

**ELDER ISSUES COMMITTEE /**  
**MAYOR'S INITIATIVE ON AGING**  
 Minutes



Tuesday, January 26, 2016

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	1. Alina Becker, Alliance for Aging 2. Allan Tavss, Miami-Dade Parks and Recreation 3. Andrea Spavano, Health Counsel of South Florida 4. Anjana Morris, Health Counsel of South Florida 5. Betty Jimenez, Miami-Dade County 6. Dacia Steiner, Center for Social Change 7. David Saltman, FIU 8. Illeana Shook, Sunrise Community 9. Jennifer Weitzel, Alliance for Aging 10. Jennyfer Bustamonte, Alliance for Aging 11. Luis Mejer, 24/7 Nursing Care 12. Mariel Duron, Alliance for Aging 13. Margie Lee, AARP 14. Marjorie York, Community Action Agency 15. Mary Anne Sherman, FDOH 16. Shannon Kelley, United Way	
Welcome and Introductions	Chair, David Saltman, welcomed everyone and started the meeting at 2:45 PM. Everyone introduced themselves. The meeting was held at the Stephen P. Clark Government Center, 111 NW 1 Street, Suite 29A, Miami, FL 33128.	
Review and Approval of Minutes	The minutes for November 24, 2015 were reviewed by the committee members. A motion was made by Marjorie York to approve the minutes. It was moved and seconded by everyone else in attendance.	
Executive Board Updates	Chair David Saltman provided Executive Board updates to the committee. The Executive Board will have its next meeting on Monday, Feb.8, 2016. If anyone has topics to be brought to the Executive Board, see David Saltman.	

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<p>Committee Updates</p>	<p>Old Business:</p> <ul style="list-style-type: none"> <li>• Partnership to Improve Community Health (PICH) Grant Updates – Samantha Sater mentioned the mandatory evaluations to be completed by HCSF: Healthy Hub, physical activity in childcare settings and smoke-free multi-unit residential facilities. David reviewed that Elder Issues will work on the following for PICH:             <ul style="list-style-type: none"> <li>○ Chronic Disease with emphasis on Type 2 Diabetes</li> <li>○ Green Prescription</li> <li>○ Smoke-free policies in senior multi-unit housing facilities</li> <li>○ A Healthy Hub is now open in Liberty City at 7570 NW75 Street. The Health and Wellness Center is open every Monday and Tuesday from 9:00AM-3:00PM. Flyers were given to the committee members with a list of the services offered.</li> </ul> </li> </ul> <p>New Business</p> <p>Older Drivers/Elder Mobility Event – Has been rescheduled to February 29, 2016. It is appropriately titled: A Leap into Elder Mobility: Conversations on Access &amp; Choice. It will take place at the United Way 3250 SW 3<sup>rd</sup> Avenue Miami, Fl. From 8:30 AM to 12:30 PM. The next meeting of the subcommittee will be hosted by Shannon Kelley at the United Way on February 16, 2016 at 10 a.m. Anyone interested in joining the planning subcommittee should let the Chairs know. Plans include the following: Free four-hour event from 8:30 a.m. to 12:30 p.m., light breakfast offering, keynote speaker, panel of elders with various levels of mobility, two presentations. Focus of event will be a variety of issues affecting older drivers and transitioning mobility. Target audience will be providers of elder services. There may be an opportunity for a limited number of members to showcase their organization/services as table exhibitors. The location for event will be The United Way at 3250 SW 3<sup>rd</sup> Avenue Miami, Fl.</p>	
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	<ul style="list-style-type: none"> <li>Legislative report – Members were invited to provide any updates they were aware of related to aging issues. An article reviewing the Miami-Dade Bus System was shared with the committee by our committee chair. Trolleys operated by local areas were discussed as possible forms of transportation for seniors.</li> </ul>	
	<ul style="list-style-type: none"> <li>The Legislative session to be held in 5 weeks and the expected one billion dollar tax cut by the Governor was discussed.</li> <li>Medicaid Waiver and Meals delivered to senior's homes to enable seniors to live in their homes and have an improved quality of life was discussed.</li> </ul>	
<p>Presentation by David Saltman: The Paradox of Choice.</p>	<ul style="list-style-type: none"> <li>David Saltman showed a thought-provoking video which dealt with the paradox of having too many choices, especially for the elderly population. Barry Schwartz's observations were the subject of a lively discussion which followed. The conclusion our group came to was too many choices was not a good thing, especially when it pertained to health care decisions. Perhaps it is better to ask a doctor to advise us what is best and not present us with the choices and expect us to decide.</li> </ul>	<p>Thank you David for your presentation</p>
<p>Member Announcements/ Upcoming Events</p>	<ul style="list-style-type: none"> <li>Marjory York announced that the Mayor's address: The State of the County will take place at the Dade County Auditorium at 7:00PM today.</li> <li>Doreen LoCicero of ReServe, South Florida stated that there were Employment opportunities for those who are 55 and over for stipend, not for salary. She also announced it was the 10<sup>th</sup> Anniversary of her group and that she would like to give a presentation at the February meeting.</li> <li>Shannon Kelley of United Way discussed the Idea of creating an Elder Trust that would be much like The Children's Trust.</li> </ul>	

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	<ul style="list-style-type: none"> <li>• Lily Pharmaceuticals will host a conference on Alzheimer Disease on January 27/2016. Focus Groups on Dementia will be featured. By age 90 50% of this age group will have at least mild symptoms of Alzhiemer's.</li> <li>• Alan Tavss of Miami-Dade Parks and Recreation announced there will be an Elder Mobility Event Wednesday, March 30, 2016 at Arcola Lakes Senior Center located at 8401 NW 14<sup>th</sup> Avenue Miami, FL. Betty Jimenez suggested that our committee become involved in some way.</li> </ul>	
Next Meeting	The next Elder Issues Committee meeting will be held on Tuesday, March 29, 2016. We concluded from 2:30 PM - 4:30 PM at the Stephen P. Clark Government Center, 111 NW 1 Street, Suite 29A, Miami, FL 33128.	
Adjournment	The meeting was adjourned at 4:30 PM by Chair David Saltman.	