



HEALTH AND THE BUILT ENVIRONMENT

9:30am to 11:00am

Tuesday May 10, 2016



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<p>Andrea Sparano (AS) – Health Council of South Florida (HCSF) Cheryl Jacobs (CJ) – Miami Center for Architecture and Design (MCAD) Christopher Scott (CS) – Code for Miami Gayle Dietz (GD) – Nutrition Consultant Jan Ding (JD) – FDOH – Miami-Dade (FDOH-MD) Karen Hamilton (KH) – South Florida Regional Planning Council Kristina Brown (KB) – Miami Dade Parks and Recreation, Open Spaces Krystal Gopaul (KG) – University of Florida Marta Vicedo (MV) - MCAD Paola Plevak (PP) – MCAD Peter Wood (PW) – Health Foundation of South Florida Ray Nellissery (RN) – FDOH-MD Scott Brown (SB) – University of Miami</p>	
Welcome and Introductions	<ul style="list-style-type: none"> - The monthly meeting of the Built Environment Committee Consortium for a Healthier Miami-Dade Health and was held at AIA MCAD and brought to order at 9:32 AM by KH. - All members introduced themselves. 	
Review and Approval of Minutes	<ul style="list-style-type: none"> - The minutes from the April Health and the Built Environment Committee meeting were reviewed. - A motion to approve the minutes was initiated by CJ and seconded by GD. 	
Executive Board	<p>KH: Discussed reductions in the Partnerships to Improve Community Health (PICH) grant due to overall national funding. Initiatives that will no longer be funded include childcare centers, corner stores, and Healthy Hubs (at Baptist Hospital).</p>	
PICH grant updates	<p>Active Design:</p> <p>MV: Drafted strategy guidelines. Health Council of South FL will assist with a grant to add the Center for Active Design to the team. Met with League of Cities and Neat Streets Board. City of Hialeah is making great strides in this area, especially with investing in public transit. Looking at channels to spread word on Active Design to the communities.</p> <p>Fit Nation exhibit is currently on display at West Kendall Baptist Hospital until May 27th. The exhibit will be on display at South Dade Government Center after.</p>	<p>Fit Nation info will be placed on Consortium website and Facebook page</p>

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	<p>Also focusing on new developments with two stations – Hialeah transfer station. Looking to invest in building the density, mix of use, and walkability around transit. Garden of the Arts in Hialeah is an example.</p> <p>KH: In the Fall, would like to meet with the Planning Department of the City of Hialeah.</p> <p>Healthy Restaurants:</p> <p>KH: Health Promotion/Disease Prevention committee with the Healthy Restaurant initiative has 59 restaurants signed up for healthy menu conversion. Currently working with a Haitian restaurant. Discussed having a special event to highlight all participating Healthy restaurants and showcase their menus.</p>	
Event updates	<p>Annual Consortium recap:</p> <p>Feedback on the event was overall positive. Members discussed liking the ability to interact among one another. Highlights included the fitness break session and the discussion on culture of health between Chair and Vice Chair. Suggestions for next year's event include organizing table sessions and providing breakfast items with calorie labels. The next annual event will be held in March 2017.</p> <p>Culture of Health recap:</p> <p>KH: Miami was selected as a finalist (one of 16) out of 200 applicants for the Robert Wood Johnson "Culture of Health" prize. Miami Dade Chamber proclaimed a Culture of Health day on Thursday, 5/5/16. A site visit took place on Friday, 5/6/16 at Camillus House. Several representatives from the community attended and spoke on community-based initiatives. The final award will be announced in June.</p>	

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<p>Presentation</p>	<p>Dr. Scott Brown presentation “Cross- Disciplinary, Cross-Sectoral Collaborations in Health and Built Environment”.</p> <p>Highlights:</p> <ul style="list-style-type: none"> - Studies conducted at places like East Little Havana indicated that populations living in mixed-used was better than single use. The results lead to subsequent work in neighborhoods where the built environment can create opportunities for social interaction. - The Urban Development Boundary examines walkability and looks at underserved populations at their place of residence. Results from the study indicated that for each 1 mile east of the boundary line, there was an 11% increase of walkability. Urban development distance was related to Walk Score – the score given to the location of an area indicating access to public transit, commutes, and proximity to people and places. - The current work of Miami-Dade County Parks includes a 50 year Master Plan with a vision to increase park access. One of the plans is that all residents should ideally be within a 10 minute walking radius of a park. Data indicates access to parks would be lower in low income neighborhoods due to structural and geographic equities. - The current Partnerships to Improve Community Health (PICH) project is the Neighborhood Park Project. This project evaluates pre- and post- intervention impacts in 3 lower income neighborhoods. It measures greenness with impact in these neighborhoods. The Systematic Observation of Play and Communities PARK (SOPARK) Utilization Tool is being used, which monitors who are using parks. The project is currently in the process of getting activity monitors for activity and rate of speed. See www.activeliving.org - Other updates: Proposal to look at 2007 study funded by National Heart and Blood Institute which studied cardiovascular disease in 6 major Hispanic groups. The study looks at groups at the national level with its health and built environment impacts. 	
<p>Member updates</p>	<p>KH: The Marketing and Membership Committee is held every first Wednesday of the month. For more information, please visit: http://www.healthymiamidade.org/committees/marketing-and-membership</p> <p>CJ: Linda Bo Bardi exhibition opening on Thursday, 5/12/16 from 6:00 – 9:00pm. The exhibition will be on display until 7/29/16.</p> <p>CS: There will be two Code for Miami events: 5/16/16 – Miami Open Street Map talk event and 6/4/16 – National Day of Civic Hacking. An e-mail will be sent out to committee if interested.</p> <p>JD: Introduced Ray Nellissery as the new liaison to the HBE committee.</p>	

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	<p>PW: Change Lab – a consulting firm out of CA is currently contracted by Health Foundation of South Florida to review the comprehensive development plans and zoning codes for the City of Miami and the City of Miami Gardens specific to the promotion of physical activity and access to healthy foods. Change Lab will produce an assessment report and a set of recommendations to strengthen these policies.</p>	
Closing/Adjourn	<p>The meeting was adjourned at 11:18am. Next meeting will be held on June 14th from 9:30am to 11:00am at West Kendall Baptist Hospital Medical Arts Building - 9555 SW 162 Avenue, Miami, FL.</p>	

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