ELDER ISSUES COMMITTEE / MAYOR'S INITIATIVE ON AGING
Minutes

Tuesday, May 31, 2016

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	1. Alina Becker, Alliance for Aging 2. Anjana Morris, Health Council of South Florida* 3. Betty Jimenez, Miami-Dade County 4. Brady Bennett, Health Council of South Florida* 5. David Saltman, FIU 6. Isabel Rovira, Urban Health Partnership, Age Friendly Initiative* 7. Jan Ding, FDOH 8. Jenyfer Bustamante, Alliance for Aging 9. Lisseth Guerra, FDOH 10. Luis Mejer, 24/7 Nursing Care 11. Marsha Jenakovich 12. Marjorie York, Community Action Agency 13. Mary Anne Sherman, FDOH 14. Michael Pearson, Alzhiemer's Association* 15. Noemi Vilbuicencio, Molina Health Care 16. Shannon Kelley, United Way All who participated via teleconference*	
Welcome and Introductions	Chair, David Saltman, welcomed everyone and started the meeting at 2:35 PM. Everyone introduced themselves. The meeting was held at the Stephen P. Clark Government Center, 111 NW 1 Street, Suite 29A Miami, FL 33128.	
Review and Approval of Minutes	The minutes for April 26, 2016 were reviewed by the committee members. A motion was made to approve the minutes by Marjorie York. It was moved and seconded by Alina Becker. The minutes were unanimously approved.	

Executive Board Updates	Anjana Morris reported on what was discussed at the Executive Board meeting for May. The meeting centered around The Consortium for a Healthier Miami-Dade's Annual Event which was held on April 15, 2016. The event was considered by most to have been better than the previous years' events. The award for an exemplary member of our Elder Issues Committee was presented to Shannon Kelley of United Way. There was a suggestion by David that the event should have more time for networking. There was also a question regarding the status of Miami as a possible Robert Wood Johnson award recipient.	
Committee Updates	Old Business: • Partnership to Improve Community Health (PICH) Grant Updates: Anjana Morris and Brady Bennett updated us with several PICH Initiatives. The first was the Initiative on smoke-free public housing. 3 out of 9 of the units surveyed had banned smoking on the premises. Surveys had been given to residents to evaluate current habits and preferences regarding smoking. It was found that 75% of the residents report that they do not use tobacco. Many of the housing units surveyed were housing residents that were 60 years or older. Jan Ding of the Tobacco-Free Work Group was asked how the process goes to pass a smoke-free policy for a housing unit. Smoking policies for all Public Housing units are drafted and reviewed by the economic prosperity committee on June 16, 2016. The committee then meets again in July and if the policies are passed, they will be enforced starting in September, 2016. Assistance with smoking cessation will be offered upon request by FIU. • Anjana Morris next talked about the success of the Restaurant Initiative. 16 restaurants have added healthy meals (low salt, low fat and under 500 calories) and 57 restaurants are in the process of creating healthy meals with the help of a dietician from the Consortium to add to their menus.	

	David, our chair, requested that the Chair of the Health Promotion, Disease Prevention be asked to speak at an Elder Issues Committee meeting. Anjana agreed to invite the chair to one of our future Elder Issues Committee meetings.
	
	The following continue to be worked on by the Elder Issues committee:
	   o Chronic Disease with emphasis on Type 2 Diabetes
	   o Green Prescription
	   o Smoke-free policies in senior multi-unit housing facilities
	   o A Healthy Hub is now open in Liberty City at 7570 NW75 Street. The Health and Wellness Center is open every Monday and Tuesday from 9:00AM-3:00PM.
	
	• Isabel Rovira of Urban Health Partnership and the Age Friendly Initiative spoke about the 4th year of the Age Friendly Initiative which is working with Miami-Dade to make it a place where seniors have a high quality of life. The United Way, the Miami-Dade Parks Department and other organizations work together to have adequate outdoor spaces, transportation, housing, health services and civic engagement for elders. The Age Friendly Initiative is currently training individuals to be advocates for elders and working toward Miami's designation as and Age Friendly city. Our members cited that this is an on- going process.	

	New Business: • David Saltman and Shannon Kelley have a meeting with Alice Bravo, Director of Transportation and Public Works to discuss the issues that were brought up at our A Leap into Elder Mobility conference held last February. If any member has issues for this meeting, please let either David or Shannon know. We want to bring her attention to the problems	

	that our participants felt were most difficult for elders to deal with, such as STS and how to use Public Transit. If anyone has something to share, please see Shannon. David discussed the 17 bus systems in some communities in addition to the Miami-Dade Transit System and the possibility of coordination for elder riders.	
Presentation by Marsha Jenakovich	• Masha Jenakovich, of Alliance for Aging presented her group's findings while doing research for their three year are plan. Miami-Dade and Monroe Counties are surveyed as to what elders need. She began by asking; "What do we know about elders in Miami-Dade County?" Our demographics suggests that 82% are considered to be minority, ½ million residents are 60 years of age and older, the population of elders has increased by 12% in the last 5 years and by 2030, 1 in 4 residents will be 60 years or older. Also, our population of 85 years and older has increased by 19% in the last 5 years. She went on to discuss the risk factors that determine the need for assistance. The most disturbing statistic is that was mentioned is that 28.8% of our residents who are over age 60 live below the poverty level. That might explain why 40% of those over 65 still work. Despite this great need for services, many who qualify are on a huge waiting list. There were 9,451 this past year. What it comes down to it, is there is great need among our elder population and unfortunately they are vastly underserved by our community. We will continue this discussion with Marsha at our next meeting.	Thank you Marsha, for your presentation

Member Announcements/ Upcoming Events	- David discussed the possibility of the Elder Issues Committee meeting at the Arcola Lakes Senior Center in the future. - Shannon announced that the United Way would be releasing the RFP funds tomorrow. These funds target Organizations who serve older adults in under- served areas. - Marjorie York announced that there would be free classes for children every Wednesday for 10 weeks at the Botanical Gardens.. - Betty Jimenez was honored for her service to the Elder Issues Committee and to Miami-Dade County for 35 years. She may have retired from her position with Miami-Dade County, but much to our delight she will continue to be an active member of the Elder Issues Committee.	
Next Meeting	The next Elder Issues Committee meeting will be held on Tuesday, June 28, 2016 from 2:30 PM - 4:30 PM at the Stephen P. Clark Government Center, 111 NW 1 Street, Suite 29A, Miami, Fl. 33128.	
Adjournment	The meeting was adjourned at 4:30 PM by Chair David Saltman.	