

**ELDER ISSUES COMMITTEE/  
 MAYOR'S INITIATIVE ON AGING**  
 Minutes  
 Tuesday, July 31, 2018



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> <li>1. Alicia Suarez, Papa</li> <li>2. Alina Becker, Alliance for Aging</li> <li>3. Allan Tavss, MDPROS*</li> <li>4. April Washington, CMS</li> <li>5. Blanca Ceballos, United HomeCare*</li> <li>6. Blanca Hernandez, Caballero Rivero Funeral &amp; Cemetery</li> <li>7. Carmen Centeno, MDPLS</li> <li>8. Cindy Brown, JCS/Lambda Living- <i>Vice-Chair</i></li> <li>9. Dotty Vazquez, Miami-Dade County, Office of the Mayor</li> <li>10. Eddie Sierra, South Florida Seniors in Action</li> <li>11. Edeline B. Mondestin, Miami-Dade County, CAHSD</li> <li>12. Francis Fernandez, Centro Axis Adult Day Services</li> <li>13. Gina Gonzalez, Anthem</li> <li>14. Graciela Giraldo, Staywell/WellCare</li> <li>15. Helen Miguel, Miami-Dade County, CAHSD*</li> <li>16. Javier Franco, Advocate Home Care Services</li> <li>17. Jeannie Necessary, UF/IFAS Extension Family Nutrition Program</li> <li>18. Kathleen Sarmiento, Alliance for Aging, Inc.</li> <li>19. Linda Fredrick, Auspicious Fish, Inc.*</li> <li>20. Lourdes Torres, Miami-Dade County, CAHSD*</li> <li>21. Luis Mejer, 24/7 Nursing Care, Inc.</li> <li>22. Luisara Hung Salazar, Assistance to the Elderly, Inc.</li> <li>23. Mabel Llabona, Doctor at Home</li> <li>24. Marcia Sapoznik, Sapoznik Psychotherapy</li> <li>25. Maria Hidalgo, VITAS</li> <li>26. Marjorie E. Aloni, Miami Jewish Health</li> <li>27. Marjorie York, Community Action Agency</li> </ol>	

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	<p>28. Mayra Garcia, Florida Department of Health in Miami-Dade County                  29. Mayra Poldo, Preferred Care Home Health                  30. Michael Pearson Alzheimer's Association- <i>Chair</i>                  31. Miguel Hernandez, Reserve Inc.                  32. Natalie Lopez, City of Miami Beach*                  33. Nicholas Brunzell, Bankers Life                  34. Odelis Martinez, Medeye Associates                  35. Paul C. Hunt, FIU                  36. Renard L. Murray, CMS                  37. Rose Allen, Baptist Health                  38. Rose Tydus, Ms. Senior Florida Pageant                  39. Sabrina Taldone, UM/JMH                  40. Solina Rulfs, UF/IFAS Extension Family Nutrition Program                  41. Teri Arvesu, Miami-Dade County, Office of the Mayor</p> <p>*Indicates member participated via conference call</p>	
Welcome and Introductions	<p>Chair, Michael Pearson welcomed everyone and started the meeting at 2:00 PM. The meeting was held at Stephen P. Clark Government Center, 111 NW 1<sup>st</sup> Street, 29<sup>th</sup> floor, Suite 29A, Miami, FL 33128. Everyone introduced themselves.</p>	
Review and Approval of Minutes	<p>The meeting minutes for June 26, 2018 were reviewed by the Committee. A motion was made to approve the minutes by Marjorie York and seconded by Nicholas Brunzell.</p>	
Previous Action Items	<ul style="list-style-type: none"> <li>• Second host site for November meeting will AARP in Doral (Ivonne Hernandez)</li> <li>• Chronic Disease Subcommittee for Dental Care for Elders planned for 2019 (TBA)</li> </ul>	<p>Action Item:</p> <ul style="list-style-type: none"> <li>• David Saltman to organize a meeting date for the chronic disease subcommittee to meet to begin planning a Dental Care for Elders event.</li> </ul>

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	<ul style="list-style-type: none"> <li>○ Volunteers for planning subcommittee include: David Saltman, Nick Brunzell, and Sabrina Taldone, MD.</li> </ul>	
Executive Board Update	<p>Chair, Michael P. provided the following updates:</p> <ul style="list-style-type: none"> <li>• Annual Consortium event on Friday, Sept. 14, 2018 at Rusty Pelican will celebrate 15-year anniversary of the Consortium. Breakfast included and sponsorship information is available. EIC members are encouraged to attend.</li> <li>• EIC members should provide details of any event/presentation at which they formally represent and promote the Consortium, specifically the Elder Issues Committee; may also take photos and submit them.</li> <li>• Check out Miami Matters, an initiative of the Health Council of South Florida, which serves as a dynamic, interactive web-based intelligence and information platform that provides easy to understand health, environmental and other quality of life indicators for Miami-Dade County at <a href="http://www.miamidadematters.org/">Miami Matters</a>.</li> </ul>	<p><i>Miami Matters:</i> <a href="http://www.miamidadematters.org/">http://www.miamidadematters.org/</a>.</p>
Legislative Report	<ul style="list-style-type: none"> <li>• The House Appropriations Committee approved a \$401M increase for Alzheimer's disease research funding; this follows the Senate Appropriations Committee approving a \$425M increase. These are very important steps to getting the increase for research funding realized. You can <a href="#">click here</a> for more information.</li> <li>• House of Representatives Passes Palliative Care and Hospice Education and Training Act (PCHETA). This bipartisan legislation would ensure an adequate, well-trained palliative care workforce to address the Nation's caregiving needs.</li> </ul>	

<p>Presentation 1: <i>UF IFAS Extension Family Nutrition Program</i></p>	<p>EIC member, Solina Rulfs, Food Systems Specialist, and Jeannie Necessary, Public Health Specialist gave a very interesting presentation on the University of Florida IFAS Extension Family Nutrition Program (FNP), as well as, the Supplemental Nutrition Assistance Program (SNAP) and Education. Important statistics presented included:</p> <ul style="list-style-type: none"> <li>• Florida has the 3<sup>rd</sup> highest SNAP participation nationwide (after CA &amp; TX);</li> <li>• Approximately 1 of every 5 Floridians qualify for SNAP;</li> <li>• Approximately half of SNAP-receiving households in Miami-Dade County include at least one senior over 60.</li> </ul> <p>SNAP-Education is the nutrition promotion and obesity prevention component of SNAP; the goal is to improve the likelihood that persons eligible for SNAP will make healthy food and lifestyle choices that prevent obesity. The UF/IFAS Extension FNP provides nutrition education in 40 counties in Florida. All the classes taught and the community changes supported are evidence-based and come from the Dietary Guidelines for Americans; ChooseMyPlate.gov resources are used. Jeannie Necessary explained that SNAP-Ed includes Policy, Systems, and Environmental (PSE) activities to support direct nutrition education; she also reviewed the role of the Food System Team and Specialists as a public health team. Also reviewed were the following two Farmers Market Incentive Programs:</p> <ul style="list-style-type: none"> <li>• SNAP/Fresh Access Bucks</li> <li>• Seniors Farmers Market Nutrition Program (SFMNP)</li> </ul> <p>They also work with senior housing centers to change the food and drink offered to healthier option. Visit their website <a href="http://www.UFFNP.org">www.UFFNP.org</a> for additional information. (The presentation was later emailed to EIC members on 8/9/18.)</p>	
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<p>Presentation 2: <i>New Medicare Card</i></p>	<p>Renard L. Murray, D.M., Administrator, Consortium for Quality Improvement and Survey and Certifications Operations (CQISCO) presented on Centers for Medicare and Medicaid Services (CMS) new Medicare card. Background info:</p> <ul style="list-style-type: none"> <li>• The Health Insurance Claim Number (HICN) is a Medicare beneficiary's identification number, used for processing claims and determining eligibility for services across multiple entities (e.g., Social Security Administration (SSA), Railroad Retirement Board (RRB), States, Medicare providers &amp; health plans).</li> <li>• The Medicare Access and CHIP Reauthorization Act (MACRA) of 2015 requires removal of the Social Security Number (SSN)-based HICN from Medicare cards to address current risk of beneficiary medical identity theft</li> <li>• MACRA requires that CMS mail out new Medicare cards with a new Medicare Number by April 2019.</li> <li>• The new Medicare numbers won't change Medicare benefits. People with Medicare can start using their new Medicare cards right away.</li> </ul> <p>Medicare started mailing out the new Medicare cards to beneficiaries in April 2018 and this will continue nationally over a period of approximately 12 months. The new cards have a unique Medicare number (replacing the Social Security number); the new number is 11 digits and alpha-numeric. People with Medicare can go to <a href="http://www.Medicare.gov/newcard">www.Medicare.gov/newcard</a> to sign up for emails about the care mailing and to check the card mailing status in their state. Once your card has been mailed, you can look up your Medicare Number or print a card on MyMedicare.gov. People should use the new card once they get it, but either the SSN-based or the new random alphanumeric-based numbers can be used through December 2019; beginning January 1, 2020 only the new card will be usable. The new Medicare card mailing in Florida will begin after June 2018. Beware of scam artists contacting you about your new card. Once you receive your new Medicare card,</p>	
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	<p>the old card should be shredded. Outreach and educational materials for people with Medicare were reviewed and include the following:</p> <ul style="list-style-type: none"> <li>• One-Page Flyer- a stand-alone reprint handout of <i>Medicare &amp; You</i> inside cover page; available in English, Spanish, Korean, Chinese, Japanese, or Vietnamese.</li> <li>• Fact Sheet- with info addressing common things to know about the new card.</li> <li>• Widgets- with link to <a href="http://www.go.medicare.gov/newcard">www.go.medicare.gov/newcard</a>.</li> <li>• Informational Video- an animated video about the new card and what to expect.</li> </ul> <p>Find more technical information, detailed updates, training opportunities, and materials to share on the web: <a href="http://www.CMS.gov/newcard">www.CMS.gov/newcard</a>. (The presentation was later emailed to EIC members on 8/9/18.)</p>	
<p>Visit from Carlos A. Giménez, Mayor of Miami-Dade County</p>	<p>Mayor Giménez came by for a few minutes and made the following comments: “Starting this fall, Medicare is mailing new, more secure Medicare cards to the 453,795 Medicare beneficiaries who reside in Miami-Dade County. The new cards will have a new Medicare number that is unique to each person. They will no longer have Social Security numbers on them. Medicare is getting rid of the old cards because scammers sometimes use Social Security numbers in an attempt to steal people’s identities, open new credit card accounts or even take out loans in other people’s names. To assist Medicare beneficiaries through this transition, we are partnering with the centers for Medicare and Medicaid services (CMS) to raise awareness about the new Medicare card rollout and potential fraud schemes surrounding the new cards.” The Mayor also thanked everyone for all their efforts and work with seniors in Miami-Dade County.</p>	
<p>Performance Measures in need of improvement</p>	<p>Michael reported that on July 17, 2018, the ad hoc subcommittee held a phone meeting to finalize the recommendations for the Community Health Improvement Plan (CHIP). Members present were Michael P., Cindy B., Teri A. and Mayra G. The “elder” measure(s) discussed and finalized to be recommended to the Florida Department of Health in Miami-Dade County, Office of Community Health and Planning, for the next CHIP include the following:</p>	

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<p>Recognition of Improved Performance</p>	<p>The June 26, 2018 meeting was held at host site, Lambda Living/JCS Center.</p>	
<p>Partners Updates</p>	<ul style="list-style-type: none"> <li>• Marcia Sapoznik announced: Aging Brain luncheon/presentation on August 16, 2018 at 12PM in Ft. Lauderdale hosted by the Latino Center on Aging and the South Florida Hispanic Coalition for Aging.</li> <li>• Marjorie York announced:</li> </ul>	

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Adjournment	Michael P. adjourned the meeting at 4:00 PM.	
Next Meeting	The next Elder Issues Committee meeting will be held on Tuesday, September 25, 2018, 2:00-4:00 PM the Stephen P. Clark Government Center located at 111 NW 1st Street, 29th floor, Suite 29A, Miami, FL 33128. <b>No meeting in August 2018.</b>	