

CONSORTIUM FOR A HEALTHIER MIAMI-DADE

Executive Board

April 13, 2015

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<p>Ann-Karen Weller, Florida Dept. of Health in Miami-Dade Shanika Watson, Florida Dept. of Health in Miami-Dade Alina Soto, Department of Children and Families Karen Hamilton, SFRPC Nelly Rubio, CBS4 Dr. M. Enrique Flores, Shin Wellness Maura Shiffman, Health Council of South Florida Leyanee Perez, American Healthy Weight Alliance</p> <p>Teleconference: Jeff Hurst, Department of Children and Families Nancy Maidique, Florida International University Alfie Leon, Florida International University Marlene Rodriguez, Bayview Asset Management, LLC Margaret Sotham, West Kendall Baptist Hospital</p>	
Welcome and Introductions	<p>The Executive Board of the Consortium for a Healthier Miami-Dade was brought to order by Ann-Karen Weller at 9:06 AM. All members were welcomed at the Health Council of South Florida.</p>	
Approval of Minutes	<p>Approval of Minutes – Meeting minutes for March were reviewed by members. The minutes were approved by Alina Soto and seconded by Nelly Rubio.</p>	
Business Results	<p>Mrs. Weller presented the Consortium business results and County Health Rankings to the Executive Board. According to the health outcomes of the County Health Rankings, the length and quality of life are observed. The focus is health factors that contribute to those outcomes. When looking at health factors, you are looking at healthy behaviors, clinical care, socioeconomic factors and the physical environment.</p> <p>According to Miami-Dade County Rankings:</p>	

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	<ul style="list-style-type: none"> - Out of the 67 counties in Florida, Miami-Dade County ranked #5 for health outcomes. - Miami-Dade County ranked #1 for length of life, however the quality of life, #22 - Overall health factors, #25 - Healthy Behaviors, #1 - Clinical Care, #56 - Socioeconomic Factors, #48 - Physical Environment, #53 	
<p>Consortium Performance Measures for Quarter 3 (January – March 2015)</p> <p>Annual Event Follow Up PDCA</p>	<p>Consortium committee performance measures were presented by Mrs. Weller. Members that are active and at-large in each of the committees were viewed. Attendance rate, Policies and Environmental Changes, Presentations, Community Events, Number of Supported Meetings and website hits were reviewed and discussed.</p> <p>The Executive Board discussed the Consortium Annual Event 2015.</p> <p>Strengths:</p> <ul style="list-style-type: none"> - Event ran well - No glitches, ran smoothly - Gets better every year - Although there was no speaker, the Consortium committees stood out. The focus was the Consortium - Networking - Fitness Break <p>Improvements:</p> <ul style="list-style-type: none"> - Food - Need oatmeal - Food was taken away too soon 	<p><i>Mrs. Weller will send the Consortium report presentation to the Executive Board via email.</i></p>

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	<ul style="list-style-type: none"> - Interaction amongst tables, need a breakout session to structure networking - Parking <p>Suggested venue for 2016 Consortium Annual Event: Hilton on Biscayne.</p>	
<p>Committee Action Reports</p>	<p>Committee Reports</p> <p>Children Issues/Alina Soto The Chairs presented an overview of the strategic plan and putting players in place for the Consortium Child Care Initiative. Jeff Hurst will provide detailed information regarding childcare settings in the selected zip codes for the PICH grant. The committee continues to grow in membership.</p> <p>Marketing & Membership/ Nelly Rubio & Jeff Hurst The Marketing & Membership committee did not have a workshop for the month of April. During the meeting, the committee discussed how to move forward on different projects. In May, a representative from West Kendall Baptist Hospital will talk about their pilot program. Jeff Hurst would like to schedule a training session in June for selected speakers in regards to the Speakers Bureau. Chairs are to select 3 speakers from each committee. A reminder email will be sent to the Executive Board with a due date of May 15th. A presenter for the training is currently pending. In July, it was suggested that Karen Hamilton (HBE Chair) present on Fit City.</p> <p>Worksite Wellness/ Marlene Rodriguez & Dr. M. Enrique Flores There was a committee discussion on how to move forward with the PICH grant strategies to reach the outcomes. An employer Worksite Wellness survey will be sent out to Consortium members as well as</p>	

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other organizations/companies in the community to gather information for the PICH initiative. They are also working on updating their toolkit. The Worksite Wellness Awards is May 8, 2015 at the Biltmore. Baptist Hospital is hosting the morning session, called Best Practices. There will be vendor exhibits and lunch. The guest speaker is Dr. Ozner. Today is the last day for individuals to submit applications for their organization. Award recipients will be announced during the luncheon.

Health Promotion & Disease Prevention/Leyanee Perez

March meeting was cancelled. Healthy Happens Here brochures were disseminated to the Executive Board. 5,000 brochures were printed. At the next HPDP meeting, restaurants will be selected based on the zip codes identified in the PICH grant. There was a discussion on whether to have a particular sticker for the Healthy Happens Here initiative for all committees or each committee have a different sticker.

Health & the Built Environment/ Karen Hamilton

There will be a strategic planning meeting at tomorrow's HBE meeting. The meeting will be from 9am to 12pm. Mrs. Weller will speak on the HBE committee history and the meeting will be facilitated by the Health Council. They will discuss the committee work plan and activities to focus on. HBE would also like to create workgroups. Committee will discuss the Fit Nation exhibit on how this exhibit will travel over the county for the next 2 years.

Tobacco Free Workgroup/Nancy Maidique

There are four colleges/universities left to go smoke-free: Barry, Florida Memorial, St. Thomas and Johnson & Wales. Senate Bill 548 is going through the committee to prevent second hand smoke in cars with minors present. Second hand exposure among children cost about 5 billion dollars a year. TFW continues to attend commissioner meetings to advocate retailers to ban the sale of flavored tobacco. This has been successful where they are up to 24 of the 36 municipalities with

Committees will make a decision on their Healthy Happens Here sticker.

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	<p>resolutions/ordinances. They also had the SWAT Extravaganza event. This month the South Florida Condominium and Homeowners Association Expo will take place at the Miami Beach Convention Center, where members will try to educate and recruit individuals to convert their buildings into smoke and tobacco free environments. TFW Vice-Chair, Georgette Baeza Kores will coordinate an employers tobacco cessation summit to educate employers on how to go smoke and tobacco free at their facility. Community member, John Michael Pierobon, is trying to see if they can place certain items on the ballot. They are: Increase taxes on tobacco products; create tobacco/smoke free beaches, eliminate the preemption clause and raise the legal age to purchase tobacco products to 21.</p> <p>An informal survey was conducted with the Executive Board on the following: What would you be most likely excited about?</p> <ul style="list-style-type: none"> - Raising taxes on tobacco products - Create tobacco/smoke free beaches and parks - Raise the legal age to purchase tobacco products to 21 <p>The board voted on the following priorities: create tobacco/smoke free beaches and parks or raising the legal age to purchase tobacco products to 21.</p>	
<p>Old Business/New Business</p>	<p>Mrs. Weller announced that Alina Soto and Karen Hamilton are the new Executive Board co-chairs. Their term will begin on July 1, 2015.</p> <p>Visit from CDC Project Officer - June 8, 2015. All Chairs and Vice-Chairs have been requested to be present in person for this Executive Board meeting.</p> <p>Executive Board members will ask their committees if there are any training needs. Nelly Rubio suggested formal social media training. Other suggested trainings are health impact assessment, cultural sensitivity and meeting facilitation.</p>	

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	<p>Facebook: It was suggested that individuals follow the Consortium on Facebook and was recommended to be placed on future committee meeting announcements. This can bring more awareness of the Consortium via social media.</p>	
Adjournment	<p>The meeting was adjourned at 11:00am. The next meeting is scheduled for May 11, 2015 at the Health Council of South Florida.</p>	