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| **Topic** | **Discussion** | **Action Needed** |
| Members Present | 1. Alicia Suarez, Join Papa 2. Alina Becker, Alliance for Aging\* 3. Belen Tejeiro, SHINE 4. Blanca Hernandez, Caballero Rivero 5. Carmen Centeno, MDPLS 6. Cindy Brown, JCS/Lambda Living- *Vice-Chair* 7. David Saltman, Florida International University\* 8. Doreen Lo Cicero, ReServe 9. Francis Fernandez, Centro Axis Adult Day Care 10. Gina Gonzalez, Anthem 11. Isabel Rovira, UHP/Age-Friendly Initiative\* 12. Ivonne Fernandez, AARP\* 13. Jeannie Necessary, UF/IFAS Family Nutrition Program 14. Juanita Cendan, Dade Legal Aid 15. Larry Dent, eQHealth-Senior Medicare Patrol\* 16. Marcia Sapoznik, Sapoznik Psychotherapy 17. Marjorie York, Community Action Agency 18. Mayra Garcia, Florida Department of Health in Miami-Dade County 19. Melody Velez, United Healthcare\* 20. Michael Pearson Alzheimer’s Association- *Chair* 21. Miguel Hernandez, ReServe 22. Nicholas (Nick) Brunzell, Bankers Life 23. Patricia Sherrill, Florida Department of Health in Miami-Dade County 24. Sabrina Taldone, UM 25. Solina Rulfs, UF/IFAS Family Nutrition Program 26. Teri Arvesu, Miami-Dade County, Office of the Mayor 27. Vukosava Pekovic, FIU\* 28. Wendy Kirby, Care Patrol\* 29. Wilmarie Latorre, Jackson Health System\*   \*indicates member(s) participated via teleconference |  |
| Welcome and Introductions | Chair, Michael Pearson welcomed everyone and started the meeting at 2:05 PM. The meeting was held at Stephen P. Clark Government Center, 111 NW 1st Street, 29th floor, Suite 29A, Miami, FL 33128. Everyone introduced themselves. Michael welcomed newly elected Vice-Chair, Cindy Brown of Lambda Living Center/JCS. |  |
| Review and Approval of Minutes | The meeting minutes for March 27, 2018 were reviewed by the Committee. A motion was made to approve the minutes by Marjorie York and seconded by Teri Arvesu and David Saltman. |  |
| Executive Board Update | Michael P. provided the following updates:   * The Executive Board had a follow-up Consortium for a Healthier Miami-Dade sustainability plan meeting on Monday, April 9, 2018. * The Annual Consortium event is on Friday, Sept. 14, 2018 at the Rusty Pelican and includes breakfast; sponsorship information is available and EIC members are encouraged to attend. |  |
| Legislative Report | (No updates available) |  |
| Previous Action Items | * June 26, 2018 meeting to be held at Lambda Living/JCS Center * Second host site (TBA) for Oct. or Nov. meeting * Chronic Disease Subcommittee * Hosted Type 2 Diabetes Event “Understanding Diabetes: Wellness in the Elder Community” on April 12, 2018 8:30AM to 12:30PM at United Way of Miami-Dade, Ansin Bldg. (Ryder Room). 6-member panel of multidisciplinary experts from Doctors Hospital/BHSF answered questions and presented on various individual topics, such as, *Diabetes and Your Heart, Osteoporosis and Fall Prevention in the Older Community, Diabetes Medication: What You Need to Know, Diabetes as it Relates to Wounds/Lowering Risk of Amputations,* and *Handling Nutrition for Diabetics with Ease*. Teri Busse-Arvesu facilitated the agenda program and the panel discussion. Nenha Martin was the onsite United Way host representative. Thanks to all the attendees, and community partners and everyone who assisted with the planning, promotion and day-of support for this very successful event! * Reviewed responses of (#21) evaluations collected from attendees at the Type 2 Diabetes Event on April 12, 2018. Overall, attendees responded favorably (71.43-90.48% “Strongly Agree” or 9.52-28.57% “Agree”) to seven standard questions regarding the presenters, presentations, interests, learning, satisfaction   and Consortium. The great majority of open-ended comments collected were also favorable.   * Suggestions made for future community events hosted by EIC * Hold event(s) at a large adult day care center to guarantee a higher number of community members in attendance, because it was probably difficult for community elder residents to get to the United Way location especially at early time in the morning. * Bus in senior residents to the event location. * Discussed possible presentation topics for future event(s) including, Obesity, Unintentional Falls, Healthy Aging, Chronic Disease Prevention, Elders Abuse, Dental Care for Elders. * Many agreed that *Dental Care for Elders* is very important as it potentially affects overall health and wellness. Also, generally original Medicare dental coverage is only for limited circumstances involving hospitalization. * A suggestion was made by Nick B. to hold a dental care event at CHEN Medical Centers as a host site. He mentioned that he has contact for CHEN. * Teri A. mentioned that she is working on two community events/mini-health fairs to be held at Stephen P. Clark Government Center lobby. EIC members and other providers of elder services are welcome to let her know if they would like to have a vendor table at either of the events: * May 9th for *Older American’s Month* * June 13th for *Elder Abuse Awareness Month* |  |
| Presentation: *Medicare-what’s covered and what’s not* | Nicholas Brunzell, Insurance Agent, Bankers Life, gave a very informative presentation on the topic of Medicare and long-term care insurance. He gave an overview of the Medicare coverage choices: Option 1: Original Medicare-includes Part A (Hospital Insurance) and B (Medical Insurance) and you can add: Part D (Medicare Prescription Drug Coverage) and/or Medigap (Medicare Supplement Insurance for out-of-pocket costs in Original Medicare); or Option 2: Medicare Advantage-Part C (these plans are like HMOs or PPOs and typically include Part A, B, and D). A good resource is [*Medicare & You 2018*](https://www.medicare.gov/pubs/pdf/10050-Medicare-and-You.pdf) which can be downloaded online as a PDF. Nick also explained how to compare different Medicare supplement insurance (Medigap) policies, and the three most popular plans, F, G and N. He also went over benefit periods, what Medicare pays and what you can expect to pay for Part A-Hospital Coverage (*free to have/not free to use*) and Part B-Medical Coverage (*monthly premium varies by income*). Nick shared that statistically *over 70% of Americans 65 and over will need long-term care at some point.* Therefore, many would benefit from getting long-term care insurance to help cover the portion of the cost of long term care no covered by Medicare. Nick mentioned that Bankers Life is a national supporter of the Alzheimer’s Association and distributed a collaborative handout *10 Ways to Love Your Brain*, along with other Medicaid information presented on. The EIC members enjoyed the presentation and asked many questions which were answered by Nick B. | Download PDF *Medicare & You 2018* online at [https://www.medicare.gov/](https://www.medicare.gov/pubs/pdf/10050-Medicare-and-You.pdf)  [pubs/pdf/10050-Medicare-and-You.pdf](https://www.medicare.gov/pubs/pdf/10050-Medicare-and-You.pdf) |
| Performance Measures in need of improvement | * Submit Community Health Improvement Plan (CHIP) recommendations regarding what needs to be assessed (i.e., measurable indicators) regarding the elderly by December 31, 2018. EIC needs to formulate these recommendations taking into account the current CHIP which only has two indicators for older adults pertaining to falls prevention and preventable hospitalizations; there is currently no mention of dementia or Alzheimer’s. The CHIP addresses five key health priorities: Access to Care, Chronic Disease Prevention, Community Redevelopment and Partnerships, Health Finance and Infrastructure, and Health Protection. In order for EIC to have a robust discussion at the next meeting and formulate recommendations for a new CHIP, Michael P. reviewed the public health plans and how they are related: Healthy People 2020/HP 2020 (national), State Health Improvement Plan/SHIP (Florida), and CHIP (Miami-Dade County)-online links for these plans will be shared via email. Michael mentioned that another great online resource, particularly for health data, is [Miami Matters](http://www.miamidadematters.org/). * Increase representation from the long-term care community/facilities, e.g., MJHS Health System, United HomeCare, Easterseals, AARP Long-Term Care, UHS-Universal Health Services. A letter to reach out to these organizations was drafted by EIC Chair, David Saltman and is pending distribution via email. | Action Item:   * Mayra Garcia/FDOH-Miami-Dade will send links to HP 2020, SHIP and CHIP via email EIC member listserv for them to review prior to next month’s meeting in May 2018 (completed on 4/25/2018).   For *Miami Matters-* go online <http://www.miamidadematters.org/>.  Action Item:   * Michael Pearson will follow-up with David Saltman (former Chair of EIC) to inquire about the status of invites to long-term care community in order to increase their representation on the Committee. |
| Recognition of Improved Performance | Chronic Disease subcommittee successfully held the event *Understanding Diabetes: Wellness in the Elder Community* on April 12th, 2018 at United Way of Miami-Dade. |  |
| Partners Updates | * Teri Arvesu * Friday, May 4, 2018, 7AM-5PM, *Empowering Women to Take Control of Their Sexual Health-2018 Summit* (to address HIV and equal sexual health for South Florida’s African-American, Latino & Haitian women communities) at FIU-Biscayne Bay Campus in NMB; register for free to attend online at <http://amp4health.org/>. * May 9, 2018, *Older American’s Month* health fair at Stephen P. Clark Government Center lobby (contact Teri Arvesu, [Ana.Busse-Arvesu@miamidade.gov](mailto:Ana.Busse-Arvesu@miamidade.gov), if interested in being a vendor/exhibitor). * May 11, 2018, 8AM-1PM, *Stand-Up for Older Adults* at United Way of Miami-Dade (for information contact Nenha Martin, [martinn@unitedwaymiami.org](mailto:martinn@unitedwaymiami.org)). * June 13, 2018, *Elder Abuse Awareness Month* health fair at Stephen P. Clark Government Center lobby (contact Teri Arvesu, [Ana.Busse-Arvesu@miamidade.gov](mailto:Ana.Busse-Arvesu@miamidade.gov), if interested in being a vendor/exhibitor). * Carmen Centeno-MDPLS-*Save the Date:* May 22, 2018, 11:30AM-2:30PM, Re-Imaging of Aging film screening & discussion at NE Dade-Aventura Library * Cindy Brown-Jewish Community Services/JCS Access line: 305-576-6550 * Michael Pearson-Alzheimer’s Association 24/7 Helpline: 1-800-272-3900 * Belen Tejeiro-Elder Helpline: 1-800-96-elder * Marcia Sapoznik * Wednesday, May 16, 2018, 8:30AM-2:00PM, *Una Vida Sin Memoria: Latinos Y El Alzheimer* at Optimist Park Clubhouse in Miami Lakes; to register to attend and/or be a sponsor/vendor/exhibitor, contact organizer, Latino Center on Aging, 305-647-1150 or online at <http://gerolatino.org/>. |  |
| Adjournment | Michael P. adjourned the meeting at 4:00 PM. |  |
| Next Meeting | The next Elder Issues Committee meeting will be held on Tuesday, May 29, 2018, 2:00-4:00 PM at Stephen P. Clark Government Center, 111 NW 1st Street, 29th floor, Suite 29A, Miami, FL 33128. |  |

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