

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
Health and the Built Environment Committee
Tuesday, July 14, 2026
10 a.m. to 11 a.m.

TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (20)	1. Cynthia Umana, West Kendall Baptist Hospital (Chair) 2. Barbara Martinez-Guerrero, Dream in Green (Co-Chair) 3. Tara Auclair, SSJ Health Foundation 4. Shara Johnson, National Alliance on Mental Illness (NAMI) 5. Sheila Gutierrez, Vizcaya Museum & Gardens 6. Hilda Gabby Alvarado, Florida Community Care 7. Natouchka Murray, Florida Department of Health 8. Zadymon Moore, Florida Department of Health 9. Khamai Simpson, United Way Miami 10. Kevin Walford, Miami-Dade Transportation Planning Organization 11. Stacey Silver, Mom's Meals 12. Wren Ruiz, Urban Health Partnerships 13. Kenyona Pierre, Miami-Dade College 14. Rose Anderson, Larkin University 15. Lina Menendez, Epilepsy Alliance Florida 16. Nattaliah Earle, Urban Health Partnerships 17. Tiffany Albury, University of Miami 18. Emily Stockey, Strategic Prevention Solutions 19. Susannah Troner, Community Member 20. Malcolm Moyse Jr, Miami-Dade Transportation Planning Organization (TPO)	
Welcome and Introductions	The Health and the Built Environment Committee meeting of the Consortium for a Healthier Miami-Dade was brought to order at 10:00 a.m. by Cynthia Umana.	
Approval of Minutes	A motion to approve the March 2026 HBE meeting minutes was made by Zadymon Moore and seconded by Khamai Simpson.	
Executive Board Update	Cynthia Umana provided the Executive Board updates. The Board met in person on July 13, 2026. The Board also continues the conversation on optimal health and addressing the drivers of health. The Executive Board discussed recent legislative updates and their potential impact, as well as possible solutions moving forward. Updates to the Consortium website remain on hold due to the webmaster's transition from the agency. Additionally, DOH-Miami-Dade has received updated state directives and is currently navigating the associated changes as the new fiscal year begins.	

Previous Action Items HBE Committee 2025-2030 Work Plan 2025-2030 CHIP Priority Areas HBE 2026 Presentation Sign-Up	- The HBE Workplan was approved, and the committee is working to develop clear, actionable steps to encourage participation and make assigned tasks more manageable. - Members were reminded of the 2025-2030 CHIP priority areas: 1. Access to Care, 2. Chronic Disease Prevention, 3. Behavioral & Mental Health, 4. Maternal Child Health and 5. Healthy Weight/Physical Activity/Nutrition. - The committee reviewed the 2026 HBE meeting schedule and presentation sign-up opportunities. Members were reminded that the meeting schedule is attached to the calendar invitation.	
New Business HBE Work Plan Q4 Goals, Progress & Completion Review	Q4 Goal #1 – Increase Awareness of Local Healthcare Options: Completed through the May 12, 2026, HBE Community Connection Spotlight featuring Tara Auclair and the St. John Bosco Clinic ER Diversion Program. The presentation highlighted available healthcare services, strategies to improve access to care, and resources to reduce unnecessary emergency room visits. Q4 Goal #2 – Support Community Health Fairs: Completed through HBE support of Splash Day on May 17 and Move Like an Athlete Sundays at Vizcaya Village Farmers Market on June 14. Consortium information, chronic disease prevention resources, and health education materials were provided to community members. Q4 Goal #3 – Promote Journey to Wellness Rx: Completed through community outreach and distribution of Journey to Wellness Rx prescriptions at the West Kendall Healthy Hub and community health fairs throughout Miami-Dade County. Natouchka Murray also shared the link where members can order Journey to Wellness Rx prescription pads for use in their organizations and community outreach efforts. Q4 Goal #4 – Promote Nutrition, Community Gardens & Physical Activity Resources: Completed through committee presentations, communications, the Consortium Connection newsletter, and community outreach. Efforts included promoting local nutrition, gardening, farmers market, and physical activity opportunities and recruiting volunteers to support community initiatives. Q4 Goal #5 – Behavioral & Mental Health Awareness: Partially completed. Outreach included DOH-Miami-Dade staff participation in the NAMI Walk and promotion of Stress Awareness Month, Mental Health Awareness Month, the 988 Suicide & Crisis Lifeline, and 211 Miami through the Consortium Connection newsletter.	

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Partner Updates	Partner updates were shared on behalf of the Health and the Built Environment Committee Members: Community Connections Spotlight: Stacey Silver, RDN, presented “Mom’s Meals Tailored Nutrition,” highlighting tailored meal options designed to support individuals with specific health and nutritional needs. Members were also provided with an opportunity to try one of the meals at no cost through a link shared by the presenter. West Kendall Baptist: Cynthia Umana shared that West Kendall Baptist Hospital, in collaboration with Taste of West Kendall, is hosting a back-to-school donation drive to support local Project UP-START students experiencing housing insecurity. Donations of school supplies and nonperishable items are being collected. Individuals who donate will receive a Taste of West Kendall coupon sheet featuring offers from participating local restaurants. Urban Health Partnerships: Wren Ruiz shared information about an upcoming community walking event scheduled for August 1. The event will engage residents in exploring local walking trails and identifying ways to encourage continued use of the trails and increased physical activity. A registration link was shared during the meeting, and additional event information and a flyer will be provided to HBE for distribution to committee members.	
Adjournment	The meeting was adjourned at 10:54 a.m. The next Health and the Built Environment Committee meeting will be hosted virtually on Microsoft Teams on Tuesday, September 8, 2026, from 10:00a.m. to 11:00 a.m.	