

Tuesday, March 28, 2017

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> 1. Allan Tavss, MDC Parks, Recreation and Open Spaces* 2. Ana (Teri) Arvesu, Senior Advocate, MDC 3. Anjana Morris, HCSF* 4. Barbara Furman, Shine 5. Betty Jimenez, Senior Advocate, MDC (Retired) 6. Carmen Centeno, MDPLS 7. Felicia Brown, MDPLS 8. Gina Gonzalez, Anthem/Amerigroup* 9. Kathy Sarmiento, Shine 10. Marjorie York, Community Action Agency 11. Mary Anne Sherman, FDOH 12. Natalie Lopez City of Miami Beach* 13. Robert Garcia, Westchester Hospital 14. Valerie Turner, FDOH* <p style="text-align: center;">*Indicates Member participated via Teleconference.</p>	

Tuesday, March 28, 2017

Welcome and Introductions	Betty Jimenez, our former vice chair, filled in for David Saltman, our chair and started the meeting at 2:45 pm. Each member then introduced themselves, as we do at the beginning of each meeting.	
Review and Approval of minutes	The minutes for February 28, 2017 were reviewed by the committee members. A motion was made by Marjorie York to approve the minutes. It was moved and seconded by Robert Garcia. The minutes were approved by the EI Committee.	
Executive Board Updates	There is no Executive Board Update to discuss at this time.	
Committee Updates	<p>Old Business: The formation of an Elder Trust was described and discussed by Teri Arvesu. The question was raised as to who would champion the Elder Trust now that Shannon Kelley, formerly of the United Way, has left Miami. Although the political climate is not conducive to increasing taxes for this venture, Teri Arvesu plans to work on it with other people who work for Miami-Dade County.</p> <p>New Business: The Elder Issues Work Plan that was created at the last EI Meeting was briefly discussed. The EI Committee plans to take time during the next few meetings to discuss the Work Plan in depth. The 4 Goals of the Work Plan were introduced and it was suggested that a subcommittee for increasing membership (Part of Goal 1) be formed at a future meeting. Teri Arvesu talked about two events that are being planned for Elder Abuse Awareness which she is working on with the Miami-Dade Police Department. One will be held in Doral on May 16, 2017 and the other will be held in Cutler Bay. Carmen Centeno of MDPLS stated that the Main Branch of the Library can be used to have an Elder Abuse event. Finally, Betty Jimenez and Allan Tavss discussed the possibility of other Elder Abuse events</p>	

Tuesday, March 28, 2017

<p>Presentation Medicare 101 by Kathy Sarmiento of SHINE</p>	<p>to be held at a MDC Parks and Recreation facility.</p> <p>Kathy Sarmiento gave a presentation on her program, SHINE. Shine is a volunteer-based program which gives free Medicare information to retiring seniors. The program has been in existence for 20 years and is offered nationwide. Shine partners with community organizations such as Alliance for Aging, where it fields 40 calls per day for assistance with first time Medicare applications, to give insurance information, and to act as an advocate for Medicare denial appeals. Shine counselors provide information regarding which Home Health Agencies provide short term help with activities of daily living accept Medicare. They also assist with applying for long term home health care funded by Medicaid. There is long waiting list but priority is given to those most in danger of skilled nursing home placement.</p> <p>Ms. Sarmiento explained the differences of each of Medicare's parts. Medicare Part A starts at age 65, but must be applied for 3 months before the applicant's 65th birthday. This part pays for hospitalization, skilled nursing facilities, rehabilitation and short term home health care. Medicare Part B pays for out of hospital expenses. It covers 80% of medically necessary costs. Monthly premiums of approximately \$134.00 are paid (rate dependent on income) and there is \$183.00 deductible per year. Medicare Part C consists of Advantage Plans (HMO's) and Medigap supplement. There are many Advantage Plans to choose from but the member must use their network of hospitals and doctors. Medicare Part D covers drugs. There is a copay for drugs and a monthly premium for this service. For those who choose to work past age 65, Medicare Parts B and D can be postponed, but there is a severe penalty for delay of enrollment in Medicare Part A. Shine also assists with stopping Medicare fraud and advises recipients to take additional coverage when traveling abroad.</p>	<p>Kathy, Thank you for your Presentation.</p>
--	---	--

Tuesday, March 28, 2017

<p>Community Updates Continued</p>	<p>Legislature: Teri Arvesu spoke about the Affordable Care Act which is in danger of being replaced by the American Health Care Act proposed by our current administration. Although the Act has not passed, it will be revisited in the near future. Teri briefly reviewed how the change in Health Care Acts would affect our community. 14 million people will be uninsured by 2018 and 24 million by 2026. Health insurance will be unaffordable to low-income Americans. There will be cuts to the most vulnerable citizens in the form of Medicare cuts. Teri provided the committee members with a handout called “Catalyst Miami” which listed how our community will be affected by the American Health Care Act if it is passed.</p>	
<p>Member Announcements/ Upcoming Events</p>	<ol style="list-style-type: none"> 1. Marjorie York announced The JCRC and the AJC present an Advocacy Seder on Wednesday, March 29, 2017 from 12:00pm to 2:00 pm. 2. Miami River Day 2017 Saturday, April 1, 2017 1:00 pm to 6:00 pm. 3. American Cancer Society Relay for Life Saturday, April 8, 2017 4-10pm ED Burke Recreation Center 11400 NE 9 Street Biscayne Park, FL 33161. 4. Carmen Centeno of MDPLS handed out brochures about exciting events given at Miami Public Libraries during the month of April 2017. 	



**ELDER ISSUES COMMITTEE /
MAYOR'S INITIATIVE ON AGING**
Minutes

Tuesday, March 28, 2017



Next Meeting	The next Elder Issues Committee Meeting will be held on Tuesday, April 25, 2017 2:30 PM – 4:30 PM at Stephen P. Clark Government Center, 111NW 1 Street, Suite 29A, Miami, FL 33128	
Adjournment	The meeting was adjourned at 4:00 PM by former Vice Chair, Betty Jimenez.	