

**ELDER ISSUES COMMITTEE/  
 MAYOR'S INITIATIVE ON AGING**  
 Minutes  
 Tuesday, June 27, 2017



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> <li>1. Allan Tavss, Miami-Dade Parks, Recreation and Open Spaces*</li> <li>2. Alina Becker, Alliance for Aging*</li> <li>3. Carmen Centeno, MDPLS*</li> <li>4. Cindy Brown, JCS Lamda Living</li> <li>5. David Saltman FIU</li> <li>6. Edeline Mondestin, CAHSD</li> <li>7. Evelyn Muniz Rodreiguez, UF/IFAS Extention</li> <li>8. Isabel Rovira, Age Friendly Initiative</li> <li>9. Josephina Carbonell, MDC</li> <li>10. Yessenia Diaz, Intern Alliance for Aging*</li> <li>11. Leyanee Perez, HPDP Committee</li> <li>12. Letty Pelaez, Marketing Consultant</li> <li>13. Luis Mejer, 24/7 Nursing Care</li> <li>14. Marjorie York, Community Action Agency</li> <li>15. Mary Anne Sherman, FDOH-MD</li> <li>16. Mayra Garcia, FDOH-MD</li> <li>17. Michael Pearson, Alzheimers Association</li> <li>18. Nina Martin, United Way</li> <li>19. Ricardo Mualin, Financial 1</li> <li>20. Teri Busse-Arvesu, Miami-Dade County</li> </ol> <p style="text-align: center;">*Indicates Member Participated via Teleconference</p>	
Welcome and Introductions	<p>Chair, David Saltman, welcomed everyone and started the meeting at 2:05 PM. Everyone introduced themselves. Government Center, 111 NW 1 Street, Suite 29A, Miami, FL 33128.</p>	

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Review and Approval of Minutes	The minutes for May 30, 2017 were reviewed by the committee members. A motion was made to approve the minutes by Marjorie York and seconded by Teri Arvesu. All members who were present agreed to approve the minutes.	
Executive Board Report	The primary focus of the last meeting was a presentation about the Elder Issues Committee given by David Saltman. The other focus of the meeting was meeting the initiatives set by our committee at each of our meetings.	
Previous Action Items  Performance Measures in Need of Improvement	<p>David Saltman explained how the Consortium for a Healthier Miami-Dade works and what the Elder Issues Committee does. “ You just need an interest in helping elders to be a member in this committee.”</p> <p>Our goal is to have consistent attendance of our members.</p> <p>We are developing an internal survey to improve our membership. We need representation from the Long Term Care community. We also need representation from the elder community. We need a letter of introduction for the Elder Issues Committee and we would like to have a meeting in an alternative location. The survey will be finalized by the next meeting.</p> <p>Mayra Garcia summarized the projects done by FDOH-MD for the PICH grant over the last 3 years.</p> <p>Performance Measures were taken from the Work Plan (Make a Survey, make an invitation, and have a meeting at an alternative site.) We spoke with Allan Tavss of MD Parks to schedule a meeting at the Arcola Lakes Senior Center in the near future.</p>	
Presentation on Healthy Happens Here by Leyanee Perez	Leyanee Perez summarized the success of Healthy Happens Here (The Healthy Restaurant Initiative). This PICH initiative assists restaurants to offer healthy meals to the public by providing meals which are under 500 calories, are low fat, low cholesterol and low sodium. The list of participating restaurants is found on	

<p>Presentation on The Age Friendly Initiative by Isabel Rovira</p>	<p>the Consortium Website. The restaurants who incorporate the healthy selections in the house menu do well. To sustain this program, restaurants will pay a fee for this service.</p> <p>Isabel Rovira presented on the Age Friendly Initiative. Our older adult population is growing and will be 20% of the Miami-Dade County by 2040. We have many community partners. The Age Friendly Initiative works with county government to make plans to make buildings, roads and parks age friendly. An Age Friendly business area was established where elders can walk to and stay physically and socially active. The work plan is based on built environment to build infrastructure to get elders more actively involved in the community. WHO has a network of Age Friendly communities. Miami-Dade has several of these communities. Age Friendly Ambassadors program is being developed by United Way to spread the world. A survey to update the action plan was distributed to our members who are 55+. Surveys will be done via telephone by AARP, the paper surveys are in English and Spanish and are being distributed in many areas of Miami-Dade County. The results will be given to Miami-Dade Commission for review. To become an Age Friendly community the town or city needs to promise to work toward this goal. There is work being done in several states to promote the Age Friendly Initiative, and the focus is shifting toward considering the needs of elders when constructing streets, buildings, parks and any other public facilities.</p>	
<p>Partners Updates</p>	<ol style="list-style-type: none"> <li>1. An award was presented to the Elder Issues Committee by Amerigroup was accepted by Teri Arvesu</li> <li>2. Leyanee Perez announced that a group will meet to plan the Consortium Annual Event in the morning of the last Tuesday of the month. The event will tentatively take place on September 14, 2017.</li> </ol>	

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	<ol style="list-style-type: none"> <li>3. Teri Arvesu is working on communicating elder news on the Mayor's Initiative on Aging and also setting up a social media page.</li> <li>4. Isabel Rovira announced there will be a meeting of the Age Friendly Initiative will be held on September 12 from 1:00-2:30pm at the United Way, Coral Gables.</li> <li>5. UF Family Nutrition Program representatives distributed information about their program.</li> <li>6. Cindy Brown of JCS announced LAMDA Living for LGBT older adults.</li> </ol>	
Legislative report	Elder Services did OK on the State Level. The Affordable Care act is being voted on at present.	
Adjournment	David Saltman adjourned the meeting at 4:05 PM.	
Next Meeting	The next Elder Issues Committee meeting will be held on Tuesday, September 26, 2017 at Arcola Park Senior Center at 8401 NW 14 Avenue, Miami, FL 33147 from 2:00 PM-4:00PM.	