

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> 1. Alex Trinchet, Miami Dade Fire Rescue* 2. Alicia Suarez, Join Papa 3. Alina Becker, Alliance for Aging 4. Allan Tavss, MDPROS* 5. Blanca Ceballos, United HomeCare* 6. Blanca Hernandez, Caballero Rivero 7. Cindy Brown, JCS/Lambda Living- <i>Vice-Chair</i> 8. David Saltman, Florida International University* 9. Dotty Vazquez, Miami-Dade County 10. Eddie Sierra, South Florida Seniors in Action 11. Francis Fernandez, Centro Axis Adult Day Care 12. Gina Gonzalez, Anthem 13. Ivonne Fernandez, AARP* 14. Luis Collazo, FL Assisted Living Association* 15. Marcia Sapoznik, Sapoznik Psychotherapy 16. Maria Hidalgo Diaz, VITAS Healthcare 17. Maria C. Machado, Miami-Dade County, Office of the Mayor 18. Marjorie York, Community Action Agency 19. Mayra Garcia, Florida Department of Health in Miami-Dade County 20. Michael Pearson Alzheimer's Association- <i>Chair</i> 21. Raquel Diaz, guest 22. Takyah Smith, Florida Department of Health in Miami-Dade County 23. Teri Arvesu, Miami-Dade County, Office of the Mayor <p>*indicates member(s) participated via teleconference</p>	

**ELDER ISSUES COMMITTEE/
 MAYOR'S INITIATIVE ON AGING**
 Minutes
 Tuesday, May 29, 2018

Welcome and Introductions	Chair, Michael Pearson welcomed everyone and started the meeting at 2:07 PM. The meeting was held at Stephen P. Clark Government Center, 111 NW 1 st Street, 29 th floor, Suite 29A, Miami, FL 33128. Everyone introduced themselves.	
Review and Approval of Minutes	The meeting minutes for April 24, 2018 were reviewed by the Committee. A motion was made to approve the minutes by Marjorie York and seconded by Francis Fernandez.	
Executive Board Update	Michael P. provided the following updates: <ul style="list-style-type: none"> • The Annual Consortium event is on Friday, Sept. 14, 2018 at the Rusty Pelican and includes breakfast; sponsorship information is available and EIC members are encouraged to attend. 	
Legislative Report	(No updates available)	
Previous Action Items	<ul style="list-style-type: none"> • June 26, 2018 meeting to be held at Lambda Living/JCS Center <ul style="list-style-type: none"> ○ Second host site (TBA) for Oct. or Nov. meeting- those interested in hosting a future meeting should email site details and their information to Mayra Garcia, Mayra.Garcia@FLHealth.gov. Potential sites mentioned include: Jewish Community Services of South Florida Center in South Beach (Eddie Sierra), United HomeCare in Doral or near West Kendall Baptist Hospital (Blanca Ceballos), and AARP (Ivonne Hernandez). • Chronic Disease Subcommittee <ul style="list-style-type: none"> ○ Future event/presentation topic: Dental Care for Elders ○ Volunteers for planning subcommittee include: David Saltman, Nick Brunzell, and Sabrina Taldone, MD. ○ Will readdress further plans at later meeting. 	

<p>Presentation 1: <i>VITAS Medicare Hospice Benefits</i></p>	<p>Maria Hidalgo Diaz, Community Liaison, VITAS Healthcare, gave an oral presentation on VITAS and Medicare Hospice Benefits and provided literature and brochures on the topic and services provided. Historically, Congress established the Medicare Hospice Benefit in 1982; it serves as the model for all Medicaid Hospice Benefit programs, most state licensure laws and most private insurance plans. VITAS Hospice provides quality end-of-life care through an interdisciplinary palliative care team consisting of physicians, nurses, social workers, therapists, aides, chaplains, volunteers and bereavement specialists. If a client qualifies for Hospice benefits, services are covered at 100%. This is a cost-saving benefit which even offers durable medical equipment. The goal is to keep clients at home, but hospitalization is available if needed. In order for a beneficiary to be eligible to receive hospice services, a patient must be eligible for Medicare Part A, and provide consent agreeing that they wish to receive “palliative, not curative, care” and to surrender all other Medicare benefits relating to the terminal diagnosis, with the exception of the professional services of their attending physician. The attending physician and the hospice medical director or team physician must certify that the patient has a “medical prognosis that his or her life expectancy is six months or less, if the illness runs its normal course.” The top four medical diagnoses in Miami-Dade County for hospice are: cancer, Alzheimer’s, heart disease and COPD. Maria emphasized that, although sometimes the physician makes the initial referral for hospice services, anyone can request a hospice evaluation directly from VITAS at no cost. The EIC members seemed to appreciate the presentation very much and their questions which were answered by Maria. The presentation also sparked discussion on the quality of end of life care and services available.</p>	
<p>Presentation 2: <i>Older Adult Advocacy Taskforce</i></p>	<p>On Nenha Martin’s request, Chair Michael Pearson presented on her behalf. Nenha is the Health Program Officer, Community Impact, at United Way of Miami-Dade. Michael used a PowerPoint presentation provided by Nenha which highlighted results of a recent community meeting hosted by the United Way on May 11, 2018, <i>Stand Up for Older Adults Forum-Project to Prepare Advocacy Collaborators (PPAC)</i>.</p>	

<p><i>Voter Poll Results</i></p>	<p>Approximately 90 community members attended this meeting with the purpose of taking older adult advocacy into the community to raise awareness of current status of service needs. At the May 11th meeting, four dynamics were identified:</p> <ol style="list-style-type: none"> 1. Fundamental population shifts <ul style="list-style-type: none"> ○ 60+ population in Miami-Dade (M-D) County is the largest in Florida. ○ older adults' population is large (537,607 in 2016) and growing. ○ older adults' population is estimated to almost double from 2016-2040. 2. Federal and state commitments are not keeping pace <ul style="list-style-type: none"> ○ Levels of services have remained static due to nearly flat State funding. ○ In 2018, 12,000 people are on waiting lists for funded services. 3. Evolving local context <ul style="list-style-type: none"> ○ Since funded services are not sufficient, the burden falls on families ○ M-D has more households by people who are 65+ than any other county. ○ Greatest areas of needs are housing, transportation and services ○ Key initiatives and collaborations: Age Friendly Initiative M-D County; Health Foundation of South Florida; AARP Florida; Alliance for Aging, Inc.; M-D County; M-D Metropolitan Planning Organization; United Way of M-D; Urban Health Partnerships; and the Health Promotion and Disease Prevention & Elder Issues Committees of the Consortium for a Healthier M-D. ○ Other key initiatives: PPAC; Older Adult Advocacy Taskforce; and The Conversation Project (new). 4. Opportunity and the 'Longevity Economy' <ul style="list-style-type: none"> ○ Longevity Economy: <i>"The sum of all economic activity in Florida that is supported by the consumer spending of households headed by someone 50 or older..."</i> (AARP) ○ Florida's 50+ population represents 54% of State gross domestic product (GDP). 	
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- Florida's 50+ population represents 60% of State employment.
- Florida's 50+ population represents 56% of State & local tax.

The results were similar from a past 2013 *Issues Affecting Older Adults in M-D County* (survey conducted among community leaders) and 2018 *Survey of M-D County voters on Older Adult Issues* (survey conducted among general population). Both surveys were conducted by *Bendisen & Amandi International*, an independent research company. In 2013, only 2% of responders rated *improving services for older adults* as the **most important priority for M-D County** (closed ended question). However, after mentioning how the Health Foundation of South Florida and the United Way are partnering to develop an initiative focusing on the older adult population in M-D County preparing for the needs of the gaining population, **91%** of responders felt that "*this potential initiative is a good idea...*".

Michael extended an invitation for interested EIC members to become more involved with advocacy for older adults in the following ways:

- Older Adult Advocacy Taskforce- help reframe aging for effective advocacy; meetings will be on first Fridays, starting June 1st, 10-11:30 AM at United Way; email velezm@unitedwaymiami.org.
- When advocating for older adult needs in our community, use language that will evoke positive results; momentum-building versus "*Silver Tsunami.*"
- To become an Ambassador for the M-D Age Friendly Initiative which strives to help our community reach its full potential as a member of the national and global Network of Age Friendly Communities (designated by the AARP in affiliation with the World Health Organization), go online to www.agefriendlymiami.org. The M-D Age Friendly Initiative focuses on eight (8) domains: Outdoor spaces and buildings; housing; Respect and Social Inclusion; Communication and information; transportation; Social Participation; Civic Participation and Employment; and Community Support and Health Services.

	<ul style="list-style-type: none"> Visit www.AARP.org/vote to get involved and stay informed with AARP's voter engagement campaign, <i>Be the Difference</i>, which seeks to get the largest possible turnout of voters age 50-plus to the polls during elections. <p>The EIC members enjoyed this presentation and older adults' data/surveys very much.</p>	
<p>Performance Measures in need of improvement</p>	<ul style="list-style-type: none"> Consider changing quarterly indicator to annual measure: <i># of requests made by individual committee to Marketing & Membership Committee (activity: Collaborate with the Marketing & Membership Committee to increase the number of new organizations participating in Committee events)</i>. Committee members agreed to make this change to the EIC work plan and Scorecard. Submit Community Health Improvement Plan (CHIP) recommendations regarding what needs to be assessed (i.e., measurable indicators) regarding the elderly by December 31, 2018. EIC needs to formulate these recommendations taking into account the current CHIP which only has two indicators for older adults pertaining to falls prevention and preventable hospitalizations; there is currently no mention of dementia or Alzheimer's. The CHIP addresses five key health priorities: Access to Care, Chronic Disease Prevention, Community Redevelopment and Partnerships, Health Finance and Infrastructure, and Health Protection. Prior to this meeting, online links to public health plans, Healthy People 2020/HP 2020 (national), State Health Improvement Plan/SHIP (Florida), and CHIP (Miami-Dade County) were shared via email. Led by Michael P., EIC members present at the meeting were able to have some discussion towards the goal of formulating recommendations for a new CHIP. It was again mentioned that another great online resource, particularly for health data, is Miami Matters. After some discussion, the following EIC members volunteered to form an ad hoc subcommittee to work on finalizing the recommendations for CHIP measure(s) for elders at another meeting time: <ol style="list-style-type: none"> Blanca Ceballos, United HomeCare, bceballos@unitedhomecare.com Ivonne Fernandez, AARP, ifernandez@aarp.org 	<p>Action Item:</p> <ul style="list-style-type: none"> Michael Pearson will take lead on organizing follow-up meeting with ad hoc subcommittee volunteers to finalize the recommendations for CHIP measure(s) for elders.

3. Raquel Diaz (Guest of Teri Arvesu 5/29/18), raque21@icloud.com
 4. Teri Arvesu, M-D Office of the Mayor, Ana.Busse-Arvesu@MiamiDade.gov
 5. Maria Hidalgo, VITAS, Maria.Hidalgo@vitas.com
 6. Marcia Sapoznik, Sapoznik Coaching Services, sapoznikpsychotherapy@aol.com
 7. Alina Becker, Alliance for Aging, beckera@allianceforaging.org
 8. Francis Fernandez, Centro Axis Behavioral Health Adult Day Care, therain.in.spain@icloud.org
 9. Alicia Suarez, Join Papa, alicia@joinpapa.com or aliciamariasuarez@gmail.com
 10. Mayra Garcia, FDOH-MD, Mayra.garcia@flhealth.gov
 11. Mary Anne Sherman, FDOH-MD, Maryanne.Sherman@flhealth.gov
 12. Michael Pearson, EIC Chair, mpearson@alz.org
 13. Cindy Brown, EIC Vice-Chair, cbrown@jcsfl.org
- Some of the measures semi-formulated at the EIC meeting were as follows:
- Refer to Miami Matters for already collected health data related to elders in our community (e.g., flu vaccination rates, various disease rates in Medicare population)
 - # of presentations given on dementias
 - # of first responder agencies providing training in mental health awareness (including dementia/Alzheimer's)
 - # of persons on low-cost housing waiting list
 - # of compliance with preventive medication therapy for Alzheimer's
- In order to increase representation from the long-term care community/facilities, e.g., MJHS Health System, United HomeCare, Easterseals, AARP Long-Term Care, UHS-Universal Health Services, Michael asked members to submit their contact(s) recommendations via email; he also encouraged them to extend personal invitations to join EIC to any appropriate potential persons they may already have established contact with.

Action Item:

- David Saltman (former Chair of EIC) will reach extend an invite to join EIC to the following long-term care entities:
 - Florida Health Care Association

		<ul style="list-style-type: none"> ○ South Florida Hospital & Healthcare Association ○ Florida Council on Aging (Josefina Carbonell) ○ South Florida Hospital News & Healthcare Report (Charles Felix)
Recognition of Improved Performance	<ul style="list-style-type: none"> ● Number of new members: (9) in April & (3) in May 2018 (to date) ● Work plan scorecard Qtr. 3 (Jan-Mar '18) report: <ul style="list-style-type: none"> ○ Total of (19) performance measures: (17) are "green" (have been met) 	
Partners Updates	<ul style="list-style-type: none"> ● Teri Arvesu <ul style="list-style-type: none"> ○ June 6, 2018, 8:30am-1:30pm, <i>Enhancing Hope: Supporting the Quality of Life and the Dignity of Death</i> at Temple Israel of Greater Miami; registration \$36 per person at JewishMiami.org/mttec or call 786-866-8621. ○ June 13, 2018, 10:00am-2:00pm, <i>Elder Abuse Awareness Month</i> resource fair at Stephen P. Clark Government Center lobby (contact Teri Arvesu, Ana.Busse-Arvesu@miamidade.gov, for additional information). ○ Miami-Dade Age-Friendly Initiative Mini-Grant Program-applications open now until June 15th, 2018 at www.AgeFriendlyMiami.org/MiniGrants2018 ○ Support HPDP Committee's <i>Health Happens Here Restaurant Initiative</i>-see pamphlet for information and participating restaurants with healthy menu options. ● Francis Fernandez distributed flyer for Centro Axis Behavioral Health Adult Day Care and invited members to arrange to visit the center/facilities-call 305-323-5572. 	
Adjournment	Michael P. adjourned the meeting at 4:00 PM.	
Next Meeting	The next Elder Issues Committee meeting will be held on Tuesday, June 26, 2018, 2:00-4:00 PM at host site, <i>Lambda Living Center</i> , 7275 NE 4th Ave, #110, Miami, 33138.	