

**CONSORTIUM FOR A HEALTHIER MIAMI-DADE**  
**Health and the Built Environment Committee Meeting**  
**Tuesday, August 14, 2012**

TOPIC	DISCUSSION	ACTION ITEMS
Members Present (10)	John Bowers (JB) - MDC Parks& Rec. Luther Brewster (LB) – FIU College of Medicine Cynthia Campos (CC) – MDCHD Environmental Yessica Gomez (YG)- MDCHD CPPW Karen Hamilton (KH) – South FL Regional Planning Council David Henderson (DH) ( <b>Committee chair</b> ) – MPO Fabio Machado (FM) - MDCHD CPPW Collin Worth (CW) – City of Miami  Teleconference John O’ Brian (JOB) – City of North Miami Peter Wood (PW) – Health Foundation of South Florida	
I. Welcome and Introductions	<ul style="list-style-type: none"> <li>- The monthly meeting of the Consortium for a Healthier Miami-Dade Health and the Built Environment Committee was brought to order by David Henderson at 10:05 AM.</li> <li>- All members introduced themselves.</li> </ul>	
II. Approval of Minutes	<ul style="list-style-type: none"> <li>- The minutes from the previous Health and the Built Environment Committee meeting were reviewed.</li> <li>- A motion to approve the minutes initiated by KH and seconded by JB.</li> </ul>	
III. Work-plan status a. Action items		
i. Presentation Working Group	<ul style="list-style-type: none"> <li>- The working group is reviewing and updating the presentation</li> </ul>	
ii. Website	<ul style="list-style-type: none"> <li>- Website needs to be updated to reflect the most up-to-date information                             <ul style="list-style-type: none"> <li>o Item needs a volunteer to oversee the update</li> </ul> </li> </ul>	
iii. Newsletter	<ul style="list-style-type: none"> <li>- No submission for August                             <ul style="list-style-type: none"> <li>o Item needs a volunteer to collect submissions</li> </ul> </li> </ul>	
IV. Member Updates/Highlights	<ul style="list-style-type: none"> <li>o YG announced that the RWJ grant was submitted for a second round of approval                             <ul style="list-style-type: none"> <li>▪ The committee proposed in the grant would fall under HBE as a workgroup</li> </ul> </li> </ul>	

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	<ul style="list-style-type: none"> <li>○ KH announced that the South Florida Regional Planning Council (SFRPC) will submit an application to the Leadership Academy to work on a project which will look planning issues through the lens of Public Health. The project involves seven counties in Florida.</li> </ul>	
<b>V. CPPW Updates</b>		
<ul style="list-style-type: none"> <li>a. City of Miami</li> </ul>	<ul style="list-style-type: none"> <li>- CW updated the committee               <ul style="list-style-type: none"> <li>○ Completed CPPW workplan</li> <li>○ Working on final report for DOH</li> <li>○ All school racks have been installed</li> </ul> </li> </ul>	
<ul style="list-style-type: none"> <li>b. City of North Miami</li> </ul>	<ul style="list-style-type: none"> <li>- JOB updated the committee               <ul style="list-style-type: none"> <li>○ Completed CPPW workplan</li> <li>○ Multi-family housing racks are the most used but the transportation racks are underused</li> <li>○ Bicycle rack locations will be posted on the City of North Miami website</li> </ul> </li> </ul>	
<ul style="list-style-type: none"> <li>c. MDC Parks and Recreation</li> </ul>	<ul style="list-style-type: none"> <li>- JB updated the committee               <ul style="list-style-type: none"> <li>○ Completed CPPW workplan</li> <li>○ Dedication of DOH sponsored fitness zones will be held in September</li> </ul> </li> </ul>	
<ul style="list-style-type: none"> <li>d. DOH</li> </ul>	<ul style="list-style-type: none"> <li>- YG updated the Committee               <ul style="list-style-type: none"> <li>○ Collecting final reports from providers</li> </ul> </li> </ul>	
<ul style="list-style-type: none"> <li>e. CPPW NEMS findings and Food Policy Council</li> </ul>	<ul style="list-style-type: none"> <li>○ LB presented on the major findings of the NEMS (Nutritional Environment Measurement Survey) conducted as part of the CPPW grant               <ul style="list-style-type: none"> <li>▪ SFRPC was contracted by the MD CDH to conduct a NEMS in certain areas of Miami-Dade                   <ul style="list-style-type: none"> <li>• The purpose of the assessment was to determine the availability of healthy food, interest in having a larger selection of fruits and vegetables and impediment to stocking healthy food</li> <li>• NEMS measures the availability, price and quality of produce in stores. SFRPC modified the NEMS to include WIC and SNAP approved foods.</li> <li>• A vendor survey was conducted alongside the NEMS</li> </ul> </li> </ul> </li> </ul>	

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	<ul style="list-style-type: none"> <li>▪ Methods               <ul style="list-style-type: none"> <li>• 44 Convenience stores were targeted in zip-codes which had areas of greatest need, mostly in North Miami</li> <li>• The area was expanded to include Southern areas due to concerns with safety or store owner’s unwillingness to participate</li> </ul> </li> <li>▪ Findings               <ul style="list-style-type: none"> <li>• Food distributors play a major role in deciding what inventory stores carry because they have brand preferences. Multiple stores may use the same distributor therefore limiting brand competition and food availability.</li> <li>• Most common available fruit was bananas (50% of stores)</li> <li>• The most available vegetable was tomatoes (42%)</li> <li>• 2% Milk was present in 43% of stores; skim milk was present in 11% of stores</li> </ul> </li> <li>▪ Recommendations               <ul style="list-style-type: none"> <li>• Develop a healthy corner stores network so that corner store owners can decide what food to stock instead of letting the distributor decide.</li> <li>• Leverage collaborative approaches to health. For example, engage physicians and health care providers to coordinate with convenience stores to provide screening/referrals</li> <li>• Partner with Miami-Dade County Schools</li> </ul> </li> <li>○ KH presented on the Food Policy Council               <ul style="list-style-type: none"> <li>▪ The food policy council is comprised of volunteers from multiple non-profit organizations</li> <li>▪ The council will be working in 8 priority areas                   <ul style="list-style-type: none"> <li>• Farmer’s Markets</li> <li>• Education and Marketing to Low-Income residents</li> <li>• Enabling local and small farms</li> <li>• Membership and outreach to other organizations</li> </ul> </li> </ul> </li> </ul>	

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	<ul style="list-style-type: none"> <li>• Retaining food produced regionally</li> <li>• Farm Bill Legislation</li> <li>• Annual Score card</li> <li>• Needs Assessment</li> <li>▪ The council wants to develop 5 policy papers per year</li> </ul>	
VI. Old Business a. SFFPC	o See section e.	
VII. New Business a. Executive Board	- Cancelled for August	
VIII. Adjournment	The meeting was adjourned at 11:50 PM by DH. Next meeting is on Tuesday, October 9 <sup>th</sup> , 2012 from 10:00 AM to 12:00 PM at the Government Center.	