

HEALTH PROMOTION AND DISEASE PREVENTION

Tuesday September 15, 2015



| TOPIC | DISCUSSION | ACTION NEEDED |
|--------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|
| Members Present | 1.Katiana Diaz (KD) ~ YWCA 2. Leyanee Perez (LP)~ AHWA 3. KuanJan Ding (KJD)~Florida Department of Health in Miami~Dade 4. Samantha Sater (SS)~ Health Council of South Florida 5. Charnelle Powers (CP) ~ Special Olympics FL Healthy Community 6. Angelica Urbina (AU) ~ FDOH MD 7. Virginia Munoz (VM) ~ FDOH MD Via conference call: 8. Karina Villalba (KV) 9. Monica Dawkins (MD) 10. Krista Jones (KJ) 11. Chanadra Young Whiting (CW) | |
| Welcome and Introductions | The monthly meeting of the Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee was brought to order at 2:14 PM by LP. All members introduced themselves. | |
| Review and Approval of Minutes | -No meeting minutes available from August meeting to review | |
| Executive Board Updates | LP provided the September Executive Board meeting update: -Visit from Commissioner Danielle Levine Cava is scheduled for Executive Board meeting in October -The board members brainstormed on community initiatives at the meeting | |



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Discussion/Strategic Planning

LP provided updates on Healthy Happens Here (HHH) restaurant program:

- -The plan is to target 75 restaurants in year 2 of grant.
- -The participating restaurants will get all technical support including dieticians and healthy menus.
- -The HHH restaurant staff includes two dieticians currently on board. Also, are in the process of hiring 3 more dieticians. The Healthy Pledge assistant has been hired and will be contacting restaurants to inform them of initiative. A desktop publisher will produce restaurant menus.
- -LP discussed about the Healthy Pledge certificate which will be handed to participating restaurants.
- -A large board will be signed by the 75 participating restaurants, and will include their signatures and short messages.
- -The desktop publisher is working on putting QR codes that will be used and scanned by consumers.

Committee discussed determining the size of Healthy Happens Here Miami stickers to be placed at restaurants for customers to see.

LP mentioned that 100 evaluation cards will be provided to restaurants for consumers to fill out Committee members discussed what information should be included on evaluation cards. Evaluation cards should be short yes/no questions to increase response rates and reporting. Members discussed the best way to hand out cards by engagement with customers. Suggestions include having restaurant managers or waiters ask customers to fill out survey. Committee members also mentioned that making surveys available online through social media will be another channel to get more responses from surveys.

LP mentioned that progress tracking will come from amount of healthy menu options available at each restaurant.



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| | MD mentioned she will get names of restaurants in underserved areas. KV provided updates on NEMS-R evaluation and communicated with SS on HCSF evaluation requirements. SS mentioned that no specific requirements have been determined but should continue with the evaluation process. |
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| Member Updates | MD - October 24 is Food Day. War on Poverty is planning Food Day Event on October 21st with 2 elementary schools in Opa Locka, FL. LP - On October 7, Leyanee Perez, Chair of HPDP Committee, will conduct brainstorming workshop on Healthy Happens Here Restaurant Initiative from 3:00-4:00 PM at CBS4 News Station. KD - October is Breast Awareness month. October 17th is the 20th anniversary of Susan G. Komen race. VM - The Consulate of the Latin American Countries is inviting Miss Universe on September 30 to speak on the topic of keeping healthy through exercise and eating healthy. |
| Closing/Adjourn | The meeting was adjourned 3:51pm Next meeting will be Tuesday October 20, 2015 |