mount Sinai Medical Center Eldercare PACE 22. Darlene Ross, Cano Health 23. Allan Tavss, Miami-Dade County Parks, Recreation and Open Spaces 24. Marjorie York, Community Action Agency 	
Welcome and Introductions	Chair, Marjorie Aloni welcomed everyone and started the meeting at 2:02 PM. Vice-Chair, Susan Holtzman was not present.	
Review and Approval of Minutes	The minutes from the last meeting on October 31, 2023, were reviewed by the Committee members in attendance. A motion was made to approve the minutes by Cindy B. and seconded by Marjorie Y. The minutes were approved unanimously without corrections.	

<p>Previous Action Items(s)</p>	<ul style="list-style-type: none"> • Continue timeline development for work plan activities (ongoing). • The following activities under Chronic Disease, p. 12, need to be completed by <i>September 30, 2024, the Elder Issues Committee will ...</i> <ul style="list-style-type: none"> ○ ... <i>organize a walk to encourage elder adults to increase physical activity.</i> ○ ... <i>partner with the Children Issues Committee to increase the percentage of adults who are at a healthy weight.</i> ○ ... <i>create a campaign to increase awareness of physical activity (e.g., Parks305).</i> ○ ... <i>create a map with identified underserved areas.</i> • No new updates for these activities were discussed for the intergenerational walk planned to encourage physical activity for older adults with collaboration from the Consortium's Children Issues Committee (CIC) so that children and their families can participate as well. The walk is planned to take place on Saturday, January 13th, 2024, from 9AM to 12PM at Deerwood Bonita Lakes Park, located at 10901 SW 24 Street in Miami near the zoo. This park was selected because it is near one of the 16 zip codes found to have a combination of the highest percentages of underserved, of individuals ages 65 years or older, who are not physically active. The other health indicators considered to help identify the zip codes of interest included physical inactivity, obesity, living less than a 10-minute walk from a park, and living under the poverty level. Additionally, the Deerwood Bonita Lakes Park is one of the County park sites that offers Active Older Adults programs which provide fitness, leisure, and social activities for adults 55 and older. • EIC member, Allan Tavss, Active Older Adults Program Coordinator, Miami-Dade County Parks is our MDPROS point of contact for planning this event. • Shared onscreen, the draft of the event flyer, "Walk for Your Health in the New Year 2024" which has the supporting partner organization logos that were provided. The event flyer has been updated to include MDPROS event green border and required accessibility verbiage at the bottom provided by Allan Tavss. The walk and health resource fair flyer will be used to promote the event as part of 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • Pending final approval of Walk event flyer by MDPROS and DOH.
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	the campaign to increase awareness of physical activity, the health benefits of regular physical activity, and promote the County's parks and programs.	
Executive Board (EB) Update	<p>Chair, Marjorie A. provided updates from EB, including:</p> <ul style="list-style-type: none"> • The Consortium's 20th Annual Event will be on Friday, December 1st, 2023, at Dadeland Marriott Datram Ballroom. Event flyer was shared onscreen, and the registration link was put in chat. • There will not be an Elder Issues Committee meeting in the month of December due to the holidays. Next monthly meeting will be virtual on Tuesday, January 30, 2024, from 2:00-3:00PM. 	
Legislative Report	Due to the absence of Vice-Chair, Susan H., a legislative report was not available.	
Presentation: <i>November is National Hospice & Palliative Care Month</i>	<p>EIC partner and member, Maria Hidalgo, Volunteer Services Manager/Community Relations with VITAS Healthcare gave a 15-minute presentation on hospice basics and benefits for patients and families needing end of life services. The presentation included hospice criteria and eligibility, Medicare regulations, end of life care planning, and principles of palliative care. Common hospice myths and misconceptions were reviewed. Similarities and differences of palliative care and hospice were also reviewed. Reimbursement varies substantially between palliative care and hospice programs. The four levels of hospice care were reviewed. Hospice care is based on an interdisciplinary team, with nurses, social workers, chaplains, and physicians directing, providing, and coordinating care for the patient. Additional team members include hospice aides, volunteers, therapists, and other healthcare providers. The patient and family are a part of the team and are involved in the patient care process. They provide direction to the team regarding what types of interventions and care they want, as well as those interventions that they do not want. Hospice care does not end when the patient dies. Hospice supports families after a death for up to 13 months with consistent contact, support groups, grief education and one-on-one visits. Even after that period has ended, hospice is always available to those who've experienced the death of a loved one. Maria H. encouraged attendees to consider becoming a VITAS volunteer and to help spread the word for others to do the same. For more information, contact Maria Hidalgo, VITAS volunteer services manager,</p>	<p>Action Item(s): Submit suggestion(s) for future presentations at Elder Issues Committee meetings via email to: marjeealoni@gmail.com, susan.holtzman@miamidade.gov, & Mayra.Garcia@flhealth.gov.</p>

	<p>Maria.Hidalgo1@vitas.com, 786-399-3992. The presentation slides, VITAS Volunteer brochure and Maria's contact information were emailed to all EIC members after the meeting on 12/15/2023.</p>	
<p>Performance Measures in Need of Improvement (Work Plan Review)</p>	<p>Chair, Marjorie A. led discussion on the following in the EIC Work Plan 2019-2024:</p> <ul style="list-style-type: none"> • The following activity under <i>Injury, Safety, and Violence</i>, p. 20, needs to be completed by <i>September 30, 2024, there will be a presentation on emotional intelligence and the processing of emotions.</i> <ul style="list-style-type: none"> ○ In the October meeting, Dennise N., PACE/Miami Jewish Health, said she would check with her colleagues about a possible presentation on this topic to be scheduled in 2024. ○ Previously in the October EIC Leadership Agenda planning meeting, EIC Vice-Chair, Susan Holtzman, NAMI Miami, had also mentioned she would try to see if someone from her organization could provide a presentation. • 2024 in-person meetings are planned for 2/27, 5/28, 8/27, and 11/26/2024, and we are looking for partner organizations to be host sites. The Vi at Aventura has offered to host the 2/27 meeting. The following EIC partner members have offered to host other meeting dates in 2024: Dennise Nicola, PAC/Miami Jewish Health (for 5/28 pending confirmation of site details), Cindy Brown, Jewish Community Services/Lambda Living program, and Blanca Ceballos, United HomeCare, pending scheduling for 8/27 and 11/26/2024. 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • Continue discussion and planning for these activities at future EIC meetings
<p>Recognition of Improved Performance</p>	<ul style="list-style-type: none"> • Florida PACE Centers presentation on 10/31//23 • A total of 20 attendees at October's virtual meeting 	
<p>Partner Updates</p>	<ul style="list-style-type: none"> • Marjorie Aloni shared that the Tri County Senior Resource Referral Network meets monthly as an opportunity for professionals who interact with elderly clients to get together and share referrals and resources; if interested, send email to marjjealoni@gmail.com or text/phone 305-766-2976. • Maria Hidalgo, Volunteer Services Manager, VITAS Healthcare, Maria.Hidalgo1@vitas.com, 786.399.3992, 786.213.0490. • Kristen Guerin, Buddy System MIA, kristin@buddysystemmia.com. 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department of Health and community partners/organizations promoting health in Miami-Dade County;

**ELDER ISSUES COMMITTEE/
MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY**

Meeting Minutes
Tuesday, November 28, 2023
Microsoft Teams



	<ul style="list-style-type: none"> • Cindy Brown, JCS Lambda Living, cbrown@jcsfl.org, 305-403-6515; shared that they have in person and online programs & support groups for LGBTQ and older adults; calendar: https://jewishcommunityservicesofsouthflorida.wildapricot.org/. • Lucy Pena Outreach manager, My Psychiatrist, www.mypsychiatrist.com; lucy@mypsychiatrist.com, 954-932-0493; announced Miami-Dade Behavioral Health Alliance December luncheon on Dec. 8th with link for tickets in chat: Miami-Dade Behavioral Health Alliance December Luncheon Tickets, Fri, Dec 8, 2023 at 12:00 PM Eventbrite. • Kirk Arthur, In My Team, announced Miami Healthcare Connect is hosting a networker/happy hour at Mirabelle Senior Living next week, Dec. 7th from 4 to 6:30PM; RSVP to Kirk@inmyteam.com. • Frances Garcia, Miami-Dade Fire Rescue, Community Assistance/Elder Links Coordinator; announced online Safety Tips: Winter Holidays (miamidade.gov). • Mayra Garcia, Community Liaison for the Elder Issues Committee (EIC)/Senior Community Health Nursing Supervisor, Office of Community Health & Planning, FL Department of Health in Miami-Dade County, Mayra.Garcia@FLHealth.gov. • Franchine Peters, Program Manager, Roxcy Bolton Rape Treatment Center, Jackson Health System, 305-585-5185. • Gloria Orlandi Kass, Alzheimer's Association, 24/7 Helpline: 800-272-3900 for care consultation, information, and referral; announced Walk to End Alzheimer's in Miami at FIU on Saturday, December 16th: ALZ.org/MiamiWalk. • Dawn Gardier, Florida International University, College of Nursing, announced Age Well Research Education registry and put link in chat: https://cnhs.fiu.edu/agewellregistry/index.html. • Alexander Fiuza, Mount Sinai Medical Center Eldercare PACE, office 786-584-5560, cell 305-310-5079, alexander.fiuza@msmc.com. 	<p>register to become a member for free online: https://www.healthymiamidade.org/membership/.</p> <ul style="list-style-type: none"> • EIC members who are subject matter specialists in healthy lifestyles and health promoting topics for older adult population are asked to volunteer to submit written article and/or social media postings for 2023 calendar year; please confirm your interest, topic suggestions via email to liaison: Mayra.Garcia@FLHealth.gov. <i>Written submissions are due by 15th of month prior to publish month.</i>
Adjournment	Chair, Marjorie A. adjourned the meeting at 3:05 PM.	
Next Meeting	The December meeting is cancelled. The next Elder Issues Committee meeting will be held virtually on Tuesday, January 30, 2024, 2:00-3:00 PM via Microsoft Teams.	