

Tuesday, September 29, 2015

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> 1. Alex Trinchet, Miami-Dade County, Fire Rescue 2. Alina Becker, Alliance for Aging 3. Allan Tavss, Miami-Dade County Parks, Recreation and Open Spaces Dept. 4. Antonio (Tony) Wagner, City of Miami Neighborhood Enhancement Team 5. Betty Jimenez, Miami-Dade County 6. Carlos A. Gimenez, Miami-Dade County Mayor 7. Carmen Centeno, MDPLS 8. Dacia Steiner, Center for Social Change 9. David Saltman, FIU 10. Dionne Polite, AARP 11. Dolores Perdomo, University of Miami, Center On Aging 12. Edeline Mondestin, Miami-Dade County CAHSD 13. Henry Noriega, Advanced Research Institute of Miami 14. Julie Grochowski, eQHealth Solutions 15. Kamalah Fletcher, Catalyst Miami (via telephone) 16. Kuan Jan Ding, FDOH-MD 17. Lillian Rivera, FDOH-MD 18. Luis Mejer, 24/7 Nursing Care, Inc. 19. Margie Lee, AARP 20. Maria Hidalgo-Diaz, VITAS 21. Marina Bravo, Neuro Behavior Associates 22. Marsha Jenakovich, Alliance for Aging 23. Mayra Garcia, FDOH-MD 24. Mayra Leite, Amerigroup 25. Michael Moxam, Miami-Dade County CAHSD 26. Monica Martinez, MDPLS 27. Natalie Lopez, City of Miami Beach 28. Odalis Benavides Hernandez, Switchboard of Miami, Inc. 29. Olga Connor, FDOH-MD 	

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	30. Rosa Osés-Prealoni, FDOH-MD 31. Samantha Sater, Health Council of South Florida 32. Shannon Kelley, United Way 33. Stephanie De la Piedra, PACE	
Welcome and Introductions	Chair, David Saltman, welcomed everyone and started the meeting at 2:35 PM. Everyone introduced themselves. The meeting was held at the Stephen P. Clark Government Center, 111 NW 1 Street, Suite 29A, Miami, FL 33128.	
Review and Approval of Minutes	The minutes for August 25, 2015 were reviewed by the committee members. A motion was made by Tony Wagner to approve the minutes with correction as noted. It was moved and seconded by Alina Becker.	
Executive Board Updates	Chair David Saltman provided Executive Board updates to the committee. The Executive Board will have its next meeting on Monday, 10/19/2015, and will be attended by Miami-Dade County Commissioner for District 8, Daniella Levine Cava. If anyone has any issues they would like to be brought up at this meeting, please communicate them to David.	
Committee Updates	<p>Old Business:</p> <ul style="list-style-type: none"> • Partnership to Improve Community Health (PICH) Grant Updates – Samantha Sater mentioned the mandatory evaluations to be completed by HCSF: Healthy Hub, physical activity in childcare settings and smoke-free multi-unit residential facilities. David explained that Elder Issues will work on the following for PICH: <ul style="list-style-type: none"> ○ Chronic Disease with emphasis on Type 2 Diabetes ○ Green Prescription ○ Smoke-free policies in senior multi-unit housing facilities David displayed the mock-up “Healthy Happens Here” sticker/decals designed by the EI Committee; these can be displayed by partner organizations that provide services to seniors in our community. • Older Drivers/Elder Mobility Event – To be held in early November or December (details TBA). Subcommittee continues to meet prior to 	

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today's regular committee meeting; next planning meeting will be hosted by Dacia Steiner at the Center for Social Change on Tuesday, October 13/15 at 10 a.m. Anyone interested in joining the planning subcommittee should let the Chairs know. Plans include the following: Free four-hour event from 8:30 a.m. to 12:30 p.m., light breakfast offering, keynote speaker, panel of elders with various levels of mobility, two presentations. Focus of event will be a variety of issues affecting older drivers and transitioning mobility. Target audience will be providers of elder services. There may be an opportunity for a limited number of members to showcase their organization/services as table exhibitors, but location for event needs to be secured before we know what space is available and how many tables we can plan for. Allan Tavss expressed interest in having a table if possible.

- Work Plan 2014-2017 – has been reviewed by the EI Committee and can be updated as needed. Copies are available on request.
- Miami-Dade Age Friendly Initiative (AFI) – hosted by HFSF. Marsha Jenakovich mentioned that the Action Plan can be found on website: <https://agefriendlymiami.org/>.

New Business:

- Legislative report – Members were invited to provide any updates they were aware of related to aging issues. Maria Hidalgo shared that FL Senator Rene Garcia met with FL Governor Rick Scott regarding elder issues. Locally, we are not hearing much.
- World Heart Day on September 29th- will celebrate at next month's Elder Issues meeting with the following:
 - Hands-Only CPR demonstration & resources
 - Mayor Gimenez has been invited to attend
 - Also will have a presentation by Maria Hidalgo Diaz, VITAS on "Family Issues in Hospice Care"

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<p>World Heart Day Celebration</p>	<ul style="list-style-type: none"> • Guests were welcomed including Mayor Carlos A. Gimenez and Florida Department of Health in M-D County Administrator Dr. Lillian Rivera • Dr. Lillian Rivera spoke about the significance of World Heart Day and mentioned county-wide health promotion activities and health fairs which occurred throughout the day today. • Mayor Carlos Gimenez presented a proclamation to Dr. Rivera declaring today date as “World Heart Day.” He also spoke about his own experience as a first responder and CPR as a vital intervention which saves lives and increases the chance of surviving a cardiac arrest. • Mayra Garcia gave a Hands-Only demonstration and distributed health educational materials related to nutrition, heart health, warning signs of heart attack, stroke and cardiac arrest, heart age and hands-only CPR. • Water and healthy snacks were provided by Maria Hidalgo of VITAS. 	
<p>Presentation on <i>Hospice 101</i> by Maria Hidalgo Diaz, Community Relations Representative, VITAS</p>	<p>Maria presented on the benefits and services available through VITAS Hospice care services, including:</p> <ul style="list-style-type: none"> • Medicare Hospice benefit; also work with Medicaid and all insurances. • Charity care last year was \$10 million. • Work with undocumented individuals. • Adhere to HIPAA • Deal with end of life disease process with main diagnosis being cancer; also deal with Alzheimers, neuro, heart disease, COPD and comorbidities. • Levels of care include: Routine home care, Continuous home care, Inpatient care and Respite care. • Work with the patient and their family. • Sometimes clients get better with Hospice care and get released from end-stage care. • Continuous care model; 24 hours a day, 7 days a week. • Telecare, a dedicated 24 hour toll-free support phone line available for physicians/clinicians and one for patients, family or caregivers questions. 	

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	<ul style="list-style-type: none"> • Respite care available provides a break for the home care patient's primary caregiver by admitting the home care patient to an inpatient hospice setting. • Grief support groups for children, young adults, parents and adult caregivers, as well as for Alzheimer's are available. • Help families find other needed resources, like Food Stamps. • VITAS has free smartphone app which can review referral criteria, as well as, calculate BMI and submit actual client referrals for services. • Maria is also the radio host of a VITAS-sponsored Spanish radio talk show; if you would like to be on the program, please let her know. 	<p>✓ Refer your patients to VITAS Innovative Hospice Care by calling 800-93-VITAS. Online referrals available at VITAS.com/florida.</p> <p>✓ Thank you Maria for sharing this valuable information and resource.</p>
<p>Member Announcements/ Upcoming Events</p>	<ul style="list-style-type: none"> • Maria Hidalgo-Diaz announced the following two events: <ul style="list-style-type: none"> ○ VITAS <i>Clergy Appreciation Luncheon</i> on Friday, October 16, 2015 11 a.m. to 2 p.m. in Dania Beach, FL. RSVP by October 1st to Mitch Husar at 954-777-1852 ○ <i>Miami Family Event Wellness & Lifestyle Expo</i> at Miami-Dade County Fair and Exposition grounds on October 3 - 4, 2015. • Natalie Lopez announced that the City of Miami Beach Office of Community Services has extended for one month their financial emergency services assistance with utility bills and rent/mortgage for anyone in Miami-Dade. 	<p>✓ Event flyer was made available for members at the meeting.</p> <p>✓ For additional information, contact the Office of Community Services at 305-673-7491.</p>
<p>Next Meeting</p>	<p>The next Elder Issues Committee meeting will be held on Tuesday, October 27, 2015 from 2:30 PM - 4:30 PM at the Stephen P. Clark Government Center, 111 NW 1 Street, Suite 29A, Miami, FL 33128.</p>	
<p>Adjournment</p>	<p>The meeting was adjourned at 4:30 PM by Chair David Saltman.</p>	