

Tuesday, August 25, 2015

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> <li>1. Allan Tavss, Miami-Dade County Parks, Recreation and Open Spaces Department (via telephone)</li> <li>2. Betty Jimenez, Miami-Dade County</li> <li>3. David Saltman, FIU</li> <li>4. Edeline Mondestin, Miami-Dade County</li> <li>5. Henry Noriega, Advanced Research Institute of Miami</li> <li>6. Julie Grochowski, eQHealth Solutions</li> <li>7. Maria Hidalgo, VITAS</li> <li>8. Marjorie York, Community Action Agency</li> <li>9. Marsha Jenakovich, Alliance for Aging</li> <li>10. Mayra Garcia, FDOH-MD</li> <li>11. Mayra Leite, Amerigroup (via telephone)</li> <li>12. Natalie Lopez, City of Miami Beach</li> <li>13. Oylime Fernandez, Neuroscience Centers of Florida Foundation, Inc.</li> <li>14. Samantha Sater, Health Council of South Florida</li> <li>15. Suzette Laurent, The Law Office of Miriam Schlesinger (via telephone)</li> <li>16. Tamara Robinett, Neuroscience Centers of Florida Foundation, Inc.</li> <li>17. Vincent Delgado, De Hostos Senior Center, Inc.</li> </ol>	
Welcome and Introductions	<p>Chair, David Saltman, welcomed everyone and started the meeting at 2:35 PM. Everyone introduced themselves. The meeting was held at the Stephen P. Clark Government Center, 111 NW 1 Street, Suite 29A, Miami, FL 33128.</p>	
Review and Approval of Minutes	<p>The minutes for July 28, 2015 were reviewed by the committee members. A motion was made by Marjorie York to approve the minutes with correction as noted. It was moved and seconded by Edeline Mondestin.</p>	
Executive Board Updates	<p>Chair David Saltman and Vice-Chair Betty Jimenez provided Executive Board updates to the committee.</p>	

**ELDER ISSUES COMMITTEE /  
MAYOR'S INITIATIVE ON AGING**  
Minutes



Tuesday, August 25, 2015

<p>Committee Updates</p>	<p>Old Business:</p> <ul style="list-style-type: none"> <li>• 50<sup>th</sup> Medicare/Medicaid Anniversary event was held on July 30, 2015 at FIU W. Pac Auditorium. It was a “terrific event and CMS was pleased,” reported David.</li> <li>• Older Drivers/Elder Mobility Event – To be held in early November possibly at West Dade Regional Library (details TBA). Subcommittee continues to meet prior to today’s regular committee meeting; anyone else interested in volunteering should plan to meet again at 1 p.m. prior to next month’s regular meeting to continue to plan the event. Plans include the following: Free half-day event from 8:30 a.m. to 12:30 p.m., light breakfast offering, keynote speaker, panel of elders with various levels of mobility, two breakout sessions. Focus of event will be a variety of issues affecting older drivers and transitioning mobility. Target audience will be providers of elder services.</li> <li>• Work Plan 2014-2017 – David reviewed EI Committee work plan as updated from last meeting. Copies were distributed to members present. David explained that the plan may be updated as needed.</li> <li>• Partnership to Improve Community Health (PICH) Grant Updates – Samantha Sater mentioned the mandatory evaluations to be completed by HCSF: Healthy Hub, physical activity in childcare settings and smoke-free multi-unit residential facilities. David explained that Elder Issues will work on the following for PICH:             <ul style="list-style-type: none"> <li>○ Chronic Disease with emphasis on Type 2 Diabetes</li> <li>○ Green Prescription</li> <li>○ Smoke-free policies in senior multi-unit housing facilities</li> </ul> </li> <li>• Miami-Dade Age Friendly Initiative (AFI) – hosted by HFSF. Marsha Jenakovich mentioned that the Action Plan can be found on website: <a href="https://agefriendlymiami.org/">https://agefriendlymiami.org/</a>. In the fall, HFSF will continue planning with this initiative.</li> </ul>	
--------------------------	---	--

Tuesday, August 25, 2015

	<ul style="list-style-type: none"> <li>• Speaker's Bureau-if you are interested in becoming a speaker on behalf of the Consortium in an area of your expertise, let Chairs know.</li> </ul> <p>New Business:</p> <ul style="list-style-type: none"> <li>• Legislative report – Betty provided updates.</li> <li>• David invited interested members to let him know if they have an interest in presenting to the committee regarding elder issues or programs providing services to elders.</li> <li>• World Heart Day on September 29<sup>th</sup>- will celebrate at next month's Elder Issues meeting with the following:             <ul style="list-style-type: none"> <li>○ Hands-Only CPR demonstration &amp; resources</li> <li>○ Mayor Gimenez has been invited to attend</li> <li>○ Also will have a presentation by Maria Hidalgo Diaz, VITAS on "Family Issues in Hospice Care"</li> </ul> </li> </ul>	
<p>Presentation on <i>Elder Pedestrian Safety</i> by Marsha Jenakovich, MAA, Director of Planning &amp; Special Projects, Alliance for Aging, Inc.</p>	<p>Marsha presented ways to enhance elder pedestrian safety with public policy. She reviewed statistics regarding pedestrian safety in Florida and Miami-Dade County, especially as related to elders. For example, Florida is home to the 4 most dangerous metropolitan areas for pedestrian crashes in the nation:</p> <ol style="list-style-type: none"> <li>1. Orlando/Kissimmee</li> <li>2. Tampa/St. Petersburg/Clearwater</li> <li>3. Jacksonville</li> <li>4. Miami/Ft. Lauderdale/Pompano</li> </ol> <p>Furthermore, Florida's elder pedestrian fatality rate is the 5<sup>th</sup> highest in the nation, 20% higher than the national rate. Marsha explained that older adults face greater risks as pedestrians because of the following reasons:</p> <ol style="list-style-type: none"> <li>1. Physical changes that occur as we age-vision, hearing, reaction time, mobility, cognition-make us more vulnerable as pedestrians.</li> <li>2. Falls can lead to other negative health impacts, even premature death.</li> <li>3. Injuries among older adults-especially those over age 75-are more</li> </ol>	

Tuesday, August 25, 2015

	<p>likely to result in death. Examples of strategic approaches to improve elder pedestrian safety were given and discussed:</p> <ol style="list-style-type: none"> <li>1. Longer countdown crossing signal timing-minimum of 30 seconds.</li> <li>2. Engineering a safer environment, such as ADA-compliant curb cuts/ramps, median refuges in the center of the street, and traffic calming designs.</li> <li>3. Enforcement of existing laws, such as pedestrian right-of-way and distracted driving.</li> <li>4. Reduce speeds at busy or dangerous intersections.</li> <li>5. Well-lit and well-maintained sidewalks and public spaces.</li> <li>6. More visible crosswalks with added paint, reflective markers, signs.</li> <li>7. Places to safely and comfortably wait and rest, such as bus stops with bench seating and shade, and benches in parks and public spaces.</li> </ol>	<p>✓ For more information on training and technical assistance available to support elder pedestrian safety in your community, contact: Marsha Jenakovich, <i>Safe Steps/Pasos Seguros</i>, Alliance for Aging, Inc. <a href="mailto:safesteps@allianceforaging.org">safesteps@allianceforaging.org</a> 305-671-6377</p> <p>✓ Thank you Marsha for sharing this valuable information and resource.</p>
<p>Presentation on Neuroscience Centers of Florida Foundation, Inc. (NSCFF) by Tamara Robinett, Executive Director &amp; Oylime Fernandez, LCSW, MBA, Social Work Programs Coordinator at NSCFF</p>	<p>NSCFF is an IRS designated 501(c)(3) non-profit organization working to help patients, families, and caregivers deal with the effects of chronic, degenerative neurological diseases like Alzheimer's, Multiple Sclerosis, Parkinson's disease and Stroke as well as the non-medical issues that come along with these conditions. The focus is on comprehensive, coordinated care that extends not only to the patient but to the family and caregiver as well. NSCFF has an MRI Research Center located at 1661 SW 37<sup>th</sup> Avenue, Miami, FL 33145, 305-461-6005. Social worker services are offered free of charge, 305-856-8940. NSCFF in partnership with Miami Dade College, Medical Campus will be offering the following 16-hour course, "Managing Alzheimer's and Dementia for the Caregiver," Sept. 12-13<sup>th</sup> and Sept. 19-20<sup>th</sup>, and Oct. 2<sup>nd</sup> &amp; 9<sup>th</sup>, call 305-856-8940 (ext. 104) to inquire about other dates, locations and times available for registration.</p>	<p>✓ Call toll-free 866-467-2873, or email <a href="mailto:info@nscff.org">info@nscff.org</a> for additional information about NSCFF services and programs.</p> <p>✓ Thank you Oylime for sharing this valuable information and resource.</p>

**ELDER ISSUES COMMITTEE /  
MAYOR'S INITIATIVE ON AGING**  
Minutes



Tuesday, August 25, 2015

<p>Member Announcements/ Upcoming Events</p>	<ul style="list-style-type: none"> <li>• Maria Hidalgo announced Alzheimer's Association <i>Paint the Town Purple</i> event happening tomorrow at Chili's Grill &amp; Bar, 6:30 p.m. She mentioned that the Freedom Tower and other buildings in Miami will be lit in purple to raise awareness. In November, they will be having a walk at the Museum. For information, contact Jose Pineda, 954-294-5340, <a href="mailto:JPinera@ALZ.org">JPinera@ALZ.org</a>.</li> <li>• Marjorie announced the following events: 1) National Women's Equality Day, tomorrow Aug. 26<sup>th</sup> at 11:30 a.m. at TACOLCY Center in Liberty City; 2) <i>Peace Pole</i> in celebration of the <i>International Day of Peace</i> on Sept. 21<sup>st</sup> from 10 a.m. to 1:30 p.m. at Miami Beach Botanical Garden organized by the Miami-Dade County Community Relations Board and the Miami-Dade County Youth Commission; and 3) Sunflower Society event on Sept. 26<sup>th</sup> at North Shore Open Space Park in Miami Beach.</li> <li>• Natalie Lopez announced <i>Family Service Day</i> on Sept. 26<sup>th</sup> from 9 a.m. to 1 p.m. at North Shore Open Space Park in Miami Beach.</li> </ul>	<p>✓ NSCFF services, pamphlet and upcoming training opportunities flyer were made available for members at the meeting.</p> <p>✓ Event flyers were made available for members at the meeting.</p> <p>✓ Event flyer was made available for members at the meeting.</p>
<p>Next Meeting</p>	<p>The next Elder Issues Committee meeting will be held on Tuesday, October 27, 2015 from 2:30 PM - 4:30 PM at the Stephen P. Clark Government Center, 111 NW 1 Street, Suite 29A, Miami, FL 33128.</p>	
<p>Adjournment</p>	<p>The meeting was adjourned at 4:30 PM by Chair David Saltman.</p>	