



CONSORTIUM FOR A HEALTHIER MIAMI-DADE
 Health Promotion and Disease Prevention Committee Meeting
 Tuesday, October 18, 2016
 2:00 PM – 4:00 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (15)	<p><u>Chair:</u> Leyanee Perez, American Healthy Weight Alliance Lisseth Guerra, Florida Department of Health in Miami-Dade County Valerie Turner, Florida Department of Health in Miami-Dade County Megan Conyers, Hoy Si Joel Mena, Hoy Si Kristopher Myers, Florida International University PhD Student Jeannette Colwell, Prestige Cristina Brito, United Way John Pierre, JFitTrainers</p> <p><u>Teleconference:</u> Anjana Morris, Health Council of South Florida Ricardo Jaramillo, Health Council of South Florida Nicole Marriott, Health Council of South Florida Brady Bennett, Health Council of South Florida Herman Edward, Jessie Trice Monica Dawkins, University of Florida Expanded Food and Nutrition Education Program</p>	
Welcome and Introductions	The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:04 pm. All members were welcomed and introduced themselves.	
Approval of Minutes	There was a motion to approve the September 2016 Health Promotion and Disease Prevention minutes by Megan Conyers; the motion was seconded by Cristina Brito.	



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<p>Executive Board Updates</p>	<p>Leyanee Perez (American Healthy Weight Alliance) asked members to review the HPDP committee description in the Guidelines of Operations. Below is the revised committee description:</p> <ul style="list-style-type: none"> - <u>“Health Promotion and Disease Prevention:</u> This committee addresses the chronic disease prevention and overall wellness through the promotion of healthy lifestyles including good nutrition, regular physical activity, avoiding tobacco products and clinical linkages.” - Valerie Turner (Florida Department of Health in Miami-Dade) announced that nominations will be taking place in November and elections will be done electronically via email in December. 	
<p>Workgroup/ PICH Updates</p>	<p><u>Healthy Happens Here Restaurant:</u> Update provided by Leyanee Perez (American Healthy Weight Alliance):</p> <ul style="list-style-type: none"> - The second year of PICH is complete, there were a total of 75 restaurants fully implemented in Miami-Dade County. - Leyanee asked members to send restaurants her way that may be interested in order to start implementing new restaurants for year three of the PICH grant. - Year 3 of the PICH grant has begun and so far 7 restaurants have been enrolled in the initiative, with one ready for implementation (Cure Café) <p>Joel Mena (Hoy Si) went to some of the fully implemented restaurants and provided the following inputs:</p> <ul style="list-style-type: none"> - Restaurant staff did not communicate well the healthy meals available - In some of the restaurants the healthy menu items were not readily available <p><u>NEMS Reviewer Report:</u> Nicole Marriott and Ricardo Jaramillo (Health Council of South Florida) provided the following update:</p> <ul style="list-style-type: none"> - Closed out year 2 of the PICH contract - Analyzed 54 NEMS, a comprehensive report can be found on the Miami Matters website. Some findings include: 	



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	<ul style="list-style-type: none"> ▪ 91% do not provide nutritional information ▪ 76% do not promote healthy eating in terms of signage ▪ 89% do not promote overeating <p><u>Health & Wellness Center (Liberty City Clinic):</u> Lisseth Guerra (Florida Department of Health in Miami-Dade) provided the following update:</p> <ul style="list-style-type: none"> - In the month of September, a total of 12 clients were seen and 10 committed to a follow-up visit. Two referrals were given due to high blood pressure results. 	
Work Plan Review/Discussion	The committee completed the revision of Goal 1 of the HPDP work plan <ul style="list-style-type: none"> - The updated work plan will be emailed to all of the members - Members agreed to review Goal 2 during the next month's meeting 	
Committee Partner Updates and Upcoming Events	Committee members provided individual updates: <ul style="list-style-type: none"> - Open enrollment health insurance marketplace: November 1, 2016 – January 31, 2016 	
Old Business	Consortium Newsletter Submissions <ul style="list-style-type: none"> - If anyone is interested in submitting any information for the newsletter, please email Lisseth.Guerra@flhealth.gov <ul style="list-style-type: none"> ▪ Due by the 3rd week of every month, 150-200 words (please include a title, and if available pictures) 	
New Business	None.	
Adjournment	The next meeting will be held on Tuesday, November 15, 2016 at Beacon Center, 8323 NW 12st, Suite 212 Conference Room Miami, FL 33126 . The meeting was adjourned at 3:53 PM.	