

CONSORTIUM FOR A HEALTHIER MIAMI-DADE

Executive Board

July 13, 2015

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<p>Ann-Karen Weller, Florida Dept. of Health in Miami-Dade Amelinda Loddo, Florida Dept. of Health in Miami-Dade Jeff Hurst, Department of Children and Families Marisel Losa, Health Council of South Florida Leyanee Perez, American Healthy Weight Alliance Nelly Rubio, CBS4 Alina Soto, Department of Children and Families Ricardo Jaramillo, Health Council of South Florida Nicole Marriott, Health Council of South Florida Samantha Sater, Health Council of South Florida</p> <p><u>Teleconference:</u> Karen Hamilton, South Florida Regional Planning Council Nancy Maidique, Florida International University Alfie Leon, Florida International University Marlene Rodriguez, Bayview Asset Management, LLC David Saltman, Florida International University</p>	
Welcome and Introductions	The Executive Board of the Consortium for a Healthier Miami-Dade was brought to order by Ann-Karen Weller at 9:05 AM. All members were welcomed at the Health Council of South Florida.	
Approval of Minutes	Meeting minutes for June were reviewed by members. The minutes were approved by Nelly Rubio and seconded by Alina Soto.	
CDC Site Visit Recap	<p>The Centers for Disease Control CDC conducted a two day site visit on June 8th and 9th On June 8th they visited the West Perrine Health Center where the Chairs and Vice-Chairs of the Consortium presented on their current initiatives. The CAPS and the reach were discussed at length.</p> <p>On the second day of the site visit they toured the city including: West Kendall Baptist Hospital, Homestead/Florida City and the Liberty City</p>	

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	<p>clinic.</p> <p>The committee discussed what went well:</p> <ul style="list-style-type: none"> -Everyone was able to get a brief overview of the initiatives underway -Got to meet the CDC face to face -Well coordinated and well planned -Healthy food -Good flow between presenters <p>Opportunities for improvement:</p> <ul style="list-style-type: none"> -Would like to learn more about the CDC -Collaboration between committees -Using same channels to do more (1 main presentation to commissioners instead of multiple visits) <p>Highlights from FDOH:</p> <ul style="list-style-type: none"> -We need to be utilizing our partnerships and expertise of the Consortium to its fullest <p>Concerns:</p> <ul style="list-style-type: none"> -Contracts were not completed -Resources were not being fully utilized -Concern about 75% of the population being reached (based 2010 U.S. census 1.8 million must be reached) -Media will only complement and can't be used in reach calculations. 	
<p>CAPS</p>	<p>Year 2 CAP is due on August 3</p> <p>The categories include:</p> <p>Tobacco</p> <ul style="list-style-type: none"> -Multi-Unit Housing -Senior Residential 	

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	<p>Nutrition</p> <ul style="list-style-type: none"> -Restaurants - Worksite Wellness -Childcare Setting -Corner Stores - Parks - Charter Schools -Out of Schools <p>Physical Activity</p> <ul style="list-style-type: none"> -Active Design Guidelines - Childcare Settings - Worksites -Parks - Charter Schools -Out of Schools <p>Clinical linkages</p> <ul style="list-style-type: none"> -Healthy hub -Green prescription 	
<p>Healthiest Weight</p>	<p>As part of a Quality Improvement project for Healthiest Weight Florida the Committee members were asked “What is the barrier that is keeping people from being healthy?”</p> <p>Leyanee Perez: Education (people are not aware of the importance of taking care of their bodies) Accountability (your health affects others). An intervention addressing the stages of contemplations would work best.</p> <p>Karen Hamilton: Factors such as income, time and insurance coverage need to be taken into consideration.</p>	

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	<p>Marisel Losa: Body weight is the number one day to day stressor in the US - there are not enough interventions or interventions that are geared toward helping people deal with this issue. Health providers aren't giving patients adequate information. Messaging such as “making health a priority – making healthy eating a priority by ...”</p>	<p>Amy Loddo will send a survey to the membership and other meetings will take place to establish which priority will be set for Healthiest Weight Florida.</p>
<p>Committee Action Reports</p>	<p>Committee Reports</p> <p>Children Issues/Alina Soto The committee continues to plan collaboration with the Early Learning Coalition for the PICH CAP Year 1. The committee will have 4 presenters under early learning coalition child literacy seminar.</p> <p>Marketing & Membership/ Nelly Rubio & Jeff Hurst Karen Hamilton will be the guest speaker on August 5th at 3pm. She will speak about the Health& Built Environment initiatives including Fit City and Active Design Guidelines. The committee will begin focusing the workshops on topics that are more in line with the PICH objectives and change the format to an open “brainstorm session.” The Chairs and Vice-Chairs were told to extend the invitation to their committee members so messaging could be a collaborative effort that centers around the PICH initiatives. Speakers Bureau Flash drives were distributed at the Executive Board.</p> <p>Worksite Wellness/ Marlene Rodriguez The committee is reviewing the PICH CAPS On September 10th they will be securing the business library meeting</p>	

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space to hand out toolkit asking for businesses to sign up ahead of time if they would like a worksite wellness consultation.

Question: Can the Consortium Facebook be used to like companies that establish a worksite wellness policy under the initiative? Yes -

They must have a policy registered with the WW committee and the WW committee must send an approved list of companies to be liked on Facebook to the liaison.

Additionally they would like to add the following tagline to the HHH sticker - #healthyhappenshere and hyperlink the Facebook and Website address on the sticker to make an electronic copy available to WW companies.

They are looking forward to presenting to the Marketing & Membership committee after October.

Health Promotion & Disease Prevention/ Leyanee Perez

The committee continues to discuss the evaluation process for the restaurant initiative using the NEMS-R.

One of the challenges noted had been finding distributors that offer healthy fresh/frozen ingredients for restaurants. Leyanee has contact Cheney Brothers and Latin Foods to discuss their healthy food line division.

Additionally she has been contacted by healthy living meals senior food delivery system to work on their diabetes menus for the HIV community She was advised to change the Year 2 CAP to reflect all “Food Service” establishments instead of just restaurants.

Health & the Built Environment/ Karen Hamilton

The committee would like to encourage inter-committee coordination and collaboration. Each HBE meeting features a presentation including:

Building Healthy Spaces initiative - Ken Stapleton – June

Underline – Busway Extension – Jay Marder - July

Underline – Northern Extension – Dr Scott Brown/Joanna Lombard and Laurent – August or October

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	<p>Crime Prevention Through Design – Ken Stapleton – In the Fall</p> <p>Tobacco Free Workgroup/ Nancy Maidique The workgroup is focusing on Smoke Free Public Housing and meeting with community leaders to garner support. They have provided an overview of the Consortium's work, and after a few meetings, leaders have indicated that they are supportive of the smoke free initiatives as well as others issues including parks and physical activity.</p> <p>Elder Issues/David Saltman The committee continues to revise the work plan. They consider it a living document. The Elder Issues committee is excited to collaborate with the Tobacco Free Workgroup to help county residential facilities to become smoke free as well as have public areas in county owned public facilities become smoke free. The committee is working with the Ombudsman office, ALFs and nursing homes to host an Elder Mobility Seminar. They are also seeking WHO certification for Miami-Dade County regarding chronic disease prevention through diabetes prevention.</p> <p>Health Council South Florida/ Nicole HCSF is completing revisions to the evaluation plan and CDC will have to give final approval. The next step will be to meet with the committees which will be evaluated and reported to CDC. The three initiatives will be smoke free housing, physical activity in childcare settings and clinical linkages in Healthy Hubs. At a national level the CDC has requested 3 areas for evaluation however all interventions should be evaluated in some matter. The HCSF will develop a form that committees can fill out asking for technical assistance for their respective evaluation and it will be determined if evaluation outside the 3 interventions mentioned above is part of the HCSF scope of work.</p>	
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Old Business/New Business	<p>Committee members received their Consortium business cards.</p> <p>Co-Chairs Alina Soto and Karen Hamilton will begin to facilitate meetings once they have met with Marisel Losa and Karen Weller.</p>	
Adjournment	<p>The meeting was adjourned at 11:00am.</p> <p>The next meeting is scheduled for August 10, 2015 at the Health Council of South Florida.</p>	