

Tuesday, March 29, 2016

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	1. Alina Becker, Alliance for Aging* 2. Allan Tavss, Miami-Dade Parks and Recreation* 3. Andrea Sparano, Health Council of South Florida* 4. David Saltman, FIU 5. Isabel Rovira, VHP/AHI 6. Linda Kragh, MDPLS* 7. Luis Mejer, 24/7 Nursing Care 8. Marsha Jenakovich, Alliance for Aging 9. Mary Anne Sherman, FDOH 10. Melissa Maytin, FDOH 11. Natalie Lopez, City of Miami Beach* 12. Noemi Villavicenio, Molina Health Care 13. Rafael Canelo, Fitness and Wellness Works 14. Shannon Kelley, United Way 15. Tony Wagner, City of Miami* 16. Yoni Markhoff, Law Office All who participated via telephone *	
Welcome and Introductions	Chair, David Saltman, welcomed everyone and started the meeting at 2:45 PM. Everyone introduced themselves. The meeting was held at the Stephen P. Clark Government Center, 111 NW 1 Street, Suite 29A, Miami, FL 33128.	
Review and Approval of Minutes	The minutes for February 23, 2016 were reviewed by the committee members. A motion was made to approve the minutes by everyone present. It was moved and seconded by everyone in attendance.	

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<p>Executive Board Updates</p>	<p>Chair David Saltman provided Executive Board updates to the committee. The Executive Board met at Sergio's Restaurant for their March 14, 2016 meeting, the Board members sampled the new healthy menu created by the restaurant with the help of the Consortium. Everyone there enjoyed the food and especially because it demonstrated that restaurants can indeed serve healthy meals that taste good. Dr. Rodriguez was, who was in attendance, presented the owner of Sergio's a plaque commemorating this important step in improving community health. If anyone has topics to be brought to the Executive Board, see David Saltman.</p>	
<p>Committee Updates</p>	<p>Old Business:</p> <ul style="list-style-type: none"> • Partnership to Improve Community Health (PICH) Grant Updates – The mandatory evaluations to be completed by HCSF: Healthy Hub, physical activity in childcare settings and smoke-free multi-unit residential facilities. David requested that Andrea Sparano of Health Council of South Florida to review the PICH projects that Elder Issues work on for PICH. <p>She talked about the Healthy Hubs. She stated that the Healthy Hub at Baptist West Kendall screened 1,600 patients in one year. That the screenings are convenient for patients and provide important information to the community one person at a time.</p> <p>Andrea also spoke about smoke-free-housing. She reported that 9 units were post assessment. She did not have data regarding Elder smoke-free housing.</p> <p>The following continue to be worked on by the Elder Issues committee:</p> <ul style="list-style-type: none"> ○ Chronic Disease with emphasis on Type 2 Diabetes ○ Green Prescription ○ Smoke-free policies in senior multi-unit housing facilities ○ A Healthy Hub is now open in Liberty City at 7570 NW75 Street. <p>The Health and Wellness Center is open every Monday and</p>	

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	<p>Tuesday from 9:00AM-3:00PM.</p> <p>New Business</p> <ul style="list-style-type: none"> Legislative report –The Older Americans Act is on the way to passing in the House of Representatives then it will go to the President to be signed. This will continue National programs for elders. No cuts were given to the Elder Affairs budget by Governor Scott. There will be 9 million dollars allotted to free clinics and Mental Health clients will have a law that assures access to drugs and abuse treatment. 65 million dollars have been appropriated to replace other cuts to elders. 	
	<ul style="list-style-type: none"> David reviewed Leap into Mobility. The event is considered a success. The most common comment was there was not enough time for questions between presenters. The event ended on time and flowed well due to the efforts of our moderators, Dacia and Shannon. The light breakfast was delicious thanks to our sponsor Ride to MD. The most common answer on our cards for elders' greatest challenge in transportation was the lack of quality STS. It was suggested that a representative from our group contact Alice Bravo to meet with STS and members of the Department of Transportation and Public Works to discuss the adequacy of public transportation for elders. Lack of knowledge is the greatest obstacle for use of public transportation by elders. Elders may need hands on training on how to use public transportation or simply information of what their options are. Miami is the seventh worst city with traffic congestion in the U.S. There is no solution to increased traffic. We need to improve public transportation and make it more accessible to elders. We received 25-30 cards from participants at our event and that is a lot of information to 	

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	analyze. Perhaps we can learn where we can go next.	
Presentation by Rafael Canelo an overview of his 3 organizations	<ul style="list-style-type: none"> Rafael Canelo discussed his organization, Fitness and Wellness Works. This organization, in addition to two others he operates, work with 300,000 venders. They offer group and personal fitness training, Silver Sneakers, Health Education, Preventive care and Massage. Various therapies such as Physical Therapy and Prenatal Care for Expectant Mothers. Mr. Canelo described his services as “A one stop solution.” The organizations can meet many needs of the elder population: Water Works. (Training to increase muscle strength), Healthy Bites (Cookbooks written by staff), Meal Plans and Nutritional Education, Call a Nurse,(a service that saves the client the deductible from visiting the E.R.), Fall Prevention, Film Library of Preventive Care, and many others. The care of the individual client is managed by a Physician who refers the client to the specialty or service that is needed. The service is cost effective and covered by most insurances, Medicare and Medicaid. The client gets the services that he/she needs to maintain a high quality live. 	Thank you Rafael, for your presentation
Member Announcements/ Upcoming Events	<ul style="list-style-type: none"> Allan Tavss of Miami-Dade Parks and Recreation announced there will be an Elder Mobility event on Thursday March 31, 2016. It will consist of 14 presenters, Car Fit and Mayor Gimenez will speak. Marjorie York announced there will be a Japan Fest at the Botanical garden. Also that the Sunflower Society will hold an arts and crafts event April 29,2016 Isabel announced that the Age Friendly Initiative will meet on 4/19/2016 at the Health Foundation. Miami is a good place to grow old. 	

ELDER ISSUES COMMITTEE /
MAYOR'S INITIATIVE ON AGING
 Minutes



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	<ul style="list-style-type: none"> As part of the Alliance for Aging's data collection for the 3-year Area Plan, Director of Planning Marsha Jenakovich is seeking local data and expertise in the following special topics: Alzheimer's and dementia; caregivers; LGBTQ elders; homeless elders, elders in prison re-entry programs; elder hunger; adults older than 60 with disabilities; and long-term residential care. Please feel free to contact her at 305 671 6377 	
Next Meeting	The next Elder Issues Committee meeting will be held on Tuesday, April 26, 2016 from 2:30 PM - 4:30 PM at the Stephen P. Clark Government Center, 111 NW 1 Street, Suite 29A, Miami, FL. 33128.	
Adjournment	The meeting was adjourned at 4:15 PM by Chair David Saltman.	