



HEALTH PROMOTION AND DISEASE PREVENTION

Tuesday, December 15, 2015



| TOPIC | DISCUSSION | ACTION NEEDED |
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| Members Present | <ol style="list-style-type: none"> 1. Leyanee Perez (LP)- American Healthy Weight Alliance (AHWA) 2. Jan Ding (JD) – Florida Department of Health in Miami-Dade (FDOH-MD) 3. Orlando Rivero (OR) – Scribe Solutions 4. Samantha Sater (SS) – Health Council of South Florida (HCSF) 5. Natouchka Murray (NM) – FDOH – MD 6. Angelica Urbina (AU)- FDOH-MD 7. Antonella Espinosa (AE)- Health & Wellness 8. Arlene Nunes (AN) -Jackson Hospital <p>Via conference call:</p> <ol style="list-style-type: none"> 10. Maria Negahbani (NM)-FDOH-MD 11. Karina Villalba (KV) -AHWA 12. Grisel Palacios (GP)-Healthy West Kendall 13. Lucette Talamas (LT)- Healthy West Kendall 14. Herman Edwards (HE)- Jessie Trice Community Center 15. Catherine Hibbitt (CH) -WIC | |
| Welcome and Introductions | <p>-The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order at 2:05pm by LP.</p> <p>- All members introduced themselves.</p> | |
| Review and Approval of Minutes | <p>- The minutes from the November Health Promotion and Disease Prevention Committee meeting were reviewed.</p> <p>-A motion to approve the minutes was initiated by GP and seconded by MN.</p> | |
| Executive Board Updates | <ul style="list-style-type: none"> • LP- provided the December Executive Board meeting updates: <ul style="list-style-type: none"> ○ “The Culture of Health” is an initiative that will address preventive health measures to the community of Miami- Dade County in efforts to promote health awareness. Decreasing the parking requirements for buildings that are located in walkable areas, will be one of the ways this initiative will encourage walking. | <ul style="list-style-type: none"> • An agenda item will be added on all future HPDP agendas to include GP monthly updates on the Healthy Hub and Green Prescription along with |

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| | <ul style="list-style-type: none"> • The 2016 Annual Consortium Event will invite restaurant owners to participate by showcasing their healthy meal selections that are included in the Healthy Happens Here initiative. • Updates on the Healthy Happens Here Restaurant Initiatives: Currently 18 restaurants have signed up to participate. <ul style="list-style-type: none"> ○ Pizza Delight has the menu implemented and shared a great message on the Consortium Facebook. ○ Café Tropical is finalizing their healthy meal option. ○ Healthy Living Meals (a delivery service) has implemented a healthy meal to their menu. ○ Sergio's has 6 locations and 2 cafeterias; their menus are completed; now they are in the process of having their menu item surveyed by the taste testing panel. January 2016 is the expected time Sergio will be fully implementing their Healthy Happens Here menu selection. ○ Green Apple Juice Lounge is working on implementing a menu item to be completed by January 2016. ○ Jam Rock Café, is in the process of adding a Healthy menu item. ○ Brisa de Espana Restaurant will be implementing one healthy meal option. ○ Cuban Guys (fast food Cuban restaurant) is in the process of creating healthy Cuban bowls as a healthy meal option. ○ The manager of Westland Mall would like to make the mall healthy by having all restaurants in the mall participate with the Healthy Happens Here Restaurant Initiative. ○ Negotiations for Los Rancho and Lisboa Grill Restaurants to participate in Healthy Happens Here Restaurant Initiative. • Evaluation cards for consumers are completed and are in the process of getting printed. | <p>Karen Hamilton (KH) to discuss monthly updates on the corner stores initiative.</p> |
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| | <ul style="list-style-type: none"> • Healthy Happens Here restaurant stickers are being distributed to participating restaurants. | |
| <p>Discussion/Strategic Planning</p> | <ul style="list-style-type: none"> • Group – Discussed ideas for impactful commercials that bring awareness about good nutrition and physical activity. • LP-KV is documenting all the participants of the Healthy Happens Here Restaurant initiative. • LP-Currently a flyer is being created to inform the consumers about the Healthy Happen Here Restaurant initiative. | |
| <p>Member Updates</p> | <ul style="list-style-type: none"> • HE – Jessie Trice Community Center’s World Aids Day Event held at Trinity Church was well attended, serving the community of North Miami and Little Haiti. <ul style="list-style-type: none"> ◦ Jessie Trice Community Center’s Toy Give Away Event will take place on 12/18/2015. • AU –Florida Breast and Cervical Cancer Early Detection Program, provides free mammogram and pap smears for women between the ages of 50- 64 throughout the year. • JD – Will no longer be the liaison for the HPDP committee, Natouchka Murray will be the new liaison for the committee. • NM – The Health& Wellness Center located at the Frederica Wilson and Juanita Mann Health Center in Liberty City has been successful in distributing the Journey to Wellness RX (green prescription) to the community of Miami Dade County. The Journey to Wellness Rx is a non-pharmaceutical prescription provided by healthcare professionals to recommend physical activity and encourage healthy eating to help with weight or chronic | <ul style="list-style-type: none"> • LP and NM will be responsible for uploading information about the Healthy Happen Here Restaurant initiative along with a list of participating restaurants to the Consortium website and Facebook. |



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| | <p>disease management. The Journey to Wellness Rx will facilitate access to all Miami-Dade's community resources which promote and assist individuals with creating a healthy lifestyle.</p> | |
| Closing/Adjourn | The meeting was adjourned 3:57 PM Next meeting will be Tuesday, January 19, 2016 | |