

**CONSORTIUM FOR A HEALTHIER MIAMI-DADE**  
 Executive Board  
 May 12, 2014

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	Alina Soto, Children Issues Committee Chair on <i>behalf of Ann-Karen Weller, Florida Dept. of Health in Miami-Dade</i> Shanika Watson, Florida Dept. of Health in Miami-Dade Karen Hamilton, South Florida Regional Planning Council Nancy Maidique, Florida International University Leyanee Perez, American Healthy Weight Alliance Janite Polydor on behalf of Marisel Losa Health Council South Florida	
Welcome and Introductions	The executive board of the Consortium for a Healthier Miami-Dade was brought to order by Ann-Karen Weller at 9:15 AM and all members were welcomed at the Health Council of South Florida.	
Approval of Minutes	Approval of Minutes – Meeting minutes for April were reviewed by members. The minutes were approved by Karen Hamilton and seconded by Leyanee Perez. Corrections to be made on the April minutes - Page 5 “...language that <u>would transfer</u> control from municipalities to the state.” “...situations such as <u>these</u> where time is of the essence. N. Maidique had <u>sent</u> committee members...” “The Tobacco Free Workgroup used the Health Foundation <u>of</u> South Florida...” Page 6 should be method of blanket approval.	Corrections to be made to April minutes.
Consortium Annual Event Plan-Do-Check-Act:	The Consortium Annual Event evaluation results were reviewed by attendees. Some comments that were made are: -Keynote Speaker’s presentation was fantastic. -Event was excellent. -All speakers were engaging and well prepared. -Dancing was great.	

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	<p>Executive Board comments:</p> <p>What went well:</p> <ul style="list-style-type: none"> <li>- Speakers were very engaging</li> <li>- Food was excellent</li> <li>- Fitness Break</li> <li>- Beautiful venue</li> <li>- Accessible transit</li> <li>- Liked umbrellas</li> <li>- Overall, event was excellent</li> </ul> <p>Improvements:</p> <ul style="list-style-type: none"> <li>- Panels are old and tired. Change things up. Make it more interactive. More about discussion of activities, what are you doing next year. Should we change the purpose?</li> <li>- All committees should present at the Consortium Annual Event. 5 minutes per committee. Chairs talk about the accomplishments in their 2-year term.</li> <li>- Menu should be reviewed by a Dietician.</li> <li>- Move the Keynote Speaker to the end of the agenda.</li> <li>- Award Process- individuals need to be acknowledged, instead of everyone on the stage at once.</li> </ul> <p>Suggestions:</p> <ul style="list-style-type: none"> <li>- The Executive Board should have a conversation as Chairs as to how the Consortium Annual Event will look like next year, probably in December. (Plan &amp; Prep)</li> </ul>	
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	<ul style="list-style-type: none"> <li>- Individuals be assigned to a table of people they do not know for networking opportunities.</li> <li>- A dress rehearsal a month before the Consortium Event.</li> <li>- If a person has a dietary need, they can contact an individual from DOH.</li> <li>- Chairs/Vice-Chairs want to contact no-shows of the Consortium Annual Event that registered for the event.</li> <li>- Hand deliver invitations to individuals inviting them to the event.</li> <li>- Offer CEU credits.</li> <li>- Involve children/teens.</li> <li>- Make it more about the community, not us. Alina mentioned a teacher who does not serve cakes, pies, sugar, as an increase of physical activity and improving nutrition in the school. She also eliminated televisions in the school.</li> </ul> <p>Alina mentioned three people contacted her after the Consortium event and want to get involved with the Consortium. She also suggested that FDOH-MD count the number of no shows for the last three years, two years ago and last year to figure out the trend in order to plan the event for next year.</p>	<p>Committee list will be sent to chairs of Consortium Event attendance.</p> <p>Executive Board Consortium Annual ideas:</p> <ul style="list-style-type: none"> <li>• Icebreaker activity</li> <li>• EB plan award process</li> <li>• Overbook in the future</li> <li>• CEUs offered at every event</li> <li>• Consortium Event fee</li> <li>• Speaker for next year- Dr. Karen Lee, HBE</li> </ul>
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### Committee Reports

#### **Health & the Built Environment/Karen Hamilton –**

The HBE committee had sent several ideas for a public space challenge a month ago. One idea was accepted as a finalist. The idea was creating a mini play kit that can enable a community to utilize and work with the county to use a parking lot or area to create temporary play spaces on a more regular basis. The kit would have a combination of actual equipment as well as permit guidelines, how to close off a street, how to get a police and how to create your own pop-up park. HBE will work with the community to put the kit together and use this kit to create a pop-up park within the period of the grant. What should be in the kit? Kaboom was a suggestion. The area of focus is West Perrine. Presentation by Colin Worth will be given on the Bike and Pedestrian Plan at the next HBE meeting. Committee is finalizing their work plan and going over the presentation working group model. They would like to have a mobile workshop where they go into the community.

#### **Tobacco Free Workgroup/Nancy Maidique –**

Mentioned she is happy to see more committee collaboration. The Chamber Event was a success and was arranged by the Worksite Wellness committee. Members were recruited as a result.

Legislative Issue House Bill 169 successfully made it through. Representative Bill Hager introduced another amendment that removed the preemption clause that was voted on. There were 72 yays and 46 nays, resulting in it being passed. It is illegal to sell e-cigarettes to minors, which was the initial purpose of the bill. The bill regarding smoking in a car with minors did not pass. Alina suggested Nancy create informative postcards to disseminate to families on the harmful effects of smoking around children.

Karen also suggested Nancy put together material on e-cigarettes and Condos. In regards to the School Board, their comprehensive

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policy includes e-cigarettes. Therefore, e-cigarettes are not allowed on campuses. The next focus is on multi-unit and public housing. The first smoke-free public housing is currently being built. Nancy mentioned committee Chairs need to submit their committee's Miami's Healthiest list to their liaison. The liaisons would then send the list to Natouchka, FDOH MD. This list will contain what's healthy in various areas: restaurants, parks, smoke-free places etc. Nancy found three places that are promoting themselves as smoke-free: Maderna, the Yacht Club and Little Hoolies restaurant were found to be smoke-free.

**Health Promotion & Disease Prevention/Leyanee Perez –**

The committee's chair met with the Department of Business Professional and Regulations regarding restaurant inspections. Guidelines of fruits and vegetable sanitation will be incorporated in the Healthy Happens Here Initiative to make sure restaurants are in compliance. She also presented the Healthy Happens Here Initiative at the Marketing & Membership workshop where there was positive feedback. Pizza D'light, one of the piloting restaurants, provided healthy pizza at the workshop to the audience. One question that remains is how she is going to market the initiative. Leyanee mentioned that the Marketing & Membership Chair suggested that she wait until she has all 50 restaurants, then brainstorm on the marketing piece. Spot On will be in charge of the marketing component that includes social media. There are five dieticians that will each go to ten restaurants for the Healthy Happens Here Initiative. Spot On will be presenting at the next Health Promotion and Disease Prevention committee meeting.

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	<p><b>Children Issues/Alina Soto</b> – Initiative consist of increasing physical activity, improving nutrition and eliminating screen time, adult wellness, access to care and oral health. Committee will continue to visit 5 child care centers in underserved communities. It has been a success and there has been good feedback. In one school, there is a healthy cooking demonstration done by Short Chef. He shows the families how to prepare a healthy meal. Other activities include literacy, nutrition education, family structure around food, Henry Gets Moving and oral health. Alina has been invited to represent the State of Florida by the DentaQuest Foundation to do training in oral health for children. Colgate, DentaQuest, Healthy Matthew, and Florida Public Health Institute are all working together to promote pediatric oral health. University of Miami will conduct a pre and post assessment of the Consortium Childcare Initiative. Alina will be filming with CBS4 in June 2014 on the Consortium Childcare Initiative. The Department of Children and Families just finished writing five modules for childcare providers to train on obesity prevention. The modules were on physical activity, improve nutrition and alternatives to screen time. Alina was the Lead on this particular curriculum.</p> <p><b>Marketing &amp; Membership Committee/</b> Shanika mentioned the Marketing &amp; Membership committee will open up the next two workshops for committee presentations. This will give the opportunity for other committees to present that did not during the Consortium Annual or Marketing workshop. Karen mentioned HBE committee is not ready to present yet, but will do so in the future.</p>	
Old Business/New Business	Spring into Wellness will be held at the Stephen P. Clark	Defining Outcome



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	Government Center Building on May 15, 2014 from 2pm--4pm.	Measures: Environmental vs. Policy Change will be discussed at the next meeting.
Adjournment	The meeting was adjourned at 11:10am. <b>The next meeting is scheduled for June 9 at the Health Council of South Florida</b>	